

# *Waith Class Transcripts*

**SEPTEMBER 04, 1990**

A Question Of The Recent Battle Of The Community Of Terra Lux  
The Merging Of Levels Of The Higher Self To The Conscious Self  
A Discussion Of The Upcoming Shift And The Illusion Change  
Could You Discuss The Polarity Changes That We Will Be Going Through?  
A Brief Discussion Of The Special Birthday Energies And What Happens With Twin Flames  
Someone Questions An Experience With The Sleep State And Not Being Able To Remember  
A Proposal, As A Community Group, To Send Light Each Day At A Predetermined Time  
Can A Twin Flame Call Upon The Other For Assistance?

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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## A Question Of The Recent Battle Of The Community Of Terra Lux

I am being very brave bringing this up. I think it was three weeks ago at the session you admonished us about crystals, and we all left feeling kind of disheartened. And then the following week, you came in and you were very brief, and you claimed that there was some victory on the part of the Community. We were hoping that we would get a blow by blow description of everything that took place, but you did not discuss it at all. Could get you to just tell us what happened in the Community?

*The crystal that you clutch gives you this courage, my love. ☺ It is part of the function of many crystals to give courage. There is ~ it is most appropriate, my love, to feel the need for an energy that will assist you in certain endeavors. So, you must never apologize for the reliance on an energy such as a crystal who is there to guide you and to help you. That is proper use of a crystal, calling upon it to Be of Service to you. The question that you have posed is an appropriate question.*

*There is really not much to tell in response to your question, my love, for it was one in a series of battles that was waged, and it was brought about by the merging of the Mushiba energy from the Higher Self to the Conscious Self. And understand that states of awareness vary from entity to entity depending upon the level of growth and that what is referred to as the Higher Self for one entity may be of a very High Level and for another entity, it would be of a different level, and there are various levels of the Higher Self, you see.*

### The Merging Of Levels Of The Higher Self To The Conscious Self

*And what occurs ~ and many, many of you experience this in ways that you have not felt yet as being significant ~ is that the Conscious Self tunes in finally to the lower level of the Higher Self, or the lowest level at that particular time, and when that occurs, there becomes a merging, and then the next level of the Higher Self moves down the rung, shall we say. And so, the lower level of the Higher Self has become the Conscious Self, you see, but with a higher awareness, greater growth. And as this continual type of merging occurs, the Conscious Self will merge with the lower level of the Higher Self, and then the next level of the Higher Self moves down to the lower level, you see. This is how eventually you pull down the higher, higher, higher, higher, Higher Self.*

*Now, of course, this is not always done in any one lifetime. There may be several lifetimes in which the awareness levels are put at, shall we say, a standstill, and the Conscious Self of one lifetime goes into another lifetime as that particular Conscious Self, for whatever the reasons the entity chooses. And as growth occurs and vibrations increase, then the Higher Self drops a level into the Conscious Self and the merging occurs and then you go on, and you continue then to achieve higher levels of awareness by pulling on the Higher Self.*

*Now, there are many entities whose Conscious Self is still higher than the higher levels of another entity's Higher Self. Understand this. It is only, then, a matter of vibration and growth and attunement, understanding that eventually every entity reaches the highest, highest of the Higher Self and becomes One with The Universal Consciousness. Now, what has occurred recently is that Mushiba's next level of the Higher Self has merged with the conscious, and this was done a while ago, and also there is a merging occurring with Abalma and his Higher Self, and they are bringing in a very different type of persona.*

*Now, as a result of this, you are dealing now with very High Levels of awareness. As a result of this, forces of the dark that would want to destroy the mission and that role that Mushiba and Abalma play in it, panicked, if you will, for they did not want this merging to occur, both with Mushiba and Abalma, and thus, there began a tremendous attack. The attack on Mushiba and Abalma was beyond what you could imagine, at spirit level, as well as at the physical level. And they also were having to help defend those of you who the darkness was attacking, for all of the tools, the instruments of this group of the Sons of Darkness, as we so often refer to them, were out doing their deeds, if you will, and they were attacking in very insidious ways, and they were attempting to destroy the Community of Terra Lux, and they were not able to do this.*

*There was indescribable attacks made at the Higher levels of Mushiba and Abalma, and all of you who were attacked, not only were able to defend yourselves from attack, but you were able to come to the aid of Mushiba and Abalma, for they called upon all, and this was, therefore, not just a one or two entity defense, as it usually is with Mushiba and Abalma, but rather, it was a community effort. And thus, those of you who were attacked, and responded as you did in a most positive way, scored not only a victory for yourselves as individual entities, but you also scored a victory for the grouping known as Terra Lux, and you also were able at the same time, you see, to bring into the Light many of the dark. It was a tremendous, tremendous conquest, if you will. And thus, it has strengthened at the higher level the bonding of those who are committing themselves to Terra Lux, you see.*

*And thus, it was that type of battle. There will be future types of battles along those lines, and we use the term battle in a loose manner, for it really does not depict the true situation that occurs. But as the illusion nears its ending and The Shifting is about to occur, the aligning of the dark and the Light take on greater significance, and most of the battles will be waged at very High Levels and will not include most of you in this environment. Therefore, it is part of the responsibility of Mushiba and Abalma to fend off these major attacks. However, for lessons to be learned and lessons to be taught, as they did in this last situation, they will call upon you for your guidance and assistance. And that is what occurred, my love. It was a great occasion for the jubilation from our end, for we were only able to, shall we say, stand or flap by their side ☺ and watch.*

**Did this happen while we were in the sleep state?**

*It occurred, my love, in many levels of awareness. For some of you, you were able to come to the defense in the sleep state. Others were attacked in the sleep state and were able to defend in the conscious state. Some were attacked and defended in the sleep state. Others in their meditations ~ various scenarios occurring here. And many were attacked simply in that which is called thinking, where you began to think thoughts of self-degradation, that you were not good enough for anything. There were doubts of all that is occurring, doubts of those around you. There were doubts of the Community of Terra Lux. There were depressions that occurred. For some, there were what you would call eating binges that occurred as a form of attempting to fill what might feel like a void within the spirit ~ unexplained, you see ~ simply coming about. For some, very severe headaches occurred. For others, there was a cleansing of the encasement in various scenarios top and bottom. ☺ For some, there were a combination of these activities that occurred.*

**I would like that we would be able to repeat this, but I guess it is occurring at spirit level, and it is not at a place where I can see it right now.**

*It occurred at spirit level, yes, but it also occurred at the physical level, for many of you when you began to feel these differences in Self at conscious level contacted another and discussed it, you see. An awareness that what is occurring is not correct, that something is wrong is, in itself, a way to diffuse and to destroy the dark's attempt, for they shrivel away when they know that you are onto them. They have no defense against awareness. It is the unawareness that they feed upon. It is what they feed upon when you give into what they provoke and you let it feed on itself, you see. The negative feeds on the negative, you see. You have all been in this cycle. That is the darkness feeding, and once you are able to break that cycle and say "I know what is going on ~ this is an attack of some type," it diffuses it and it is only a matter of time before they are on their merry way.*

*What occurred this particular time that is different is that you rallied as a community and you were called upon by Mushiba and Abalma to engage in the battle, you see. And this was lessons taught and learned for you, for the battle that you were asked to engage in is one that not every entity is able to engage in, for it is at a very High Level. You see? That is the difference.*

**Would this be such a High Level battle that would we be still feeling the effects of it?**

*Yes, there will be a residual that once the residual at spirit has dissipated, it works its way down through all of the Awareness Centers, and depending upon the extent of your involvement in the battle will determine the length of time, shall we say, on the plane that the physical residuals will remain. You would want to surround yourself in a bath of White Light and call upon Mushiba and Abalma, for it was they who lured you in to help in the battle.*

## A Discussion Of The Upcoming Shift And The Illusion Change

You did not say if this is a sign that The Shift is growing closer. Does that mean it will occur sooner than we had thought, or just that it is a part of it?

*No, it is a part of the final moments of the illusion. Understand that from our perspective the illusion change is imminent, meaning there is still, as measured on the plane, a number of years remaining. We would tap into the consciousness. It is eight to twelve years in which The Shifting will occur. But understand that the acceleration factor has increased significantly in these final hours, as we would refer to them, so that you will see significant upheavals occurring in all areas, for it is time for the illusion to come to an end and a new one to begin. And thus, that which is appropriate for the old illusion to no longer be, will not be, you see. And that which is appropriate from this current illusion to go into The New Illusion will remain. It is the way of illusion changes.*

When does the illusion actually change, and are you aware of this happening when it changes?

*No, you will be most aware. You will already have experienced what you would refer to as slow changes. The weather patterns have slowly been changing for several hundred earth plane years. The social system, as you know it, began to change slowly several hundred years ago and has accelerated in recent times. The political system, the business system, all that you know on the plane has slowly been changing over several hundred earth plane years, but it now begins to accelerate at an increasing rate, and you will actually be quite accustomed to the changes. You will assimilate them so that by the time of The Shifting when you go into the shelters, upon your return, it will be no shock, for you will have indoctrination, shall we say, while in the shelters as to what to expect when you come out of the shelters.*

### Could You Discuss The Polarity Changes That We Will Be Going Through?

*The polarity changes have really been discussed several times. Understand that the polarity changes have already begun. Many of you currently in the vibration are experiencing new sensations of the physical, what you would call allergies, particular discomforts of the encasement, and it is a response to the changes that have been gradually occurring with the earth's preparation for shifting, for when it does shift, it will have opposite polarity. That which is negative will become positive in the electromagnetic field and vice versa. It also means that that which is cold will become hot. Thus it is that we have indicated that the vibration in which you find yourself now will be tropical.*

*Many are preparing at physical levels for the change into the tropical weather patterns. From now until the time of The Shifting you will each have different responses to the changing polarities, for while they have not been shifting dramatically, they are what you might call vacillating somewhat. They are moving. They are maintaining their opposite polarity, but they are shifting, and it will be at the time of The Shift that it will be a*

*dramatic change. You will begin to see, for example, more and more the weather patterns presenting themselves in what you would call bizarre, nontypical patterns. For the time frame about to occur, you will have heat waves when it should be cold and you will have cold when you least expect it. We have provided you with weather information for some time now, and part of the polarity change and the cleansing is the accelerated increase in that which you call tornadoes, hurricanes and earthquakes.*

**Would our own polarity shift at the same time as The Shift on the earth?**

*For some, the polarity shift in your own electromagnetic field will gradually find its way into an opposite pole, much as the earth now does, so that you move with the earth as it moves. And therefore, when The Shifting occurs, there will be a dramatic polarity change in your encasement and your electromagnetic field. It is that time spent in the shelters that will enable you to adjust to the polarity change.*

*There are some on the earth plane now who have already experienced a dramatic shift in polarity that will match that which the earth will have when it shifts, so that its polarity at the time of The Shifting will be in accordance with the polarity of certain entities currently on the plane whose polarities have shifted in preparation, for assistance with The Shifting of the planet itself, for the planet will need assistance from the entities who have been chosen to be the twelve who will build the new structures. And it is they who must have their polarities at an opposite point now before the actual shifting. Many of you will begin to feel, as you align yourselves with the vibration of the planet, changes in your own physical encasement, changes in your own vibration. This is as it needs to be in preparation.*

**A Brief Discussion Of The Special Birthday Energies And What Happens With Twin Flames**

**You talked last week about special birthday energies. What happens with twin flames? Can they feel each other's special energy on their birthdays?**

*If they are incarnated in the same dimension, such as The Earth Plane Dimension, simultaneously, and they have awarenesses of each other, they can consciously feel the vibration. If they are not aware of each other, but are incarnated in the same dimension, they may at a meditative level be aware, but they may not be. If they are not in the same dimension at a particular moment, depending upon the attunement of the energy, they may still be able to attune to the spark of entering an encasement regardless of the dimension, for remember that there are many more dimensions than the earth plane, many more levels and many different types of encasements for an energy. So the answer would be Yes, No, Maybe. ☺*

**Someone Questions An Experience With The Sleep State And Not Being Able To Remember**

**Just before I enter the sleep state, I know there is this whole other thing I am doing, and there is a group of people I am really close to, and I just have this sensation for a couple of seconds that ~**

how can I not remember what I am doing when I wake up, because it is just as real as this is. And there is a male entity that I am working with, and I just wanted to know if it is Abalma. I cannot believe that I cannot remember.

*It is not Abalma, but there is an entity who works with you. And many of you have similar experiences where when you come out of the sleep state you just know that there was something that you were doing just before you came back, and you feel frustrated, and you even can know that it was a male entity or a female entity or a group of entities, and you want to be able to know more concretely, and this is the first step toward merging that level of the Higher Self into the Conscious Self, when there is an awareness on a very fine line of a Higher level. At a conscious level you are more aware, for when there is no point being reached for merging, then the conscious is not aware of the lower Higher Self. But as the awarenesses begin to come together for merging, there is that awareness level.*

*And thus, rather than feel frustrated about this, welcome it with joy, for ~ work with it now, without putting pressure on yourself now, before you go into the sleep state saying, "I will remember ~ I will remember ~ I will remember." ~ not just you, my love, but many who are currently in the vibration and who would read the transcripts of this session. Take the pressure off yourself. Enjoy the sensation for as long as it lasts, as long as it takes. Enjoy the sensation of moving from conscious to Higher Self slowly in bringing in another level of the Higher Self.*

*And while it may not be a dramatic merging, as occurred with Mushiba, it will be that which is significant enough that will create in you a higher level of understanding. You will suddenly see things that you did not see before. You will read something that now you understand, where before you did not. And the growth of the process of awareness development comes from pulling the thin layers of the Higher Self, ever so slowly, ever so patiently, down, down into the conscious, bring one level into another, merge into another. Do not be concerned about how many levels you are going to pull down in this life. That which you bring in to merge with Self is what is needed for soul's development.*

**And is it possible while in the dream state to connect with the twin flame that would be in spirit?**

*Oh, indeed.*

### **A Proposal, As A Community Group, To Send Light Each Day At A Predetermined Time**

*Yes, it is most appropriate and most easily accomplished. Of course, you do not need to interrupt that which you are currently engaged in at that particular time frame, but rather with the quick mental imagery you would send Light to a predetermined image, and the image can be determined by you as a group, and you see, can change whenever you want it to change. You simply decide as a group what you would want the image to be. For example, you could place as an image the planet, and within the planet, you could place the image of a land mass or water mass and you would send Light, then, to that*

*particular image simply by envisioning a White Light bolt or a White Light sprinkling, whichever your preference, to that particular image. And you need not go into a meditative state to do this, but rather, know that all in the group would be doing this at approximately the same time ~ it does not need to be at exactly the same time. And this is most beneficial.*

*You can, shall we say, organize this in such a way that you could place the image of a person within the group, and the Light would be sent to a person, an entity, that has either asked directly for the White Light, or you feel would benefit by having White Light presented to it, knowing, of course, that you cannot impose the Light on another, only to present the Light and allow them to take what they would want, or not want.*

**Also community members who felt like they needed a little energy boost could draw from this. It would kind of be a mini-Universal Consciousness, you might say, a little something closer to ~**

*That would be a different situation, for when you place the image of something, some type of energy, from whatever kingdom it happens to be, as the group consciousness, then you send the energy, but you do not draw upon that energy if you were to send energy to the planet or to another entity.*

*However, if you wanted to establish a pool of White Light, a reservoir of White Light, you most certainly could do this by envisioning something as simple as a pool in which you fill it with the White Light, with it being open to any who would need to draw upon it, not just community members, but any who would feel a need for extra Light and would know that it was available, for if you truly send this out to The Universal Consciousness, then the knowledge is now known throughout The Universe of this reservoir of Light that is being given by various very, very beautiful group of entities, for you truly give of yourself when you give selflessly of Light.*

*Thus, you have two different groupings. You can do both, you see, for if you want to have a reservoir, it is there for filling whenever an entity would choose to do so, and it is there at the disposal of any entity at any time whenever they need it. This is a very easy situation, but one that is not used all that frequently.*

**So, every day it is just a matter of attention on that. It could be ongoing and build and build.**

*Yes, indeed. Most beneficial idea.*

### **Can A Twin Flame Call Upon The Other For Assistance?**

*No, you cannot do that. Twin flames can and very frequently do impose upon each other and that is acceptable, but you cannot call upon assistance for another. You can call upon protection to be available if the other were to call upon it for assistance. You*



*can have one of us on standby, shall we say, but we cannot act unless we are asked directly.*

**Did you say that twin flames impose upon each other?**

*Yes, it is done quite frequently. It creates a very interesting interaction.*

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