## Waith Class Transcript

**JANUARY 23, 1990** 

QUESTIONS ABOUT THE SELF AND GROUP TECHNIQUES FOR COMPASSION AND TOLERANCE ~ TRANSCRIPT 01.16.1990

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In The Center Of This Group, Should There Be Specific Crystals?

This Thoughtform Is Immediately Disbursed After We Leave?

#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

# Information Given Interdimensionally By Waith Through Mushiba

A Publication of Terra Lux Media ~ 1990

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### The Importance Of Thanking Food For Being Of Service To You

We would begin by indicating that we are pleased that you munch, © (Referring to the snack food and dip) and we think that it would be appropriate that for our sessions with you all that you be encouraged to bring this sustenance to share and enjoy as we speak with you so that you will have a more relaxed feeling and not be quite as, shall we say, tense or ~ uptight. ©

#### Waith, what is the medicinal value of Fritos? ©

If it soothes the spirit in your perceptions then it is medicinal. You see, food gives of itself to other energy forms for consumption, so that it is its way of Being of Service just as all of you as energy forms try to Be of Service to other energies. That which takes the form of food serves that purpose of Being of Service. It is important to remember, however, that before you consume any food that you thank it for allowing itself to Be of Service to you and for providing the sustenance that it does, and when you do this thanking, and understand that food serves a purpose in the greater scheme of The Universe and all energy forms, then the food will be beneficial to the encasement. It is when food has an abusive perception by you the entity that problems occur.

But we digress a bit from what we want to address in this session. We will speak further about food, for it has an important role in the Community of Terra Lux. So, enjoy and do not be concerned of this noise.

Just think that if you bless your candy bars you are not going to gain a pound!

This is not what we mean! ① It is the way in which you think of this, not simply to bless but to have a certain perception of the sustenance that if you would consume great quantities of food, it may have no harmful effect on the encasement if viewed properly. But that is a topic for other times which we will present.

We this evening, and it is evening, isn't it? Yes. Mushiba has changed perceptions of time on the plane now as a result of changed polarities and we are currently trying to adjust. We are finally getting ourselves adjusted to time when changes occurred, but it is not what will concern any of you at this time now, simply the way in which we are able to relate information. In our last session, we presented some material to you and we indicated that we would take questions relating to that material in this session, and we know that there are several questions, and we also, time permitting, will address any other questions that may arise. So, let us begin.

Why Did You Give The Maximum Number Of Thirteen In The Group Protection Technique?

The number thirteen in The Universe has significance as it is currently presented in the illusion on the plane. There have been a number of what are perceived now in your time frame from advanced cultures, one specifically being that which is named the Mayan culture, where they were able to take the significance of numbers and to place them into certain geometric configurations that relate to the balance of energies. And the thirteen, while on the plane currently, has surrounding it what you would call this superstition of thirteen being bad luck. It is actually quite contrary. Thirteen in the Universal Flow of activity, as related to the electromagnetic field of the energy forms who work with it. produce the flow of negative and positive energies and enable the negative energies to be disbursed and replaced with positive energies.

And thus it is that when a circle is formed and there are thirteen energy forms in that circle, it presents then the maximum distribution of energy flowing left to right as it would be on the plane, left to right. This goes in ~ in the opposite ~ let me illustrate this. (Waith walks to the easel. The illustration of the circle with placement of the thirteen people is still there from last week) You may leave the diagram here.

We indicated that the flow would go in this direction, from the right to the left, or as you would refer to it in time, clockwise, with the flow, and using thirteen as the symbol, the flow goes in this direction, you see. We will use this to show that the flow goes counterclockwise. And thus, there is an interconnection, an interlocking of the electromagnetic field that works when the progression of energy within this circle of energy forms is flowing clockwise, and the connection then becomes fused at the spot of thirteen, where that particular energy form is located, you see. And thus it is that while this Group Meditation Technique that we described can utilize yet less than thirteen and still be effective, the ultimate maximization utilized is thirteen, you see. There is more to this, but this is the basic, my son, and it is very good that you have asked this.

#### If There Is A Leader, Where Would The Leader Stand, Or Is It All Community?

Ah, indeed! Yes, I knew you were going to ask that. I should not have said. In terms of what you would call a leader, you see ~ you have the beginnings. Remember that we have indicated that ~ that it would be over here, this one, this two, and this three, you see. Now if you look at this configuration you will see a pyramid. Now the current structures on the plane that generate the electromagnetic field and control all of this are what you all know as the pyramids, you see. What occurs is that the actual leader then is centralized in the middle of this space, and it is a thoughtform that is generated from the three entities in this position. This thoughtform, being in the middle, is then projected to the base, and the energy that is found at the base of this so-called imaginary pyramid structure is then generated out and connects with the energy that is projected from the main pyramid structure designated for this geographic area.

When this technique is used in other geographic areas, and it is being presented around the earth now in other groupings, the pyramid that is responsible, shall we say, for the

particular geographic area in which a grouping finds themselves is ~ is the pyramid in which the connection is made. So, for example, if you were to go into another, as it is called, continent and were to form this group, the energy field coming from this configuration would connect with a different pyramid than the pyramid that connects with this geographic area. Nonetheless, it is powerful and just as effective. They are all able to perform in precisely the same manner. So there is no leader, per se, but rather energy that projects itself into one focus.

#### What Is The Purpose Of The Thoughtform, Though?

Ah. This is where the field of energy will center itself ~ will form so that that energy is then able to be projected downward into this pivotal point in the pyramid imagery and this pivotal point connects with the pivotal point in the pyramid responsible for the geographic area. This then enables the flow of energy to, shall we say, zoom into the center of the circle that is made up of these entities. Now, the greater the number of entities in the circle leading up to thirteen, the stronger the force.

#### Is There An Inverse To The Pyramid Imagery On The Bottom?

Is there an inverse to that pyramid on the bottom since that takes up the top half of circle? Is there also an inverse on the bottom between one, four and two?

What would occur, my love, is that as the number increases, you see, so too do the configurations, and they are designed in such a way that as you add entities to the circle they form pyramids, and thus it is that all would then focus ~ center of their own pyramid ~ and all would eventually go to this point here. (The center of each entity's pyramid)

A very instrumental point.

Yes indeed. And thus it is that there is strength in numbers, © but you do not need an Archangel to tell you that.

If There Are More Than Thirteen, Will That Weaken It?

There will not be more than thirteen. That is in the transcripts.

There would be a second group?

Indeed. Thirteen is the number.

Will This Eventually Get To The Point Where There Will Be Thirteen Groupings?

Will this eventually get to the point where there will be thirteen groupings, and then that thirteen will be by itself, and then another purpose eventually would be ~

It could be. It could conceivably be that.

What Will Be The Main Purpose Of This Group, Other Than Developing Compassion?

And what will be the main purpose of this group other than developing compassion? There must be some other ~

For the time being that is all you need to know, and it is to develop compassion.

Other Sources Of Information ~ The Space Brotherhood

Waith, there is a great deal of energy that will be transmitted from these groupings connecting to the various pyramids that you mentioned. Is all this activity, all this energy, being monitored or being watched by the Space Brotherhood? Do they have ~

The Space Brotherhood as you refer to it has nothing to do with this. They have other responsibilities. We ~ if we are able to cringe, we do at the title that has been given to this group of entities, for it diminishes their vibration somewhat to refer to them in this manner, but we understand that earth plane needs to do this sort of thing. They are a very highly advanced group of entities who have been designated to help in certain areas where The Shift is concerned, and while they do have a connection with this type of energy flow, they are not directly involved with it.

But their instruments must be picking up the energy itself?

They do not have instruments as you would perceive them to be.

In The Center Of This Group, Should There Be Specific Crystals?

No. At this time we would say to you that it is not necessary.

This Thoughtform Is Immediately Disbursed After We Leave?

Yes, indeed. It is formed by the group, remains while the group is intact, and then dissipates upon the breaking up of the group. And so, it is a combination of the group, and thus, the thoughtform reflects the group, and when another group would gather with different entities in it, it would have a different energy to it ~ this thoughtform.

The issue of patience weighs on my spirit during this session. We will in the next session present to you more information regarding this topic area, for you have not brought out that which was needed to be, all of it, only this part ~ part of what we wanted to bring to you.