# Waith Class Transcripts

**OCTOBER 02, 1990** 

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#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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For more information, please contact us ~ terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

#### The Balance Of This Year Will Be Open Questions Relating To Information Already Given

We are pleased to be with you once again in public gathering. The times that we enter in now are more or less limited with private entities in situations, and this is a very important part of our mission, to be available with individuals privately. However, this is a session in which we re-enjoy the, shall we say, give and take of questions and issues that would be addressed. We will continue in this fashion, if you will, of the Public Sessions in the prescribed manner that Mushiba has given to you, for it serves many purposes of the goal of strengthening the mission and the Community of Terra Lux.

For this particular session, we would respond to questions that are on the minds of most all of you and would want to, in some situations, respond on a personal level. We will very carefully define the level of personal. However, from this time until that time, as measured on the plane, that is called the end of the year, will be devoted to the answering of the questions that many would have that will be the beginnings of that which is the year to come for elaboration and in-depth discussion of many of the topics that have been presented at a preliminary level during our time with all of you.

## Beginning With The New Year, Waith Will Discuss Higher Level Of Learning Information

So, we would say, then, that in this vernacular called the cleaning up, we will address at a preliminary, elementary, basic level questions related to the subjects we have presented. Then, beginning with that which is the new year, we will take you into a higher level of learning information. So, let the questions begin.

#### A Question Of How Does Waith Know So Much About Us?

Why not? How does Waith know so much about us? You see, because we know, we know. Understand that The Universal Consciousness contains the knowledge of the Group Consciousness and that that information is available to any entity. Any energy form has access to that information. There is nothing really secret in The Universe. The difference is, however, in the levels of awareness that an energy has in their own ability to tap into The Universal Consciousness. As you increase in your abilities to understand Self, you become, therefore, more aware of The Universal Consciousness and your connection with it, that it is you, you see, and you then have the ability to gain information about yourself, first and foremost, that is stored in The Universal Consciousness. And as you learn and grow and take on the responsibilities of teaching other entities, when you are at that phase in your growth, you are then allowed to tap into The Universal Consciousness at a level that gives you information about other entities.

This comes through growth, and the entity has the opportunity and, indeed, any energy form is allowed to do this. It is simply up to the energy whether they want to undergo the test and the learning that is involved in achieving the ability to tap in, you see. There are, as we have discussed in the past, the levels of awareness that give you certain information that, at a higher level of awareness, that information takes on a different perspective. Thus, we have discussed this in the past.

An entity may seek information from us and receive a response. And that same entity may seek that very same information from another source coming in through this process of channelling, or through an entity who has certain levels of abilities to understand others, and receive very different information, responses to the same question. And this simply means that the levels of awareness on the part of the entity giving the information were different. One may have had a higher level of awareness and a higher ability, or higher degree of ability, to tap into The Universal Consciousness. And that is simply why we know so much about you.

## A Question About The Change In The Atmosphere

Is something going on in the atmosphere today? I feel something in the breeze outside.

Indeed. It is a portion of a series of what you call days that began recently, several days ago, and will continue for perhaps three to four more days, as you call them. It is part of the cleansing, as everything is now, a part of the cleansing. The electromagnetic field of the planet is, as we have indicated in the past, changing and goes through periods of dramatic change, and then it settles in a bit, and then it goes through another period of dramatic change. There is about to occur a very interesting ~ (Word missing because of interference on the tape) you might call it. It will come after this particular electromagnetic change has occurred. So, while we are certainly not in the habit of making predictions, when it comes to the planet's movement toward its cleansing, we do just that. And many of you, as we have indicated before, have heightened sensitivities to the electromagnetic changes occurring.

## A Question From Someone About The Use Of Magic And Mythical Characters

(A block of dialogue is missing) ~ in many other illusions that have come and gone on the plane have, in fact, abused this particular power to change a physical form of another, by doing just that, you see. It is not myth, as many would lead you to believe. And the word that is used MAGIC is a frame of reference for this particular illusion that you all find yourself in as a frame of reference for that which is not understood or mysterious. Magic can be a very beneficial situation, and during the time, for the most recent frame of reference, when Amelius was on the plane as Jesus, that which was called miracles could indeed be also referenced as magic, you see.

And thus, all entities have the potential power, if developed, to do such things, you see, but in the development of any ability, misuse of that power occurs, and the only way in which you learn your lesson in treating power and abilities with a spiritual context is to have abused so that you then learn from that and you no longer abuse. There is a natural progression that occurs in the learning of any ability from lifetime to lifetime. And thus it is that when you would see an entity doing this magic, you see, it simply means that that entity is somewhere along the path of learning for that particular ability.

Is there any basis to Mythical characters, like Greek gods and Roman gods, Athena and Zeus?

Oh, but of course. All the information currently on the plane has a basis in fact somewhere. Understand ~ we will be addressing at a very much higher level in the coming year the aspect of illusion change, and what occurs with information from one illusion into the next illusion, and how certain information is transferred into The New Illusion. And that which is referred to as myths are simply holdovers from another illusion in which it was, in actuality, fact. We will, with great pleasure, be discussing this in much greater detail as time progresses and after other types of information have been presented in a sequential manner that would then prepare the reader or the listener for the information that we will give regarding this particular topic.

Not Being Able To Sleep When There Is A High Degree Of Energy Accumulating In One Area

When I was at Kripalu for a week, I could not sleep. I thought it was because of the energy there. Was that that the case? If that's true, is there something I can do about it when I go back?

Ah, indeed. Whenever there is high degrees of energy accumulating in one area, there can be a disruption of your own electromagnetic field, you see. If you were to try and sleep in this gathering now it would be most difficult for you because of the high degree of energy. Understand that in this particular situation, for you, my love, it was important that you not sleep, as you have been accustomed to, for it forced you to look at particular issues, and it indeed gave you a new type of energy that is beginning to work with the encasement. It was a most beneficial energy addition to your own vibration.

When You Have Racing Thoughts And Cannot Sleep, Use It To Your Advantage

For those of you who would also find yourself in these types of situations where you are not able to go into the sleep state, for you feel revved up, the energy is pulsating, you can feel it pulsating and your mind is moving very, very rapidly, try not to fight the sensation, for the sleep state is simply an altered state of consciousness, no different than meditation is an altered state of consciousness, and for some the two are the same, you see.

Rather, you would want to use the opportunity of this increased energy that you find yourself in as an opportunity to infuse it into your own vibration, and thus, give you a

greater ability to connect with the Higher Self. It presents the opportunity to truly sit and focus, for when the thoughts race in the mind, and it is, let us say, the nighttime, and time for the sleep state, and sleep does not come, you simply use it to quiet yourself as an exercise in learning how to do this, you see? It is simply an opportunity to go into a meditative state and increase your own awarenesses, for many, many, many on the plane now need to learn the meditative technique, need to learn their own way of achieving a focus and their own way of dealing with the racing thoughts, and that it can be controlled, you see.

There is no need to lie on the bed trying to sleep and say, "I must sleep, I must sleep. Why cannot I sleep?" And this is a very good opportunity for the elements of the dark, you see, to creep in and begin the thoughts moving toward negativity, for when you fight the fact that you cannot go into the sleep state, you get angry, and anger is an emotion that the dark can feed upon, and you will then begin to feel more angry, and you will then start thinking about other entities who you do not like, and you will then start having imaginary conversations with them. And thus, it begins to feed on itself. Before you know it, you are even more revved up than you were before, you see. ©

Thus, do not give into this, but rather, say, "Oh, this is a very good opportunity. I cannot sleep, so I will now think about clearing my head of all these thoughts and, oh, I will just meditate." And before you know it, you will be asleep.

## How Can I Control Situations In My Life That Are Controlling Me?

We are really only here for about another thirty-eight years, as measured on the plane. 
© And the time is limited on the earth plane, as you measure it. We would really love to be able to tell you the answer to that, as we would really enjoy being able to tell you all that, but you see, if we did then you would not learn the lesson, for each must learn their own way of controlling Self, for it differs from entity to entity.

And thus, as many of you as there are gathered would be as many different explanations of how to control that which is the combination of issues you have brought into the life, you see, and this is the reason for meditation, for this is where you receive all of your answers. For what you are able to use as controls for your life may not work for another, may not be even appropriate for another, and there is no judgement here as to right or wrong. It is simply that each energy has its own ways of dealing with its own issues. Even entities who have similar issues that they have brought into the life will control them in different ways based upon the history of that entity's past experiences with the issue in other times.

## A Personal Response To A Question About Someone's Crystal Disappearing

I have a question from (Name given). Last week, his special crystal disappeared just the day before he went into the hospital, and it reappeared the day that he came home, and he wants me to ask you to comment on it.

He is so very cute. © We have worked with him, you see, in the last time that Mushiba, Abalma and I were in physical form in Atlantis ten thousand years ago. He worked with us in the temple. And these sort of things were always happening to him. You see, he was a priest in that time and a healer, doing very similar types of work that he does now, and he had a particular crystal in that time that he worked with to help others in understanding their own physical limitations, and the crystal in that time wanted very much to give information to him about his own physical limitations, but he would not hear of it, for he was, as he is in this lifetime, Selfless. He cared not about Self but rather devoted his energies to others.

Now, this crystal, who now finds itself with him again from that time frame, is serving the same purpose in helping others, for he receives the information that is stored in the crystal from many times past. The crystal, however, is still trying to help him understand his physical limitations and give him some help in working through them. And, of course, he is saying once again to the crystal, "No, devote yourself to others, not to me." And thus, the crystal, in essence, was throwing a temper tantrum. © They do that, you know. They were fighting ~ he and the crystal. They were fighting. "Listen to me, so I am going to disappear for a while." They are very cute together, these two energy forms.

## A Personal Response To Someone's Question About The Health Of Their Pets

Magic and Snowflake are very sick and we are treating them. Would you give us some advice?

Yes, indeed. This is an issue at Soul Level that you, my love, know relates to issues that you are here to work on and the development of healing abilities. And to develop abilities, as we have indicated so many times, requires tremendous lessons, testing. You and the entity, your mother, are being tested to stretch your abilities at healing. You have the knowledge, for the tests would not be given unless the knowledge was there. It is simply being able to call upon the knowledge, and the acknowledgement that you are being tested at a very high level, for this is, shall we say, you are in an advanced level of schooling ~ (Word inaudible on tape) both you and your mother, and the animals have agreed to work with you in your testing.

It is a mutual agreement, for both of these animal entities have been with you in other times, and that who is Snowflake was your dog in this lifetime before you moved to where you are now, and you need to connect once again with the beautiful energy. And the other rabbit is not affected by the illness, for it is to highlight to you that it is specific and not general.

That who is Magic misses you very much, and not unlike the crystal having the temper tantrum, Magic wants your attention and feels neglected and needs to be hugged. Snowflake would be served very well by having ~ I will give you this, what you might call, recipe, that you would take one half cup of the castor oil ~ are you writing this down, my love, quickly? You would then take ~ it is a twig called bark from that which

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is the pear tree that is in the yard of Mushiba's location. And you would take a twig and a bark, two ~ two separate situations, very small, not big, that you would then boil those two items in one half of a cup of purified water until the water has been saturated with the elements that make up the twig and the bark. You would then mix the castor oil and the water. Tricky combination, water and oil, but you will find that they mix. And you would then place this mixture onto that which are the lesions of Snowflake.

And it is important that as a part of this mixture, all physical components, that you devote time to nurturing Snowflake, holding him and rocking him. Rocking is very nice. You would do this once each day for seven days. Continue to do this during the seven day period, even as it appears that the healing has occurred. You would want to do this for seven days, at the same time each day. It matters not when that is. What does matter is that it is at the same time each day. And it would be best served for you to do this and to find a quiet place to do this. And you would certainly have assistance from your mother in the preparation, even though your cooking crystal should help you.

## A Technique To Attune With Someone You Are Attempting To Heal

There is a young girl in town who is quite sick with cancer. I offered my help, along with Jacques, providing her parents agree. My question is, do I have that healing ability?

Well, there is a far greater situation here, for there must be permission of the entity for this, and it must be at Soul Level. Understand that only each of you heals yourself ultimately. However, in this process of healing, you are able to call upon healers who will assist you in the healing process. And there must be, first and foremost, a meditation that is done with this entity, you and the entity, in which you would connect vibrationally. You would place your hands in this position down and ask the entity to place her hands facing down to yours, and simply ask her to quiet herself and to close the eyes and to visualize and sense energy coming up from your hands. And as you begin to feel this energy in this meditative state, you yourself would then slowly turn the hands so that yours are then sending energy down through her hands.

This is not, however, the process of healing. It is simply the process of connecting at the Soul Level with the entity to determine if at Soul Level the entity is ready for help, you see. You will know, for you do have the ability, and then when you know the answer, meditate upon that answer for your next step.

#### A Crystal Helps Someone Who Is Imbalanced With The Issues Of Money

#### Would you tell me about this crystal?

A most delightful crystal that has come into your vibration to assist you in the issues of money, for your issues of money are imbalanced and stem, of course, from a time in the past where you were at the other end of the thought process of money. And now, you

think that there is no need for money. So what! And that is just as unhealthy a balance as the other end where you cannot get enough and do everything to simply accumulate money.

Money is a part of the illusion currently on the plane that is very integral to significant numbers of lessons ~ abuse of power, abuse of others through this power, abuse of Self, for without the proper balance in your mind, you are not able, then, to provide yourself with that which the illusion presents to you as an adequate survival for the lifestyle. And thus, this crystal is here to help you understand the perspective, to move you closer now to the middle ground and to help you not to fight your soul mate so much in this issue.

Waith Gives A Reminder To Always Challenge If You Doubt Whether Something Is Light Or Dark

Something happened at my house recently. There was a woman who started channelling spontaneously an entity, and I felt that this entity was of the Light, but I just was not sure. Now, she asked me for my help in this matter, and I really do not know if I want to pursue this, and I would like some comments or some guidance in that.

Understand that the ability to, as it is called, channel is available to any entity, and we have indicated this in other times and in other sessions that many entities currently on the plane have developed the abilities from other lifetimes, that they bring into this lifetime, so that it is an easily accomplished process. Other entities, perhaps for the first time in this incarnation, work on developing the ability to allow other sources to speak through, be it the Higher Self or other energy forms.

One of the dangers that an entity could face is that the dark, you see, are just as capable of coming in and speaking as the Light, and we have discussed this on many occasions. And there needs to be a tremendous amount of calling on the Light when channelling, if you will, and this particular entity has opened up her Spiritual Centers recently that have made her vulnerable to lower sources. Many times we refer to them as mischievous entities that can disguise themselves superficially as the Light.

And we have also on many occasions indicated to you the challenge that you must give when there is any doubt. To challenge if this is the Light, and if it is the Light, they are able to take the challenge, but if they are not, they are unable to take the challenge. And you would refer back to ~ in the transcripts, my love, for that challenge information. You would be cautious in this area, for this particular entity that has come through is an instrument of that grouping which seeks to destroy the mission. And they would, with you and (Name given) attempt to infiltrate a bit. But you knew that.

But also, know that when you sense something, that your instincts are correct and that if you have any hesitation that do indeed meditate. You see? And so, you were correct. There has been no damage done. No harm has been created. And, in fact, what we have done, you see, is we have blocked this entity from knowing that this conversation has even gone on. And this entity thinks that it is fooled you. And now you have an

opportunity to send some Light to it, what the dark loves the most. 

You try to lighten it up a bit, you see. You would want to challenge this entity, and it will be beneficial for you to do this challenging to see how it actually works and how the dark retreats so rapidly when challenged, for you will be working with this issue much more as time progresses.

### Technique For Any Who Sense Their Soul Mate Or Twin Flame Is Having Difficulties

I believe my soul mate is having trouble reaching me. Is there any way to help their path become easier?

It is a very easy technique actually for any who sense that either the soul mate or the twin flame are having difficulties, be they currently incarnated, or not, on the plane, and that is simply to envision in your meditation the energy form. And envision that it is, for example, we would say the soul mate, the particular soul mate who you have felt a connection with, and you would want to send a concrete thought pattern into the image of the Light of this energy, that it is this particular energy form whom you concentrate on, and you send then the beginnings of the soft waves of the Light that will envelop the form that you have imagined of the energy. Very gently. And as you are doing this, you simply say in your thoughts, "Here is my Light. Take what you need for assistance." And continue to do this as frequently as you feel you need to, for only you will know the effectiveness of it and how much needs to be done.

#### Other Sources Of Information ~ Waith Discusses The Movie Ghost

Would you comment on the movie *Ghost*? It was about a man who died. and he hung around trying to assist his wife.

We wonder if you have indeed listened to many of our sessions, for we have spoken so frequently of the ways in which energies assist other energies. We are an example of this. We are spirit. We speak concretely through an entity. However, we are always available when called upon to assist any of you. This is true of any entity that, at a certain level of advancement, who are either in Guide School or have graduated from Guide School.

And while this particular movie is a popular depiction of an issue that is a topic of conversation more and more frequently now on the plane. It is, nonetheless, accurate, and was written by a very bright light who was simply attempting to take a subject that we discuss at a very philosophical level and ways in which many would scorn and not pay attention to, for, you know, we talk about entities, energies, helping or talking. However, ghosts are far more entertaining, © but nonetheless, the message is given out, and it is no different than the message that we give out, just presented differently. And on that note we are ready now to depart.