

Send Light: We Are Spiritual Beings



Mushiba (12.27.2020): During this Pandemic it is important to keep a sense of perspective and to remember our spirituality ~ we live in a concrete world as spiritual beings and all of our experiences contribute to our continuing evolution as spiritual beings.

Waith tells us frequently that we are spiritual:

Waith: *“The fact that you exist means you are spiritual. There is not one energy out of The Universal Consciousness that is not spiritual. Every path is spiritual and every energy form is spiritual.”*

The holidays can test our strongest resolve about facing our lessons. As we bring closure to 2020, it can be helpful to review how much we have each strengthened this year. If you are reading this, it means you are still here and have survived conflict (even if it is ongoing) ~ conflict within Self and conflict with Others.

Waith reminds us of the role of Lightheartedness in our journey:

Waith: *“Lightheartedness is the ultimate vehicle by which spiritual growth is attained. You can only go so far in your spiritual growth without the Lightheartedness to accompany it.”*

Lightheartedness keeps us balanced ~ and will help to reduce stress at the same time. Take a deep breath and be proud of Self ~ Love Self and Love Others for the spiritual entities that we all are. Rejoice in The Light!