# WAITH CLASS TRANSCRIPT

(Information Given Interdimensionally By Waith, Through Mushiba)

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Waith's Words, and the Spirit Group's Words, appear in this font style (If a Spirit Group Member speaks, they will be identified)

Class Member Questions/Comments appear in this font style (Multiple responses from the class are preceded with this symbol  $\heartsuit$ )

# Special Topic Session from Waith and Jacques ~ Male Health Issues

We come in at this time to present to you some information regarding the male entities, those energy forms who have chosen to manifest in the male illusion as well as those who are dominant male energy forms but have chosen to enter in in the female illusion. As we have discussed in the other session regarding female health issues, as well as just the issue of being female, we now will give some discussion of the male health issues and we will have some assistance here from Jacques who will be discussing some specific issues.

Jacques: The greetings to you all! It is I, Jacques. Waith has agreed to have a great deal of this discussion be from my perspective since my charge, if you will, for the Company of Waith is to discuss health issues and to be of assistance for any of you who would need health concerns. We send special vibrations, (Name given), to you for there will be much information that will be of benefit to your mission in that which you assist so many beautiful entities in their path toward the One. (Jacques raises his hands to her and she to him) We acknowledge the sending of your energy to all of us and we take it into the total energy field that is Waith and Company. We enjoy this, by the way, when any of you would send to us an energy and your love. It is an unexpected surprise!

Now, the issue of taking on the male manifestation on the earth plane illusion is one that is of counterbalance with the female energy and is meant to serve for very strong lessons to be learned and taught, which is, of course, nothing new that any of you would hear. Now, in the scheme of The Universe there is the desire for the energies that split and become, as it is called, the twin flames ~ to return back to each other. And when the split occurs in this particular illusion that is now presented to all of you, there is what is called the male energy and the female energy, and each has its own mission to unite eventually back with The One.

#### Jacques Discusses The Physical Weaknesses Of The Male Physical Encasement

Now, the male energy therefore takes on very severe types of physical situations quite different from the female. And while, as you might call it, THE BATTLE OF THE SEXES where the female would contend that she has far greater physical difficulties, this is not true. The female encasement is, by the illusion, presented stronger than the male encasement and able to withstand a tremendous amount of difficulties. The male encasement, to the contrary of what is believed, is quite weak, and this is a part of that which is part of the illusion.

Now, the weakness of the encasement is centered in a number of places, as you might say, for the male. It is in the area beginning at the base of the encasement in the area known as the ankles. And moving up, it becomes then the area known as the upper thighs, which are weak, have points of less ability to maintain stress upon the encasement, this particular area more so than the others. As you move upward on the encasement of the male, you will find that the right limb has a less tolerance for physical stress than the left limb, and that the appendages known as fingers, the thumb and the index finger, as it is referred to, are points of weakness on the right hand.

On the left hand, the corresponding appendages are of strength, and therefore the electromagnetic energy field of the two connecting give a strength when in need of gaining an energy field of superior ability to other male entities. However, this connection, as you see my

hands now forming, (Index fingers and thumbs together forming circle) is not a situation where every male entity would be able to use the energy that would come from this connection. It requires a meditative state and an advancement of the energy form itself in order to achieve this. However, it is possible for many who are incarnated now to achieve this balance of the electromagnetic field, and (Name given), you would be able to work with many male entities in achieving this harmony and helping them to develop it.

As you move through the encasement, you will find the area here at the throat, (Jacques points to the throat), as it is referred to, the lower base of the throat, as an area of weakness, and the ear on the right side of the encasement, the back part of the ear in the very back part being weak also. These are situations quite different from the female encasement which have no weak points.

Now, the male has these weak points, for the male is of a different type of vibration, there is the need for development of a physical strength because the energy itself is very strong. Male energy takes a tremendous amount of strength in its being male, and because of the illusion that has been set up, there is no outlet in the physical for the moving back and forth of the energy unless there were these weak points. And thus, they were developed, these weak points in the male encasement, to enable the male energy to build the strength and to build far greater capacity to deal with the spiritual self, which is the difficulties that most of the male entities have. And it is in the combination of the female and the male entities working in harmony that certain strengths from the male are transmitted to the female, and certain strengths from the female are transmitted to the male.

The male is far more susceptible to what we call disease, for until the male has reached the ability to transcend the physical illusion and to give credence to the spiritual development, there will be the difficulties of restraint within the encasement. Understand that when the male energy is out of the encasement and in spirit form, or in other dimensions, this situation does not exist. This is strictly in the illusion of the earth plane.

# It Is Important To Remember That Being Male, Or Female, That One Is Not Superior

Waith: I would interject at this moment with ~ with Jacques, for we also would like to bring up the point of ~ that one is not to feel that the other is superior. Remember this. Remember this! © I emphasize this! One is not superior.

#### You have been reading some minds in the room! ©

Jacques: This is quite correct in that it is fine that this be emphasized to you, for Waith, of course, has greater understanding in knowing what your thoughts might be. I do not have access to the knowledge that he has of this, and this point is well taken in that in my discussions of weakness in the male encasement there must not be the belief that it implies superiority over one another. It does not, for without the harmony and the working of the male and the female in their uniting to become One once again, there would be no purpose to all that occurs.

The male entities have difficulty with disease, for understand that disease is the physical manifestation of issues unresolved at spirit, and that when this occurs with the male entity it is far more dramatic than it is with the female, for the female has in the illusion presented now able to

synthesize the physical manifestations of unresolved issues at spirit in a much smoother way, in a much less dramatic way, and this has been the mission of the female entities.

The male entities, on the other hand, shall we say, fight the issues of unresolved spirit matters, and it is only when the twin flames, the male and the female of an energy form, have begun to work closely with each other in physical manifestation that there begins to develop in the male and the female characteristics of each other, male/female, that aid in the manifestation of disease so that those of the male become less dramatic in their disease than those of the female, and the female becomes even stronger because of this as a result of the male half becoming more aligned with itself.

Now, the reason that the male and the female entities would incarnate in different form is simply to gain a much greater understanding of what the other is attempting to resolve by being in the physical encasement. And thus, it helps the male in going into the female encasement for an incarnation to be able to better understand the issues of unresolved spirit matter, and not to fight it, but to understand it, and for the female to go into the male encasement. Do you understand the great difficulties that the male illusion has presented for itself? The male illusion must be a certain way and this has to be worked out by both the male and the female so that there is greater understanding of the issues of male and female.

#### The Issue Of Lifelines Makes The Universal Uniting Of Male And Female More Complicated

Waith: I would also interject at this point that when discussing the male and female uniting that you understand that you are all a part of One Universal Energy form that has split off little energy forms, and that your energy forms ~ remember the discussion that we have had a while ago about lifelines and how complicated that lifeline issue is, the male and the female. Understand that every energy, when it breaks apart, breaks into a male/female at a minimum. There may be in some cases triplicates, or quadruples, as we would say, three and four breakings from the same energy that is a lifeline, and there may be one that is dominant male and the others are dominant female, or the other way around. But understand that it is always in an energy break, a male component and a female component, and then whatever else, if there is one more that has decided to be ~ if it is a triplicate, for example ~ then there might be one male and two female or two male and one female, but there will always be a male and a female. Understand that.

Jacques: This is very important to the understanding of the balance that needs to occur with male/female. Now, male specific health problems that the male seems to have to encounter relate to the Lower Chakras, and this is a particularly important point for those of the female, for the female has issues that relate to the Higher Chakras. Their health issues relate to the Higher Chakras. And it is, of course, a misunderstanding of the balance that you understand that the Chakras and the issues that need to be dealt with are of opposite natures, so to speak, so that when the issues are dealt with at their own levels, they are then able to merge and a greater understanding occurs.

And thus it is when the females and the males would engage in debate, and many times fighting about what the centers are of concern. "Why do you always think only of your sexual life? Why do you not think of something higher?" is so often heard by the females. And it is the understanding that this is the higher purpose of male/female, part of the purpose, and that when a female dominant enters into a male encasement you will have that female dominant having to work through Lower Chakra issues, and therefore you would see female behavior in the way that you might see male behavior, and vice versa, and this is all as it needs to be.

When this is occurring, there is a pulling on the energy field when it is a dominant energy in the encasement of that which is not its dominant position. So, when the female dominant is in the male, or the male dominant is in the female, there develops tremendous stresses on the energy field which need to be alleviated, not just through the state of meditation, but through actual balancing with the use of crystals most often, and with special types of healing where there is a soothing of the energy field over the Lower Chakras, if it is a dominant female into the male, and over the Higher Chakras if it is a dominant male into female, so that the smoothing out at the vibrational level can be achieved.

In terms of the other weak areas in the male encasement, there must be care taken with the encasement itself in these areas that have been presented. The male unfortunately does not want to heed this information in general, for the male being in the illusion of having great physical strength and prowess would not want to admit that there are areas in the physical that are weak. And that area, beginning with the ankles, is very critical, for if these two areas are not protected properly, it affects the entire encasement in an imbalance that may be only slightly felt, but nonetheless will account for the occurrence of continual types of aliments in the encasement, aliments that the entity is not quite able to put their finger on, shall we say, continual types of situations, not feeling quite well. This comes from a weakness in the ankle area that has not been addressed.

# Jacques Gives A Remedy For Continual Types Of Ankle Ailments In The Male

There is, of course, much that can be done to go into the physical encasement for the male energy that will assist in the easement of these physical ailments. One of the most popular, shall we say, though not the most tasty, is an elixir of molasses ~ we would say the proportions now ~ I am being told that I have this tendency not to give proportions ~ one tablespoon of raw molasses, with one teaspoon of pure white vinegar, with one teaspoon of pure raw honey, the juice from half of a lemon. This would be an average size lemon. And to use the pulp that is in the lemon.

Now, to place this in one-half cup of water, preferably the spring water, the pure, and to bring this mixture to just below the boiling point, and then to consume this. It will provide an almost immediate release to the imbalance that is a result of the ankle displacement. Generally, also, with the ankle displacement, there will occur simultaneously a connection with the  $\sim$  in the right limb, the thumb, and the index finger, and if the ankle is out of alignment, then so too will the weak point be weakened further in this area of the thumb and the index finger.

Those vibrations of the male who are aligned properly and are attempting to work through these weak points in the encasement, while consuming this liquid, would want to place the fingers as I show them ~ the two index fingers and the two thumbs in this position that resembles much like a diamond when the hands are placed together, and to take the hands as they are and maintaining themselves in the diamond position, to bring them down to the Lower Chakra areas, down that tunnel, shall we say, and bring them down to the ankle areas, as you see me doing, spreading apart and surrounding the ankle area coming in the back. And in the back, I place the

fingers together again, you see, bringing them into the back and then bringing the fingers back up in this manner, as you see them, to the side of the encasement and then returning to this position of the diamond. This will create an energy field of significance to begin to help in the smoothing out of the weak areas.

Understand that there will be many, many, many incarnations needed for the working out of this particular situation, and that eventually, the male encasement can find itself strengthened completely in these areas of weakness that I have described. And when that occurs, it simply means that they are now ready to do other types of missions and other types of learning on the earth plane. And that while it has been told to you that when you enter the earth plane you have a Menu of Lessons that you are able to choose, this is not on The Menu for choice. This is a given.

Every male entity will have to go through the workings of strengthening the encasement, for it is a spirit issue that is most important, and that there will be many male entities who will be able to accomplish the strengthening while they are, let us say, halfway through their incarnation, their sojourn on the earth plane, and while that they may have completed and strengthened their weak points in the encasement, does not mean that once that is accomplished they are ready to leave the earth plane sojourn. There may be many who, in fact, will in their final life on the plane still have weak issues to deal with, and they will finish it in their final incarnation. Others may have finished it far before their final incarnation. When there is the completion of the issue of the weakness, it enables that energy form then to devote time to true unity with its other energy forms, the other parts of itself, for most energy forms will have other energies to unite, with whether they are a lifeline of another energy form, or they are bringing other lifelines into the dominant energy.

I am now instructed that questions are in order. And Waith and I are here for questions for the record, for understand that this is only the beginning of the discussion. There is much more to the issue than we have given now. We will take questions.

Jacques Gives A Meditation Technique To Help Those In The Opposite Dominant Gender

Jacques, can you give advice to male energies who are incarnated in female form, any specific advice that you can give out to help to resolve the issues?

Jacques: It becomes a very specific situation for each of you. While there may be some general remedies that could help to ease on a temporary basis, the issue becomes that the meditative state is required for an understanding of what it is the dominant energy is needing to learn by being in the other encasement.

One of the remedies that you might find for easement would be to  $\sim$  and this would apply to any who are in the opposite of their dominant, so it would not be just for the male dominant in the female encasement, but the other way also  $\sim$  would be to place yourself in a very comfortable position, seated in an upright position, but feeling comfortable in that chair, or if you choose to be on the floor, whatever, and that your back be straight, and that you center your focus on the Third Eye and that you visualize the opposite of your encasement. So, if you are male in female, then you would focus on male, and you would think of male energy, you would focus on the Third Eye, male energy. If you are dominant female in the male body, you would focus female, and you would focus female into the Third Eye. And you would envision yourself in spirit form as that dominant energy form, so that what is accomplished by doing this is a reminder, as well as a returning to a spirit of what you are, as opposed to, what the illusion is, and it will enable you to center yourself somewhat. And when you are beginning to feel the difficulties of being in the opposite encasement, that you will have a returning to your dominant energy form, be it only for a short period of time as measured on the plane.

Nonetheless, it will aid and comfort. There are also techniques that those charged with the mission of healing and the use of crystals may also use for those energy forms who find distress. That would be a topic for another session, for those are very specific techniques and we would perhaps be able to address them at another time soon.

# A Discussion Of Twin Flames, As It Relates To Male Health Issues

Jacques, when one is with their twin flame and trying to live in harmony with them, how could they help each other with the sending of the energy to help the male energy where those points are needed?

Jacques: Indeed. Waith will answer this question.

Waith: Now, as many of you know, if you are with your twin flame, it is not always harmony. We must get this on the record, my dear, that many would feel that being with their twin flame is the ultimate, that it would solve all of the problems. And this is not the case, as we have indicated many, many times in answers to specific questions about twin flames, not always appearing to be who they are, and that there may be adversarial relationships because of the harmony at spirit, knowing that you will be able to get through it at the illusion plane. But when you find yourselves with your twin flame incarnated, and you are aware that it is your twin flame, there are some particular situations that you can respond to.

First of all, there must be the knowledge of whether you are in your encasement as the dominant, or not, so you must, in understanding, come to the knowledge of whether ~ if you are the female, and you are dominant female in the female encasement, that is fine, and the twin flame is male dominant in the male encasement. Now, if this is not the case, then there are other situations which present themselves. So, many times twin flames will come in in the same gender. One of them will be dominant, of course, and the other will be in its encasement. The way in which the interactions occur then are different in these situations, so that the issues of male/female work themselves in a different manner when the genders are as they need to be for the energy form than if there were female or male twin flames.

Basically, however, you must understand that when the twin flames do incarnate, be they of opposite genders, mixed genders, same genders, however it is, the point being that the two of you have incarnated together, that there will be similarities of spirit, of course, and physical encasement similarities. For example, we have discussed the weak ankles of the male. Well, very often the twin flame will take on the weak ankles also and will take on many of the physical ailments. There will be a connection that is not describable, for you will be of same spirit, and what others might observe about the two of you has no meaning or bearing upon the ability to communicate, and that there is the ability of twin flames, without many times them knowing at conscious level, the ability to read the thoughts, shall we say, of one another. And any of you who are with your twin flame, or have had your twin flame on the plane, will understand what this is about. It is an occurrence that unless you have experienced it cannot be adequately described.

Any of you watching Mushiba and Abalma would understand just by watching them what we discuss, for there is total unity of the twin flames in their situation and it is not just something that happens, you understand. It is something that you work on from incarnation to incarnation.

Being twin flames does not automatically give you a connection of harmony at the earth plane level. You must understand at earth plane that you are twin flames and to acknowledge it, and this is where the fine line then becomes, for it is easy to intellectualize, as we say, that you are twin flames, and that you will have connections, and that you are the same spirit.

However, to live this and to understand it, and understand how it can help each other is something very different, for remember, at conscious level, while you have the ability to take on, let us say, a physical ailment from the other, you may not want to take on that physical ailment, for it would impose itself upon the other, and the twin flame may not want you to do this, or you may be afraid to take on physical pain. Understand that it must be mutually agreed upon at spirit level. And then there may be the, shall we say, the disagreements at the conscious level that ~ "I am going to take on the pain of your knee." ~ "No, you are not." ~ "Yes, I am," ~ type of situation, you see.

Understand that if it has been agreed upon at spirit, then it will occur, if you open yourselves up to this at the physical, and so there is much that can be done. We would address those specific issues individually with those that would be faced with twin flame issues, for there are not that many in the community now who have their twin flames with them, and thus, for specific discussions, we would place that into other sessions at this point.

Can we also take on these problems from a previous manifestation, if we were a female dominant in a male body? And if we have some blockages from that time, can we carry those into a female incarnation at another time?

Waith: No. What would occur is if you had blockages as, let us say, a female dominant in a male encasement, and you were not able to resolve those issues while in the male encasement, it would remain until you took on another male encasement to work through the issues. And understand that it is very specific situations, and lessons that you would take on, by going into a male encasement if you were female.

Jacques: I would interject also at this point that it is important ~ it is very important for the male to understand that the usual situation is the female dominant will come into the male encasement, and the male dominant will not come into the female encasement as frequently, or as much as the opposite. And this is for lessons to be learned for the female and not the male, but this is a topic for another time. Just a bit of a teaser to you.

Waith: Thank you, Jacques, for that teaser. © Now, this is appropriate, for there is much, much more to the subject than we can possibly begin to present to you all, and we would leave you

with the basic understanding that, once again, we say this with great strength, and you must understand this very, very much, there is no gender superior to the other. For the illusion of the earth plane, there is this thing called male/female for this particular time frame of illusion. It is simply meant to play out the game, play out the lessons, and that none is better than the other. You must remember this at all times, male/female, one is not better than the other, even though there would be the male who would say otherwise, and there would be the female who would say otherwise.

We present this information to you only to give you a perspective of the difficulties that the male encounters as a part of the illusion, and the encasement itself being of a weaker nature than the female, but that the female also must work in harmony with the male, as the male with the female, in order to balance. We would take perhaps one more question.

# Vibrational Attunements Between The Male And The Female

When we talk about male and female energies, is there actually something like a frequency difference, or somehow the nature of a different vibrating? And, for me, in a situation of wanting to assist in balancing, can I tune into those and then balance, or help balancing?

Yes, there is a vibrational attunement that is different between the male and the female. When the twin flames arrive, the vibrations are exact, and so, if you are dealing with twin flames, for example, you would deal then with the same vibration even though they are male/female. When you deal with male separate, female separate, you deal with very different vibrations. And yes, you are able to attune yourself to them. You would need a particular crystal, that if you would so desire to place the thought into The Universe, it is an attunement crystal specifically designed to assist in harmonizing your vibration with the vibration of whom you attempt to help, and its mission is solely to assist those who would heal, and help to heal, as you do. This crystal will present itself to you if you call for it, and you will know that it is.

Is there a male vibration and a female vibration. or are we all just different vibrations?

There are all different vibrations.

So, there is not such a thing as  $\sim$  these are all male vibrations  $\sim$  these are all female vibrations.

That is correct. It would make things far too simple, you see, and we certainly do not want anything to be simple. It is far more complex.