

Waith Class Transcript

MAY 22, 1990

Topic ~ Fortitude

Fortitude Is Strength Of Self Through Understanding What Others Go Through For Self
Everything That You Do, In Spirit Or Earth Plane, Has An Impact On Every Other Lifeform
Fortitude Is Developing Strength In Doing The Best You Can Do At The Moment While
Striving For Something Greater
A Question About Good Days Versus Bad Days That One Would Have

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

*Information Given Interdimensionally
By Waith
Through Mushiba*

A Publication of Terra Lux Media ~ 1990

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Topic ~ Fortitude

In this session we will discuss with you a particular issue that is called on the plane fortitude. Now, once again, like many of the issues on the plane, fortitude is misunderstood, and as is the usual case in understandings on the plane in the current illusion, certain concepts that have come from The Universe lose something in the translation, might we say, or in over time it loses its purist meaning.

Fortitude Is Strength Of Self Through Understanding What Others Go Through For Self

And thus, we would briefly in this session begin to bring you back to the pure form of the definition of fortitude. Fortitude is a strength. It is an element of soul development that is critical in order to achieve that which is Unconditional Love, for the concept of fortitude is a strengthening of Self through an understanding that what another entity is doing is indeed right for that entity.

Now, many of you who have heard our words over time will begin to see connections that all revolve around Unconditional Love which results in being nonjudgemental, and that the path back to Oneness is that which follows the ideal of becoming completely nonjudgemental, you see. Fortitude is one of those qualities, and there are many qualities that contribute to the development of Unconditional Love, for remember that in order to project Unconditional Love each of you must feel a sense of love within Self, for Self, and as you strengthen love of Self you grow in your abilities to love unconditionally all other entities.

One of the techniques, if you will, to develop Self love is fortitude. It means that you look at what you do, and this is a very earth plane quality. It relates very specifically to the physical and the earth plane, for you look at the illusion in which you find yourselves. You look at the concrete. This is not something, as you would say, nebulous, difficult to grab onto, but rather, especially for all of you who have the difficulties in the balancing of the physical earth plane and the spirit and trying to balance them and get them to work together, this is an attempt to help you to put that balance in place, for you can now take something that is very earth plane and evaluate how you respond at an earth plane level to a particular behavior of yourself and as it relates to those around you and its effect upon those around you.

It can be, for example, something as simple as writing a memo in your place of work and wanting that memo to be as perfect as you could possibly do this memo, not according to another's standards but according to your standards, and that you would never be satisfied with what you produce even though there comes a moment in time as measured in the illusion that this memo would have to be sent, you see. What you do is evaluate the work that you have done to put this memo together and you evaluate it and you

pick it apart and you want it to reflect who you are. This is a way in which you can begin to take and synthesize who you are as a being, as an entity, and place it into the physical, so that it reflects who you are at that particular time, not a projection of what you think you should be but rather a reflection of who you are at that moment, for it is only in reflection of what you have done at a particular moment can you adequately and accurately and lovingly project for the future for yourself.

Everything That You Do, In Spirit Or Earth Plane, Has An Impact On Every Other Lifeform

Now, understand that all that you do on the plane, as well as in spirit, has an impact upon every other lifeform. We have discussed this in prior sessions. Now, let us take this memo as an example. You would say, "Well, it is fine, Waith, for you to say ~ do it according to your own standards ~ but I have this person with a whip over me who says, "You are not doing it the right way," you see. Many of you are faced with this particular situation and you find that you must then accommodate yourself to the standards of another.

Fortitude Is Developing Strength In Doing The Best You Can Do At The Moment While Striving For Something Greater

Now, understand the irony in all of this, for in order for you to project who you are you must be at that very moment in time ~ a part of those around you who would be demanding from you a particular standard, and therefore, the standard by which you must project yourself is in actuality a response to the standard that another would say is necessary. This can be very difficult to understand. And where the idea of, and if the standard by which you strive does not match the standard of those around you who you find yourself with, you have several choices.

You can simply leave that particular environment, for it is not for soul's strengthening and growth at times, though maybe to remain in that situation, or you may through your meditations understand that you are in that situation for very particular lessons to be learned and that perhaps the standards that you find yourself involved with, while you may not feel they are yours, may in fact be necessary for you to evolve your own standards, your own values, your own strengthening, you see, and fortitude is what you might call on the plane a stick-to-itiveness, you see.

Now, this means that you are able to make the decision within your own Self as to how important something is at the very physical plane, at the level of the earth plane, for we speak of illusion now. We speak of the very strong earth plane as we have in the past called it, "It is an earth planey day." You see, Mushiba many times will at the end of that which is called the day will say, "Oh, it has been such an earth planey day!" And this simply means that the issues of the physical and of the plane have bombarded and have been very evident, very obvious, and as we have said before, my dear loved ones, it is an earth planey day because you are on the earth plane, you see.

And thus, it is appropriate that you will have the development of a strength of getting through, for you are on the plane for very specific reasons, and when you go into another plane, into another dimension, you have other reasons and other lessons to be learned. But one of the enjoyable aspects of the earth plane is that it is very, very concrete, unlike many of the other planes, and very specific, and this is where an entity truly has the opportunity to balance in the Soul.

The accelerated learning ground of The Universe is the earth plane, and those of you who are on the earth plane have chosen very specifically to come onto the plane. Other energy forms choose to learn their lessons and to do what they want to do in other dimensions without coming onto the plane. It is an obligation that each of you takes on for yourself, not for any other entity, but for Self to grow in a particular way. So, each of you has very deliberately, very consciously, decided to make the journey on the plane.

And thus, rather than cry about it and to complain about the earth plane, rather understand it, that it has been a conscious choice, it has been a soul choice, and that this quality of fortitude is available for you on the plane to help you to get through those very difficult lessons, and that as you develop a sense of fortitude, a sense doing it, getting it done regardless of what it takes for yourself, your own value, your own standard, that you will do this. And the more committed you become to Self the greater will be your growth and the greater will be your ability to love Self and the greater your ability to Love Unconditionally and to ultimately be nonjudgemental in whatever area you find yourself.

Now, you would think while this appears to be an easy quality, to say, "Well, of course I will stick to it," but of course it is not quite as easy as the concept. The application is never as easy as the concept, but it is in the trying, you see, and in, as you would call it, the day to day attempt to strengthen and in analyzing on a day to day basis your level of fortitude and not to be angry with yourself if you did not stick to something or if you faltered in any way, for this is fine, you see. In order to advance you must stretch the limits and then move back a bit to maintain the balance and then move ahead and move back, and so you will have fluctuations. There will be time frames in which you have tremendous fortitude, and there will be other time frames when it will be less than what you might want it to be, but that is necessary for you to understand how you have advanced, for by stepping back and observing Self you can look at the strength that has occurred as a result of this fortitude.

Now, on the plane, you see, the concept of fortitude has been put into this definition, if you will, of almost making an entity appear to be pushy and overbearing and has on the plane with large groups of entities a negative idea, for to be ~ to have fortitude means that you believe in Self and that you attempt then to take the belief of Self and work with those around you, not being pushy, not saying, "I am ~ I have this fortitude and what I do is right, and I will not adhere to what you have to say to me." You do not do this, you see.

You simply recognize that another with whom you find yourself has a different level than you, and you make the decision as to how to deal with that in as gentle and loving way as possible, remembering that loving and gentle in itself has variations of definition, and what is loving and gentle to one entity may not be the same to another entity ~ for then that would be a judgement, now, wouldn't it ~ but that you attempt to respond to all you find around you in the very best way that you can, what feels right for you, and in your attempts to develop strength of Self and wanting to do the very best that you possibly can, for as you attempt to do the very best and you stick to that, who is to say anything. You see?

The Universal Consciousness surely would only rejoice in knowing that each of the separate energies that make up The Universal Consciousness was trying the very best. At the exact same moment there would be total strength that could overcome anything, you see. Unfortunately, this is not what occurs, and this is fine, for on the plane it is specifically set up, if you will, in the illusion, to create this sense of not feeling confident about what you do so that you can then begin to look at the feeling, if you would like to call it that, of not doing well, for an entity can only go so long, understand, in that state, only so long. It may be for an entity a time frame than encompasses an entire lifetime, but eventually, that state of knowing that one is not doing their very best ceases, and the entity does this himself.

It is only you, each of you as energy forms, who can change the condition of the energy from being static to being what you would call dynamic, movable. Many of you have experienced times when you have felt worthless. You have felt you were not doing your very best, even though you would say, "I am doing the very best that I can," and if you must say that, you see, to the world around you, then you know that you really do not know it.

For when you truly are doing the very best that you can there is no need to proclaim it. It is only when you know that you are not that you begin to proclaim it, but this is fine, for many of you know that after a time you work yourself out of it, and you shake yourselves, if you will, at the spirit level and you say, "Enough is enough. Let us get on with this." You no longer delude yourselves into thinking that you are doing the best that you can, for you know that you are not, and it takes as long as it takes, and there is nothing negative about this.

It is a time necessary for reflection, for truly looking at Self and shaking Self and not being satisfied, for each of us as entities is imperfect. That means that we must always be looking to be better and to be doing the best that we can, for it is only in reunion with The Oneness that perfection is achieved. As long as an energy form is apart from The Oneness, there will be imperfection, but you strive for perfection. This is what we all do.

And the quality of fortitude is something that is available only on the earth plane to work through, and it gives those entities who come onto the plane a little extra

strengthening, helps in this return back to the One. It takes a little less time than entities who choose not to come onto the earth plane, you see, and there is much more to this concept, to this quality, but we have given you much to ponder, and we would welcome a few questions if they were to pertain to this topic.

A Question About Good Days Versus Bad Days That One Would Have

How can it happen that when you do refer to this typical earth day that you say, "Oh, this was a good day today." Or someone says, "Damn, everything went wrong today. I had bad luck the whole day " You probably would not see it this way. How would you describe this? Are there good days and bad days for souls on earth, or is it just that we start negative we would continue negative the whole day?

You have raised a number of issues here, as you would call it, as you on the plane would define it there are good and bad days. Now, as it is seen from spirit, it is not that way, for what occurs is that all energy has variations in its own connectedness to the Flow, The Universal Consciousness, the Flow, and there are some specific reasons why the Flow becomes out of sync, just as there are reasons why the Flow is in synchronization.

And there may be, for example ~ and this is a rather simplistic response to your question, but it hopefully will show you some insight ~ one particular day occurs, and you feel that everything goes as you would want it to. It flows. And you meditate before you go into the sleep state, and you then go into the sleep state and you feel wonderful, and when you awaken from the sleep state, you do not feel so good. The next day you find that everything goes not the way you wanted it or had planned for it.

A number of situations could have occurred. There could have been while in the altered state of sleep some meeting with, let us say, one of the dark at your level, and there could have been, let us say, a battle that occurred, and you either feel tired from that battle or in some way it just weakened you. And you know this is a very common predictable situation so that you were forced to come back into the plane before you had resolved at spirit a particular battle, you see. And so you ~ this what you call alarm clock suddenly brings you back, and you know that you have this unfinished work that you were doing at spirit during the sleep state, and it leaves you with a sense at the higher level of uneasiness, and that sends itself out to The Universe and makes an entity particularly susceptible to the mischievous entities who would come around and perhaps pick away at you.

Another situation that can create this sense of a good and bad day is that for any number of reasons, you as an entity simply do not connect in a balanced way with The Flow of The Universe. This happens for energy, all of you, all of us, energy, are vibrational, and vibrations change from moment to moment, and are affected by the vibration of others, and you may not be aware of it consciously at earth plane but at spirit the vibration of another, it could be a loved one who is experiencing difficulties in some way or another, or is out of balance for whatever the reason, and that vibration will affect your vibration

and that will affect your connection with The Universal Consciousness, and thus create a disharmony.

Now, there are many on the plane who in no way that this occurs, rather than try to fight it, come to recognize signs, come to realize that a particular day is not going to flow, and thus, they begin to know how to deal with the fact that they will be faced with things that they did not plan and that by beginning to recognize that this could happen, it enables an entity to indeed flow.

Here is the, shall we say, the double edged sword, for in order to truly Flow with The Universe you must give up control, and those days that you have this feeling of everything going right, if you were to analyze at Soul Level and in meditation and even at the conscious level why things went right, you will see that you worked with The Universe rather than against The Universe. And those days that did not go right, it is because you said, "This is the way it is going to be today, and if it is not then, well, it is not going to be a good day." And thus, from our perspective, you see, every day is a good day if you Flow with The Universe, for you simply accept that whatever is happening is meant to happen, and that you deal with it appropriately, and it may be that the way in which you deal with something has to, in the illusion, look negative.

You might want to, any of you who experience this ~ this phenomenon on a regular basis, to speak with Mushiba, for she finds herself in an earth plane environment that as you would say screams of earth plane and to see how this is dealt with. It is not easy. Even Mushiba will react rather than respond sometimes, and this is fine for it is all for lessons, you see.

When you were talking about how it can be easier sometimes to just go with the stride of a bad day and just let it be, sometimes that feels really boring. I cannot explain it. It is as if there is no excitement.

Yes, and this is a very common response when an entity is first presented with this idea of simply trying to balance the extremes, for the entity has come to this place, this moment in time, from a behavior where the extremes were very important to the life, and now in looking at balance, one would see, as you might call it, boredom, until you begin to feel the sensation of balance. And as you balance and have fewer and fewer extremes and are able to flow, you will begin to want to have that balance more and more, and you will work toward achieving it. You will understand how much better that feeling of balance is to the total Self than the extremes and in trying to fight The Universe, you see. The Universal Consciousness is simply all of us.

A couple of days ago I had an experience where I thought I was picking up on an attitude from someone, so I reacted and I projected an attitude. And it fed upon itself. Then I realized if I stopped projecting the attitude that it would stop, and it did. Is this a good technique?

Indeed. You do not need me! ☺ Yes, indeed. This is a very common situation and it relates to fortitude, you see, for all attempts to be better are an indication of fortitude, and analyzing Self and attempting as you did to pull yourself out of the situation for a moment, to pull out the emotion and get rid of the emotion of the moment and to look at it from a spirit level ~ spiritual, "What am I doing here?" For remember, the illusion is very powerful. What appears to be is not what it appears to be, and thus you have grown as a result.

Very interesting to see and get results.

It can be quite fun now, can't it? It can be difficult in the process, for one then is looking at Self and one is saying, "I did this. This is what I am doing." And you get control of yourself, you see, and by taking control and accepting the responsibility that all that you do is as a result of Self, then you gain the ultimate freedom.

Well, how do you achieve that balance? If for no reason you have had a really good day, and the next day you feel so depressed, and nothing goes right. How do you work to achieve the balance that you do not have days like that ~ for no reason, that maybe nothing was caused and maybe ~

But something does cause. There is always a reason why something occurs. Nothing in The Universe occurs without a reason, without there being a plan. The reason may come simply from the Soul itself or it may be a part of a greater plan, and there are reasons for everything. Nothing, as you would say, is coincidental. The balance is not something that I can give a formula out. It is something that comes very specifically from Self and from an understanding of the Higher Self and the ability to connect with the Higher Self, for only the answers for you, come from you. They come from no external source. None of us in other dimensions can give the answers for you. We can only give you the guidance to find your answers. We give no answers, only guidance. You do with the information what is appropriate for you, and it is only through meditation that the seeking of the Higher Self can occur.

It seems to me that not having bad days would remove the challenge which would prevent the growth. It would seem like an untested fate, so that people who have nothing but good days are either way up there or have stopped growing.

Indeed. It is a perception. Understand that what you might consider a good day someone else would consider a bad day, and vice-versa. It is all in the perception and the way in which an individual deals with the events that occur. Some individuals deal with things in ways that would create great difficulties for another, and for this particular individual it is not a difficulty, and so it is not a bad day to one, but another observing would say, "Oh, you must be having a bad day!" It is all in the perception. But you are correct, my love, in that growth occurs only through pain. Yes, we are back to that again. ☺ Growth occurs only through pain. Yes, indeed.