

# Send Light



**Mushiba:** We are living during a time of uncertainty and implosions of *known* systems: technological, sociocultural, political, legal, economic, global, and, of course, climate. For the next several months, using Waith’s guidance, *Send Light* ~ two simple words that project positive energy ~ will be my focus:

**Waith:** *“When there is doubt about anything or when you are faced with some kind of challenge or struggle or you are not certain and are struggling within yourself, Send Light to it. Whatever it is, Send Light. That should be your first response ~ Send Light! You then need to go within Self, since it is Light filled ~ and allow that level of Self, that has the knowledge, to help you.”*

In that short statement, Waith said, “*Send Light*” three times. Sending Light can take on many forms, e.g., going within Self, focusing on a concrete item, such as a candle, saying a prayer and yes, laughing, for laughter brings about a cleansing of our energy, if only for a moment.

There are several things I use to help me to remember to *Send Light* ~ a big sign with *Send Light* in purple and gold on the door leading out of my abode, candles glowing brightly, connecting with certain people. And sometimes, I just listen to the voice of The Universe for a sign of the Light. For example, about one month ago, during my first journey out of Covid isolation, as I ventured into the supermarket, a person on the intercom announced, “Angel, call the Service Desk ~ Angel, Service Desk.” I laughed, felt lighter and thought, “*Send Light*,” and felt the power of The Light envelope me.