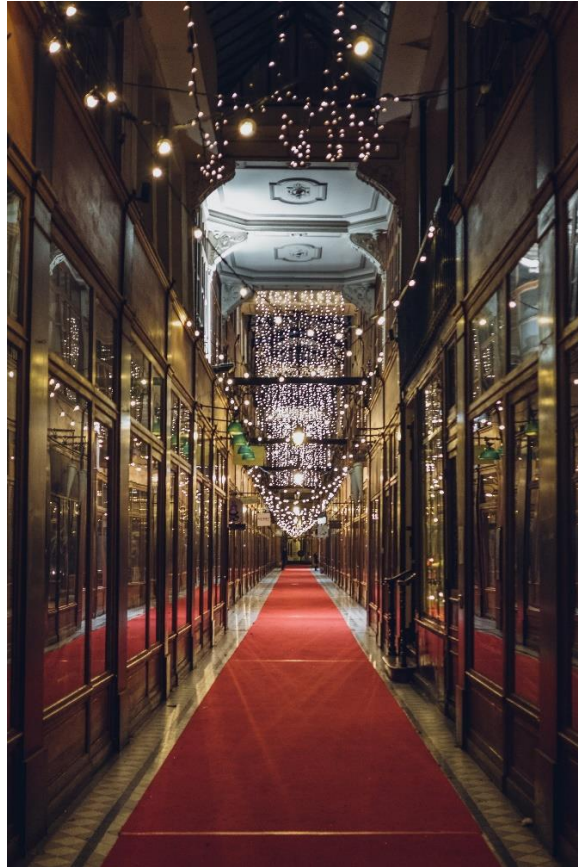


# Consciousness



**Mushiba:** A favorite quote of mine by Albert Schweitzer is, *"I am life which wills to live, in the midst of life which wills to live."* I like to think of existence as *Consciousness* rather than life, which is a perspective I have gained from Waith.

In this excerpt from his class on *Gaining Self Awareness*, Waith speaks to this concept:

**Waith:** *"Consciousness exists in everything. Self Awareness exists in everything ~ although not to the same standard as humans. Steel, stone, glass, carpet ~ everything has consciousness and is Self Aware. Whatever an energy decides to take on as an encasement, the nature of that encasement has its own parameters of Self Awareness and lessons to be learned."*

Although a blade of grass or a pillow is not *life*, as humans might define it, to acknowledge that there is consciousness contained within those encasements is what brings us to a greater harmony with what we have created as our world.

Respecting and loving others encompasses more than humans, animals and minerals. It is a call for us to treat everything in our life as we would want to be treated ~ a concept at the foundation of philosophers and other great thinkers throughout our history. Waith simply takes us out of the current paradigm that defines *life* and brings us into a heightened awareness of *Consciousness*.

**Question to Ponder:** What thoughts do you have about everything having *Consciousness*?