

Waith Class Transcripts

JULY 22, 1990

Special Topic Session On Healing

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☼ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Special Topic Session On Healing

We are most pleased to be with all of you in this very vibrant energy field that exists with the gathering of so many beautiful, beautiful energies, and we are most pleased to be able to have this opportunity to speak on the topic of healing, for healing is far more than one would think it to be. It involves much, much more at the spiritual level than one would think, especially for those who are concerned with what is the physical manifestation of that which is an imbalance at the spiritual level. There are many currently on the plane who are dealing with healing at the physical and attempting at the same time to blend and to understand the spiritual issues involved in that which is the physical manifestation of an imbalance.

We would enjoy for this session to have your questions placed on the record. Thus, we are able to then present the broad spectrum, if you will, of concerns and at the same time, be able to address that which we have planned for information for you all to receive, but if it is in the form of questions, it will present itself for future reference by those who would inquire to be of an easier understanding. Thus, we are prepared now for the questions.

A Question About The Issue Of Alternative Medicine Versus Traditional Medicine

Whenever I raise this issue about alternative treatment to the classical medicine, most people are negatively tuned to an alternative healing. They say there is so much charlatany and are suspicious to investigate alternatives. I expected that most people, even if they have negative experiences with classical medicine, that they are more open, receptive to alternatives, but I must say the majority is not.

It is quite, quite simple actually, you see, for whenever issues of spiritual come into any discussion, that which is not able to be seen and touched and felt by the basic senses that are available on the earth plane to the encasement, then it becomes what you would call a threat, for the unseen, that which relates to the spirit for many, many entities, is a part of their own process of learning, and walking through their path in a particular time frame on the plane. It is to be expected that there would be this type of confrontation, if you will, for it is in the confrontation of the physical and the spiritual that the beginnings of the melding and the coming together of The One would occur.

Illness Or Injury That Presents Itself In The Physical Is A Manifestation Of An Issue At Spirit

Understand that all that presents itself in the physical in terms of an illness, a disease, an injury, is all a manifestation of an issue at spirit, and this is a very difficult concept for many to understand or to even want to understand, that there is some other area that is creating something very physical, that something unseen, something that one would need to delve within Self to understand the purpose for an injury, that it is the Soul

bringing it to the forefront. These are issues that many do not want to face, for all that an entity has in terms of illness, injury, or disease, is a result of imbalance within the energy itself, and too often, you see, on the plane, the shifting in responsibility to another is the predominant behavior mode, and you would want to, rather, say "It is the fault of the medicine that I took that created perhaps a side effect," when in actuality, it was necessary for the encasement to experience that side effect. "It is the fault of my genes, you see, that I have this illness." Understand that you chose to come in through a particular set of entities that would create that type of chromosomal situation for the entity.

In addition, all that occurs, you see, is then interconnected with spiritual issues, and it is a very difficult topic to discuss with those of the scientific community, those who would say, "It must have proof. It must be this, this, and this ~ and if you can solve this problem in the physical, then it will cure you," you see. It is far more complex than that, but not an easy topic to discuss with those who would say that alternatives have failed in the past.

The reason that alternatives, as they would be referred to, would have failed is simply that it appears at physical that something has not come to a cure. But again, as we speak on the issue of judgement, you do not know what the issue is that needs to be resolved so often, and it may be that that portion of the issue that needed to be resolved was resolved at spirit, and there still may be physical manifestations of that, and for issues of learning or teaching may continue to manifest itself at physical. There is no such thing as failure for what you would call alternative medicine, if you will. It is simply that the issues that needed to be presented for that particular entity, and for those involved in that situation, were brought to the forefront and dealt with, you see.

Are You Suggesting That All Illness Is Also Occurring At Soul Level?

For each entity, for whatever illness, as you would refer to it, is at spirit level, what is referred to as an imbalance, and it is not until the completion of the sojourn on the earth plane has come about that that part of the lesson that the Soul took on for the earth plane sojourn will be completed and the balance will be achieved. And thus it is that while the entity is on the earth plane, at the Soul Level there is indeed issues to be balanced out, and as one particular issue is balanced out another will present itself until the balancing occurs.

For some entities this balancing of an issue may take on the form of that which is a physical ailment of some type. For another, they may choose to balance that same issue in a way other than what manifests in the physical. It may be manifesting in the what-you would call psychological. Nonetheless, it is signifying that there is an imbalance at the Soul Level when there is some type of disease or illness or injury. But again, it is necessary for each entity to come in touch with their Higher Self to determine what the answer is as to what the issue is being resolved within the spirit, for it differs from entity

to entity, and it can be very dangerous if you allow outside sources to dictate to you that which you must find the answers from within.

Understand that the way in which you would achieve balance may be, in fact, through traditional, as you would call it, traditional medicine. It is not always appropriate for an entity to seek out that which comes closer and closer to the Healing of Self. Healing of self, understand, is achieved when there becomes a greater balance within the entity at Soul Level. But for many entities, the path toward self-healing can only be achieved through a series of assistance from what is called traditional medicine.

Traditional Or Alternative ~ You Must Follow That Which You Feel Is Appropriate For Self

There is much, much too much negativity associated with that which is traditional medicine, saying, especially among spiritual communities such as Terra Lux, and any of the others, that if you are on a spiritual path then you must, of course, be able to heal Self without the aid of medicine. This is incorrect and can, in fact, be very dangerous, for you must seek the answers from Self, and if Self tells you that you need to take an aspirin, then you must take an aspirin and not go because a friend of yours says that they were able to cure their headache with a crystal, that, "Oh, then I must not be on my right path here if I cannot cure my headache with a crystal," you see.

You must find where you are in your own balancing and path back to the One, for what another entity is able to achieve in terms of healing Self will be different from what you are able to achieve, and you must not look to the way others are able to heal Self and use that as the way that you must do this, but rather, you must in your own healings of Self seek out that which is the best way to help you, and if that means seeking perhaps an entity who can assist you at the traditional medicine level, then you must do that. If it means seeking someone who uses alternative methods, then go to that direction, but you must feel that it is the appropriate path for you and you must not allow others to dictate to you that you must ~ you must do this, or you must do that. You must follow that which you feel is appropriate for Self.

Would You Address Healing And Brokenness? Many Of Us Feel Broken On Our Journeys.

Yes, indeed. So often when an entity has been on the plane for a bit of time, there comes about a sense of disconnectedness. This occurs for a number of reasons, and generally, what needs to occur in order to bring about a reconnection is what we would refer to as a psychic dropping. And what we mean by this is that the entity must reach a level of what can only be described on the plane as a state of total despair, where they look around and they feel that there is nothing else left for them, and they seek out then the Higher Self and they seek out the spirit, and they seek out their guides, and they call out for assistance, for so often when an entity becomes disconnected they have done this out of a sense of arrogance, for they feel that they are quite powerful and are in no need of The Universal Consciousness, they are in no need of any other entity, that there is indeed a sense that they are alone, and they are arrogant about it, you see.

A Feeling Of Total Despair And The Crying Out For Help From An Entity

Then what occurs, and this becomes at the Soul Level first, the crying out, for it is not until an entity feels that they have finally reached a level of despair, where this attitude that they have of themselves, they finally realize is not accurate and that they need others in order to continue along in their path, they cry out for help, and at spirit level, once the cry for help has been heard at the physical, as well as at the spiritual, it will manifest itself, and then the entity will find itself in the presence of an entity who will assist them in healing. And it becomes, then, a psychic healing that occurs, and it is only then, of course, once the entity has asked for, and is ready to receive, a psychic healing.

Understand that all that is asked for by an entity will be provided. If you ask for help it will be given. And thus, many entities currently on the plane serve the role of being what you would call psychic healers, and they have the ability to work with an entity through meditation, through their own abilities of reaching the Higher Self, to assist an entity who has come to them for assistance.

And it will be a mutual coming together, for once an entity has cried out for the help, then one of the psychic healers currently on the plane, and there are many, many, many of them, will be brought in contact with that individual, and through this entity, there will be a healing that will occur, and it will be much like you would ~ you could envision warm water being gently poured over a wound, and there is a smoothing out and the inter ~ the connectedness that was broken becomes interconnected again as the entity realizes that all are One and that without that connectedness there is no entity and that true power comes from the group consciousness and an understanding of that.

Can you cry out for help for someone else or do they have to do it?

They must do this themselves, my love. If you feel that another needs to cry out for help, and this occurs very often, is that you can assist the entity in helping that entity to reach the point where they will seek the help, but you cannot ask for another. You can only ask that the other will reach the point of asking, that you send your love and your Light and make that available to an entity if they so need the love and the Light from you. You cannot impose. Even love and Light cannot be imposed. It can only be presented as being available to surround an entity, but not to impose upon that entity.

What caused my cyst to disappear within an hour after it showed on the x-rays? I think I was in too much pain to even ask for help.

Ah. At physical. You had reached an ending point in a particular issue and that is why it has dissipated. The issue is complete now.

Why did it come in the first place?

It needed to appear to present the pain, and, to you, as a final, shall we say, imprint upon the Soul as a memory so that the memory will be there, and now that the issue has been resolved, for others who may need assistance in dealing with this issue, it is imprinted upon your soul memory now for you to call upon, for you will be called upon now to Be of Service to Others who are dealing with that issue, and you will know what that is when it presents itself. In healing, there is responsibility, as with all learning, that once you have healed, you must then help others to heal.

Finding The Balance Between Relying On Self And Asking For Help From Others

My conflict is that there is a fine line between helping yourself, and relying on yourself for the answers, and the sense of community and the sense of needing others and asking for help if you need it. Maybe it is just me, but I am having difficulty finding the balance between how much is required of Self and how much I should ask of others.

It is a very difficult balance for a number of entities, for understand that when you are able to trust in The Universe completely, and know that you can trust in The Universe, then there is no balance. It does not even become a question of, "How much do I rely on Self, and how much do I rely on others," for you will know as you trust in The Flow of The Universe the amount, if you will, you see. But you must go through what you currently go through in order to reach that point where you will understand, for each has their own degree of understanding of the balance, if you will. What is appropriate for your balance will be different than what is appropriate for another, and as your awarenesses increase of Self, and you feel the strong connection with The Universal Consciousness, then you will understand in greater, greater degrees.

Continue to seek the answers from Self. Continue in the direction that you go in, my love, and do not berate yourself so that, "Why am I having this difficulty? I should not be having this difficulty. My friend does not have this difficulty." You see, you all do this, and you must not compare yourself with another's progress. You seek assistance from others. You speak among yourselves as a community so that you can speak about your situations, but be so very careful of trying to be like another. Be who you are. That is the best for each of you.

Traditional Medicine And Its Role In Healing

I trust that I am tapping into my Higher Self and trying to find the best alternative for my daughter and her medical needs, at least at earth plane level, and I am hoping at spiritual level also. However, I run into so many doctors that block us. If I say we do some creative visualization, they make you feel like you are a negligent parent because you are not following traditional medicine. There is a lot of difficulty there. Any advice?

Understand that whatever situation you find yourself in, each of you, when you are, as you would say, having to confront the medical establishment, you have chosen as a group, and in your case as a family group, to take on certain issues of which dealing with

traditional medicine, as you are finding yourselves, is a part of it. Understand that another in your situation may not have the difficulties that you find yourself having. Another may have far more difficulties. You must recognize that what is occurring is meant to occur for particular lessons, and you will not know the extent of the learning and teaching, especially in this particular situation. You must continue to seek the answers from the Higher Self, understanding that you have placed yourselves in a position of confrontation with the medical establishment and that there are very specific reasons for this occurring.

Be careful of confrontation. Be careful. Understand that others have their perspective and that as we have indicated earlier, that of traditional medicine is not negative. It is appropriate for an entity on a particular point in their path, and that a healer is a healer. They may take on a different persona, but a healer is meant to be with a particular entity at that particular moment of time on the plane, and it is appropriate that the interconnectedness occur, for as you reflect upon past, shall we say, confrontations with the medical establishment, when there was a pushing from your end, recall the consequences of that as opposed to allowing a flow.

Listen to what others have to give you for information. Do not be quick to do something without listening. It is appropriate to always listen and to take in the information and then to, as you would say, synthesize this within your own values with the Higher Self, but allow others to give you the input, for this is a part of what they must do, as well as for yourselves. Be careful of automatically shutting off information because it comes from a particular source. Allow yourselves to keep open information from any source. It does not mean that you will follow what is being given to you, but you never know what little bit is there for you. And the more you allow others to give you their information, their perspective, the greater connected you become with The Universe.

A Doctor Is Questioning Why Someone Is Miraculously Healing With No Explanation

My doctor is having a very hard time figuring out why my body is regenerating cells that it should not be regenerating, and she is very open to any explanation that I can come up with. Is there any assistance you can give me in what to tell her? I have no idea why it is doing it. At least not consciously yet.

My, my, my. There are issues that are coming to a conclusion for you, my love, of course, and what explanation do you need to give?

Well, she is interested in helping other people with the same problem.

But, my love, understand that what you do at Self level here is for Self, and it is you who are doing this, and not the doctor, you see. And so, there is nothing that this doctor could do with another who is in your same situation, you see. There can only be with this particular entity the deeper understanding, for she learns from you that this is the conclusion now of an issue that you have been struggling with for many incarnations,

and the percentage of the learning of that particular issue comes to an end now in this incarnation, and thus it is that the healings at physical occur, you see. You serve only to assist this entity in an understanding that healing occurs at a spiritual level and that it in actuality is happening. A miracle, if you will.

A Question From Someone With A Tooth Problem

Waith, I have a tooth, a crown, that was fixed last week that is been giving me a lot of pain. Is there anything you can suggest that I do for that?

You could pull it. That would eliminate the pain, now wouldn't it, in the long term?

Yes, that was what the dentist said if this does not work, that is what would have to be done.

Oh, indeed. Seek the answers from the Self, my love, as to why that pain occurs, and if you are unable to find the answer, for whatever the reasons, once again, do not beat yourself about this that, "Oh, I cannot find the answer!" You know how you are, my love. ☺ Then simply have the little tooth pulled.

That was part of my concern is that I have trouble doing what you said. Sometimes there is no solution other than, take it away.

There Is Purpose In The Numbers Of Healers, And Those Who Are Referred To As Charlatans

Everybody is aware that we are flooded with healers like from Philippines or from the Far East. People who are frustrated with the current treatment now flock to self-healers, hoping that they will have the answer. Maybe that results in a negative energy because then they are expecting the ultimate solution out of one or two times treatment from the healer, and they are going back and then say, "Okay, see now, I realize that even this healing method does not work." I think that maybe it is just for the record is that people should rather go inside and ask themselves whether they are ready for an alternative healing. That is probably our problem in society. We are so driven by advertising, by commercials, by other people making comments and statements, and then we say, "Okay, we have to be in this, to be in the right flow." Then we get disappointed and later on realize that even this healing does not work.

Isn't this insightful of our engineer here who has always been asking, "But, Waith, why? Show me exactly." And now, it is most beautiful to hear the acknowledgement of going within Self, for Self may not be ready for certain types of healing. And, in fact, there may be certain types of illness, injury, whatever, that you must go through in order to reach the point, much like the crying out point where you finally will say, "This is enough. We have reached the point of saturation, and now we are ready for the next step," and you call out. It is when an entity is not ready for a particular step that difficulties occur.

Understand that there is purpose, however, in these numbers of healers and that who would be referred to as charlatans, for they bring about the issue itself of healing, and it

makes many, many more entities aware than in the past on the plane of the topic of spiritual healing. And understand that the more information that is available, the more aware entities will become.

Fear not the charlatan aspect of the issue, but rather look at that which is positive as a result of this, and that many entities serving as healers in what you would call the charlatan aspect are doing this perhaps for their own balancing, or they are doing it to help in the greater scheme of teaching, for there are entities who must go to an entity like this in order to learn certain lessons, for one must ultimately go within Self for the answers.

Spend Less Time Wondering What The Lesson Is And More Time Seeking The Higher Self

I thought I had kind of cured this ankle problem I have and learned my lesson. But it still bothers me When I know that I have learned a lesson, and then when it comes back, I figure I have not learned my lesson, and then I berate myself.

If some of you would spend less time wondering what the lesson is for each particular ailment and more time in seeking the Higher Self to help you to simply acknowledge that there is something there, and if you are unable to pinpoint, shall we say, whether it is learning or teaching or whatever it happens to be, that you at least come into a harmonious state with yourself, that this is something that continues, and simply let it go, for when you begin to spend so much time and energy on one little situation, you then begin to lose sight of the total picture and that it fits in with all that must be accomplished, you see.

Our dear one here and her hurting tooth ~ in the scheme of things, my love, like the ankle, it is a minor issue and certainly one in which you would not want to spend a great deal of energy, for there are far greater issues to be concerned about, but rather see it as a signal when you have these minor situations, and even if they come and go as you would say, that it is relating to something that is perhaps coming and going. It could be as simple as that, you see. Give it a rest, as you would say. Relieve yourself from the anxiety of it, for there are other things to be anxious about, far greater ~ (balance of sentence inaudible on tape) and if there are not currently, there will be! ☺ Trust us, for you each bring on your own anxieties. And so open up The Universe, as we would say, and create the void for something really big to come along to occupy your concerns.

Further Elaboration On Being In A Coma

In what dimension do people go in who are in a coma for long periods of time, or what kind of illusion?

When an entity is in what you on the plane would call a coma, they are ~ the energy itself is, percentagewise, is still in the encasement. There is a small percentage that has gone out of the encasement, for it is an evaluation period that occurs. And these

evaluation times may take, in terms of earth plane, years, or they may take a matter of moments. It is a time in which an entity evaluates whether to stay on the plane or not, and in what degree they would stay on the plane. It is a special opportunity for an entity to review what they have done and what they need to do. And it is one of those situations in which the entity is given the opportunity to leave the plane if they so desire. They are given that choice.

For some, they may stay out into this evaluation phase for quite some time, as you would measure it on the plane. It is, in actuality, not time measured in this dimension. It is a special energy field in which an entity goes in which Master Guides are available for consultation, if you will, if you want to place it in that perspective. And in conjunction with the Spirit Guides of the entity itself, they have what you might call a roundtable meeting, and then they make a decision.

While an entity is in this particular stage of evaluation, that entity cannot be disturbed, if you will, by energy from the earth plane. And thus, while an entity is in what you would call a coma, they are not available, if you will. And thus, you need to then do what we recommend so often, and that is to provide the love and the Light to be available, for the entity may decide to return to the plane. And upon return, upon entry back into the encasement, whatever love and Light has been sent by any number of entities that is available will then be taken as needed by the entity returning. If the entity chooses not to return, that, shall we say, pool of love and Light that has been sent becomes available to the entity as they pass from the physical back into spirit and assists them in the journey back.

What Preparation Does One Need To Become A Healing Channel?

There is preparation for every behavior that occurs with an entity. On the earth plane, when you would sneeze, for example ~ not every entity sneezes, and until you have had your preparation at physical for certain conditions to precipitate into that which is called the sneeze, then you do not have it, you see. And so, it becomes a very natural series of events, one leading to the other, that once you have indicated that you want to have a particular ability, then The Universe provides the opportunities for you, and it flows very naturally. And you have placed yourself into the situation in working with Mushiba that you will reach your goal. It is individual.

There, of course, will be group discount lessons probably offered to many, but then again, it does help to increase awareness when these types of individuals would offer to the masses ~ "Come one, come all and learn how to be a healer," you see. It does present a bit of an increased awareness. While it may not at the obvious level present a healer ~ learn in four easy lessons how to become a healer ~ it is something that develops from lifetime to lifetime to reach a certain level of healing ability.

And you, my love, began many lifetimes ago this process, so it will flow quite naturally. Others will begin in this incarnation their journey toward becoming a healer at some

other lifetime. And thus, these lessons that are available at group discounts are appropriate for some entities who perhaps begin their search. It is not for any to judge why.

The Use Of Wands For Healing, And The Caution That Is Needed In This Process

Can I ask specifically about wands? I feel somewhat of a novice in using one, but I am looking for a confirmation on whether or not I am on the right track. And also, could you explain to me when someone, or myself, is projecting energy through a wand, is it affecting the ethereal and the physical, or one or the other, or doesn't it matter?

There is much to the use of the wand. It is a vehicle of energy transference that must be used with caution, for it is a way of directly channelling very intense energy from Self through connecting with the energy in the crystal and then that energy projecting out to its source of projection.

You must go about this process with caution, my love, during your beginnings, for you will feel the power, and you must learn to understand the feel of this power of the crystal, and that you could short circuit if you do not relax as you feel this energy going through you. Do this gently at first, slowly, and only a very small amount of time, and increase the amount of time as you go each time you do this. Do not in one time sitting, you know, project for minutes and minutes on time. You must do this for a few, as you would measure, seconds, and gradually work your way to longer periods of time as you feel comfortable with the energy. The energy itself will speak to you, if you will. You will connect at a higher level to understand the significance and how to use this spiritually. This is an area for all of you to understand where abuse can be most evident, for the power that can be used with a wand is very strong. And it is one of those areas of potential abuse, and this is why we caution you.

Is it appropriate to choose the color of light which is projected through or should I always use just White Light? On several occasions I felt the need to specifically use color.

It is appropriate during the beginning time frame to use the white for that is the pure, and as you develop in your own abilities, then it will present itself naturally, for it will come from the Higher Self in connection with the energy that you send through as to another projection color.

A Question Of Placing A Picture Of Someone With A Crystal Being Used For Healing

Indeed, it is appropriate. It is not necessary, for if it assists in the visualization, then it will be of assistance, but many are able to visualize without the use of aids, if you will, the photograph, whatever. But if it assists you, then it is most appropriate.