

Waith Class Transcript

JULY 15, 1990

This Gathering Was Held At The Home Of Garrett Oppenheim, PhD In New York
Am I Correct In Thinking That Our Emotional Body Is A Very Strong Tie To The Earth Plane?
A Question About Sending A Healing Light To Someone, And The Light Stays Blue
A Question Is Asked Of Helping An Earthbound Entity Who Is Having Trouble Passing Over
Can You Give Us More Insight Into The Shelters, Including Food?
A Discussion Of Learning And Teaching At Earth Plane Level Versus Spirit Level
Helping A Terminally Ill Person Have A Smoother Departure From The Physical

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

A Publication of Terra Lux Media ~ 1990

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This Gathering Was Held At The Home Of Garrett Oppenheim, PhD In New York

It is most enjoyable to be in the vibration of so many new vibrations, and renewable vibrations. And we, of course, welcome the opportunity to be in the vibration of Garrett who has been so instrumental in this process. And so, we welcome the opportunity to Be of Service as we now are in the vibration and would enjoy answering questions of any nature, you see. ☺ That is quite an opportunity for those who realize that in the Public Session we do not ordinarily take personal questions. We would allow you to ask them. Of course, we may not answer them, but we certainly will allow you to ask them. ☺

Am I Correct In Thinking That Our Emotional Body Is A Very Strong Tie To The Earth Plane?

That which is called emotion is a unique manifestation of that which is the earth plane in the way that it is understood. Emotion as understood on the earth plane is a way in which the lessons specifically set for the plane can be worked out. Emotion, at the Universal Level, is present in all dimensions. It just exhibits itself in different ways, in other dimensions. And thus it is a vehicle by which the lessons are worked through, for the emotion, you see, is the controlling factor, for you all understand at intellect level, for example, that an issue needs to be learned and that you are going through that issue and that it is for growth.

However, during the actual learning, the emotions would enter in and create then the stage in a stronger way to help assist in the learning of the lesson and to perhaps present the reality that surrounds the entity in a different way from those others. Thus, it is all determined by the entity at Soul Level, the degree of emotion that is needed for the learning of a particular lesson. It is all controllable and planned by each entity. Some entities will have a higher percentage of emotion during a particular situation than they would during another situation, and they would also have varying degrees of emotion from other entities, you see.

A Question About Sending A Healing Light To Someone, And The Light Stays Blue

What is the significance if you are trying to send White Light to someone, and the light stays blue? Or is it just the intention of sending the Light that counts?

Understand that the sending of Light is the concept and that the visualization of the White Light is the standard that has been established on the plane for the greater understanding of purity, and that white therefore would be the same visualization for large numbers of entities, thus creating a particular illusion. Some entities are able to simply visualize the concept without actually visualizing the Light. This is an advanced ability that has been achieved by a particular entity.

At the same time, the visualization of other colors is simply a particular entity's own interpretation of healing at Soul Level. And thus, when the color blue in your particular situation is visualized, at your Soul Level blue is representative of healing. At your Soul Level it is a vibrational color for you, my love. It has a high attunement, and that which is referred to as crystal blue is most appropriate for you in your visualizations, and we might add in your physical surroundings.

A Question Is Asked Of Helping An Earthbound Entity Who Is Having Trouble Passing Over

Recently, I knew of someone who had passed over, and they were trying to make the transition from the earth plane into the next dimension, and they were having trouble doing this. I called on you, and I sent Light to this individual. However, it did not work. Then, Garrett was called to help in this situation where he spoke to this entity firsthand and then got this entity to move on into the next dimension. Now, my question is, when I called on you to help, why didn't you help in this situation, or did you? Or was it a lack of my faith, or a lack of my skill?

No, it had nothing to do with you, my love. It had everything to do with the entity and with Garrett, for the entity needed to have the connection with Garrett and the assistance from Garrett to work through a particular issue, and it was only the vibration of Garrett that could aid the entity. You see?

Yes, I see that. But why could not I help anyway?

It was not meant for you to help. It is not always appropriate for an entity to be of assistance to another entity when the availability of another entity is more appropriate. Understand that simply because you want to help does not mean that you can. It is not that you are unable to assist. It is simply that the help that was needed by this entity could come most directly through Garrett. And since Garrett was available, willing to do this, that is what occurred. It would have taken a great deal of additional assistance from entities other than Garrett in this particular situation. Do you understand now, my love?

Yes, I do. Thank you, Waith.

Can You Give Us More Insight Into The Shelters, Including Food?

We were asking questions about the different food items that we will be storing in the shelters, or unless they are going to manifest to us, and talking about mummification of different ways of the Egyptians used to use techniques to prolong tissue and life and ~ (cannot decipher word). Can you give us any insight on the shelters today?

Understand that preparation for the shelters, first of all, is not the time now. There is, as measured on the plane, much, much more time. Also, the time spent in the shelters will be very short, as we have indicated in the past, and that that which is necessary for the sustaining of the encasement will be known to those responsible for the storing of the

materials that will go into the shelters, for it will be more than simply food that goes into the shelters.

This process of which you refer belongs in this current illusion as a talent or a technique, and is one of those talents and techniques that will be held over and used at the beginnings of The New Illusion, and therefore, it will become appropriate at the time necessary to bring the what you would call knowledge or technology into the shelters, and the form in which that will take will be several. The concept itself will be stored in the memory banks of that which will be placed into the shelter as well as the physical manifestation of the concept.

That is why we were linking the two somehow today in conversation, that they are meant to be linked at a future time. Not just in the past.

Indeed.

A Discussion Of Learning And Teaching At Earth Plane Level Versus Spirit Level

I would like to ask you to elucidate on a statement you recently made, "If I taught you how, you would never learn." Now, most teachers on the earth plane tell their students how. That is the way they learn. And then the student takes that knowledge and practices and applies it. Why is it different ~ (Balance of sentence inaudible)

The teaching of spiritual issues actually occurs at the spiritual level in other dimensions. That is where the learning occurs. That learning is then stored into the Soul and, as you know, the knowledge of the ~ that is stored in the Soul is made available through the Higher Self. And thus it is that when the manifestation on the physical plane occurs, it is in fact not the learning of the lesson itself but rather the implementation of the knowledge that has been acquired at spirit level, so that you have already learned. Now you must apply that learning so that you have it firmly ingrained into the entire being, both at spirit and at physical, for spirit and physical must balance in order for the lesson to be completely learned.

And thus, you see, at earth plane, teaching and learning take on a different aspect than they do at spirit, and all that you have, as far as knowledge of a particular issue, is in the Soul, and a portion of that learning at physical is that you must go to the Higher Self and unlock the key ~ put the key into the Soul and find that knowledge and then bring it through the Higher Self and allow it to come through at physical. This is, in fact, part of the learning at physical. You see?

Not quite. In therapy, in deep-level therapy, we try to tap what we call the Higher Self or the Collective Unconscious or The Creative Force, with the idea, at least in my mind, that in each person is the knowledge of what must be done. It is there. But that person is frequently unable to access it without instruction or help or guidance of some kind. Doors have to be opened.

Indeed.

And why is it that you cannot open the door when you get a question like this?

This is a part of the learning, you see, for learning to unlock or open the door is a part of what the entity is trying to achieve, you see. You acknowledge that the Higher Self contains all of the information that is needed for the entity. It is, however, not as easy for some entities to gain access to that information. And they can, however, be guided as to the ways in which they can gain access. And this is partially what you are able to help entities to achieve, to show them the techniques that are necessary in order to open the door to find their own answers, for you know, as all of you do, that only you can answer the questions posed to Self. Only you can answer those questions.

However, finding those answers that have been learned at spirit is, in fact, a part of the lesson to be learned on the physical. You see, it is a part of that balance between physical and spiritual. It is much to be thought of as being in school and being given the information, and then having a test on that information. And if you know the answer, this is, in fact, the working out of an issue on the earth plane, for you know how you must respond for that particular issue.

When you are unable to open the door to get the answer, it means that you must study more at the earth plane. It means that you do not know the answer to the test, and that even though all the answers have been given to you, you must find another way in which to gain access to those answers. And thus it is that you would go to those on the plane, on the physical plane, who would be able to guide you in the ways to find the answers, you see. You cannot learn except through Self. All the answers are there in Self.

Can't you guide people on the physical plane when they need that guidance?

Yes. You guide them to help them find their answers. Yes.

This is why I wonder why, if I told you how, you would not learn. It is how to find the answers.

Understand that if you are told how to do something, this is perhaps the misunderstanding in the answer that we gave you. If you are told how to do something, then you will not learn. But if you are told how to find the answer, that is how you learn. You will not learn if you are told the answer.

But you did not give a how-to-find-the-answer answer.

Indeed.

It sounded more like a rejection of all answers.

Oh, no. Not at all.

Well then, I misunderstood.

But, you see, by the misunderstanding it has brought out a deeper answer to the question, and it has brought it out into the open now, which is beneficial. You see?

Is the reason that you did not give me a more specific answer because you know that I either can find how, or already know how, and have to do it. That is what ~ how I understood that.

Really?

That is why I did not ask further, but why it made sense for Garrett to ask further.

You need me for this, my love? 😊

Indirectly, I guess. Because I understood I need to search my Higher Self, meditate on this, or write or whatever I know to do to get to that.

Indeed.

So, Waith, what you are saying is all the lessons, all that we are going through to learn, we already have this information?

Indeed.

So, what we are doing here is trying to integrate spiritual things into the physical level.

That is correct.

You know, it seems like to really be complete and not have this separate concept of spirit and physical and have the two coming together, and when they come together, does that mean we are done with the earth plane?

Yes, essentially.

So, we already know what we are here to learn.

Yes.

We are just learning how to access the information.

That is correct. Prior to entry upon the earth plane and its sojourn, as many of you have either read or heard through our discussions, there is a Menu that is presented from which each entity may select any number of lessons to take on. Once that selection has been made, you then will go into training prior to entry on the earth plane to equip you with the information at Soul Level that is needed for the learning of those particular lessons you chose to take on in the earth plane, so that once you have entered the plane, you have availability to the answers for all the lessons you have taken on for the earth plane.

However, since learning is not simply limited to the earth plane, there are many other issues that you as entities decide to learn in other dimensions, on other planes. And thus, when you are not on the earth plane, you may be in other kinds of schools learning information that would relate to one of the other planes, one of the other dimensions. However, prior to entry on the earth plane, you are given all of the answers that you need as an entity for your sojourn on the plane.

Helping A Terminally Ill Person Have A Smoother Departure From The Physical

I have a friend who has just been diagnosed as terminally ill, and I am searching for the best way I can serve her, as well as myself, and get the most out of this experience, and in terms of rejoicing in what we have, as well as helping prepare for which will be. I would appreciate some advice.

Indeed. You and this entity have shared many experiences in other incarnations and have what is referred to as a soul mate bonding. This entity has achieved the finalization of the earth plane sojourn, and it is allowable for me to give this information. There is much rejoicing to have at spirit level, even though at physical level it is difficult so often to rejoice in the departure of an entity, for you feel the connection with the energy, and with the physical manifestation you are able to touch the energy, whereas in spirit is a different situation. What occurs now is a readiness at spirit level for the return into a particular dimension from which this energy comes, for completion of a particular training ground is always cause for celebration at spirit level.

What you can do during the time of preparation for departure from the physical, is to spend what you would call physical time together. And there is a particular technique that we would suggest to you so that the passage from physical back into spirit will be set up, shall we say, as entry through the dimensions of the earth plane and the electromagnetic field will be easily achieved.

What you might do, my love ~ if you would stand before me, please, for we would show you a technique to use with this entity. And you would place ~ I am the entity ~ place this hand on top of this hand, face down, face down ~ that is correct. Now place your other hand palm up, you see. And have this entity do this (She places her left hand face down on Waith's right hand which is palm up and Waith places his left hand face down on her right hand

which is palm up) *and then you are to visualize Light and energy going through each other so that the hand that is face down by you is sending an energy into the hand of the other energy, and the other energy is sending energy to you, visualizing it, through the left hand. You see? And thus, there is this imagery initially, and then you will begin to feel the energy. And we are doing this now and you feel it.*

I feel it.

Of course. And thus it is that there will be the energy connection that will be maintained between you and the entity. And at that point, it then gives a very strong energy to the departing entity and allows that entity then to have within its energy field a particular energy that will allow the awaiting Angelic who is in charge of bringing her through to pull on the energy, and it will be a much smoother passage. Plus we have also given to your energy field a very special energy.

I feel it.

Indeed. Did you all get that? We sensed a flurrying of the what you call paper and pencil. ☺

Does the person have to be aware that you are sending them energy when you are doing this? What if you are doing this with someone that ~

For this particular technique to work, both entities need to be aware. It cannot be done with only one entity, for there is a sending and a receiving, you see.

Indeed. We would want you all now to enjoy each other's company, shall we say, and vibration, for the purpose of these kinds of gatherings is to bring you all as entities on the plane in connection with each other at spirit and to form a sense of community, for the sense of community is at spirit level and need not be simply as you would say geographically close. To be a part of the greater Community of Terra Lux knows no geographic bounds.
