

# WAITH CLASS TRANSCRIPT

*(Information Given Interdimensionally By Waith, Through Mushiba)*

August 16, 1988

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*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

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## Changing Weather Patterns ~ Now, And After The Shift

*We would like you to know that this particular bout of heat that you have been encountering, is not your typical heat wave. Did you realize that, or is this a surprise to you? It is not your typical heat wave. There will be many other heat waves. It is part of the Planet Earth preparing itself.*

*The planet is beginning to cleanse itself, as you are already aware, and when the axis shifts, of course, it will be the final, it will be the end, not the beginning of the cleansing. This has not been readily understood by most, thinking that when The Shift occurs, it is the beginning of the cleansing. It is not. It will be the dramatic ending, and then the beginning of the new vibration, you see, so all that is occurring now will be actually in preparation for you, so that when The Shift occurs, while at this point in your perspective, it would appear to be a rather dramatic event, you will have already had smaller preparations. There will be very intense heat for a period of time after The Shift that will of course, settle down, but your physical encasements, between now and then, will be prepared for it, in small doses.*

*You see, if you were to suddenly find yourselves, shall we say, for one or two years of what you have all just gone through in, shall we say, one month, it would be intolerable for the majority of you at all levels. You see the level of irritation that many of you were reaching as a result of the heat. This will ~ you will become accustomed to it over time, so it will not be as dramatic when it happens as it might appear to be for you at this point. The particular area in which you find yourselves, this geographic area, will have a very dramatic change in its temperature. Whereas it is normal to have what is called these four seasons, this will change, and it will be mostly of a tropical orientation.*

### The weather down South, Waith, why is that cooler than it is up here?

*There is a general changing. The earth is already adjusting itself in its own mechanisms, and while it is getting warmer where it is usually cold, it is getting cooler where it is usually warm. There are parts of this where you say the South which will not be. However, the ocean part will, of course, be affected, and it is all part of the general changes, so that even though it will not remain when The Shift occurs, while the earth currently adjusts itself, it is a part of that adjustment.*

*And thus, what you will find now, will be something that really can only be described as a moving back and forth with the planet, with temperature. So, for example, you will have, in this coming frame known as winter, you will have some very, very mild temperatures, but overnight it will change and be very, very frigid. It is the way in which the earth itself is moving its own mass. And in areas of the earth now that are very, very warm, they will have sudden chills, so that what it is doing actually is gradually adjusting itself, so that this time frame known as Winter, that creates the white flaking ~ Snow ~ would begin to, much like the ocean waves when the tide comes in and moves up to the*

*shore, and as it moves back, then it moves forward a bit more, and it gains a bit, so too is the earth now, where it needs to reduce its level of cold, it does this gradually, so that you will have cold and then you will have warm, and then you will have cold again, much like the tides coming in, and it is twofold. It is the way in which the planet prepares itself, so that it also does not have a trauma when its axis shifts. Also, to help those currently incarnated.*

*This applies not only to The Human Kingdom, but to The Animal Kingdom, and to The Plant Kingdom, to The Mineral Kingdom, all of the crystals must adjust in their own ways, and all of the plants. And you will notice that those of you who have animals, that there have been varying degrees of adjustment to this heat. Many of you who perhaps know and associate with Mushiba on a regular basis, observed how Barnabus has been so very good during this heat. He is of a very high vibration in The Animal Kingdom, and because of that, he has been able to tolerate it, in spite of the heavy coating that he has. For other animals, there has been less of a tolerance, and it is just as for you in The Human Kingdom that some of you have a higher tolerance, and others do not.*

*What the planet is doing is, because there is so much love from the planet to you, that it knows in its consciousness, that this cleansing is going to occur, and it wants you all, as many as possible, to stay with it when it shifts. And so, it attempts to help you in your own adjustments with the physical, to that which must be in its own adjustments. There is a great deal of love that comes from the consciousness of Planet Earth, and it would be wise for you all to be aware of this and to let this influence your own attitudes toward Planet Earth. That in spite of what has been done to it by those of The Human Kingdom, it has Unconditional Love being sent to all of you, for in spite of what you have done to it, that will now cause it to have to clean itself, to start at another level, it wants to help you.*

*Think about trying to help it, for Planet Earth now goes through much trauma. It is a living organism, and it is weeping for the destruction and the attacks upon the body whole. And what you see now, around the planet, is the beginning of its cleansing. You see the oceans regurgitating the waste. And think when you discard a piece of paper from your car window. Think about where it goes, you see. All is connected. We are all One.*

### **Those Of The Human Kingdom Are Simply One Of Many Kingdoms In The Universe**

*I have said this so often, and will continue to bring it up, that those of The Human Kingdom are simply one of many kingdoms in The Universe, one very infinitesimal kingdom, and all of the kingdoms, all of the dimensions, all are connected. You are all The Creative Force. Creative Force is not one soul energy. It is not what you think of God. It is not one person. It is the consciousness of all, The Creative Force. You all are The Creative Force.*

*We are all connected to each other. What you do truly affects others and truly affects yourself. And while you may not see the results of your behavior in a concrete manner in this lifetime or in many future lifetimes, know that everything that you do affects you, as well as the whole. It will return to you, and in the Universal message that has come through in every organized religion that has been on the earth plane in the past, currently, and in the future, states the same Universal Truth, THAT WHICH YOU GIVE OUT, YOU WILL RECEIVE BACK.*

*This is Universal, and understand the impact of that Universal Truth that it is much more than simply being nice to someone, and thinking that if you are nice to someone, then they will be nice to you, or if you give of your possessions to someone, that you will receive tenfold back. This is a part of it. This is the earth plane application to it.*

*Realize that your every thought affects The Universal Consciousness, affects The Creative Force, and as you unite in your love with each other, it creates a most beautiful front, shall we say, and it creates such strength. It is why we have now suggested that the time is right for what we would call these community gatherings, and it is so important now that you begin to do some meditations with each other, be they in a group, or just among a few of you, to gather at some time other than when you come here.*

*We were, of course, observing with tremendous joy the interaction that was occurring before my entry in for this session ~ that there is so much love being generated among you all. There is so much Light and vibrancy and that you are forming the core of a very large community that will begin to manifest itself from your example, from the type of behavior that you all have in your own understandings of what I have presented to you this evening.*

*And your example and your knowledge that goes along with the example to others will begin to help in The Universal Consciousness, to help in the understanding of the connectedness. Every energy is connected to each other forming the One. And those who have gone before you, who have learned all that they need to learn, are the One, and you are each connected to that. That is The Creative Force, and you, being connected, can communicate if you allow yourself to, directly to The Creative Force, directly. You do not need me! I would not want you to not want me ☺ but you do not need me!*

### **Waith Discusses The Need To Have Group Meditations To Disperse Mischievous Entities**

*What we are going to do during this session is something I have been waiting for ~ able to do. I did, as Mushiba would call it in her vocabulary, I did a test market on it, on this particular procedure, during a Mini-session, and I wanted to just see how it is going to be, and if I needed to alter any of my instructions in understanding. It is related to group meditation, and it is also a technique that will help you as a group, whether it be two or*

*two hundred or two thousand. To disperse darkness that may be surrounding you suddenly, unexpectedly, or simply as a routine protection.*

*During this particular Mini-session, there was an entity who was here for counsel, who is a very, very bright entity, new into the vibration, coupled with another energy who, she knows who she is, who is a special charge of Mushiba now, who was so bright that the combination of that brightness and the other two entities with their own brightness, created such a level of illumination that there were a number of mischievous entities who happened to be passing by, thought, "Hmm! This is a nice little gathering of Light. Let's see what we can do!" ☺*

*Now ordinarily, this happens, you must understand, each time I enter in through Mushiba, for they see the Lightness of all of you gathered, and so there is an attraction, and I, just as a natural thing, shoo them all away. And so the issue ~ I have not made it an issue, for it has not been time. You have not needed to know that, as you are gathering here, so were the little dark ones, trying to hop onto you. And I simply ~ when they saw me, of course, they just sort of went away.*

*And I found that in this mini-session, this will be the perfect opportunity to first of all, make aware the fact that this situation was occurring, and to test out the technique that is so very simple and really quite wonderful, that you all can do. And so we are going to do a little testing of it now. I have allowed a few of the little mischievous ones to stay here in the environment.*

*They are just sort of floating around. They are actually quite harmless. They are not connected with the Sons of Darkness. They are not disciples of the Sons of Darkness, so they are not of that force. However, they are simply little mischievous ones who would like to disrupt and cause just a bit of discomfort if they could. This is normal. Most of you here are on a regular basis, surrounded by these little ones and routinely just shoo them away without consciously knowing. Your souls simply say, "Go away!"*

*So this is what you have now in the environment currently, and so we are going to show you how to not only just shoo them away, but simply, when there may be a major attack from a disciple of the Sons of Darkness or, in fact, one of the Sons of Darkness themselves, that you will, as a group, know how to disperse them. So. It will require a bit of moving around here. And before you all start to pick up your chairs and move around, listen to my instructions, and I will give you the instructions first and then will have you form into the pattern and guide you throughout this so that you will understand fully what is to be done.*

### **Instructions For A Group Meditation To Disperse Mischievous Entities**

*This a community effort and it will mean a forming of a circle in which you will all hold hands. And the positioning of the physical encasement can be in any way you all*

*determine. You can form a circle and be seated in these chairs. You can form the circle and be standing. You can form the circle and be simply seated on the floor. Or any other option that you might want to come up with. It will be a group decision. The key is that there is an unbroken circle. And it does not have to be a perfect circle. It is simply that you are all in a configuration that is unbroken. Space may not allow a circle, maybe some other configuration. That is quite all right.*

*When you are in this circle, you will close your eyes, you will begin to visualize, each of you, a very large white ball in the middle of your configuration, and you will begin to breathe in through your nostrils, deeply, and breathe out through your mouth, deeply. And at first, you will find yourselves doing this in a rather disconnected way, from the others. And as you begin to feel comfortable, as time goes on with this, you will find that each of you will become harmonious and will simultaneously be breathing in and breathing out.*

*And while you do this, you will be visualizing this white ball in the middle, and I will be guiding you in this session now. And as you begin to visualize this ball, it will start very small. And you, each of you, will increase its size, until it fills the circle, and it fills and it actually ~ you can feel it touching you, each of you, feel the warmth from the White Light, the ball. And then, when it is completely filled, each of you will send a vibration into this ball that will create sparks coming out of the ball that will dissolve the ball. The ball will then become sparks ~ it will be sent out into the electromagnetic field and will send out to the darkness, the signal ~ here is the protection ~ here is the vibration of light, and it will shoo them away.*

*For mischievous entities, the intensity of the ball need not be as great as it would be for a very dark attack. For the time being, you will all be sort of practicing this, and you will be dealing only with mischievous entities. You do not have to be concerned at this time with attacks from the Sons of Darkness on the group. And as you begin to gather together, be they two or three of you, or when the community gatherings will begin, and as time goes on, those will increase in their own numbers, these gatherings ~ that you will simply routinely meditate.*

*There can be several circles. You may select a group who you would like to meditate with, four or five or six. There may be another group of you who would like to meditate together, four or five or six, or two or three or four, whatever. And this can be done in the same room. There is nothing that says you cannot form several groupings within the same room and have your own little walls generated, for you may find a particular need for alignment with specific entities that perhaps are dealing with similar lessons, testings, any number of things that would be compatible vibrationally with a group meditation. And another group may find themselves to have the same situation, and so rather than have one big group there may be several small groups.*

*There are many possibilities here. We simply give you the technique and present to you several options and then leave it up to you to start applying it and seeing where you can*

*go with it, for many of you will receive insights through your meditations, your personal meditations, as to what you can do with group meditations.*

*And of course we will be here to continually give you some input into this technique and help you with it. Do not expect that you are going to get it down right the first time. This is a beginning, and each time that I enter now, be it the open session, mini-sessions, or the special topic, that we come upon for the pyramids and the crystals ~ we look forward to that one ~ that we will practice it. And while all of you may not be involved each time, there will be a number of you who will have more exposure to the training and will therefore be able to help others and to train them.*

*This is the purpose, for you are here to help in the spreading of the love and the techniques, so that you can pass this on to others, and others who perhaps are not able to come to the open sessions each time, and maybe can come only once or twice, nonetheless, have, shall we say, even in this session, some who would not be able to come very frequently but are interested in this technique. Those of you who would get more exposure from me about this could then perhaps help the others. For when the community gatherings occur I will not be coming in. It is not the purpose of those gatherings. The purpose of those gatherings is to strengthen your own selves without the angelic crutch. ☺ ☺ I will be here though! ☺*

### **Waith, Can We Hurt These Little Mischievous Ones By Sending Them Light?**

*No you will not hurt them. Light never hurts. Remember that. While you may be thinking perhaps that in terms of a ray of something that would pierce. What happens is when the Light goes out in that type of form it creates an energy that gives it a particular velocity ~ that is correct, yes, velocity ~ and it moves out rapidly, and as it then moves from the ball and leaves its centrality, its central point, it disperses in a most gentle, beautiful way, for Light is beauty. Light is gentle. And it needs a propellant to get it into that area where it needs to simply enfold, which is what it really does. It does not attack. Light never attacks. Light enfolds. Light gently tries to penetrate. By thinking of it as a blanket it falls upon them, and is very gentle.*

*What happens with many of these mischievous ones, not so much as the truly dark ones, when they see the volt coming out of the central form, they run very quickly, for they know that there will be a covering of them, and this is repulsive to them. They do not want to be touched by the Light. They know that it is gentle. Sometimes they cannot escape. And this how ~ we do this gradually over time ~ this is how we get them. See, they try to run from the Light, and every once in a while, we will get them and we pick them up in a little blanket, so to speak, and begin to soothe them. And their soul, you see, really wants this. It is the manifestation of the Soul that is objecting to it.*

*And so when there is actually a holding of them, there is great joy. They will, of course, begin to struggle a bit, much like anything that you might put into a blanket that would*

*be objecting, wiggling around and having enough. And depending upon the situation, they may stay and become very comforted by that, and it will help them in easing their own darkness and help them along their path, or it simply will act for a short period of time and they will let go from the Light and continue on their way, or they may be affected in some way so that they are less dark than before.*

*It is all very gentle the way it is done. There is no entrapment, for the Light will gradually fade, and they know this, that if they are encased in this blanket symbology that I give you, that eventually the Light, the energy of the Light will fade. And many of them just bide their time, waiting for that to occur.*

### **Waith Leads The Group Meditation For Dispersing Mischievous Entities**

*So let us try out this technique. Begin first by getting yourselves into the configuration. (Everyone gets into a circle) The best approach would be simply to keep your hands down at your side, and simply hold the hand.*

#### **Does it matter which side is up or down?**

*There is no need to have up or down, they are all to be down at this point. That is a technique that is different from what I am showing you now. So you will keep your hands all down at your sides, for the time being. And you will begin to center yourselves, focus upon the solar plexus, and begin to place into the middle of the circle a small Light. Your eyes are closed now. And you are attempting to eliminate the sounds of the earth plane. And each of you concentrate on the middle of the circle, and think only of your own concentrations.*

*And now begin to breathe in, through your nose, breathe in deeply and slowly, and then breathe out through your mouth, slowly, concentrating on your own little ball. And then it is a part of everyone else's white ball. And continue to breathe in through your nose, slowly, deeply, and breathe out through your mouth, slowly. And breathe in slowly through your nose. Breathe out, begin to increase the size of the ball that you have placed in the middle. Just increase it.*

*Some of you will begin to visualize the total ball. Others will not and this is fine. This will come with time as you begin to practice this. And see the bright ball expanding, it is expanding quite nicely. I will give you this feedback. Some of you are seeing this, and others are not and this is fine. For those of you who are seeing the expansion, you are seeing it at a very rapid rate now, and it fills the configuration. Many of you are feeling the warmth from this huge Energy Force, for each of you have given a part to the whole. Allow the feeling of the sensation of the warmth against you and feel its protectiveness and feel its energy. And feel its gentleness, its pulsation.*



*And now, we are going to prepare to disperse the ball and to send out the jettison element. I will count, for now, at the beginning of this, and when I reach the number three, visualize the breaking up of the ball into those kinds of energy shots ~ the White Light shooting out, ~ and do not attempt to send it to anything in particular, simply that it is being sent out to the environment. And after all of the Light has been dispersed, stay in the circle touching each other as you are holding the hands, and I will instruct you as to what to do.*

*Prepare yourselves now, gather your strength of visualization, and I count now, ONE ~ TWO ~ THREE. The ball is dispersing, the Light is going out to those who need it. Visualize the softness of its touch, feel its gentleness. And now begin to feel the residual all around you as many of the sparks fall upon your own vibration. And now you have protected yourselves as well as sending the Light out to those who need it. The fallout residual, that which is left over from that which was sent, now covers you. Feel the gentleness. Feel the protection.*

*And now take the hand that is in your right hand and raise it to your heart and simply visualize the heart as the symbol of love giving to that entity who is with you, beside you, a part of you, the sending of love as you are all covered with the White Light. And now return the hand to your side. And I will count once again, and when I reach THREE you will very gently release your hands from each other, and keeping your eyes closed, you will breathe in deeply once again through your nose, and as you are breathing in deeply, you will raise your hands and bring them to your chest and cross them. And as you breathe out through your mouth, you will hug yourself, and I will have you hug yourself until I count to THREE again, and then you will gently lower your hands to your side and open your eyes.*

*So we begin now. Visualize the love of the entity on each side of you. We count ONE ~ TWO ~ THREE. Gently breathe in through your nose. Bring your hands to your chest and cross them, and hug yourselves now, visualizing all the love that is surrounding you and all the Light that protects you, and you are part of The Universal Consciousness, and when I count to THREE you will gently release your arms and bring them slowly to your side and come from this meditation slowly ONE ~ TWO ~ THREE.*

*Well done. Now you may return to whatever is comfortable for you. How do you all feel now? You now have the basic technique that you can use. You will not need me to direct you anymore. We will, of course, do more. We will practice, but whenever two or more of you are gathered, you now have the technique. You all did very well. I am so pleased to see such abilities and you will all be very good teachers of this to others. There are many, many different techniques that have been presented for meditation. I have given you one that has not been presented. I have many little tricks up my wings.*  
☺ ☺

### **Waith Explains That This Technique Is One Of Many Options For Group Meditation**

*This is the beginning of my presenting to you ~ just another option. You see, you will have many presented to you and you will find the one that is best for you. This will not be comfortable for some. You remember that. Do not attempt to force this onto anyone. Know that there are many ways to achieve this. This is simply one in many and for some it will be very comfortable and for others, not. Some other technique will work. Be gentle with those around you where this is concerned, as it is with any knowledge that is given to you. It is not right for everyone and therefore not to be forced upon anyone, just as we would not force anything which we present to you upon any of you. You take it if it is right for you. If it is not, put it aside. Find that which is right for you, for you will find that which is right for you. It is in the seeking that is important. Now, you are all glowing now. Most beautiful to observe from this vantage point.*

### **How are our little mischievous entities?**

*Oh they have long ago fled. ☺ When they saw you gathering they fled. ☺ They were really not a true test market. They saw this about to happen and they just moved away. They were really no challenge. "No, no, no. We leave now!"*