

Does Growth Need To Cause Pain?



Mushiba: I have had many a pity party as I tried to place responsibility to something external for what was happening to me ~ wah-h-h-h! Without my knowing when it happened (or evolved), I realized that I no longer thought of pain as something negative ~ or even hurtful to Self. Rather, I now see things presented to me as opportunities for growth.

During a Public Session in 1987, Waith responded to a question about growth and pain:

Question to Waith: “With growth, is there always pain? I envision The One as Love and Light, which is why I have a hard time understanding why we must all go through pain to reach Love and Light.”

Waith: *“It is not really considered pain when you are not on the earth plane ~ it is considered opportunity for advancement when viewed from any dimension other than the earth plane. The purpose for the earth plane is to learn the physical lessons of those teachings that you are absorbing when you are in other dimensions. You learn theory in school, and the*

earth plane is where you practice that theory, and you must feel it physically.

“Pain is an illusion that is created by the limitations of the mind that come from being incarnated on the earth plane ~ it is the only plane where this exists. All the other planes in which all of us as energies have the ability to go to, do not have the same kind of pain. The opportunities for growth are accelerated on the earth plane.

“There are entities who have not come onto the earth plane very much ~ or at all ~ for they have chosen their path of progression toward Oneness in other dimensions. The earth plane is the opportunity to move along the path at an accelerated rate. Even if it is one lesson at a time, one incarnation at a time, it is still far more accelerated than by not coming onto the earth plane. So, the pain that you are feeling is really only what you feel it is ~ if you think it is pain, then it is.”

Response: Is pain caused by resistance?

Waith: *“Yes. If you resist your lessons, then you will feel pain and put upon, thinking, “Why do I have to go through all of this?” You go through this because you have brought it into Self for balancing from another lifetime. Simply, take the responsibility for your own actions and eventually you will be rid of that lesson. Your lessons will continue to be presented to you ~ accept them as coming from The Universe to help you to perfect Self ~ whatever is presented to you is the meeting of Self.”*

Waith’s counsel about growth and pain might seem overwhelming and that it could take forever to learn a lesson, as Waith said. *“One lesson at a time, one incarnation at a time”* ~ however, we do have eternity (which is a long time) to learn our lessons. I love to quote a favorite Waith statement: *“It takes as long as it takes!”*