

Waith Class Transcript

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A Question On How To Deal With Stressful Job Situations

How Do We Know If We Are Learning, Or Teaching, Somebody A Lesson?

How Do You Know If The Messages You Are Getting Are From The Light Or The Dark?

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Is There Any Significance To Warts? Can You Give A General Reason?

We are always amused at the questions that concern the incarnations on the earth plane, for it is truly the unique training ground of The Universe, in that no other types of illusions present themselves in quite the same way.

This condition called a wart is a physical manifestation of what may be referred to as a hardening of a particular attitude toward an issue that one knows must be dealt with and is stubbornly refusing to deal with this issue. It is individual to the entity, for it does not relate to any specific issue or lesson, but rather to the point of knowing that you must deal with the issue and refusing to not deal with it, for whatever period of time that might be. That is a signal, when one has this manifestation, that it has a stubbornness attached to it. The location of the wart, also, can have interesting implications, but it is dependent, of course, upon many situations as relates to the individual entity.

As Significant Vibrational Changes Occur In An Entity, Your Spirit Guides Change Accordingly

When you begin opening your Spiritual Centers, and you become accustomed to the way your own guides communicate with you, and the psychic attacks come, and then suddenly there is a dramatic change and you suspect that another guide, a stronger one, has come in ~ does this happen, and what does it feel like? Are there any guidelines that can help us discern what kind of help we are getting or guidance we are getting?

Yes. That is a very good question, for we have addressed it in the past, and this is good for the ~ those who are involved in the compiling of topics to research out through the transcripts more complete information. Make a note of that, my dear ones who are charged with this responsibility.

In answer to your question, my love, very frequently guides are changed within the time of the incarnation, or guides are added during the time of the incarnation. What occurs, primarily, is that, as significant vibrational changes occur in an entity, it becomes necessary for guides of a higher vibration to begin assisting, so that very often you will have assigned to you a particular series of guides, and they will come into your vibration as your own vibration increases. As your vibration increases, you are, of course, more susceptible to attacks from those of the darkness, for once you have begun to become comfortable with protecting yourself at one level, that is in fact a signal that you will now move up a notch, if you will, and thus, that will again signal a new contingent of the darkness to come in ~ of course, not any stronger than your new vibration. However, when it initiates, it can take an entity by surprise, shall we say, and proper preparation may not be in line for protection.

What will occur for many entities who are attuned to guide changes ~ and many, many are aware of this at the higher levels ~ there will be a sense of what you would call a

whooshing sound within the Higher Self in the meditations, and this will then translate itself into that which is called the ears in a sound that can best be described as intonations ~ a ringing, if you will ~ in the ears. For some it will occur in either the left or the right ear depending on certain situations that would relate to the energy form itself, or it could be in both ears in a balanced manner. Nonetheless, this is the signal of either guide addition or guide changes.

What about a pressure, a real pressure on the temple?

What that can signify is that there is a complete changing of the guard, if you will. And it is in rare situations that there is a complete changing of the guard, for guides, understand, all of you, that guides must learn lessons also in being assigned to you, and that many guides are ~ who are assigned ~ are of such a high vibration that it is known ahead of time that the entity to whom they are assigned in that particular incarnation will not reach a vibration that would supersede their own, and it is done for purposes of maintaining consistency within the training and the guiding and protecting.

But in the case of that type of sensation in which you feel the pressure, can signify total changing. However, the pressure that you describe, my love, can also signify other types of phenomena, and so it must be taken carefully as information, that if you feel a pressure at your temples that it may mean a changing of the guard, but it may mean other types of situations, and it must work in conjunction with your own abilities to communicate with your Higher Self to receive the answers, to know if it is a changing of the guard.

Understand that when there is a change of total guides, it is done very rapidly. It is not something that takes a great deal of time, for vibrational change occurs very rapidly. It is as if you were going up, let us say, a pair of stairs, a set of stairs, you would walk up, and as you move from one step to the other, it is done very quickly. This is how you might envision vibrational changes.

My ear has been ringing for thirty years. What are they doing to me? 😊

Indeed. We would answer that by indicating that you have been able to communicate with your guides, and that it is not uncommon to have physical phenomena such as ringing in the ears to be a vibrational attunement to the guides. Now, on the plane, in this particular illusion, there is a misunderstanding about ringing in the ears, as you would call it. And oftentimes, entities are accused of any number of fanatical ideas, or imaginings, or anything of that sort, when, in actuality, very often ~ not always, but very often ~ a ringing in the ears is in fact much as you would hear this telephone that you have on the plane ringing, to signal that there is communication to occur, you see. So, it is not such a silly question, but rather one that has importance.

Are Terra Lux Community Members Given Additional Opportunities For Spiritual Growth?

Oh, indeed. It ~ the Community of Terra Lux is charged with a spiritual warrior mission, in that those who would seek assistance in their spiritual path would find a comfort, and solace, and assistance, and understanding, and as much nonjudgement as is possible on the earth plane. And in this capacity, however, as a community member, each is susceptible to attacks from the darkness, be it in spirit or incarnated, for the dark always tries to destroy the Light. However, the Light eventually overcomes the dark, but the battle that goes on between the Light and the dark is one in which The Universe has set up as necessary for the growth of all.

Waith Discusses The Spectrum Of Light And Dark

It would be important for you, and anyone who would want to know more about the issues of Light and dark, to refer to the various transcripts in which we have described The Spectrum of dark and Light, to receive a better understanding that it is something that is in relation to each other, for what is dark to one may be Light to another entity. It is dependent upon where you are on The Spectrum of dark and Light ~ Light, total and perfect Light, being The Universal Consciousness, The One. And all who are on their path may appear to be Light to one entity but to another may appear to be dark. And as we have said so very often, it is not a negative. And there is in The Universal Consciousness no such thing as evil, only degrees of Light, gradations of Light. All entities are Light to some other entity, you see. It is all in perspective.

However, in order to achieve the total Oneness, one must in fact move ahead, and that means moving toward the light. And as you move toward the light you move from one end of The Spectrum, which is dark, into the next part of The Spectrum, which is light. And thus, each becomes lighter and lighter as you grow.

And those who you pass seem darker and darker.

That is correct, my love. That is correct. That is absolutely accurate. Being a member of the Community of Terra Lux is an opportunity to strengthen soul, for any entity who would take on as part of their mission in the incarnation to be a Spiritual Warrior signals to The Universal Consciousness that there is accelerated growth that has been accepted as part of the mission, and as with many other groupings currently on the earth plane, the Community of Terra Lux takes its place among a group given the opportunity to accelerate and to also learn to Be of Service to those who would seek their service.

Regarding The Safe Areas, Are The Perimeters You Have Given Still The Same?

Yes, they are. We would ~ for we know this is on the thoughts, that the North was given in a ~ with a degree of flexibility, for we indicated twenty-five to thirty miles without being as specific as we were in the other three directions. This was given at the time because of certain vibrational adjustments that were occurring in that part of the

geographic area. It now has shown itself that, to the north, the safe area is comprised of twenty-six point five miles.

You Said That To Forgive Is To Judge. Is It Judgemental To Forgive The Hurt Done To Us?

Understand that, in the purest of this concept, all that occurs to an entity is something that has been asked for by the Soul. You have asked. Thus, if you are, as you would call it, hurt, you asked at Soul Level for lessons to be learned, for perhaps balancing that needed to occur. And thus, if you are not able to connect with the Higher Self to understand what that situation meant to the Soul growth, then you would indeed be judging, and to forgive is a judgement. Since all that happens to you is asked for, you should then thank rather than forgive. This particular concept, understand, is one in which we will devote a special topic to, for it is, as we so often enjoy doing, we, as you would call it, laid a bombshell.

Doesn't that help in our growth at earth plane level, working on our spiritual growth, so we are able to connect with our Higher Self and see the picture? What we decide is what we were taught, or whatever the lesson was, but isn't it still helping us to grow to be able to forgive?

Understand that, as we had indicated in our last discussion regarding this, that there are levels of this concept that the idea of forgiveness is one that is implanted on the earth plane illusion now for very specific reasons, and we have discussed this so called concept of forgiveness, only as a standard by which one could look at their own growth, for the concept of forgiveness has been presented as a positive, which it is, in its application at a particular level of growth in an entity.

As one begins as an energy to expand their awarenesses and to understand the interconnectedness of all energy, and the interconnectedness of all behavior by an energy upon any other energy, be it of The Human Kingdom, The Mineral Kingdom, The Animal Kingdom, The Vegetable Kingdom, any energy is affected by every other energy, even if it is in an infinitesimal way, that once the awarenesses of that interconnectedness begin to increase, you begin then to see that to forgive means that you say that an entity did something wrong.

Now, in the Universal Concept there is no such thing as evil. Therefore, there is no such thing as wrong, per se. It is simply choices made by entities that may either increase their vibration, and they move ahead, or they have done something that regresses them, and it is simply all part of that which must happen, and that each entity works in connection at very high levels with every other entity. And it must be understood, then, that if you say that someone else has done something wrong, then ultimately, at the very highest level of energy connection, it means that you have done something wrong, you see. And rather than focus on the negative, you would want to focus on the positive, and you would want to behave in the very best way that you feel is right for your soul's growth. And the ultimate in this concept is that all energy would, in fact, behave in the way that

they felt was best for themselves, for they know that what they do affects all others. This is perfection. This is return to The One.

This does not happen when energies are apart from The One. This is why there is the struggle. This is what it is all about. This is to be expected. It is the only way in which Oneness is achieved, by the struggle back, but it was chosen. Each of you chose to remove yourself from The Universal Consciousness, some to come out for a short time and some for longer times, and then, eventually, to return and stay a while, and then decide to come back out again and do something else. You see, it is eternity. It always has been and it always will be.

If you hurt somebody purposely ~ we have a free will ~ so, does that mean that they asked for it? If somebody kills somebody, does that mean that person asked to be killed?

It is not quite as simple as that, for there are many who would use that as an excuse, saying that it is all meant to be and that person asked for it. Understand that it is not at all that simple, and while the Soul asks for certain kinds of lessons, there can be imposition upon another entity, and there is regression that occurs with an entity if there is imposition upon another entity, where they will use the power that they have as an entity, as an energy form, and abuse that power upon another entity. It is much more complicated, and one in which we would address at a time when there is an audience that has a more complimentary understanding of concepts. So, this will be addressed at another time.

A Question On How To Deal With Stressful Job Situations

Waith, in our job situations ~ I know with what you have told us, we should not have this problem, but we do get involved in stressful situations at times. How can we deal with that? Have you spoken about this before?

We have on a number of occasions addressed the ways in which you as an entity can relate in a particular job situation with entities who you are forced to be with. Understand that, so often, you will come in contact with entities who would trigger soul memories, and the triggering of a soul memory in itself creates the stress. And when you are able to understand what the relationship is with the particular entity that is creating the stress, then you are able to eliminate the stress. The stress, as you would call it, comes from not understanding what it is that you have in common with this particular entity that ~ is there balancing that needs to occur from one of you to the other? Or both of you? Or is this entity who you have come in contact one from the darkness, you see.

And the benefit to being able to reach the Higher Self, through meditation, is that you can find the answer, and it is a sense of relief that comes about at both physical, emotional levels, very concrete and earth plane, with the realization that you know why you are feeling this way about an entity, for then, if you know why, you can begin to

understand and begin to work toward reducing that stress, as you would call it, and reducing what it is that is between you, you see.

For example, there have been entities who have felt an antagonism, if you will, toward someone, and upon meditation, they learned that in another incarnation they were together, these two, and one did harm to the other. And it involved ~ some entities can get very specific and learn exactly what happened. There could be, let us say, an execution that occurred, and you say, "Oh, I have met my executioner." What this does, however, is release the Soul memory, for in the recognition is the release, and the Soul memory needs to be dealt with so that it can be placed back into its proper perspective and put away and said, "We have dealt with you now."

And the only way that you can do this is by bringing it to the conscious level once again and then saying, "Now I know that this entity executed me in another time," and you have a sense that there is a balancing that needs to occur. Now, if you accept this, and you understand this about another entity, you, as an entity wanting to grow and to advance, would say, "Thus, it is. Let us now go on. I will work to balance out with this entity as best I can in this lifetime. Let us now work on achieving a balance together."

This is very easy to talk about, but not quite as easy to implement. But that is where the growth occurs, in the attempt at implementation, for it may take many lifetimes to achieve balance with a particular entity, but it is in the attempt to implement the concept that brings about growth, for each time there is even the most infinitesimal balance occurring, there is growth. Growth occurs infinitesimally, and then, on occasion, it will accumulate to the point where there are spurts, shall we say, of vibrational advancement, much as was discussed at the beginning of our session in which you walk up a stair, and you move quickly from one to the next. It is whoof! You see.

How Do We Know If We Are Learning, Or Teaching, Somebody A Lesson?

Sometimes, you know, you will know that. and sometimes you will not. It will be dependent upon what it is you are doing.

Well, if you give up, you fail.

Not necessarily. Not necessarily. One needs to be attempting constantly to find the answers from within. Each entity has their own answers, and what pertains to one entity does not pertain to another entity, for the session that we have given on teaching and learning might be of interest to a number of you. One never knows where they are in the four-phase cycle of lesson learning. (Waith discusses this in session held April 17, 1990) That would be of interest to many who would want to know if they are teaching or learning. However, that answer comes from Higher Self.

How Do You Know If The Messages You Are Getting Are From The Light Or The Dark?

When you are asking questions internally, how do you know there is an answer? I get this answer sometimes, I am sure everybody does ~ what is it, coming from a positive source or a negative source? How can you weed them out?

Indeed. And this is the eternal problem of being on the earth plane, specifically, for this is part of the scenario set up for the earth plane experience, and that is an understanding of what is real for Self and what is coming from outside sources, be they the guides or be they what might be called the mischievous entities or those of the dark. It is on the earth plane very specifically set up, for the earth plane is an accelerated training ground in which the opportunities to develop the sense of Higher Self, a greater understanding of the Soul, is available more strongly than on any of the other training grounds.

Now, once again, those answers can only be determined by Self. It is not an easy situation, for you must test out the answers, and you must, then, through this testing process, learn for yourself to trust Self and to know if there is, shall we say, an attack coming from those who would want to guide you in the wrong way, you see. Only Self can give you the answers. No other external source can give you the answers. And it is a trial and error situation, for you will receive information and believe that it is from the Higher Self or from the guides, and you will act upon it, and you will then learn later that it was not what you thought it to be.

You must not punish yourselves as a result of this, but rather to look at what this information was and how you were receiving it, and to the point of how you felt physically, and, through your sense of spirit, how you felt at that time of reception of that information, and in this way, you can begin to see a pattern, for those of the dark have a very specific vibration. And if you are highly attuned, through the process of understanding the interaction of that vibration with your vibration, you will begin to recognize when there is a vibration other than that which is positive for you, you see.

So, this is a Self-searching situation and not one in which another can say to you, "Oh, well that must be of the dark," or "That is definitely of the Light." It is only you as an entity who can make that determination, for remember that dark and Light is relative to where you are as an entity on The Spectrum.

there are times I will get information, not sure if it is ego, or from my guides, or Higher Self, and I find if I just kind of hang onto that message or thought, sometimes I get a confirmation. Somebody may say something, and it is like a confirmation of what I was getting. So that really helps.

Indeed. And that is a part of this process we have just described. Indeed.
