

# Spiritual Leadership Series ~ The Relationship Between The Spectrum Of Light And The Spectrum Of Spirituality



**Mushiba:** In this Reflection, we go a bit deeper into understanding the relationship between ~ and among ~ the layers of Self. The Spectrums of Light and of Spirituality combine ~ superimpose ~ every layer of concrete and abstract, and thus, interacts with Self's sparks and spots. Waith explains it as follows:

**Waith:** *“The sparks and spots, the lead and follow and the abstract and the concrete, as Spectrums, are within each layer of consciousness of Self. Each layer of Self has its own agenda on its Spectrum of Spirituality and its leading and following and whether a particular behavior of leading or following is aligned with a spot or a spark within the layers of consciousness of Self. This adds to the fun of communication between the layers of Self.”*

**Question:** “How do we know when we are imposing our leadership on another person ~ that we are making disharmony with the spots and sparks?”

**Waith:** *“You may not, my love, and that is part of the game ~ that is part of the journey, for imposition is not a bad thing.*

*“Imposition simply means that you have imposed and now must learn what the signs are so that you will not impose again. The only way that you will know how to recognize that something is imposition, for you, is to recognize it, and the only way you can recognize it, is to have done it.*

*“Our message is not that you obsess about whether you are going to impose leadership upon another ~ rather, go within Self to ask Self if it is an imposition. You may receive an answer or you may not. If you do not receive an answer, it simply means that concrete Self apparently has enough information to make a decision.*

*“Concrete is the physical manifestation of abstract ~ and abstract is the result of concrete. One feeds on the other and gives information to the other. Abstract tells concrete, ‘Here, go out and play it.’ And you go out and play it and then you send back the results to abstract ~ and abstract now reconfigures itself. Abstract says, ‘Based on the experience of concrete, here’s a new abstract ~ go play it.’ And concrete plays it and sends it back to abstract.*

*“That is the way in which growth occurs ~ abstract and concrete working together. And then, or course, the sparks and the spots overlay into this harmony between abstract and concrete.”*

Sounds simple enough ~ wait, how many times will abstract and concrete bounce the ball between each other to learn a particular lesson? Of course, the answer is, *“As long as it takes!”* And as long as it takes also means that we ***Focus on Lightheartedness and the Spreading of Light during that journey!***

**Question to Ponder:** What is harmony and is it something that can be, concretely, defined?