Waith Class Transcripts

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally
By Waith
Through Mushiba

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For more information, please contact us ~ terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

Waith Discusses How The Earth's Weather Changes Can Affect Us In Many Ways

We send to you in this session a very special energy that is meant for protection and a sense of wellbeing for the coming time frame that will be presenting some unusual weather patterns. You have begun to see this in recent time, as measured on the plane. And we simply have infused out into the vibration an energy that you may call upon as you begin to, as we would say on the plane, fret a bit about the weather as it is, for remember that all that occurs now with the weather is a part of the movement toward The Shifting, and thus, it is most positive.

And when there are what you would call severe patterns in the weather, it is to be viewed with joy, for it is the earth itself cleansing and creating a higher vibration for itself. So rather than complain about that which may be inconvenient for you in the illusion, rather rejoice that the planet is moving itself toward its final moment of cleansing and higher vibration, just as you each move in the same direction of higher vibration through periodic cleansings.

For this session with so many beautiful lights we thought it would be appropriate to have an open question session in which we will answer the questions pertaining to Universal information. Of course, it is not a session in which we would address personal questions. Thus, we will not limit the questions to a particular topic but rather open-question time. Thus, we are prepared now for your questions.

In the past week it feels like there is a disturbance in the air. Is that it? Or is it just within myself?

That is what we have just referenced.

Would that also affect the sleeping state as well as conscious?

It would for entities who are at particular vibrational attunements. Those who have a greater sensitivity to the changing vibration of the planet would have disruptions in their own energy field, as we have presented in another time frame in session. Some would have a higher vibrational attunement, and therefore feel the Planet Earth's own changes more than another might.

Would The Earth Changes Cause Abnormal Sleep Patterns, Where It Will Wake Us Up?

Oh, indeed they will. They will wake you ~ they will not allow you to properly achieve the sleep state. It will create for you times of what you would call sleepiness during the daytime. It will create, for many entities a sense of exhaustion, a sense of, in some entities, and in the same entity at the same time, of exhaustion, a sense of what you

might call hyperness, not being able to sleep but yet feeling very exhausted. One of these such periods occurred a relatively short time ago as measured on the plane, and there is now another one currently in progress. And thus it is that many of you will feel these disruptions.

The best solution to this is to center yourself and to attempt to go into a meditative state and to not be worried that you are unable to either sleep or that you suddenly feel that you must sleep in the middle of an activity that it would seem out of place, of course, to sleep. And so, during this typical time that you would find yourself wanting to go into the sleep state and are unable, simply meditate and use that time to be of benefit and to clear your mind of the thoughts of why you cannot sleep and any thoughts that may be of a negative value that would enter into your mind. Rather, place yourself into a positive mode of thinking and you will find yourself to be better served.

Regarding your sleep being interrupted during the night, how about during the day, if you have these periods when you are busy working, and suddenly you are so uncontrollably sleepy?

Yes. Yes. This was what I was addressing with the other question. And that is that during those times when you would not feel it appropriate to go into the sleep state, you would indeed feel the need to do so. It is a part of that which occurs, and these will occur sporadically now in a great, shall we say, cluster of time, and then there will be a clearing out of the electromagnetic field of the planet until it is time for it to do another jump, shall we say, in its energy field.

It is not to be concerned with it being a physical thing then.

Not at all. Unless, of course, it continues after the electromagnetic field has cleared. If it continues for a great deal of time, then you would want to look at other issues that would relate to it. These clumps of time can range anywhere on the plane from one day to one month. At this time currently, the cluster of time has not exceeded what you would call the one month.

Waith, would children be more susceptible to it?

Not necessarily.

A feeling of like a palpitation of the heart area, would that be because of the vibrational change?

Not necessarily. No pat answers here, you see. We would not want you all to think that any unusual changes in your own patterns of behavior could be written off, shall we say, to the earth's electromagnetic change, but rather, to look within Self to determine if it is indeed a reaction, a sensitivity to the Earth's changes or whether it is another issue of Self that needs to be looked at. You must be careful at finding quick solutions. There are none.

Waith, not only does it involve the sleep patterns, but it also involves the eating patterns.

It can, my love, yes. Most definitely. And, again, there is no set answer to this, but rather that whatever your particular eating patterns are, they become different. So, for some, there may be an increase in consumption and in others there may be a decrease. There may be an inability to keep within the encasement any sustenance placed into it. There may be the desire for more of the liquid during this time frame than is normal, or there may be less of a desire for the liquid than normal. The key is that you look at what is different from your normal pattern. And in some instances, many of you will find yourselves slowly moving into an altered pattern of eating and that the Earth's changes are assisting you in these changes. And thus, rather than fight the changes in your patterns, seek within Self the answers as to why and what it means toward your own growth at spirit.

Waith, that will also affect our perception of time as you ~

Yes, we have addressed that in times past. It can. It may not. So, once again, be careful of using the Earth as an excuse.

Can the reason for the extreme sleepiness be because we can work things out better in the dream state, in the sleep state, than we can in the conscious state?

There are situations, of course, my love, in which, during especially troublesome times at the conscious state, that there is more time required in the sleep state for the working out at the higher levels of what needs to be dealt with at the conscious state. And thus, if you find yourself in extended time frames of sleep longer than you have been accustomed to, it may be that you are working out issues at the higher level. But, once again, the meditative state is where you receive your basic confirmation of all that is occurring, and you must go within Self to determine what is, as you would say, feeling the best for you, for if you begin to feel that you are, shall we say, sleeping many hours of the day and this has gone on for weeks and weeks and weeks, and you feel no resolution at conscious state, then there may be other factors to consider here, you see.

Any extended periods of time in which there is an altered behavior from the norm without any sense of progress at the conscious state, then should have further investigation at the meditative state, perhaps discussion with a healer at the earth plane level who would be able to guide you in certain areas where you may feel yourself to have a block. This is the purpose of the spiritual healers on the earth plane.

Waith, when this happens, what effect does it have on the ~ of the Energy Vortex that are scattered throughout the planet?

Remember that all energy is connected. All energy is a part of the same, The Universal Consciousness. And thus, at some minute level there is an effect. There is a ripple effect as you might refer to it as a frame of reference, remembering that what each energy does affects the total energy. No matter how minute it might be, it is felt by the total.

And thus, as we have said, as all the others who give information from the higher sources have indicated, what you do affects all. You are not alone, and if you are disturbed, if you call that phrase in its correct reference, then all are disturbed. If you send out love and Light, then that is returned to you. If you send out negativity, you will feel the effects, for it goes into The Universal Consciousness and it is returned to you, for you send it to Self. So, you see, it is much better to send out love, for you then send yourself love, you see.

An In-Depth Discussion Of Walk-Ins

Relative to walk-ins, does the individual who receives a new soul, are they aware of it on a conscious level?

You must understand that in the process of walk-ins, we are dealing with several situations here. We are dealing with an encasement, first of all, that has entered onto the plane, an encasement known as the physical body that houses a particular energy, and the energy has what is referred to as a soul. Now, in the occasion of that particular energy wanting to leave the encasement, there are a number of situations that can occur. The entity may simply depart from the encasement leaving it without energy. Thus, the encasement would, as you would call it, die. The other situation could be that the energy departs from the encasement, and in a mutual agreement with another entity, allows its encasement to be taken over and used for furtherance of the mission, both for the departing entity and the entering entity.

In the case of walk-ins, it is always by mutual agreement. There is never a hostile takeover, as you might refer to it, but rather, the usual situation is that the entity currently in the encasement reaches a point in its own path where they are unable to complete their assigned time on the plane in this particular incarnation and asks then for assistance in deciding in which direction to go, whether to simply leave or to allow the entity who would like to enter in to do so.

There are what you might call contracts that are made between the entering and the departing entities in that since the entering entity needs to take on what you might call the memory banks of the departed entity, certain agreements are made. For example, it may be that certain connections that the current entity has made in its incarnation with other entities, the entering entity would agree to maintain those contacts. And whatever the agreements are that are made, it is all very clearly defined between the two entities. Once the entity who has departed has left, there is no longer a recognition at its Soul Level of that incarnation, but rather, the departing entity would go into a resting realm

in which it would be able to recover from the psychic and spiritual trauma that it had as a result of having to leave before the mission was completed.

The entering entity, on the other hand, must take over what is called the life of the departed entity. But what occurs, usually, is that, of course, it is a different entity, a different energy, a different soul that has different connections at spirit with those currently incarnated. It has a different mission. It has a different purpose. And thus, while it would continue in many cases the apparent life of the departed entity, it begins to show a difference to the world around, and it is usually of a more positive tone. Usually the walk-ins, at least at this time on the earth plane, are of a higher vibration than the departing entity and are coming in primarily to assist in The Shifting of the planet.

It can create for the entering energy a sense of confusion and conflict until it has been fully resolved and understood that there is, in actuality, a new entity and that much of the behavior of the entity that seems confusing and conflicting is a result of the memory banks of the departed entity. For the encasement itself, you see, holds certain molecular cells in it that in turn hold what is referred to as memory which affects behavior, and it is not until the new entity is able to smooth through those molecular cells and come to terms, if you will, by synthesizing the two, the memory bank and the new soul and the new energy and the new memories, then there will be what you might call a schizophrenic behavior in a mild sense. Oftentimes, the entering entity is very aware that it has entered and it is different from the departed entity. Oftentimes, an entity, however, will feel a difference but still be locked in, shall we say, to the departed entity's memory banks and not realize what is causing the conflict.

Eventually, though, if the entity entering in has a very specific mission of relating to The Shift, especially, and we talk of the walk-in in this time frame, the information is either gained through meditation or is given out from another source. Oftentimes, we, in private session, will indicate to an entity that they have entered in and this assists them in resolving what appears to be a conflict in Self, or they are able then to think back in a period of time as measured on the plane, a dramatic change in attitude and behavior. Sometimes, this does signify the walk-in, but not always, not always. Sometimes the walk-in does so in a very smooth manner. Some of the walk-in entities may take a considerable number of years, as measured on the plane, to come to the point of the mission that they have come in to do. Others start almost immediately in their mission. It is a most interesting exchange of energy. And for the entity who remains in, it can be a most interesting experience.

If the entity has finished up their lessons, and what they had come in for, and then departed, is it a smoother departure for them? They have completed their mission?

Yes. In the case where it is that the entity departing has finished their lessons and is simply then going to allow a perfectly good encasement not to go to waste, shall we say, for there then is a very smooth transition. And, you see, what occurs now is that there are many advanced entities wanting to come into the illusion without having to go through this birthing process, and this growing up process, as you would say, but rather

to be able to enter into an encasement that has already established itself in a particular scenario and in a particular life, so as to then be able to accelerate its own mission, whatever that may be, toward the assistance of entities currently on the plane toward preparation for The Shift.

There are negative and positive forces. Could any of those walk-ins come in for a negative purpose, for disrupting things and not just for doing good but then just the opposite?

Understand that when the concept of dark and Light is discussed, it is as we have emphasized in recent time an area of relativity, for what may be dark to one and may be considered negative to one entity, may not be to another depending upon where each happens to be in their own path. And thus it is that what we would refer to as, so often, the Sons of Darkness which are the very, the very strong and very highest of the dark, are not given the ability to enter in through this process. We are able of the Highest Light to prevent this even though, of course, there are attempts at this, but we of The Angelics are charged with preventing this. This is one of our realms of responsibility.

However, when discussing the issue of darkness and Light, an entity who would enter in, whether they are dark or Light is relative to your own perception, and thus, to say that none of the dark are allowed to enter in would not be correct, for only the very highest of the dark at the realm of our level are prevented from entering in. However, just as on the plane you would encounter an entity who you consider dark in your perspective, so too would those entering in also might be considered of the dark who would enter in, you see.

It is no different than the birthing process. The birthing process, in relation to the walk-in process, is simply a matter of timing. The birthing process requires more time to get going, shall we say, on the plane, and the walk-in process allows for the birthing to have already been completed. There are occasions when the walk-in process will occur shortly after the birthing has occurred. And it is just that the entity who entered in perhaps needed only to go through the birthing process, either for its own lessons to be learned or its lessons to be taught, and that it agrees to exchange energy within the encasement to another who then comes in. It is all not quite so cut and dry, as you might refer to it.

If the Sons of Darkness do not have the ability to walk in, do they have the ability to overlap or interfere or impose?

Understand, we have mentioned this on several occasions, and you would refer to the transcripts, that you are never imposed upon by a level on The Light Spectrum that is any stronger than you are. And thus, you would only encounter on The Light Spectrum that which is your equal in the dark. You are exactly on the same point. Thus, a higher darkness, if you will, or a stronger force, would not be allowed. You would refer to the diagram that we have shown in another time in which we showed the way in which the hierarchy is maintained, you see. So you would never be imposed upon by a stronger force than you are able to fend off.

Do walk-ins come in, in a near death experience?

There are occasions when that is the situation. There are occasions when it is simply a matter of the entity who departs goes simply into the sleep state and when returning from the sleep state it is the new entity. It can be a situation where the entity may, oh, shall we say, appear to lose consciousness for a few moments in any kind of situation and this is when the exchange occurs. It is a very rapid exchange. It occurs quite quickly.

In some cases there is preparation before the exchange is made, and thus, the entity departing may spend as you would call several weeks or months in preparation by going into an altered state, perhaps in the sleep state, and allowing a gradual transference, and there becomes then an agreement between the entity coming in and the entity departing, slowly, as to what will occur. And so, you see, it can take on many, many facets, shall we say, not simply what you would call the near-death experience.

Would the entity then be aware of this? If they were unconscious, would they know that they are walk-ins?

At the conscious level it is generally not known. It occurs at the Higher Self Level. And there is, of course, the awareness, and there is the sense of appreciation and gratitude for the entity coming in who has agreed to take over in certain areas.

Nostradamus Referred To A Man In A Blue Turban In His Writings. Will He Be Appearing Soon?

This particular reference was given as a symbol, and the symbolism of what it refers to relates to a particular type of purification that is a part of the cleansing, and this, indeed, will be coming about, as measured on the plane, within that which is a year. And the reference made by this prophet will be known, and it will be clear that the symbolism that was used is in reference to that which will appear in physical.

Would You Comment On The Carlos Castaneda Books?

Most appropriate for particular levels of learning for an entity. We ~ if you would research through what we have given would never discount any information that is given, for any information that is given is meant for certain audiences, if you will, and it assists even a very small number of entities in their path. And thus, for some entities this particular source of information can be most beneficial and can assist them at their point in their own path. For other entities it would not be beneficial, for it is not the type of information nor in the context in which they would need to have that information, you see.

In Reference To Astral Projection, Is This Something That Is Okay To Try?

It is ~ this is always a very interesting topic, and we are about ready to depart for this session and would not be able to give it its proper attention. However, astral projection, as you would call it, is simply the conscious state being aware of the energy moving into a different realm. When you all go into the sleep state, there is a point during the sleep state in which you leave the encasement, some for periods of time, others for very brief periods of time. At the conscious state, you are not aware of it.

Astral projection, as it is referred to, can be an abuse used in certain situations, and without our going into it in any great detail at this time, we would say be very careful before you attempt to become consciously aware of this particular technique, that you understand totally its powers and its implications, for it does, when used inappropriately, open up the entity to being imposed upon by its level of darkness. We would address this at another time, another session, when there is more time to address it. It would be appropriate for you to present the question at the next opportunity, my son, but at the beginning of the session rather than at the end.