# Waith Class Transcripts

**JULY 31, 1990** 

This Session Is Primarily For Farena To Give Information And Discuss Her Mission

Farena Dances To A Song Composed For Her By Barjan, A Dance Meant For Teaching

Farena, How Can I Find Out My Color?

Questions Concerning The Musical Bar And The Flow Of Notes

How You Would Feel If You Were Not In Mushiba's Body, What The Experience Would Be Like?

Does Each Note Then Match A Color As Well?

Farena Is Asked If She Is Finished With The Earth Plane And, If So, How It Feels To Be Finished

A Question About Having To Follow Waith's Orders And Not Having A Free Will

Farena Discusses Personal Color With Someone In The Group

Farena, Is Your Twin Flame In Spirit Currently?

#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally
By Waith
Through Mushiba

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#### This Session Is Primarily For Farena To Give Information And Discuss Her Mission

We are most pleased for this session to begin what will be a series of six sessions in which you will have an opportunity to meet each member of The Company. And you will be able to ask questions of that member and become a bit better acquainted with the appropriate entity. And it will also be of benefit for use in the introductory information that is given to entities who would want to know about Waith and Company, so that you will have additional information. And you may feel free to ask any questions that you would want regarding who the entity is and what their mission is. If they do not feel it appropriate to answer, they, of course, will not answer and will indicate as such.

And we had discussed this with Mushiba, and it was determined that Farena would be the first to enter, and it is most appropriate also since she will give you some information about her role and other interesting discussions. And she directed Mushiba in how to, as you would say, dress for this session. (White dress with flowers in her hair) And thus, we now will allow Farena to speak with you, and when that time frame is complete we will return to give you some concluding remarks. And so, enjoy the time with Farena.

Farena: Hello! First and foremost, I am here to help you find joy and happiness and peace, and a very special part of my mission is to help you gain this through the use of color and through the use of music. And, if you would, my love, would you play this music? And I am going to show you some motions that you can use to help yourself become light, and feel at peace, and to feel at harmony with the world around you. (Music is playing in the background and there is a brief pause). I helped you compose this. (Addressed to Barjan)

## Farena Dances To A Song Composed For Her By Barjan, A Dance Meant For Teaching

And any of you may have a duplicate of this music. I will show you a very basic motion that will help you to relieve the encasement stress. (Farena stretches pushing her hands into the air then down in front and around in a circle and up the outside) You do not need to ~ (Some words are inaudible) you stroke your aura. Down and around. Feel your aura. (She reaches out to Barjan to dance with her. They do a sweeping back and forth motion) I fooled you! Your feet now go around. This is a part of the energy field. It helps make your aura fluffy. Barjan is your spiritual name. Barjan. We used to teach music in the temple. See how you ~ (Some words are inaudible) Is this not a soul memory? You see how you begin to feel the flow? Remembering what you are feeling as you begin, it will flow naturally for you, and this works most importantly for the aura, for it is a light aura that helps to maintain a light spirit.

(Addressed to Barjan) In times past we have done this with what you call scarves that were of pastel colors and responded to the energy's aura. (They stand side by side arms waving back

and forth as though lifting scarves) The color that is most appropriate for your energy is appropriate in the scarves that you would have that you would hold in each hand and then it would float. Remember, Barjan. We will end now. This is meant for teaching. You may now turn this (music) down.

There was a time a while ago that Waith presented musical notes. Would you, my love, assist me in the location of those notes for Barjan to allow him to see that? (Someone turns the pages of the pad on the easel until the desired one is found) We have indicated that you would know more as the time presented itself regarding these notes, and there is much discussion about the fact that we only gave you notes without any lines. We add something now to this, and it is now time to begin to use these notes in the way that Waith meant them to be used. Barjan. (Farena draws lines around the notes which are on Waith's illustration. See last page of this session. She then moves her hands over the notes and places her hands against Barjan's) You are feeling the Soul memory.

Now. What would you ask me?

#### Farena, How Can I Find Out My Color?

Farena: We will be, in future times now, presenting the techniques that Waith originally gave in regard to finding your colors in a simple manner. We will be giving the application to the concept that Waith gave, and that will come now. This is part of our mission.

I was told by Waith that there are too many colors in the original wheel and I worked up this sketch. Am I correct?

Farena: Yes, you are. And it is appropriate for that to be given to Mushiba now. Not, now now! ©

### Questions Concerning The Musical Bar And The Flow Of Notes

Farena, what's a line signify? They are not regular bars that you would find in music, they seem to be of a Universal Symbol of some sort. Is this just for Barjan to decipher?

Farena: Yes. And then it will be explained for those who it is meant to be understood by, for it is the concept of the music that will heal, and it will then be the application that all will feel but there will be only a limited few who will understand the concept, and those entities will help in others applying the concept for healing.

I am sure many others have as well, but during some of my meditations I am dancing the same dance that you just danced, and apparently at a Soul Level my meditations tapped into the healing and cleansing of the aura that you just showed us.

Farena: Understand that this music creates an energy that goes into the electromagnetic field that surrounds my energy as I am in the energy field of Mushiba. And thus, the effect is felt in a way that is different from the effect that I would feel it when I am not in Mushiba's electromagnetic field. It is most enjoyable! (Refers to music from Farena's Dance which is playing)

How You Would Feel If You Were Not In Mushiba's Body, What The Experience Would Be Like?

Farena: It is a difficult sense to explain. It is easier for the frame of reference on the earth plane to understand the feeling of lightness, the feeling that there is no worry, as you would call it, that the stress is gone, and for the time that the waves of energy from the music emanate into the electromagnetic field it creates a lightness. It creates a sparkling ~ a pulsating. Pulsation.

#### Does Each Note Then Match A Color As Well?

Farena: Barjan ~

Barjan Explains: What does that look like? (Barjan points to swirling lines around musical notes which Farena drew)

- Water.
- Barjan: This?
- Stones.
- Barjan: Kind of like an embryonic flow to it? Doesn't it look like an embryo to you?
- ☼ It does.

Barjan: Teaming with different ideas. ~ that is the purpose. Each note has a different personality. Each note takes place in different ~ has a different character. There are twelve different keys in the harmonic scale and each one has a different tonality. Each one sounds different from the other. Farena's Dance changes three or four times. Also, there is harmony, there is dissonance, and at the end of the dance is a ~ (Some words inaudible) and each song is something else ~ embryonic flow, so that is why you do not see the lines going through the notes. It contains ideas, but it contains different ideas ~ there are no original songs. There are only pieces of other songs. All the songs that have been written, or many of the songs that have been written, it is just how you piece different parts of the notes together. It is like there are many Susans and there are many Janes, but it does not mean that ~ you know, we are all different. You know, it is how you put it all together. A lot of movement ~ a lot of different pieces and the notes represent different ideas and it is all connected with this ~ (Some words are inaudible) isn't that fun? ①

Farena: It is so exciting that now, especially, my part of the mission can begin. Thank you for the beautiful explanation, and there is so much more.

Farena Is Asked If She Is Finished With The Earth Plane And, If So, How It Feels To Be Finished

Farena: I have completed my earth plane sojourn. On the earth plane there is the desire to want to finish the sojourn and to think that once that is complete that everything else must be wonderful, but it is simply one arena, and when not on the earth plane we are doing other things in other dimensions. And thus, it is not so that we would look back and say, "I am so happy I am finished with the earth plane." It simply means I have finished with that series of lessons and now I can do other lessons, but I must be available to help those learning their lessons in this arena, for I have completed my lessons here on the earth plane.

It is easier to return to the earth plane when you are not bound to the earth plane, and that means that there will be many occasions when any of us who have completed our sojourn on the plane return to assist, to teach. But we are not bound, and it takes on a very different dimension, a very different perspective. But understand that all of the training grounds have their degree of difficulty and the earth plane is simply an accelerated training ground with very specific lessons set up for the earth plane. We have many lessons and many degrees of difficulties that go wherever we are, and it is not until we are back with The One that the lessons ~

A Question About Having To Follow Waith's Orders And Not Having A Free Will

You have to follow orders, I see, from Waith. He tells you what do and when to come in. Does that frustrate you when you want to come in on your own and he will not let you?

Farena: Not at all.

You do not get frustrated up there? You cannot do what you want. You do not have a will ~ a free will like we have.

Farena: Oh, but we do. Oh, we have, most assuredly. All energy has free will. But just as you are given your guidelines and you make agreements with others, so too have we made an agreement in this particular lesson that we have taken on to learn by being a part of Waith and Company that we will agree with what Waith, who is our teacher, and Mushiba, who is our teacher, will agree to let us do. And we would not want to disagree, for we made the agreement prior to the actual behavior. And thus, when it is appropriate for us to enter in and speak, then we know that it is appropriate, and we do so. We are called upon to assist even though we would not in our energy come through to speak.

Could you disagree if you wanted to? Would it hurt your growth if you did?

Farena: I would not want to. It is not a part of my being in this situation.

Well, how long do you have to be in this situation before you can go on your own?

Farena: Until my part of this mission is over ~ as long as it takes. ☺ That is part of the agreement that we have made with Mushiba.

#### Farena Discusses Personal Color With Someone In The Group

Farena, green is a color that grounds me. What is the color that spurs my creativity?

Farena: Purple and gold.

Purple and gold? What is the primary way that this type of ~ they are all forms of being creative, but we do not always have ~ sometimes we have moments of not being very creative. What do we do to block our creative channels?

Farena: It is a fear, and it goes to the root of the Soul. A fear of letting go, for creativity implies that one must let go of what appears to be, for creativity comes out of what is not as created by the illusion on the plane. And at Soul Level, when the fear of letting go becomes strong, it creeps its way to the conscious level, and when that happens the blockages occur. For some entities, it takes many, many incarnations before they can begin to break down that blockage and allow the creativity to enter in. For those moments on the plane when you have temporary blockages, where what you would call the creative juices are not flowing through, it is simply a temporary locking in at the Soul Level of any number of issues that you may be facing and failing to deal with or to let go of. And when you let go of it at Soul Level, you let go of it at conscious level.

Going back to the color. I am surprised at the purple and gold because I am sort of drawn to ~ how would you explain my being drawn to the oranges and the yellows and the reds?

Farena: The oranges and the yellows and the reds help you to expand your spirit, but your energy is a part of a greater energy that finds itself purple and gold, and thus, your roots. Waith has informed me that he will explain to you in private time.

#### Farena, Is Your Twin Flame In Spirit Currently?

Farena: Understand that my origins are with the lead entity, and Mushiba and Abalma are the equal splits, and they each then give a splitting and I am a split with Abalma, very small percentage but a split. But I also, in my energy, I have split. And so I have what you would call a twin flame but I am also a twin flame to Abalma, and Abalma is the major twin flame to Mushiba, the lead energies, you see. And my twin is currently on the plane. He was in spirit for a while but walked in to complete our mission. And now, it is time for me to bid adieu and for Waith to return and give you some closing remarks.

Waith: Well! That was quite an interesting session now. You were all rather tongue-tied as we might call it, for those who ask me constantly if you can ask Farena a question,

you were just beginning to, shall we say, loosen up when time was up as you would call it.

**Time!** (The group is teasing Waith about having difficulty following time on the earth plane.)

It gives us great pleasure that you would make those remarks, dear one, for that shows a level of comfort with us, and this, of course, is what we have been striving for, that you would not view us in awe, but rather, you would understand that we have a sense of humor also and are here to help you through the training ground of the earth plane. We are very aware that you were pleased to have me back.