

Waith Class Transcript

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Vibrational Disruption Of The Physical Planet Causing Physical Conditions Within Self

What a vibrant gathering of energies we have in this session! And we are most pleased to say to you that we see a great deal of bright light in this session which is a sign that, for many of you who have been feeling a bit like you were not progressing as you would want, you have come out of your Self-doubt, and you are feeling more confident of Self, and that this confidence comes primarily from your meditations and the trusting in the Higher Self to give you the answers that you seek.

And as many of you who will very naturally go into periods of Self-doubt, or what is called on the earth plane depression, when this occurs for you, you are able to move out of it much more rapidly now, for you have learned that you are able to find your way back into the sense of Self and to feel the interconnectedness with The One, and you are able more easily and more quickly to find the stability and the peace within that you were losing for a short time frame.

This is a most beautiful advancement for many of you, to be able to trust, for this is trust of Self, and it means that when there is trust of Self, then there is a greater ability to be nonjudgemental and to trust others, for you feel no threat upon Self, and you feel a greater connectedness with The Universal Consciousness, and therefore, a greater sense of responsibility for your own behavior, which is so very critical to the return to Oneness.

And what has occurred most recently on the Planet Earth is a vibrational disruption of the physical planet as it nears the changes and The Shifting, and it has affected a great many of you vibrationally. Many of you begin to feel that you are being attacked by the dark. This is the first response when you begin to feel a sense of despondency. However, another ingredient now that many of you must give attention to is that, as the vibration of Self increases, so too, will your sensitivity to the vibrations of the planet. And as the planet begins its task of shifting, it will have sometimes a short period of uneasiness within its own vibration and sometimes a prolonged period. It has just come out of a rather prolonged period of uneasiness within its vibration. And thus it is that many of you have suddenly begun to feel a bit lighter in this time frame called days on the plane, and this is because the earth now has settled back into a particular level.

A Technique For Helping And Soothing Planet Earth

It is a very easy response for each of you who would feel the earth. Many of you have a greater sense of connection with the earth, and it is a very easy response, and that is simply to picture the Planet Earth within your Heart Chakra and surround the planet itself with the love that comes from heart and give it the Whitest of Light that you are able to give. And as you surround the planet with the White Light of your love and Self

being, then begin to visualize a Pink Light surrounding that White Light, and then begin to visualize around that Pink Light a Purple Light so that you have in essence three layers of Light.

This will give a sense of connection with the earth that your vibration is wanting to help its vibration, and at the same time it will give you a smoothing out sense so that any of the anxieties of your vibration will not be felt quite as strongly. You will be able to go through your daily lives on the plane in a better way, you see. The earth does not want to have this effect upon all of you, and thus, anything that you are able to do to assist it in its own vibrational attunement will be most appreciated by the planet.

We would take questions in this session regarding the vibrational changes of the earth, the planet itself, and any questions you would have relating to the total subject of The Shift from a physical sense.

A Question About Adding Cayenne Pepper To Grapefruit Juice As An Energizer

I have a question with changing our diet a little bit. Do you feel it is right to add a little cayenne pepper to the grapefruit juice to help as a stimulant, energizer?

As with all substances consumed by the physical encasement, it becomes situational. It is not an area where you would in a categorical way indicate that this is beneficial. There is a very easy way, however, to determine if it is beneficial, for this could be beneficial for some encasements. You would wait approximately three point five earth plane hours after consumption for the first time, and if what is called a rash develops on either of the inside of the hands, that which is called the palms, on either one of the palms, then the encasement does not find this particular combination beneficial.

The Acceleration Of Earthquakes, Hurricanes, And Tornadoes As Part Of The Shift

I would like to make a comment about all the different earthquakes that have been happening recently. Would you comment on that?

We have given in many sessions the indication that there would be from now until The Shifting an acceleration in what is referred to as natural phenomena. The earth now is in its stages of what you would call regurgitation, and thus it is that the earth will, in an attempt to bring itself to the point of shifting, have to lighten up in certain areas of the physical earth. This results then in what is called earthquakes, it results in what is called tornadoes, it results in what is called hurricanes. And these three particular phenomena of the planet have begun an acceleration, for it is a way of bringing the planet itself to the pivotal point of shifting.

As the earth itself is experiencing these vibrational adjustments of which we just spoke, this in itself brings about rather dramatic earth events, and thus, you will find in these

three areas of earthquake, tornado and hurricane, dramatic events, not minor ones, but very dramatic. The minor ones will occur in those time frames in which the planet has settled back after having a vibrational attunement. You will see within that which is this year on the plane very dramatic weather conditions. We indicated this quite some time ago in another session that the weather patterns would truly now begin to show their differences, if you will, as the poles of the planet prepare to go into opposite directions.

So, this again affects our vibrations ~ events that occur in other parts of the world?

Yes, indeed, for a good number of entities currently incarnated there is a higher attunement to the vibration of the planet than others, and thus, some are more greatly affected than others. Thus it is that you perhaps visualize the earth as we have described it, this will help.

Many On The Plane Have A Psychic Sensitivity To Events That Are Going To Happen

It seems like we have a sense of a pending doom, type of feeling, and I do not know why, and then all of a sudden, my husband will cut out an article after I am starting to feel better, and then it will be in the newspaper on what dramatic events have occurred.

Yes, indeed, and there are a good number of entities currently on the plane who have this sensitivity. Many would call it psychic. It simply means at a spiritual level that there is a connection vibrationally with other vibrations, for you may be attuned to one particular type of vibration and not another, and thus, if an event occurs within that particular vibrational level of which you are attuned, then you will feel something. If you are not particularly attuned to another type of vibration or level of vibration, you would not feel that vibration or a sense of change. Understand that doom is not in our vocabulary, but rather that it is simply a change, a growth that is occurring, a newness.

Changing Weather Conditions In Europe

I was recently in Germany and I followed the discussion on television where scientists from all over Europe discussed about the tremendous weather changes in Europe. They had so far four hurricanes in four months, which never happened in Europe. And people from Scandinavia, Italy, France, are all talking. All these intelligent scientists were wondering what is going on. And they could not find an answer.

Oh, indeed.

It is very critical, and we realize that. I was not aware that Scandinavia is rising a centimeter every year. I think Waith predicted that when there will be the tremendous change, that Scandinavia will rise, and some of the western European countries will disappear. And, in particular, Denmark is concerned that with the next hurricane, they will not see that much land left any more.

The upcoming hurricane season, as it is referred to, will be a very dramatic one.

Will we also be affected in Connecticut in the fall when it is our season?

There will be parts of that which is Connecticut. Understand that the safe area will have some effects but not in the way in which others will. Recall back to the session in which we discussed that the safe area would see some rather interesting weather conditions and to look at it with a sense of joy rather than fear.

Trusting In Self, Through Meditation, To Understand The Greater Picture

I heard recently that there is a group of people who retreated into a remote area of the United States, expecting that there will be disaster. They were talking about atomic bomb dropping on earth, so they were expecting the doomsday, and after that event did not occur, the group lost a lot of members, doubting about all the predictions being presented by the leader of this group.

Understand, if you all will, that we have on numerous occasions indicated that the information that comes through from other dimensions onto the earth plane is meant for specific audiences, for specific levels of learning, and for specific lessons to be learned and taught. Understand that there are many, many interacting issues occurring with this particular situation in which you describe. It, for many, is an issue of not judging. It is an issue of faith. It is an issue of trust. You will find much of this type of discussion occurring now and until The Shifting, and there will be just as many doubting what we say as there are doubting what this issue, this situation in which you described, have said. The fact that the prediction did not occur has a very specific reason for this. There is a need for preparation, for entities currently incarnated, in the area of trust of The Universe, trust in that which cannot be seen, trust in that which is called The Creator, The Universal Consciousness.

Those entities who will be allowed to remain when The Shift occurs, as we have said so often, are those who are vibrationally attuned with the new vibration of the planet, but it involves far more than that. It involves a vibration with the electromagnetic arena that surrounds the entire earth plane, which is much more than just Planet Earth. And in order to be strong enough, entities choose at this time to strengthen their own vibrations by being able to look at a type of situation you have just described and to attempt to understand where it falls in the scenario. What is its reason? What is its purpose? For there will be a number more of this situation occurring between now and The Shift.

We are not here to give explanations of certain things, for we are not allowed to. It is as simple as that. We are also not allowed to indicate that this is anything that is wrong, what has occurred. This is not wrong, as you would want to say. It is not something that you would condemn the leader for, for the leader was receiving information for purposes of lessons to be taught. Those who were a part of this group had balancing that needed to occur in certain areas, as does all entities, all, all entities, not just on the earth plane but throughout The Universe.

And thus, those entities who will remain through The Shift and after The Shift to help in building The New Illusion that will be, must have a sense of understanding as to why certain information is given through and followed by great numbers of entities that appears to be in contradiction to their own spiritual beliefs, or that which would perhaps shake their spiritual beliefs, or that which would give them a sense of doubt that The Shifting is going to occur, for we do not say to anyone that we expect you to believe, for what you believe is what you believe, and we are not here to justify, just as none who give information through have to justify.

It is presented so that you as an entity can absorb this information and use it within your own value system within your own connection with your Higher Self and your soul memories for strengthening of Self, and what you decide to do at the time of The Shifting will be entirely your decision, based upon your own beliefs and based upon your own strengths and abilities for growth at that particular moment. You understand?

It would be beneficial for as many of you as can be to contemplate this particular issue that we have given, in your meditations, and attempt to reach the Higher Self and communicate with your guides to help you in understanding the greater picture, as it is called, for there is far more at work here than the limitations of the earth plane would allow you to see.

Those Who Will Survive The Shift, And Those Who Will Not, Regardless Of Safe Or Unsafe Areas

May I ask you a question about what you see for the state of Florida during The Shift, and some idea of when it will occur? All my family's there, and I have got this feeling about, you know, wanting to ~ how can I help them, and is that possible?

We have gone on the record where Florida is concerned, and Florida is not a safe area. We have indicated over time that specifically certain areas that are not safe and certain areas that are safe.

Can I ask if Orlando is safe?

This entire state that is called Florida is not part of the safe area. Understand that at the time of The Shifting, as the time approaches, those entities who are to remain through The Shift and after will find the safe areas. And also understand ~ we have indicated this in other sessions, but we will reiterate now ~ that if an entity is in a safe area and they are not vibrationally attuned they will not be allowed to remain. And thus, if an entity is standing next to another entity, and they are in a safe area ~ one entity is attuned and another is not ~ the entity that is not attuned will leave. It is as simple as that. The same goes for the areas that are not safe. Those who have chosen to stay and who are vibrationally attuned will stay even though the land mass would no longer be. There will be ways in which safety will be attained, you see.

I am torn and depressed by this because my family is there and I am here. Should I go back and try to make them understand?

Understand that the issue of imposition is a tremendous one, and entities must be most careful about imposing their views upon another. You must seek yourself and attempt to serve as an example by the way in which you behave, by your very being. To attempt to convince someone of something that they do not believe in is a waste of your own energy, you see.

What you would attempt to do is to send Light to those who you care about in an attempt then for them to work through their path as best as they can, just as you are attempting to work through your path. Each entity must follow their own path, and for another to attempt to interfere or impose upon that path can create regression on the part of the entity who is imposing or present a situation where balancing will need to occur in another incarnation. Thus, be careful, all of you who would listen and read our words, that you must be very careful, especially in this area where The Shift is concerned. Understand that those entities who are vibrationally attuned and who also then choose to stay will be safe regardless of where they happen to be. They will find their way to the safe areas.

Once A Person Is Vibrationally Attuned, Can They Lose That Attunement?

Yes. They absolutely can, just as any energy through an act that creates an imbalance can lose ground. Yes. One must not become, as you would say, complacent or arrogant: "I am vibrationally attuned, and you are not." That attitude in itself could regress you and you could lose that. You must not think of it as privilege, for it is not. You must think of it only as a responsibility, for as each of you grows in your own vibration and becomes stronger within Self, you then take on a greater responsibility to Be of Service to Others, and if you walk around flaunting, it will be taken from you.

Feeling A Pull Toward A Certain Area ~ Meditation Is A Way To Feel Assured In Your Direction

If you feel a pull towards a certain area ~ I am not able to follow it right now because I still have a mother, and I guess you just have to follow it, right?

You do, indeed. You must follow that which you feel is your path and not be swayed by what another would tell you is your path.

It can be confusing at times. Is there a measure by which one can get more assurance? Perhaps in meditation?

Yes, you have just answered your own question. ☺ That is the only way. No one else can give you the accurate answer. Others may Be of Service by answering questions you may have, or helping to give you guidance in particular areas, but only you can give

yourself the answer. You have your own answers. Others may have experienced a situation similar to what you are going on with, and you might seek their counsel as to how they handled a particular situation, but no situation is identical in any aspect. There are too many other elements that come into it from prior life experiences, from vibrational attunements, that make each situation unique. However, it is an issue of a synthesis so that you gather information from many, including your Higher Self and the guides who work with you, and then you come to what you feel is the right direction.

What Do You Say About Fasting When You Do Not Feel Right?

You would fast if it proves beneficial to you. Understand that, once again, fasting for some is beneficial, and for others it is not, and there is great discussion on the earth plane that in order to achieve spiritual enlightenment one must fast, one must eat only this type of food, one must do this, and one must do that, and as we have said so often this is not the case. Spiritual attunement is coming from Self, and you must not be judgemental of another who would appear to be less than spiritual for they eat meat, or they do not fast. or they consume caffeine or any of the addictions that are a part of the plane.

For some, it is not beneficial to fast, for the encasement is such that it is not aligned for that type of deprivation. For others, some type of fasting is very good and can be done over a period of time. You must find this out yourself. You must seek this answer from Self and attempt to, if you have not fasted before, to begin gradually and listen to your body and listen to the way in which it responds, and then if it responds in a way that makes you feel beneficial and you feel good, then by all means continue and increase this process, but be careful of going into a fasting state suddenly. It would be a shock to the encasement.

There are many in the community who have gone through these stages of fasting and have begun by perhaps fasting for three hours of earth plane time. For example, not eating the morning meal and drinking water or grapefruit juice, and then gradually increasing over the period of the day so that the next time this was done, two meals were not consumed, and this is a way of building up the tolerance level. It is what makes you feel best that is important. It is what is best for your encasement in alignment with your own vibration.

When people already have the information about the earth shift, they go through stages of depression, fear, anxiety, how can we help that? I have had that experience with different people. And I would like to be of small service.

Yes. We have indicated not too long ago that there are a number of entities who have no fear of the coming changes, for they have gone through other changes in prior lives and see this only as a shifting from one illusion to another. Others have not experienced this and have come in specifically at this time to do so, and others have varying degrees of experience. Thus it is, when you meet with an entity who may express a fear,

understand that that entity may really not be afraid at spirit level, but rather is incarnated to help those who truly are by expressing that fear in a way that would then make others say, "Oh, yes, I feel the same way." And therefore, out of the anxiety, would come an understanding and an alignment.

Now, those of you who feel no such anxiety would wait until another approached you for discussion. You would not impose upon another by saying such things as: "You should not be afraid. There is nothing to fear." You must wait until you are called upon and then just explain why you do not feel the fear, not why they should not be feeling the fear, but rather why you do not, and this comes from the Self. There is no set answer that I would give to any of you for this response, for each of you has your own reasons for your response to the coming shift. And it is only when it comes from the true Self, and given to another, that you are able to Be of Service and assistance. And those who would need to hear what you have to say will be drawn to you, and you will be brought to them, you see.

We have enjoyed this conversation with you for this session and will have a time coming soon where we will have a special session on healing, and Mushiba will give you that time frame when it has been determined, so we would encourage you to think up your very best questions. And any who you feel would benefit from a special session on healing you may want to indicate to them that one will be coming soon, and it will be a special time frame and a special location.
