

Waith Class Transcripts

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The Birthday Session ~ And The Importance Of Celebration

Instruction For Plugging Into Special Energy, If You Know The Exact Moment Of Your Birth

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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The Birthday Session ~ And The Importance Of Celebration

We thought that it would be of interest to give you some information that relates to the vibration of entry into the plane. We use the occasion of the anniversary, as you would call it, of Mushiba's entry into the plane, for this time frame in which you now find yourselves is the final few hours, if you will, of that vibrational time frame referred to as birthday. Yes, yes, it could have been said many sentences ago, could it not? ☺

Instruction For Plugging Into Special Energy, If You Know The Exact Moment Of Your Birth

Well. What we thought you might find interesting is an understanding of what occurs during a time frame that is known as the twenty-four hours of this anniversary of entry into the plane. Very significant vibrational occurrences prevail during this time frame, and for those entities who would first know what their exact time of entrance into the incarnation is, as well as having the knowledge of what you are able to do with your own energy field during this twenty-four hour time frame, as measured on the plane.

It is a time of renewal for those who would be tuned to the possibility. It is a time of rejoicing, this day. And while it has been referred to as birthday, it is very significant from a vibrational standpoint, you see, for if you were to take this time and use it to work with your own energy field, through meditation and other techniques which we will present to you in this session, it enables you to attune your vibration, to attune your own energy, and to help you in the time frame of the coming year, as you would call it, before the anniversary comes around again.

The way to begin this, you see, is to be fully awake and without distraction, approximately, as you would call it on the plane, five minutes before the time of entry. So, if you were entering in at 1:00 a.m., for example, then you would be fully awake and without distraction at 12:55, you see. Now, what this does is prepare the vibration for a meditative state, for you would then begin to focus your thoughts into the Higher Realm and begin to bring yourself into a meditative state, and imagine what your energy was feeling like as you were about to enter into the plane, be it through the birth state or if those who would read this in the future, or hear it now, were to walk-in, you see. Just prior to that entrance into the vibration, there is a sensation that every energy experiences, and during this time frame of the anniversary just prior to the entry is the one time in each of the earth plane years that you have that you are able to, as you would say, plug into that particular vibration, that particular sensation.

There are other times when, of course, you would be able to have a sense of the entry into the plane through your meditations, through that which is called regression, through that which is called rebirthing, and many other techniques that many have experienced, but this particular time frame is available with a particular energy at this one moment

each year, as you call it. And if you are able to bring yourself to that time frame just prior to your entry and focus your meditation upon that experience of what your energy felt just before jumping in, you see, for that is pretty accurate a description.

It is ~ here you are, and you see the waves of energy are moving, and they are preparing, and the exact moment approaches at which you have been given permission, and you have been chosen to move in a certain direction with the energy flow. You are moving, and you are moving, and you approach it, and the encasement is ready to burst onto the earth plane. And at that moment, your energy fuses with the encasement at exactly the determined time, and you burst onto the earth plane. That very moment is a moment of extreme joy and happiness for The Universe. What occurs after that, of course, is another story, ☺ for then, of course, you must take on your path.

However, we are all around reveling in the joy that another energy has done it once again and burst into the plane. The energy is very vibrant. It is that very energy that is essential for you to get a sense of ~ to remember ~ and you are given that opportunity once every earth plane year to connect with that energy, that sense of joy, that sense of beauty and love, and the sense of total Oneness. It is an instant. It is why many energies enjoy coming back onto the plane so often, for they remember that instant, and they want to continue that feeling. For many, the remembrance is very strong. For others, it is not. However, now that you know that it exists ~ many of you did already but did not perhaps realize it. This time of birth, this birthday, is to be celebrated, for it is your opportunity to renew your sense of Oneness with The Universe, a sense of Oneness with the world around you.

And as you develop this ability to meditate at this time frame prior to that moment of entry ~ for many it would take numbers and numbers of years on the plane, and some may not be able to make that connection exactly in this incarnation but begin to work on it for future times ~ you are able then to grab hold of an energy that will help to renew you and to help you to work toward your path in the coming year. And at that exact moment of entry, you would envision the sense of it. You would envision the bursting through into the vibration and the energy, and you would feel the joy. And for many entities, you see, it is this yearly renewal that enables them to carry on from year to year. It is the celebration and the tradition of having friends and those who are loved by an entity surrounding during this day of celebration is significant, you see. It does just not come from nowhere. It was a pattern that was implanted into the Soul memories of all, this day of celebration.

It is not to be looked upon as a day to get older, you see, for it is a day to celebrate growth. It is a day to celebrate expansion, for each year you move along your path and you move that much closer back to The One, back to The Universal Consciousness. It is not to be thought of as being old, for it should be embraced. You should rejoice and gather all around who are near and dear to you, and you would sing to increase the vibration of your own energy field, and you would dance and you would laugh. And, if you played your cards right, you could do this every day! ☺

Three hundred sixty-five friends.

Yes, you would have ~ you would know someone whose birthday occurred every day and you could therefore revel in the joy of life on the plane. And thus it is, you see, that in the Community of Terra Lux, we have so often emphasized the lightening of Self and the joy and the music and the laughter, the celebrating of Self. And it is so appropriate that you would each embrace each other's anniversary of entry onto the plane and create from this concept a greater celebration that could be shown to those around you that you rejoiced and you brought greater happiness to the vibration, for you celebrated an entity's entry onto the plane.

It is not necessary, this exchanging of gifts as you would do. This is an earth plane tradition. And, as many of you know, Mushiba has in actuality begged that you not give her things, for she wants no material items, but, of course, the majority of you do not heed her request. You do not listen. Understand that it is realized that it is an expression of love, the giving of material items. However, the emphasis must be on the giving of Self and the giving of love to another entity, and the sharing of the joy of the vibration and the community atmosphere.

It is far better to embrace an entity on the day of entry anniversary and exchange energies. This is a far greater gift than any material item that could be given, but rather, simply say to another entity, "I rejoice in the celebration of your entry onto the plane," and that you are all here to assist each other in your journey in this incarnation. You are here to assist each other. That is the greatest gift that you can give to Self and to others, to assist others in their journey. That is the greatest gift.

Now, as this twenty-four-hour period goes along, once that moment of entry has passed, that anniversary, for many entities who have perfected this particular time frame availability of energy resource, they remain, as you would say, awake for the twenty four hour period, you see. It is appropriate for us to say, for example, that Mushiba's time was 3:17 a.m. This is what she has given to us at earth plane time. And so, from this time frame, she has been in the, what you would call, conscious state, though meditative frequently throughout this day, and will not go into the sleep state until this time frame has elapsed. And as a result of working through this day, there has been an attunement to the vibration that is available, you see, to all who are able to do this on their birthday. And it simply is an adjustment ~ it is a lightening of the energy.

And you have available to you during this time an energy field that you ~ if you could visualize it, you see, you could grab the energy. You could grab the energy with your hands like this, for it is your very special memory energy, and you could visualize this going into the Soul and rejuvenating the appropriate soul memories that are necessary to help you in this sojourn you currently find yourself in. It is no small energy that is given to you. It is a rather significant energy, and it is available to all, but not all that many utilize what is available to them, for they dread this birthday and they send the dark

around them. "Do not pay attention to this day. Ignore this day." And when this is done, you see, the very blockage occurs of the energy, this special energy, that could in actuality assist the energy. The entity is blocking this very vibration, you see.

So, you must now look at this day, for each of you that you have, as very special, and you would want to have a gathering on that day of special entities in your life, even if it is one other entity, for it is in the gathering of the entities that stimulates this special energy. It is not to say that this energy is not available if you do not bring others into your vibration during this twenty four hour period, for some entities find that they would want this twenty four hours to be completely alone and meditative, but the attitude is of celebration, you see. It is not to be an attitude of ignoring the day, but rather to revel in it. For some entities, it is more appropriate that they be alone during the twenty four hour period, but in doing so, they rejuvenate their own energies.

Does that mean that people born on February 29th can only do this once every four years?

We always enjoy these, as you would say, off-the-wall questions. ☺ However, they, what may appear to be, are not, you see, for that is a very appropriate question. In actuality, you see, yes is the answer. Those entities who would choose, or be chosen, for it can be either case, to come in on a particular time frame that in *The Spectrum of the earth plane* occurs once every four years, have chosen, or been chosen, for a very specific vibrational situation. And yes, is the answer. While there may be the celebration of the birth, either the day before or the day after, as measured on the plane, this vibrational attunement of which we speak is available to them only on that exact time.

Do Walk-Ins Celebrate Their Physical Birthdays Or Their Walk-In Birthdays?

Part of the responsibility of the walk-in is, in some cases, to determine the time of entry themselves. It is a part of what they must do in their own growth in areas that are not important to discuss in general session at this time. In other situations it is not important that the walk-in know this information, or even to have availability to the energy field, for their mission may be of a short duration, you see. So, it becomes very situational, you see.

Oh, it is a most appropriate question. Many who have walked in continue to celebrate the birthday of the departed entity, and it is appropriate, for in some situations, for that which must be learned and taught through this entity to change the perceptions of the world around them would not be appropriate by changing the birth date. For others, however, walk-ins who have identified their time, they have indeed changed their earth plane birthday celebration to that of the walk-in time. Those walk-ins who have been able to do this not only have captured the date, as you would call it, but also, through the meditations, have captured the time. And this is very personal to the walk-in, in the attaining of this information.

A Discussion Of Preplanning Steps Before Birth, And Astrology

Astrologers tell us that it's important to know your birthday, and you can determine the future that is appropriate in your life. When you look upon the energy point of view, what is the difference between being trapped in a womb compared to being outside? I mean, it does not change the energy field, so what makes the tremendous change then from one step to the next second there is another one?

Understand that the ~ an energy goes through a series of what-you-might-call steps before coming onto the plane. And the first step is the planning at a spirit level of the sojourn that is about to occur on the earth plane. It could be the earth plane ~ it could be one of the other dimensions ~ it could be other planets. We will use the earth plane as an example. At this point, then, the scenario is planned out. And this can be done, as you might say, as measured on the plane, it could be one hundred years before it actually occurs, for certain entities are looked at as the progression as you would call ancestry, you see. And when it is appropriate then, when the time on the plane presents itself, the entity then knows that the encasement is being prepared.

The encasement is looked at as a preliminary step onto the earth plane itself, into the world, if you will. And thus, there is the coming and going in of the energy into the encasement prior to that which is birth. At this point, the energy at this stage can decide to not continue, for whatever the reason. There could be many reasons why, when in testing out the encasement prior to its entry into the physical world, they would decide not to do this. When it comes to the timing of vibration and energy in the electromagnetic field, while an energy may have an encasement that biologically is planned for a certain day, or time frame, they may ~ it may not be appropriate for that energy, and they may decide either to enter earlier or later than that which was planned by the physical plane.

Once entry has been achieved, and this is still what you would call the next to the last step, for the entity has an opportunity of approximately six months to determine whether or not to remain on the plane in the incarnation that it has chosen, without any what you would call regression of growth in that time frame if the choice to leave is made.

Now, as you would call it astrologically, where the entity enters in, at what time the entity enters in, many others factors, where the electromagnetic field's own vibration happens to be at that very instant, the alignment of all the other bodies, physical bodies that make up the earth plane, where the astral plane's vibration happens to be at that instant, where all are at an instant, that entry time makes up the uniqueness of the energy who enters in, and that can be altered very drastically by any hesitation on the part of the entity during any of these stages prior to final acceptance of the sojourn. It is very complicated, you see, but yet very simple.

It is quite easy for, shall we say, those who would plot the stars, the astrologers, to say that you have certain characteristics, for you came onto the earth plane during a

particular astrological cycle, and this can have its appropriateness in general, but there must be care given, once again, to judgement, for yes, certain cycles of alignment of planets and time frames indicate certain characteristics that in general were selected by the entity to come in during that time frame in order to work on certain areas. However, there must be tremendous caution and care given to prejudicing, if you will, your views on an entity for the particular time frame in which they came in, for there are too many other factors unknown and unable to be recorded by the technology that is currently existing in this present illusion.

I was personally involved in astrology, and I was wondering that people were telling you the position of, let us say, Mars or Saturn, or another planet in this instant, is so significant. I mean, I would ask what is it that Saturn as a mass or is that the, I do not know, is that that particular energy which would change on this planet from one second to the other, which then would affect the personality of an encasement with its soul?

All are connected. All are One. All energy is connected to the One Source which is The Universal Consciousness. All is energy. All matter is energy. All is energy, and it fluctuates instantaneously in far less than what you would call a second, for that is a standard of measurement on the earth plane, but the fluctuation is such that from one instant, from one thought of movement can change the entire electromagnetic field that is there, available, as an energy moves through it onto the plane. It can be disrupted instantaneously.

It is not important nor significant to be concerned, my dear ones, about all of this. Just to know that each energy, every energy that separates from The Universal Consciousness and moves into a training ground is its own very unique entity, and yet a part of The One. And it is the combination of energies and electromagnetic fields that change so instantaneously that create the environment that affects your own, each of you as an entity, your own electromagnetic field from incarnation to incarnation, from training ground to training ground. You are all so beautifully unique and yet are all One. You are all the same, and yet you are all different.

A Question Of Why Someone May Be Sad On Their Birthday

I am sure there is a lot of reasons for someone to be sad around their birthday, but could it be sometimes a soul memory or a memory triggered at some level of missing being back in spirit?

There is that memory for many of wanting to be in some place other than the earth plane, not necessarily in spirit but in another encasement or in some other form. There is also the possibility of memories from other incarnations that relate to the day of birth in a way that creates a sadness. There could be many, many different reasons for this. And when there is a sense of sadness that results as your birthday approaches, now that you know that it is a time of celebration you would work toward understanding what it is that creates this sadness and to seek the assistance from those around you who do not feel the sadness, and to ask not only those around you but your Higher Self, to ask your

Spirit Guides, to ask us, to ask any, any entity you can find to help you to feel joy at this time and not sadness.

What About Cesarean Section As Opposed To A Natural Birth?

Is the experience of entering the body different at spirit level when the baby is born through cesarean section as opposed to a natural birth?

There are very significant differences, yes. And this is another example of the joy that can be felt in touching yourself with this moment to understand if you burst in or whether you were picked up and brought in, you see. Very significant differences. And for some entities, there can be a sense of trauma in either situation, and this can be a way of going back to that moment and getting rid of this thought that it was negative, but rather, that it was very positive. It was not negative. It was positive.

For that very instant, you see, there is positive, but for some there is this sense just prior to the entry onto the plane that they do not want to. For whatever their reason, they resist it. Or, just immediately after that instant of entry there is pain at the physical and that brings back into the Soul memory, then, the fear and the trepidation, the anxiety. And thus it is, to understand that it is the before, and the after, that creates the soul memory, but it is the very instant of entry that there is total joy and Oneness.

So, the manner in which we are born is also planned, and part of our soul's growth and mission which is chosen.

Yes, it is, my love.

What If You Do Not Know Exactly What Time You Were Born And No Way Of Finding Out?

Understand that there are several situations that occur here similar to the walk-in situation, for all entities have the ability to find the answers from the Higher Self. And while you may not have the official document, as measured on the plane, that gives you that information, you certainly have the information available to you at the meditative state. And there are many, many entities who could say to you, yes, they received the information in their mediation that their moment of entry was 8:14 p.m. It works, you see ~ it has happened. And then, if you receive that information in your meditation, trust it, and you go with it and you work with that.

There may be, however, the situation that it is not appropriate for you in this lifetime to have that type of information that would make that particular energy field available to you, for it is perhaps not to be used in this lifetime.

Why would that be? And how could you have that moment of ~ on your birthday, that exact moment?

You would not, for it is not appropriate for your particular path, at least at this very moment. You may find that many years from now when you have achieved certain other lessons and situations that it becomes appropriate, or you may find that it is not appropriate in this incarnation at all, for whatever the path is that you have chosen, you see. However, there is always the need to seek joy and to seek The Oneness, and while you may not be able, for whatever the reasons, to have the exact date and time, and usually it is the time that you do not have, but for some it is the date also, you would not become depressed about this. You would not feel that you were inferior or that you were missing out on something, but rather you would begin to work toward achieving the sense of joy of the moment, of the day, of that twenty four hour period.

And perhaps, then, as the lifetime continues you will gain a greater awareness of the moment, and perhaps not, but to be taken into another lifetime, the ability to come to the moment, and it would increase your soul memory in a joyous way rather than in a nonjoyous way.

Can We Choose Our Parents On This Earth Plane?

Can we also have the opportunity to choose our parents on this earth plane in the hopes of fulfilling what we need, or what they need also?

Simply put, yes. There is much more to it, of course. But there are all the choices. All make the choices, and you plan your own little life.

A Question About Multiple Births And Their Entry Times

When there is a multiple birth, does there have to be an agreement between the two entities if they are born at that exact time, the moment?

They all enter in different times. Their electromagnetic fields are all different. They are not exact.

Is there a sense of agreement of which entity will enter first, and so on?

There is a sense of agreement, of course, for one cannot enter in a month earlier than the earlier. 😊

That has happened.

Very, very, very rare.

My sister said that she remembered a soul memory of talking me into going because I did not want to, but I do not remember that.

Yes, that happens many times in occasions of multiple entries. Usually, however, there is mutual agreement made, and if there is difficulty in the agreement, it is a part of the balancing that needs to occur either between, or among, the multiples.

Question If This Celebration At The Universal Level Can Apply To Other Joyous Occasions

Does this celebration at the Universal Level apply only to the anniversary of birth or also to other times, say when two entities join, they could celebrate that moment also.

When you say join, my love, in what way do you mean?

Decide to commit on a physical level to become husband and wife, family, whatever relationship you want to give to it ~ when the energies join, would not they also make ~ I do not know how to explain this the way I am thinking it ~ we are each separate energies, but when we join we become another energy that is the combination.

Actually, you see, at the spirit level, we do not care who gets together physically. ☺

☼ Very good!

☼ I like that.

While the concern is from spirit level is who is getting together at the spirit, what the vibrations, what the energies are who are combining, this is the only significance. What is done at physical is simply a playing out of that which energy has manifested for certain lessons to be learned and certain lessons to be taught, issues to be resolved, balancing to be achieved. It does not matter who is together physically. What matters is what the energies who are together are achieving. That is all.

And, yes, there is rejoicing whenever there is a balancing that occurs between an energy and another. Yes, there is rejoicing when a lesson has been learned. Yes, there is rejoicing when a lesson has been taught. Yes, there is rejoicing when an energy has finished their incarnation and they return, just as there is rejoicing at the moment of entry. It does not take much for us to rejoice. ☺ ☺

Someone Asks About A Ring And What It Is Made Of ~ It Is From Another Illusion

Could you tell me what energy there is in this ring? What is it made of? (Someone from the group hands Waith a ring)

What is it made of. A most interesting question. It is from another illusion. It is a material from another illusion, several illusions ago. And understand that what you would call the artifacts from one illusion to another are allowed to remain as a residual. It, however, will have no impact upon that which you think it would have an impact upon. It is an energy that is asleep now that awaits the return of the illusion on the plane from which it founds its roots, but it is a nice bauble. Treat it with care. Now.

A Question About Interdimensional Travel, Blockages, And Altered States Of Consciousness

The Mayans speak of a place called Shibalva which was, as I understand it, a parallel dimension like a fourth dimension. And it was possible at that time to pass from this dimension into the other and back again. Is there such a thing? Is such a thing possible, or was it?

Oh, indeed, you can pass from one dimension to the other quite easily. There are unlimited dimensions, my son, unlimited. And you are all limited only by your own illusions, for as you present the illusion of concreteness in which you currently find yourself, the dimensions of higher levels surround you, and you need only to go into them through your own consciousness. It is quite easy. And, yes, it is blocked, which is appropriate for many entities to block the entrance into other dimensions while currently in a concrete dimension.

Are some of them as physical as our surroundings are here?

There are different illusions. Different illusions mean that that which you perceive in one dimension is different from that which you perceive in another. A most fascinating possibility, and many who would read the transcripts have gone into other dimensions quite easily. Others are attempting to do away with the blockages that prevent them from seeing the other dimensions. Quite easy to move from one dimension to another once you rid yourself of the blockages, and once you have gone from one dimension to another. Of course, it is easy once you have done it.

Do we do that in the sleep state, and we just do not have the memory of it for whatever reason?

In the sleep state you do go into an altered state of consciousness, and you do have the availability to move into other dimensions indeed. You may block the memory of that when you return to the conscious state or you may indeed remember going into other dimensions. Some entities who in the dream state will experience movement into other dimensions but would write it off as just a dream.
