

Trust Of Self



Mushiba: We are continually given opportunities to test, increase and strengthen our Trust ~ with Self and with Others. Trust needs to be nurtured for it can be fragile and easily broken and, I believe, is a test meant to eventually increase our trust and strengthen us.

Waith frequently talks about trusting in The Universe and in his class, *Remembering your Past Lives*, he said:

Waith: *“Part of the challenge of growth as an energy is to trust in The Universe and to trust that The Universe gives the information that you ask of it.”*

Trust, to me, means that we have faith and that this faith brings about hope. As we increase our *Trust of Self*, it is tested by The Universe and that test then increases our *Trust of Self*, that then, enables us to Trust Others. The more we Trust, the more hope we have and the stronger our faith, which enables us to Trust more ~ it is a neverending circle.