

Daydreaming Is A Way To Contact Our Soul



Mushiba: At an early age, I had said that while daydreaming I found new ways to do things and solve problems that were on my mind. Often, I was dismissed as being foolish, so of course, I stopped admitting to daydreaming. Finally, Waith's words can set us free from the unwarranted perception that we are wasting our time and being *wishful* because of daydreaming. During a Public Session gathering, Waith guided us as follows:

Question: "Are we each able to contact our Soul?"

Waith: *"Indeed, you can. It is actually very easy ~ however, the blockages come from within Self in believing that you cannot do it and that you must have help from some other source. Or, that the Soul is some mystical being that is disconnected from Self."*

"The Soul is simply the essence of energy ~ and, it is about Interdimensional Communication and Travel to go to Self. You are only limited by your perceptions of being in this concrete illusion and thinking, 'This is it.' This illusion is not it!"

“Many of you now, in this Public Session Gathering, are in some form of Interdimensional Travel ~ your mind is drifting, perhaps daydreaming, and you are saying, ‘I’m bored and I want to hear something else.’ This fine and what Interdimensional Communication is about.”

Daydream on, loved ones, because it is a form of Contacting our Soul for information and is part of a more dynamic activity known as *Interdimensional Travel and Communication*.