

# WAITH CLASS TRANSCRIPT

*(Information Given Interdimensionally By Waith, Through Mushiba)*

August 13, 1987

- ∞ [Psychological Problems Stemming From A Past Life](#)
- ∞ [Inquiry About A Family Relationship ~ A Group Balancing](#)
- ∞ [Inquiry Regarding The Timeline Of The Shift Of The Earth](#)
- ∞ [The Earth's Shift And The Sons Of Darkness](#)
- ∞ [Waith Discusses Archangels ~ How Many ~ Their Mission](#)
- ∞ [Feelings Of Being Irritable And Judgemental ~ Being Tested ~ Help From Guides](#)

*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

**Class Member Questions/Comments appear in this font style  
(Multiple responses from the class are preceded with this symbol ☺)**

## Psychological Problems Stemming From A Past Life

I am asking this question for a friend. Her brother wants to know how he can heal himself.

**Waith:** *Yes. This information can be relayed to him. He is able to heal himself. He wants to heal himself. He has balancing from a past life where he was a master in an institution of people who had, what you call today on the earth plane, emotional and psychological problems. This was many, many lifetimes ago. It was within the time frame after Atlantis, so it has been in the last ten thousand earth years. He was in charge of this institution, and it was privately owned, and he owned it. And he charged a great deal of money for people to bring their loved ones in to be cared for, because they were the outcasts of society ~ then, as they are now ~ people who have emotional, as you would call it, or psychological problems.*

*He did not take on the proper responsibility for these individuals. He scorned them. And once they were brought into his institution, he tortured them. He used them for experiments because he felt that they were not human and that they would not experience pain, and that if they did, it would not matter. And he looked down upon people with this inability to adjust ~ and that is what usually is a result of souls who are having difficulty adjusting to the earth plane in some way.*

*And he was a very naughty boy. He was very naughty indeed, and he knows this. He senses it. He locked up these poor souls and kept them chained and shackled and never allowed them to be bathed, so they were filthy ~ a most distressing thing that he did. And he had no sensitivity toward these individuals and only was interested in taking the money from the families. And the families were so ashamed of these people as being part of their families that they would leave them and desert them and just pay the money for upkeep ~ and that would be that. And he had thousands of these people over the period of time that he was doing this. And he was quite arrogant and felt that he was above them all because he had no problems like this.*

*You can understand what needed to happen at some point during his progress toward Oneness. And he has decided in this life to take that balancing on, and therefore, he is having emotional and psychological problems in this life and is going from one therapist to another and trying to adjust to his life on the earth plane. This is a very necessary balancing for him. This is the lesson that he has come in to learn in this lifetime. The knowledge of this will enable him to heal himself. He must, through his meditation, release his prejudice, for he still holds prejudice against those who have emotional and psychological problems, because he views his as not being all that serious when in actuality they are. And he feels that because he is not institutionalized that he is still better than those who are. He needs to be humbled.*

*And he came into this life with that who is his sister in this life, in an attempt to have her help him to balance, because she has the ability of course to heal. She is a great healer. And before he can begin to heal himself, he must work on these prejudices that he has, and let go of the prejudices, understand what he has done in this past life, and let that go. What is done, is done.*

*We cannot carry things around like excess baggage, as Mushiba likes to say. I like that phrase. I think that is very appropriate because that really is what happens. Everyone carries things around. What is done, is done! One must throw it away, you see. Learn from it, and balance it. If one has done something that has caused an imbalance, then recognize it. Do not feel you are doomed because you did this. Quite the contrary. It simply means that you need to balance again. And you need to say, "I let go of this."*

*So he can heal himself very easily by letting go of his prejudices against those who are institutionalized. He might, as a way of balancing, volunteer his time in an institution for those who have these problems. This would be just. It would be healing for him. It would be a way of him seeing these people as souls like himself who are on their own path toward Oneness with The Creative Force, and for whatever reasons, they are, in this lifetime, struggling. And that is indeed what it is. It is a struggle ~ a necessary struggle. And if he were to volunteer his time perhaps one afternoon a week, I think this would be quite beneficial. And he can look to his sister to help him find the right opportunity. She is very sensitive in these areas and will assist very, very much in the finding of the right opportunity, because it must be the right situation and not just any one that happens to strike his fancy. It must be one in which he will truly balance.*

### Can other people help him?

*Yes. So you see he has already made a step forward because of his openness to being told ~ given advice, if you will. He has opened himself and has asked the question, how can he heal himself? That is ninety-nine percent accomplishment ~ realizing that he needs to be guided. So we are most pleased. And we are most pleased at the sister's role in helping him to reach this point.*

### Inquiry About A Family Relationship ~ A Group Balancing

**I feel like I am very tied with my mother and father ~ that we have always been together, that we are all acting out a role. And I feel that this is their last lifetime also ~ that we have been together forever.**

*You have been together for quite some time ~ forever is a very long time. It may seem like you have been together forever, especially on the earth plane. However, you are correct in your feelings, my dear. You have great intuitiveness, and you are just beginning to have confidence in your own intuitiveness. It is your ability to reach your Higher Self.*

*You are working out group karma, as the saying goes. We do not like to really use the word karma here although we use it for communicating on the earth plane because that seems to be the word. It is a Group Balancing that you are working out. And you have been in this relationship for several lives. Your parents have been your parents, and you have been their daughter. And it is a very significant ~ the three of you ~ very significant balancing that is*

*occurring. They have switched roles. They have not always been male, female. Your mother has been your father and your father has been your mother. And there have been some problems in their acceptance of you in past lives, because you are very highly evolved and they felt jealous of this at the earth level, and they attempted to hinder you.*

*You were a channel ~ let's see, three ~ four lifetimes ago. Four lifetimes ago, you were a channel. And as it is now, back then, it was something that people viewed with a great deal of skepticism. And your parents were very afraid of you. They did not realize that you were of the light and that you were helping. They felt that you were possessed. And you channelled for a very short time, because they had you burned. And this is the balancing that is occurring. You aggravated it though. This is why you are back together these last three lifetimes. You flaunted it ~ your channelling ~ with them. Even though you were very loving and were giving very good information, you knew of their fear. And rather than trying to help them to understand, you, as the saying goes, rubbed their nose in it and it provoked them. And they truly and sincerely believed that you were possessed.*

*However, their behavior as a result of their beliefs was something that put an imbalance in their souls. They did not kill you, per se. They set up the situation so that others did it. You were taken from the home and burned at the stake. You have a fear of your hands being behind your back, and you have a fear of someone coming up from behind you. This is a result of that lifetime when you were tied at the stake, and people came up from behind you and began lighting the material around you.*

*During the past three lifetimes, the three of you have done a great deal of balancing toward this lifetime. And you are finishing up, if you will, in this particular lifetime. You must be careful, my dear, of flaunting. You must be very careful of this because they still have sensitivity toward it, and there is still a part of them that just does not understand you, and they may never understand you. You see they are not at the same point on the path as you are. They still have a significant number of lessons to learn, and this will keep them returning to the earth plane for some time. And, as I have said to you, you have the potential of this being your last life, though we see you returning one or two more times out of a desire to work a little bit more with your parents in this lifetime to help them. It is the nature of your soul to want to do what you can to help them.*

*You need to, though, overcome the final bit of resentment that you have toward them for what they did to you, because you felt it was unjustified. And it truly was unjustified. It would have been fine for them to have felt you possessed and to not understand that. However, for them to do what they did is not acceptable in Universal terms. And so this is what is occurring now, and it is something that will continue to work itself for you through this lifetime.*

*We see all of you here during The Shift of the axis. And we see you, my dear, very much a part of Mushiba's group, and after The Shift, helping those who have survived to adjust and to begin to build a new life. We see your parents surviving The Shift, however, not staying for much longer. They will be in the position to ~ that their vibration will be attuned to the changed earth*

*vibration, and they will have the choice of staying or not when The Shift occurs. And we see them at this vantage wanting to stay and choosing to do so. That may change during the next coming years, depending on many things. However, from the way things appear now, it seems that they will be here. And you will be helping each other through that time, and then you will remain and will be a very important part of the group that is beginning to gather now around Mushiba and I, and this will be up to you. This is something that we do see as a very strong possibility.*

## **Inquiry Regarding The Timeline Of The Shift Of The Earth**

### **When you talk about The Shift of the Earth, is it going to be soon?**

*This is already on the record, my dear, from many other sources. There have been many earth plane dates given. And this date ~ the year 2000 ~ is when, according to calculations, approximately ~ it could be sometime sooner than 2000 or sometime after 2000 ~ it is difficult to pinpoint from this dimension ~ the changes are already beginning to occur in weather patterns and in people's attitudes. And as the time approaches ~ I am here, you see, to prepare ~ and as the time approaches, you will be informed.*

*You will know, all of you, before it occurs, when it is going to occur. Whether you choose to believe it, or not, is entirely up to you. There will be many who now do not believe, that they call it malarkey and, you know, spiritual voodoo and doomsayer and all of this. And I find it rather amusing that they are the ones who will not survive, you see. And for those who want to take the information that I will give, as with everything that I give out as information, you can believe it or not believe it. So if you continue to stay in the vibration of our group, you will have plenty of time to know, because I will be helping everyone who seeks the knowledge, who wants to read what knowledge I have given ~ the information I have given out.*

## **The Earth's Shift And The Sons Of Darkness**

*And so the preparations will begin. They are beginning now at a spiritual level, and it will not be long before they will begin at a physical level. It is one thing to be prepared spiritually, my children. However, there needs to be concrete preparations. When this all occurs, you cannot be above the ground because of the disruptions. And this will come in time for our group as to those physical preparations. I will, when the time is right, begin to give you the information as to where you must be ~ and how you will prepare it ~ what you will do ~ what you will put into this facility ~ who will actually be with you ~ and how you will protect yourself from those Sons of Darkness who are here and who will attempt to take what you have and prevent you from going into safety.*

*They of course ~ and this is really the most amusing part ~ the Sons of Darkness think that if they can force their way into your shelter that they will be saved. You see it is really quite amusing, because they can be in your shelter, as I have said to you before, and if their vibration is*

*not correct, they will have to ~ I will pull their soul right out of their body. So the arrogance of the Sons of Darkness ~ we are going to clean the Earth this time. We are not fooling around. We have fooled around in the past. We are not doing so this time. We have watched this long enough. It will not be permitted.*

*And so I will be giving you much information as time goes on. I will be moving about in Mushiba's body here and will be drawing graphs and things for you as descriptive. I am unable to do that at this point because of these adjustments that I spoke of earlier. Once we have gone through some of these ~ this final stage for Mushiba, it will enable me to then truly move about. And that will occur, as I had said earlier, in earth plane time, within a year, and then I will be able to graphically display to you some very important information.*

*What we are doing now is really play. I have very serious things to convey. And while I very much enjoy these sessions, I have a very, very, very serious mission here. And we will laugh about it. We will laugh about the Sons of Darkness because these are souls who we have tried our very best ~ the best of us ~ the masters ~ have tried to work with them, and their arrogance is beyond belief. And so we must pull them out of the earth plane, and they will not be allowed to return for eons. We will not permit it. And they will be put on Work Planets, and there will be tremendous work that they will need to accomplish before we will allow them to come back onto the Earth and create such a deplorable situation as now exists. The earth plane should not be an arena of total unhappiness for those who come onto it. There should be some degree of pleasure. It was not meant by The Creative Force that this situation exists. And we, the Archangels, are now charged with the responsibility of cleaning up the mess.*

**I feel all these things are happening because, you know, about natural disasters that there is going to be something going on shortly, and I was just getting prepared for it, the understanding.**

*Do not fear it. There is nothing to fear here. The fear will be only in those who are not spiritually attuned, when they realize that all that has been said by these so called lunatics ~ who they are referring to, these charlatans, these loony tunes ~ I love these words that are used ~ the last laugh, you see. Believe me, that those of us who are charged with this responsibility ~ and there are five of us ~ have things well under control. I am the leader of the five, and this will become evident as time goes on. There are many who are working toward preparing the Earth ~ and from many dimensions ~ and everybody is working toward the same goal. And it, as it begins to unfold, will be a most beautiful experience for those who believe and open up themselves to this. I will have much more to say about this as time progresses.*

## **Waith Discusses Archangels ~ How Many ~ Their Mission**

### **Are there many Archangels?**

*Ah, yes. Yes. There are many, many Archangels. There are only a select few of us though who come into the vibration of the earth plane. The others are off on other assignments. It is a very*



*big Universe, you see, and the Earth is a very insignificant part of it all actually, even though souls on the earth plane ~ while on the earth plane ~ think that everything revolves around the Earth. It is quite interesting. And it is my responsibility ~ (Some dialogue is lost after the tape is turned)*

*You will hear me use phrases of course that you hear Mushiba use. I head up the task force. And the five of us who were given the responsibility from The Creator to do this, to sort of watch the Earth. It has been my responsibility for quite some time. And I have been watching planet Earth for a couple of million years, on earth plane time, and have seen the Earth go through these cleansings and have not interfered ~ allowed the Earth and the Souls on the Earth to pollute the Earth ~ and watched the cleansing, and seen this whole thing over and over and over again. And finally now we are saying enough is enough, and no longer going to stand by. We are going to take control.*

*And so there are five of us who have powers beyond any of your understanding. And we commune on occasion with many of the other Archangels. They are off in other dimensions ~ much higher ~ and working with souls who have reached certain levels. I, occasionally, will go into those levels and be a, what you would call, a guest speaker. And once I am able to get Mushiba off the earth plane, finally, so that she is no longer bound and no longer needs to return, I will take her with me, and I will leave the vibration of the earth plane, and my assignment will be complete. I look forward to this. I have become tired of the earth plane.*

*And my task now is to, as I said, clean it up and then hand it over to one of the other Archangels who have been flying around in another dimension and having a grand time. And now it is someone else's turn. And I have been patiently waiting for this time. It has been, oh, perhaps one million of your earth years since Mushiba came into my vibration and she was assigned to me. And I have patiently waited for this. And it is coinciding very beautifully with the ending of my assignment here. It is a time of endings and a time of beginnings.*

*And I look forward to all of the entities who end up in our group for this shift, for when you all are ready to leave this earth, I will be helping all of you across, and I will be taking you into dimensions of great beauty. This is the opportunity. And there will be tremendous accelerated growth for all of you. And there will be dispensations across the board so that you can choose, or not choose, to come back on the Earth. This will be one of the benefits to staying in the group and undergoing the many hardships that you will undergo if you stay in the group. It is a great incentive for some. For others it will not be an incentive. So Mushiba and I will take those of you who want to go with us into areas beyond your imagination. Not everyone of course ~ only those who have remained in the group.*

**Are you speaking of the end of this lifetime or the end of our total journey on the Earth?**

*The end of this lifetime. Yes. What will actually occur is, for those of you who have lessons still to be learned that bind you to the Earth, you will be absolved of those, and you will then not have to return unless you so choose. You will not be obligated to return and instead you can then go*

*on a path at higher dimensions achieving other kinds of growth and learning other kinds of lessons and put the earth plane behind you, if you so choose. That will be the opportunity.*

*It is a very unique opportunity and one that has never occurred. It is the first and only time that it will occur. There will be many people given this opportunity throughout the Earth by one of the five of us, and only one of the five of us have the power to do this. The choice will be yours. It will depend upon the work that you have done in our group and if you are still with us through The Shift and after The Shift.*

### **Feelings Of Being Irritable And Judgemental ~ Being Tested ~ Help From Guides**

**I find myself just this week so irritable and judgemental with everything and everybody ~ with friends, like my friend. I am feeling so judgemental toward him, and at the same time trying to help him ~ going to work every day and wondering why I cannot just stop this. I do not want to do this anymore ~ or trying to stay with it and stay positive and not get involved in the negativity, or start it. I am just having a very difficult time with it. And I know some of the reasons I am having the struggles and decisions, I know. And I am sure that is part of it.**

*You know all of the reasons, my dear. You have made the decision, you see, to be tested. Did you know that at the conscious level?*

**No, I did not.**

*Yes. Your soul told me that you wanted to be tested. You see, your Higher Self does things that your lower self many times is not aware of, and the opportunity that I have presented to you has been taken up by your soul.*

**Oh, no.**

*Oh, yes. ☺ You thought you were getting out of it. You are not. And so we are beginning our tests, and that is what you are experiencing now, my dear.*

**Oh. It is so uncomfortable.**

*It was not meant to be comfortable. A test is just that. Remember the session when we talked about this, and heed it and understand it. You are being tested. That is all. Nothing complex about it ~ and therefore, I am not able of course to give you any insights into this, other than you are being tested. And we can only stand by and watch you struggle with this. And as soon as this particular struggle is over will determine what the next step is. Remember that each test will be, in progression, in a series of tests, the easiest one starting first to get you going so that as you learn and pass an easy one, we will present a more difficult one. We do not start out with the*



*difficult ones and overwhelm you. We build up your tough skin, so to speak. So this is what you are going through now, my dear. Your guides will help you. Seek them out. That is part of their mission, to help you to get through these tests. I can only stand by and watch. I cannot give you advice toward it, as this is what your guides are for.*

**Would it help me to know anything about them at this point, or just that they are there?**

*You have two very strong guides, new to your vibration, as I had told you earlier. They have come in specifically to help you in your accelerated growth. Little did they know at the time how important their mission would truly be. They are with me right now. They are quite beautiful. They have been under my tutelage for quite a while, and I have watched them grow as souls.*

*It is not important that you know about their physical incarnations on the earth plane, because you are at a level, my dear, that you do not need that. Others need to have some kind of orientation toward a physical manifestation so that they can visualize and therefore be in touch with their guides. However, the vibrations are such here that you do not need that. They are extremely bright energies. They vibrate now as they are surrounding you. There is an energy field around you right now that is so strong. They bounce around you. They pulsate. They glow.*

*If you were to look in the mirror and darken your room and keep your eyes half closed ~ or half open, as you choose ~ and begin to go into an altered state of consciousness ~ a form of your meditation ~ have it really very quiet, and concentrate, and visualize around you bright sparkling light ~ you can see the light ~ you will see their vibration around you. This will not happen the first time you do it. You will need to get your vibration in tune to get your own energies receptive to this experience. If you keep at it each day, it will happen eventually. You will look in the mirror and you will see them surrounding you.*

*You do not need a sign of their being with you. You know they are with you. And when you find yourself frustrated and short of temper and angry ~ at whatever ~ stop yourself, and very quickly call upon them. You need simply say, "Guides, help me." You see, souls do not ask their guides. They think that they are going to be helped just by it being. You have to ask them, "Help me," and they will. They will help you. They will give you the answer. Whether or not you hear the answer is one thing ~ and then, if you hear the answer, whether or not you act upon it, is still another. There are many contingencies here. Things are not easy.*