

# WAITH CLASS TRANSCRIPT

*(Information Given Interdimensionally By Waith, Through Mushiba)*

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*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

**Class Member Questions/Comments appear in this font style  
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## Waith Discusses The Issue Of Judgemental Light Versus Nonjudgemental Light

Whenever I do not understand somebody, and I do not think that they are correct about something, I think of them and just put a Light all around the thought and dismiss it.

*Be careful of making the judgement, my love, of whether they are correct or not according to your own perceptions as to whether they are correct, based upon your own understanding of your own world, you see. They may be correct based upon their own understanding of their own world. And yes, it is appropriate to place Light around a situation in which you feel it to be uncomfortable for your own perceptions. Do you understand the difference? But not to place a judgement Light, for then the Light is diffused if it is a judgemental Light.*

So, we have to work on nonjudgement.

*We have presented to you a new concept just now. What is it? What is the new concept we have just given to you?*

Everybody's at their own level and we cannot judge.

*No, we have given that out many times.*

Truth is relative.

*Yes, that is true, but we have said that also.*

The Light is relative to the amount of judgement that you cast or nonjudgement.

*Yes, my dear. We have given you the concept of judgemental Light. Up until now, we have simply said that you need to send Light and that has been purposeful in its explanations to you and in the information being given to you. However, we now give to you a more complex understanding of the Light, for remember that all that we give you is quite simplistic in its information, and that it will be simplistic when it comes through for the masses, and that each of you will begin to have greater depth to the understanding as you reach your Higher Self and as we give information about the Light, for example.*

*There will be a significant number of entities who will, through their meditations and their own connectedness with The Universal Consciousness, begin to have the greater awareness of what the Light is all about, so that the concept of judgemental Light is in itself rather simplistic, yet when delved into further through your own meditations, some of you will begin to have an even greater understanding of this, so that the effect of the Light that you would send to another, as well as surrounding yourself, is directly proportionate to the amount of judgement that goes with it.*

Would you say intent of your ultimate purposes for sending the Light?

*Yes. Yes. The purpose of sending the Light for the majority of entities would have a high degree of judgement attached to it. Remember that we have said to you that it is critical that you do not impose your own beliefs, and that if you feel someone needs the Light or that they need*

*assistance, it is not for you to say, "I send the Light so that this individual will have less pain in their lives." That is a judgement.*

*You send the Light to an entity simply to send it for assistance. You send it so that the entity will be able to do what it came in to do, for it may be that the entity needs to suffer pain and you would be interfering, you would be imposing, and it could delay the achievement of a particular goal of an entity if it is bombarded by Light that is judgemental, you see. And when you send judgemental love and Light, it comes back to you proportionately and diffuses your own Light and makes you vulnerable to those forces around who might attempt to infiltrate your vibrational field and create mischievousness or create attacks from the dark.*

*You see, there is much more to it than first appears to be, and we have given out enough information over this time frame that we have been coming through where the Light is concerned that has, as we would say, laying the foundation for the concept of Light, and now we bring it one step above. It is not as easy as it is going to sound as you, many of you, learn when you attempt to apply what we give out for guidance, for it is so easy, and for many of you, because you are of such giving natures and so loving, that when you see an individual in distress of some sort your automatic response whether at conscious level or at an altered state of consciousness, would be to send Light, but judgemental Light.*

*It is now something new for you to work on, especially for those of you who were beginning to get a bit, shall we say, arrogant in your sending of the Light, thinking that you had it mastered and that you were able to send Light and deflect darkness. We now knock down some of that attitude of complacency that has developed, not just with those who are gathered with us now, but those who will read the transcripts who have come and gone in the sessions and who are not gathered with us in this session, for it applies to all in some degree or another.*

**If I think somebody is being attacked by the darkness and I send Light around that person so they have it if they need it, and send Light if there is any mischievous and negative entities around ~ Light around them and wish them away, is that incorrect or correct?**

*It would be correct when you send the Light as guidance and assistance, but it is incorrect if you put a condition on it and say, "I send the Light to you who are being attacked so that you can use it to fend off the attack." Now, it may be that they are being attacked for a lesson to be learned and must, in fact, build up their strength, and therefore the Light should be sent only for them to pull upon if they feel they need it.*

**So, "I surround you with Light. Here it is if you need it."**

*That is correct.*

**And the same to whoever might be doing the attacking, if they are.**

*It is sent out so that it is there if needed, but not imposed. "Here is the Light! I am going to protect you now." ~ You must not do this.*

**Sometimes I think when I feel a mischievous or negative presence, I send them the Light and say, "Here it is if you want it. Otherwise, go away." Is that part unnecessary? Too much judgement?**

*If the attack is coming to you, you have every right to tell it to go away. If it is going to another entity, you have no right to say that. Only to yourself.*

### **Waith Gives A Technique For Sending The Light**

**What would be a good thing to say when sending the Light? General words to say like, "This Light shall aid you in your soul's mission?"**

*You need not say anything. You simply send the Light. You simply send it.*

**Is it easy to describe how to do that? I am not sure I am doing it right.**

*It is a visualization technique initially as you begin to develop it, and you simply visualize the entity or the situation, and then you visualize a Light, and if you can put this into a ball that has spokes coming out of it, it is vibrating, and it is soft and white, and then you visualize slowly sending that Light to the image that you have presented.*

*Now, the difficulty for the novice in this is first in any type of imagery, for many will have so much in their mind, you see, that it is difficult to clear it to then create an image. Once that obstacle has been overcome and you are able to visualize, let us say, the person, then you must deal with double imagery for simultaneously you then visualize the Light and then you send the Light, the image of the Light, to the other image, you see. With practice, this is easily achieved, very easily achieved. Once you have achieved this first step, it then becomes a situation where you do not have to visualize, for you have attained the technique at a higher level of consciousness, not just at the conscious earth plane level but at a higher state in which you simply have the thoughtform and it happens instantaneously.*

*For most on the plane now, and those who would be involved in the community, there will be some degree of visualization necessary. To achieve it in thoughtform comes with great development and attunement of spirit and takes many lifetimes of visualization in order to achieve thoughtform, so that, let us say, in this lifetime you begin this process and you achieve a degree of visualization and it is successful and you would slowly then begin to develop the ability of thoughtform, but you may end this earth plane life not achieving that, but when you come into your next earth plane life, if you so desire, you would pick up where you left off. You may decide to wait several lifetimes before you pick up again, you see, but the point is that whenever you decide to work on it again in another lifetime, it would simply be a matter of picking up where you left off and not having to start from scratch, you see.*

### **Is It Judgemental To Know That Other People Are Judgemental?**

*Yes. However, this is not a negative, my love. We have on several occasions addressed the issue of judgement, and you might request the transcript in which we were quite explicit about judgement, and it will give you some insights into what it is all about and the fact that it is a neverending journey toward achieving nonjudgemental attitudes, and that you are certainly not going to achieve it in one lifetime, nor do most achieve it even on completion of the earth plane sojourn, so be easy on yourself in judging yourself.*

It sounds appropriate. However, as one goes along, you can evaluate yourself.

*Oh, indeed! Yes. It will be impossible to eliminate judgement from your life completely. However, it is a matter of simply lessening the degree of judgement, and at the end of each day, looking back and evaluating what you have done and then congratulating yourself on that which you have achieved and not condemning yourself for that which you have not achieved.*

### Finding A Common Ground ~ Discuss Areas In Which You Agree Rather Than Disagree

I have judged my mother to be one of the most judgemental people. This bothers me so much because I see that I am so much like her. I recently tried to point out to her how judgemental she is, and she would not get it! Also, I was thinking about how I must be patient with her and not forbearing, which I have also had a tremendous struggle with lately. Could you give me some advice to make this easier?

*Let her be who she is, my dear. Let her be who she is. Accept her for who she is, for you would want to be accepted for who you are, is this not correct? And therefore, if you are to receive that type of respect from another, then you must be prepared to give that back to another. Let her be what she wants to be. She is on her own path. Do not sit and have talks with her. Rather than discussing those areas in which you disagree, find the areas in which you agree. For you will find that there will be at least one area, if you look hard enough, and that whenever you meet another entity, there will always be at least one area where you can find agreement, and if that is all that there is, then when you meet, you concentrate on that one area.*

*And as you begin to concentrate on one area of agreement and you come to understand each other, then you can begin to venture out into the areas in which you do not agree. Slowly, one by one, and without argument and judgement, you would begin to rationally discuss an area in which you do not agree, understanding that each respects the other for their opinion and their belief and that you will prove that you are not judgemental and that you will listen to that person. And you may find, as so often happens, that maybe there was something that you should change in your own beliefs as a result of another's beliefs. Do you understand?*

I understand.

*This is very difficult to implement for you clash very much with the entity known as your mother.*

We do not fight, but we do not agree on much.

*That is a form of fighting, my love, and it might prove to be beneficial for you to meet and for you to take the first step and say to her, "Let us call a truce to these disagreements that we have and let us attempt to get to know each other in the areas that we have agreement in. Let us forget those that we do not agree on. Let us put those away." You see? You take the initiative.*

I will give it a try.

*Yes. And keep giving it a try. If she says, "No," then accept that. Do not try to impose and say, "Look! We have to get together and agree on things to agree on!" That would defeat the whole purpose. Rather say, "Fine," and wait.*

**What is happening is I am spending less time with her than I normally would, but then I feel guilty about that.**

*Indeed, this is a way for you to accomplish several things, you see. Spend more time because you will need to do that in order to learn about each other. Remember that she was once the age that you are and she has gone through many, many experiences and has the same and very similar types of emotions. She did not just come out of a cave and have you and leave it at that, you see. ☺*

**Aren't There Some People Who Have Not Really Grown In This Lifetime?**

*Oh, indeed! There are many who have not grown and remember that, again, you cannot judge them for there may be the fact that it is a Rest Life for them and they do not have to do anything to grow. It could be that they have come in and have not been able to grow, have had difficulties in growing. This is not yours to determine. This is not anything for you to even think about.*

*What you need to do is, if you meet an entity where there will be a relationship of some sort, be it of a limited social, business, anything that would bring people together for any type of relationship, be it short or long, that if you feel a conflict with an individual, you will make yourselves much happier for the duration of the relationship if you can find a common ground upon which to interact rather than fight the fact that you do not like a person, for you will find yourselves to be in the relationship sometimes out of your own control. Find a common ground.*

**Is there such a thing as a block that people have?**

*Yes, there is. We have discussed it many times. You have a block, my love. Everyone has a block in one sense or another, for many different reasons and for many different issues. It is far too complex to go into at this time, except that it is a Universal issue for all energy forms. The blockages come down where appropriate after certain issues have been worked through. The blockage is no longer there.*

**Waith Advises A Child To Pray For His Father Who Has Issues With Alcohol Addiction**

*Yes, my bright entity! (Waith addresses a young boy in the group)*

**Do you think you could help our dad?**

*Tell me a bit more.*

**Well, he's kinda like an alcoholic.**

*Indeed. And what would you wish?*

To help him.

*To help him.*

To come and see us.

*To come and see you both? This is what you would like? And what do you think you might need to do to help? Do you know what you might need to do to help?*

No.

*The best thing is that you pray for him. Do you do this now? (Child shakes head no) We will attempt to give some help to him, but it must be mutual. For you to ask us to help you must also be prepared to help, so that when the time comes for you to be helped by someone, they will pray for you and send you Light. So, do we agree that you will pray? And your guardian will help you in forming these prayers and we will help with this problem. Agreed?*

Mm-hmm.

*Indeed. We give you Light. Take the Light. (Waith holds out his hand to the child to give Light) Now.*

Thank you.

### A Question About The Validity Of A Book ~ Trusting In Your Instincts

Could I ask you a question about this book. I am sort of troubled by it because it has some information about music that I disagree with and some of it seems very correct. Could you give me your opinion of this?

*The information that is in that is not accurate.*

So, I should just deep-six the thing.

*Yes.*

Before I throw it away ~ it troubles me that I picked up this book because I usually trust myself about books. Is it so that I learn that all books are not what they seem?

*You needed to have selected that book so that you would question the validity of information and to trust your own feelings when reading something that it does not quite agree with your own instincts, and while I have given you confirmation of that which you felt, you must now trust your instincts, and simply because you have picked up something and felt the need or the urge to read a particular information, it does not mean that it was right for you to read. It may simply be that you now become aware of information that is not conducive to your own needs.*

### Waith Addresses Crystals From The Group

(Child approaches Waith and hands him a stone that was just given him) *Oh, yes, place this into the left hand, for you are a male energy. Take this out of the right and place it into the left. There. Indeed. This is a very happy energy, and it is given to you to give you happiness and Light in your own life that is to come, to help you, and you can keep this by your bedside. Keep this by your bedside. This is a gift to you, rather spontaneously, and it is the beginning of many crystals that you will have. It is a very happy one. ☺*

(Another crystal) **This is a gift that was never cleaned, by the way. I do not clean gifts. I just use them right away.**

*That is not advisable.*

**Gifts carry love vibrations, if you clean it, don't you disturb that love vibration that comes with the crystal?**

*No. It is not advisable to begin using a crystal that has been given as a gift until you are certain of what it carries. There are many who are able to know that when they have a crystal given to them simply by the touch and the vibration, but you must be very careful. It is cleansed now.*

(The person that gave the child the crystal earlier) **Waith, if I could ask you to clarify something. That crystal that my young friend here handed you was mine. Does the information still hold for me?**

*It is his now. ☺ ☺*

**Thank you!** (Spoken from the child) ☺ ☺

(A crystal question) **I read about this sink that comes from quartz? Is that right, Waith, for them to use quartz in a sink? Is that an invasion of ~**

*The energies of The Crystal Kingdom choose to go into any environment in which they so want, just as those of The Human Kingdom would choose to go into an environment. It is not for you to judge.*

**Well, I was sort of thinking that ~**

*It is your own perspective. You are judging.*

**I was thinking of it all being ground up like hamburger.**

*What is wrong with that? Which is the path of the energy form. You must understand this. You must not be judgemental of any other's path. It is not your right. It is no one's right. It is the path of the energy whether you like it or not.*

**Is this quartz, when it is a sink, is that actively quartz, a crystal in their environment?**

*It is an issue that we will not go into at this time for it is really quite insignificant, at this time.*

**I just was stunned when I read it.**



*Well, you must not be. You must not let anything surprise you that happens, for it is a judgement call when you are surprised. "Oh!" you would say. You are judging. You simply say, "This is what it is. This is a path." It may not be yours, but it is a path upon which some energy form travels. This is where we say it is so difficult to implement the concepts, for it is only in the presentation of the question, my dear, that we would then be able to illustrate the application of the concept. Do you understand?*

**More than I understood when I came in.**

*Indeed.*