

Power and Control



Mushiba: To let go of our need for power and control is, perhaps, one of our greatest challenges. Waith counsels us that the final letting go of power and control comes when we are ready to return to The One. In his class on *Spiritual Leadership* Waith said:

Waith: *"The ultimate power is to have no control and the ultimate control is to have no power." The operative word here is, **ultimate** ~ which is one of Waith's favorite words!*

Waith counsels us that our path is meant to learn *percentage in a lifetime* ~ so, this would hold true for the letting go of power and control. While it may seem contradictory within the discussion of *gaining control of our lives* and using the tools (power) to do so, I find that the less I try to control things, the more empowered I become.

Empower means to enable or to permit ~ and, for me, that means that I trust in The Universe to give me what I *need*, when I *need* it and in the form that I *need* it. When I work with the *need* that is presented from The Universe, I find that it really was what I *wanted*, after all. And thus, in working with The Universe, I do have power and control ~ of my own path!