

# Send Light ~ The Spectrum of Light



**Mushiba (12.20.2020):** During this time of year there are many beautiful spiritual traditions ~ *Alban Arthan, Bodhi Day, Christmas, Diwali, Hanukkah, Kwanzaa, Saint Lucia Day, Saint Nicholas Day, Winter Solstice* ~ each of which, at its essence, celebrates the coming of the Light.

In his class, *Living in your World as a Spiritual Being*, Waith said:

**Waith:** “*When coming out of The One, each energy form goes into a Spectrum of Light ~ there is no such thing as an energy who is not Light. No matter how close to the darkness on The Spectrum that an entity is, it does not mean that they are not spiritual ~ they are still spiritual.*”

Regardless of our own spiritual traditions and the words that define them, the goal is the same ~ unity with our highest source through growth within, which is the way in which we progress on our *Spectrum of Light*. For me, this time of year is an opportunity for rededication to spirit and my own journey back to The One.