

# WAITH CLASS TRANSCRIPT

*(Information Given Interdimensionally By Waith, Through Mushiba)*

September 20, 1988

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*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

Class Member Questions/Comments appear in this font style  
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## A Meditation Technique For Sending Light To A Home You Are Moving From

*And we thought that it would be appropriate to send a blessing of Light to the environment here as a farewell. This would be a special infusion of energy into the space that has been occupied by Mushiba and Limeria, and it will be a parting gift and will be there waiting for those who would enter into this environment upon Mushiba's departure to, shall we say, help them get off on the right foot, for there is much darkness overhead, and those who would come into this environment now will need a little assistance in adjusting. And this will be before we begin the questions.*

*We will go through an exercise of Light infusion. This is something that you can all take with you and do to other environments, your own as well as those in which you may find yourself. It is a bit different from the usual sending of the White Light. And so we will do this first and it will help some of you in this gathering now who are feeling a bit tense and anxious from the events of the day that you have experienced. It will mean that you will focus your own energies. You will not be connecting energies with others in the room. You will be working with your own energies.*

*This technique, of course, will enable you to infuse Light into an environment without having to have someone there with you to use as energy conduits, and it is something that can be done very inconspicuously. So that if you are, for example, in a room with a good number of people and you feel the room needs a little infusion, you can do this without calling attention to yourself.*

*We will begin by placing your hands, and I have Mushiba's hands, (Hands at the heart level pointing out with fingertips touching) and you will position your body so that your back is straight, and you will position your feet as you see on the floor beneath you, and you will breathe deeply from the solar plexus. You will breathe in from your nose deeply. Do this now and hold the breath, and now breathe out through the mouth. Do this once more. Breathe in deeply through the solar plexus and your nose, and hold for a moment, and breathe out through your mouth.*

*And now very slowly close your eyes and think of envisioning what you call a light bulb, a light bulb that is bright. Continue to visualize this light bulb, and it grows more intense as you visualize it, brighter and brighter until it fills your entire being. And now begin to send the vision of this light bulb through your right arm slowly down through your right arm into your fingers starting with that which is called the thumb and fill the thumb with the Light, and fill the next finger with the Light, and fill the third finger with the Light, and the fourth finger with the Light, and the fifth finger with the Light.*

*And now visualize the Light going slowly down your left arm and slowly going to the thumb and fill the thumb, and now it fills the next finger, and the Light now fills the third finger, and the Light now fills the fourth finger, and the Light now fills the last finger. And now visualize the Light that is filling all ten of your fingers as they touch each other,*

*a fusion into the space around your fingers, that you send out now from your fingers the Light, and it fills the space around your fingers, and it now slowly moves away and fills the room with the Light until all of the Light that was in your fingers has left. And you now visualize the void in your fingers as warm and gentle and having served a purpose and you thank the fingers for providing themselves as energy conductors.*

*And now the Light infusion has been completed, and the room in which you will find yourself will be gentler. With all of you now in this room together you have filled it with tremendous energy, a very great void, and you have all left your own energies implanted within the environment, and you all work together to form a whole.*

*And thus you each now have a very good technique to do by yourself when you are in a room and people will not really look at you very strangely for they will simply think that you are sitting there with your eyes closed concentrating on something, which you are of course. Now open your eyes and relax. Wasn't that nice? We thank you for helping to present the gift to the environment for departure. You have all contributed toward a positive vibration being left in the environment. We thank you all.*

**I have a question about the exercise we just did. That is good for a room full of negative people?**

*Yes, of course. It is an exercise actually that is not aimed at the people. It is not aimed at the energy forms in the room, but rather at the room itself, the environment of the room, that is the summation of the energies that may be in it, for it may be much too difficult to do an energy infusion into the energy forms. They may be much too strong. However, you can begin, shall we say, lighting up the environment by doing this to the room and therefore the room will be the energy conductor after you have finished and would have an effect upon those energy forms in the room. So that is the purpose of that particular exercise.*

### **A Question To Help Create Harmony Within A Newly Formed Brownie Troop**

**I just started a Brownie troop today with fifteen seven- and eight-year-olds which are of all different vibrations, and I find the parents with a lot of hostility. I wonder what I can do to help to create harmony with the children and the parents.**

*You must concentrate on the young lights and place your energies into the bright lights of the young and help them as you help your own bright young lights, and their influence will then go back to those who are their parents. This is the best approach at this time.*

### **A Question Of Earthbound Entities ~ Sending Prayer ~ Sending Light**

I was reading and I was talking to people who were saying that they feel that they are surrounded by entities and souls of relatives who left their bodies and who have a negative influence on their daily life. They have the feeling that these souls try to stop them and discourage them from developing their paths into a higher level. Can you talk about this and can you suggest what you can do in order to convince these souls that they should leave you and go to a different place, or into The Universe where they actually belong to?

*This, my son, is a very good question to be presenting and one that is not easily dealt with and yet needs to be given attention. For what begins to occur is that ~ remember in the past I have indicated that the earth plane consists of many levels, dimensions, and that there are dimensions close to your own conscious dimension in which you find yourselves existing. And that what begins to happen with some entities who are very, very bound to the earth is that when it is time for them to leave they do not want to. This is something you are all aware of happens. And you hear of this situation of the earthbound entities.*

*It is a little more complex than that for there is the issue of balancing that occurs here with particular entities who have been manifesting with other entities, be they of a relationship, family, or friends, or any of the number of roles that one can take on, and there is a certain emotion that they find themselves surrounded in as they are told it is time to leave.*

*They do not want to leave and yet they must, and they struggle with the leaving, and as part of their lessons that need to be learned they are left at the earth plane itself but at a dimension perhaps one or two levels away from that of your own conscious manifestation. And thus they are very near. They are in what many of you have referred to as the astral plane which is a very slow moving plane, one in which many entities arrive into thinking that they are in fact still on the earth plane that they have just left the dimension.*

*The technique for helping will not come as a surprise to any of you, for it is the basic technique for all who find themselves in trouble, so to speak, that is the sending of the Light. However, there are very specific types of techniques to do this. It depends very much upon the circumstances relating to the Soul paths of all concerned.*

*It would necessitate, for example, a private discussion with all of us to guide you in that which is creating that particular condition, for it is usual that there is balancing to occur for all concerned, those who are surrounded by the entities and the entities themselves who surround, and it takes a concerted effort on the part of those of you who are being surrounded to help free those who surround you, for it is truly an entrapment in which they find themselves. And in some cases they are in fact attempting to impede the growth that you yourselves would be wanting to do, for they drain your energy.*

*They are close enough, yet not with you, but close enough so that they can take your energy from you and create in you a particular kind of fatigue that makes you especially vulnerable to negativity, thus feeding on itself and thus making you weary and allowing the negativity to drain you even further.*

*This can be avoided and can be worked with. It is not really what you might call an exorcism, but it has a particular type of activity where a group of entities would be together and would be sending Light in a very particular way. Now in the meantime, it can be helped by the very simple process of prayer. This is always the technique that begins everything else, supports all that you do, and carries forth that which you have done.*

*And if you, my son, have a particular concern about this situation which you have presented, if it does relate in fact to yourself and your family in a very large degree then there can be arrangements made to discuss with you at a future time how this can be worked through.*

### **How The Universal Consciousness Works In Conjunction With Our Own Soul's Wishes**

**I remember you saying you control and delegate the soul reentrance into a body, and the time you decide when the soul must leave the body. It seems to me there is a gray area where souls decide to stay in around the body and neglecting your commands or your orders.**

*Indeed. Mushiba herself did this ten thousand years ago in Atlantis. It happens all the time, it is all part of the path. It is nothing that we get excited about, nothing that we get upset about, by any means. It is simply what happens, for all have free will, and all have the freedom to say NO or to say YES. What it involves, however, is an issue in dealing with The Universe and in allowing The Universe and that which is really The Universal Consciousness to guide and to determine that which must be, as best determined by your own soul, which is, of course, connected into The Universal Consciousness.*

*And so it occurs quite frequently that while we are all working with The Universe and we are told by The Universe, it is not something that I individually and arbitrarily determine. I simply receive my orders, if you will, from The Universal Consciousness and act upon that and present those orders, if you will, to those in my command who then give the instructions to those who are under their guidance.*

*All along the way there is the possibility of an energy saying that they do not want to do something, and what they do in that respect is actually go against their own soul's command, for the Soul of each of you is connected to The Universal Consciousness and so it is The Universal Consciousness that sends out the order, if you will, which in actuality is your own soul sending out the order. However, as many of you already know and have experienced you choose to go against your soul's wishes, and when that*

*occurs then there are lessons to be learned and worked through until you become more balanced with your own soul's desires.*

## Dealing With Those Who Refute Or Attack Your Beliefs

I am encountering an individual who publicly refutes or attacks our beliefs, and our beliefs in the metaphysical, our beliefs in The Shift, and at this stage I do not know whether to fight, retreat and send the person light. I know that this is going to happen to us more and more as time goes on. I am wondering if you could give us some advice as to how to handle the people. I do not want to assume that someone is of the darkness if they are not. I am not qualified to make that judgement. Maybe you could shed some light.

*This is an issue that many of you are already facing and it will become more predominant as time goes on as you begin to align yourselves publicly in your beliefs, and as I have indicated in the past, it is best to simply act the way that you believe rather than to try and proselytize that which you believe. There are occasions, however, when certain types of battles must be worked on.*

*We at The Angelic Force have a contingent of warriors, gentle, peaceful, who know how to help in the fight against the darkness at a level that is comfortable for you. We will be telling you further about The Warriors of The Angelic Force and one of their leaders who will be of assistance to all of you, who will guide in the gentle way of defense rather than in the antagonistic way of defense. And thus you will learn certain ways of disarming those who would attack you verbally, for it will certainly accelerate as time nears for The Shift.*

*And those of you who choose to align yourselves with the spiritual community of Mushiba and myself will receive the guidance from one of our head warriors. So trust in us to help you as the situations arise. As you meditate and gain more awareness of your own higher selves, you will be able to connect at a spirit level with those of the others in the community when you need the assistance, when you least expect some energy form coming up to you and telling you all sorts of things. You will be guided as to the best way to handle it, my love. One does not need to lash out at others for that only increases the darkness. Yet one does not sit by and allow themselves to be attacked. There are ways to fight the battle and it is from our special contingent in The Angelic Force, our very special warriors.*

**Are they warriors of love? That is their weapon?**

*Yes, of course. You have answered your own question. There is so much Unconditional Love that you will be overwhelmed by it.*

## Ayurveda Medicine And Primordial Sound Meditation

I recently heard of a branch of medicine that relates to ancient India referred to as Ayurveda medicine, and the special technique called Primordial Sound Meditation. This technique acts as the basic energy of which cells are created during the metabolic process. In our metabolism we rebuild each one of our organs, like for example, I have heard that our bones are rebuilt every month or so. So, in the process of using this Primordial Sound Technique you can help this recreation process that occurs within us to heal yourself. Can I have your comments on that?

*As we have indicated in the past, each of you has the ability to heal yourself. It relates, of course, to your own connectedness with your soul and whether or not you are meant, in fact, to rid yourself of a particular ailment. This is something that is determined at the Soul Level.*

*Now, the technique that you have described is one of many, many, many that have been given to the earth plane consciousness as a way of connecting with the Soul. You see, once you have connected with the Soul and made the decision that the lesson has been learned and no longer do you need the physical ailment and that you can, in fact, rid your encasement of it, then it simply will happen.*

*It is not the technique that you described that will do this, but rather the technique that you described is a way of reaching your soul, and a very good technique, as a matter of fact. It is a technique in the use of sound which has a level of sophistication, that is the correct word to use, something not easily used by the majority of entities. It requires tremendous discipline of the mind. If you can obtain that discipline it can truly unlock that part of the Soul memory that holds the mystery of the ailment.*

### The Experience Of Great Sensitivity In Recognizing That You Have Known Others

I work and interact with lots of people. Currently I am finding that when I am interacting with a group, after a few seconds, I discover that I know the people. It starts at almost a physical familiarity. I can almost connect it, and then it becomes something quite different. It is a little scary sometimes, and I say I am not going to tell anybody this. Can you share with me what that might be about?

*You know this already, my love, that your own Spiritual Centers are opening and becoming more heightened and therefore presenting to you a higher level of sensitivity in recognizing entities who you have shared experiences with. This is something that many, many, many, many entities now are experiencing. And when it first begins to occur, there is a sense of fright, fear, fear that you perhaps are imagining this and losing your mind, and there is nobody to talk to about this, and surely you are going crazy, and this cannot really be happening.*

*But what is also at the base of this is knowing that you are now grasping onto a particular kind of power. The issues of power and control now begin to surround you, for you realize that you know something about this person that could in fact impact upon your relationship with that person. And part of the learning that goes with this type of awareness is how to use the power within the spiritual context.*

*You must meditate on this and seek the guidance from those who guide you. Seek your Higher Self. Call upon all of the Light and those of the White Light to help you when you encounter those who you know you have had experiences with, for you will begin to recognize that some of them owe you something, and in that knowledge comes tremendous power. And you must learn the wisdom that goes with the knowledge and that someone at the Soul Level owes you something and needs to balance with you, for if used improperly it could manipulate and gain for yourself rather than helping that individual to rid themselves of that which they owe you, and to grow in the Light.*

*Thus it is an opportunity being presented to you ~ you and many others of you ~ for you will, most of you gathered here, experience this in a more accelerated form than you have already been experiencing. You will be bombarded by it at times and you must learn how to deal with it, for unless you say to The Universe STOP IT, it will continue. It is something to view as a tremendous opportunity for yourself, as well as the entities with whom you come in contact.*

*There is much that can be said about this, and we feel that it is best that we leave it for another time where perhaps we can present to you some rather specific ways of dealing with it. I have sent this issue to Jenjura to do some research on that which appears to be important for you to know, and thus we will discuss this at another time in detail.*

### **Other Sources ~ Information Channelled By Dolphin**

**Regarding some pamphlets, books, channelled by Dolphin, and supposedly through a crystal. One of them that I am interested in has to do with soul mates, and I found it very, very helpful to me. It was given to me by somebody and I passed it on and I wonder if you are aware of these booklets and what you might think.**

*The channel is pure. The information that comes through is of benefit to certain types of people. The particular energy form is from one of the other kingdoms. It is not within mine and therefore, as I have indicated to you in the past, about information that comes through from other kingdoms, it is appropriate, but it may be not as easily understood, because it may be geared towards other types of consciousnesses. Did I just make up that word? 😊 😊*

### **A Question To Waith About A Picture Taken A Long Time Ago, And The Meaning Of It**



Waith, can I ask you a question about a picture that I have? I do not have the picture because I cannot find the pictures anymore. However, about twenty-five years ago, someone had taken some pictures of me, and in each photograph was a spirit, the same spirit of another person. Is there any way that you would know anything about that?

*Do you ask me to help you locate these photographs?*

If it is possible to locate them, that might be a good start. I have looked everywhere.

*Is your concern that they actually exist or that you simply want to know what they mean?*

Well, whether or not they exist is not as important any more to me as what they meant. At the time, I thought it was a double exposure. Later on I realized that it was a picture of someone superimposed throughout the picture, so I have carried this question in my mind for all these years.

*We will have a conference here among the others of The Company to determine what we will do in response to your question. Recognize that I know what needs to be done. However, I want the others in The Company to come to your assistance in some way. This is a perfect little challenge for them, ☺ for I know what must be and they do not, and thus my reasons for having you speak in detail, and thus my reasons for asking you the questions, so that it would be placed onto the record, and also that the others in The Company would be exposed to it at this level of communication, and they will now be placed into a conference.*

*They will come up with their plan of action, shall we say, who will help you and how it will be done. We will leave it at that for now. And they may decide, whatever they decide. You will know soon enough, whether it comes through this particular form of communication, whether they come in and speak through Mushiba, or whether they come to you in your meditations. I am going to leave it up to them.*

They have not made it very well in meditation.

*It is part of their learning and their challenge.*

### A Question About The Pyramid At Meridian

I read a book recently discussing the pyramid at Meridian, which is not fully built, and the author examined that pyramid, as well as some others, and drew some conclusions, which were pretty much what you had told us. The question I have is about the one at Meridian. Was this a starter pyramid? Was it a pyramid that fell apart, or what?

*The pyramid of which you speak, is a completion pyramid. It is one in which the energies from all of the other pyramids will be funneled into as each pyramid fulfills its mission, and no longer needs the energies, it will be placed into this pyramid at that point. The pyramids, once relieved of their energies, will, as I have said before, disappear.*

*The final pyramid, with all of the energies now in it, from all of the pyramids, will now be the central point in which the twelve will tap to create the new structures, and to pull from that remaining structure all of the energy and be placed into the new structures. Once that has been completed, and that structure is then empty, its mission is completed, and it will disappear, to be replaced by a structure complimentary to the new design of structures that will serve as the completion structure for the next cleansing.*

### **The Inner Circle Of Mushiba And The Twelve To Be Selected For The Pyramids**

**In our last meeting, you referred to six being in the inner circle of the group, and in the pyramid session, you referred to twelve being part of the inner circle.**

*They are two very distinct situations.*

#### **Two separate groups?**

*Two separate groups. The six of which I refer, are those who surround Mushiba and I in our mission here. They will serve as special messengers and serve as those who all in the spiritual community can seek guidance from. They will be receiving special instructions from me and will serve much as you might refer to as lieutenants for Mushiba. They will be shielding in many ways Mushiba's activities, and will serve as emissaries, lead emissaries of the community. They will be pivotal in helping the development of the community. They will each have a particular role within the community development.*

*There are ~ this scenario occurred ten thousand years ago in Atlantis, when Mushiba and I were last here working with the cleansing together, and there was an Inner Circle, consisting of ten. All ten of those Inner Circle members have returned and surround Mushiba now. However, not all of them have chosen to reenact that which occurred ten thousand years ago. They have other paths to follow. The Inner Circle currently now consists of four from that time frame, and two new energy forms, who make up the Inner Circle. We will very shortly, tell you more about their role.*

*When we spoke of the twelve, in the pyramid session, this is something very different. This does not relate to this particular situation directly, but since Mushiba is one of the twelve, it will directly impact upon all of you who are a part of the community, and Mushiba will select twelve. They will not be from the Inner Circle.*

*They will be different, for their roles will be different, their missions different. And as time goes on you will understand the difference and you will begin to appreciate the difference, and you will, in fact, be very fortunate to have so many different entities available to help you at a very earth plane level, in your path, helping you to increase your spirituality. This is the mission that Mushiba and I have. Our basic mission is to help you all to increase your spirituality and to grow more vibrant, more stronger, and this is what we do.*

*When we gather around us those who will be able to help in this mission, for they will have very specific guidelines from Mushiba and I, and you will be able to identify with them, perhaps, a little more easily than you might be able to identify with Mushiba, for her lessons are very different from all those which you will be encountering. And so those of the Inner Circle will be experiencing those same kinds of tests and lessons and will be able to talk you through them, and help you to understand the meanings of that which you encounter in your life.*

### **A Brief Discussion Of Presidential Leaders**

**I remember reading a book written by Ruth Montgomery, and she was saying that there will be a President in the United States very soon that is going to prepare America for the cleansing, and somebody was asking the question if it was Ronald Reagan and the answer was no, but there will be another President, very soon, who will become the person who will prepare the people for this time.**

*What dear Ruth has stated is very accurate. The leader for the American experience will not come from this next election, as you refer to it. It will not matter who is elected for that which must be done. Simply, the wheels are in motion. We will say to you that the leader, that has been referred to, is already into the system and comes from a most beautiful environment and has a vibration that is understood already, for his twin flame took on the male energy form. He came in and set the ground work and did what needed to be done for establishing the name and the heritage in the minds of the people, and had a very brief mission and left when it was completed. The twin flame, now in this dimension, guides the twin.*

*The dominant energy of the twin of which I spoke who was predecessor is female but chose to enter in as male, thus the dominant energy of the one who will be the leader is male. It will become quite clear when it is time to be quite clear. It does not matter who is elected now. The leader will emerge as it becomes close to the completion of the cleansing and will carry through after the cleansing. It is not a very long time now, is it?*