

# *Waith Class Transcripts*

**NOVEMBER 06, 1990**

Waith Reminds Of Protection Issues Regarding A Ring In Someone's Possession  
Waith Talks About Sex, The Lower Chakras, Homosexuality, Judgement  
Waith Discusses The American Indians And Their Role With The Shift  
The Shift, Group Departures, The Economy, The Upheaval Of Social and Economic Systems  
Letting Go Of Material Possessions, Judgement, Unconditional Love  
Waith Talks About The Current Political Environment  
Health Remedy For Pain In The Toes  
Can You Offer Any Insight On Chronic Fatigue Syndrome?  
A Question About Hypnotherapy And Neurolinguistics Programming

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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## Waith Reminds Of Protection Issues Regarding A Ring In Someone's Possession

Could tell me if the ring relates to the attacks that have been going with my daughter?

*We will permit a personal question. It will be the only personal question that will be permitted since it was agreed with Mushiba that it would be presented, and the answer is yes, and the techniques of protection you know very well, and use them. It is important to understand that what might appear to be an insignificant material object on the plane does indeed have an energy and is capable of the conducting of energy from other sources, be they of the Light or not. And thus, that which is so often viewed as a plaything from The Mineral Kingdom, the crystals and the rocks, are conductors of energy and are, in themselves, energy forms capable of great feats, and we have given much information regarding The Mineral Kingdom. More will follow in that which is the New Year.*

I have the ring with me. Do you want it?

*There is no need for us to do anything with it, my love. It is an issue that you must work through yourself and to understand why this is occurring.*

## Waith Talks About Sex, The Lower Chakras, Homosexuality, Judgement

Would you talk about sex? It has always been a major part of either religious practices or nonreligious practices, also seen as a group evil or a combination of good and evil intertwined. When is it good? When is it evil? Is it harmful in any way? How is it viewed in other realms?

*Yes it ~ understand that the issue of that which is called sex is simply the physical manifestation of issues relating to a spiritual Chakra. It is, therefore, no more or no less significant or to be teeheed about than the other issues relating to the other Chakras of the spiritual, including that which is called the Crown Chakra which has its issues and the Heart Chakra which has its issues. That which is the Lower Chakras have their own issues, and that which is sex moves through the Chakras as they are cleansing themselves and are extremely important for the total balancing of that which is called the physical on the earth plane. Understand that in other dimensions where there are other training grounds and other types of encasements there are other ways in which entities come through for their learning and that there are other vehicles that are appropriate to the learning of physical lessons.*

*The earth plane has a very unique way in which entities come through, as well as the way in which those entities are brought through. However, it is not the only issue relating to that which is called sex. There has been, of course, through that which is time for this particular illusion, the implication that sex is only to bring entities through. This is*

*not the case at all. For, indeed, if that were the case we would run out of entities from this end. Thus, we must, of course, look at this issue as having far greater dimensions than that which ~ many organized religions, or groupings of entities, would want to place controls and to say that it is not appropriate unless it is a very particular situation. This is not the case at all, and as we have indicated so very, very often, issues of judgement enter in for entities where any other entity is concerned, and there is this issue that unless it is being done according to the standards of another, then it is not appropriate. We view any behavior, if you will, from this end, as we view it on the plane, as totally appropriate to the lessons that need to be learned.*

*And thus, when the issues of sex with those that are referred to as the same gender come up, we do not view that any differently than we would view it, sex with opposite genders, for you must understand that there are issues of balance here and other types of issues that relate also to judgement, for at earth plane level, there is so much judgement of physical, and when you view the encasement of another, you do not know whether that encasement holds a male or a female dominant energy, and it is none of your business to begin with, and it is also none of anyone's business why anybody does anything, you see. It is only each of you who must deal with your own issues, and it does not matter to anybody, including us, whether or not you do anything where the Lower Chakras are concerned.*

*Now, the interesting aspect of all of this is that as you begin to evolve in your own understandings and awarenesses and you balance in your own issues, the issue that is called sex simply purifies itself, and that by being on the plane, sex is one of those Menu items that we have spoken of so often that you have it to choose from, and depending upon the percentage that you choose to take on in the learning of an issue relating to sex determines the types of behavior that you will take on from lifetime to lifetime. It is an interesting topic, my love, that we will be giving advanced information on, for it is far more complex than simply "Talk to us about sex, Waith." And we will indeed be discussing it in a far greater context than we have now.*

*We find that there is a tremendous amount of curiosity about its role within the spiritual mission, and we will, as time progresses on the plane, give you the information that will help you to understand that it, like all other aspects of learning, has its place within the total spiritual mission and that there is by no means anything wrong with sex, just as there is nothing wrong with the consumption of food, including the consumption of that which is animal. It is simply the evolution of it, and that as you evolve in your own vibrations, entities, for example, choose to not eat certain types of other entities and energy forms. Those who are vegetarian, however, still consume energy forms, for that which is The Plant Kingdom is alive just as much as that of The Animal Kingdom, you see. It is simply a matter of evolution, and therefore, the consumption of sex is no different.*

**Many spiritual leaders have claimed that they have become more spiritual through abstinence.**

*For them it may be appropriate. For others, it may not be, for the achievement of spirituality is very individual, and it is an issue of judgement to say that the only way to be spiritual is to abstain from this, that, or the other thing.*

*And we have, on the issue of consumption of food, for example, indicated that the judgements that abound that say the only way that you must achieve spirituality is to not consume animal is not correct, and that if you are continuing to have nicotine and caffeine and all of the other addictions that are a part of the earth plane, that you are indeed not spiritual. This is not true at all, and we would say the same where the issue of sex is concerned. It is very, very strictly a personal issue.*

*And indeed, one does not know whether an entity is teaching or learning, and you must keep that in mind and be very, very careful, my loved ones, of judging another's actions, for you must do what is appropriate for Self, and this is the reason why meditation is so critical, that you find the answer for Self within Self and not by that which is judged by others around you to be correct, but rather, what is correct for Self, and if the way for an individual to achieve a higher sense of awareness is through the eating of Twinkies, ☺ then so be it.*

### Waith Discusses The American Indians And Their Role With The Shift

**Can you talk a little bit about the American Indians, the people who occupied this land mass not very long ago? Will they have any role in The Shift, or do they have any role in helping in the vibration of the land mass to increase?**

*We have given in prior Public Sessions a rather lengthy discussion of the role of that which is called the American Indian, and it, as a group on the earth plane, it has a purpose, and those who incarnate into that group have very specific purposes. They are very highly attuned spiritually, as a group, and entities who have at any time during the past ten thousand earth plane years come in through that grouping have established energy bonds with each other in a way that when The Shift occurs will be reconnected. Understand that not all entities currently on the plane have gone through that grouping which is called the American Indian, have chosen not to go through that, and they therefore will not have that connection of energy when The Shift occurs.*

*They have very specific connections with the structures known as the pyramids, which will be replaced with the new structures, and they will have a significant role in assisting the twelve builders currently on the plane who will be in charge, shall we say, of the new structures and their energy connections. We will elaborate much more in this area as time progresses, for as we begin to give more information relating to The Shift and the preparations for that, which is a part of our mission for being here, then it will begin to unfold itself.*

### The Shift, Group Departures, The Economy, The Upheaval Of Social and Economic Systems

## How close are we to a shooting war in the Gulf?

*The Shift activities accelerate and the acceleration accelerates, and all that occurs now, is a part of the cleansing, for understand that The Shift is the end of the cleansing and the beginning of The New Illusion. And we have indicated in past Public Sessions that there would be the beginnings of that which is called group departures, and that you would see tremendous upheaval occurring and that it is all a part of that which is The Shifting to come and the cleansing that is occurring.*

*There will be in the coming time frame of that which is called one month, a very, very significant group departure. This means that a large number of entities will depart at approximately the same time. We are prepared for this at this end, and when it occurs on the plane, you would want to send as much Light out into The Universe as possible, surround in your meditations, surround an image of that which has occurred, the event itself, surround it with Light and send the love to all the entities who would want it. And understand that they simply are leaving now to avoid the rush.*

**Can I ask you about the economy in this region right now, what is going to happen in the immediate future? Things seem to happen so rapidly in what has always been the most prosperous area of the country.**

*It is all part of The Shift ~ it is all a part of the cleansing. For understand that the cleansing relates also to systems that have been created as well as physical phenomena, so that we are dealing not just with the actual cleansing of the earth, physical earth, but we are dealing with the upheaval of systems that have been created and that have served to create judgement against energy forms. You will see organized religion crumble. You will see economic systems crumble. You will see governments crumble. Some will take longer than others. And in the crumbling, however, will emerge a new order, will emerge a new way. It is the only way to cleanse it, for as it is now, it is impossible. It has reached its end. It is the end of an illusion.*

*The beginning of a new illusion means we must take that which was beneficial from the old illusion and carry it anew into The New Illusion. Just as in the time of Atlantis, ten thousand years ago, that which needed to go, did, and that which was needed to seed The New Illusion, remained, and that is what will occur. And thus, we have indicated in the past that you would begin to see very interesting events, not just in weather patterns, but in all areas, and not to be afraid of this, but rather, to look at it with joy, for it means cleaning, it means getting rid of that which is not beneficial. It means getting rid of all of this judgement that has accumulated on the plane and the beginnings of a newer spirituality, a higher awareness.*

*And those entities who are not at the level of awareness that they need to be in order to remain on the earth plane in its new vibration will simply have to leave until they have gained that awareness in other dimensions so that they are allowed back on the earth*

*plane to begin creating the situation that will once again mean another cleansing and a New Illusion. It is all part of the grand scheme, and it is ~ it occurs you see, periodically, every six to fifteen thousand earth plane years, depending upon that which occurs during the time of the illusion. And so, you must not look at this what you call economic condition in a negative way, but rather, look at it as an opportunity for a new way, a better way, a more spiritual way, for surely the way it is now is not appropriate any longer.*

**There are so many people losing jobs.**

*That is the earth plane. The balancing of spiritual and earth plane is very much at issue here, and to become mired down in the concerns of the physical in itself helps to create the problem. If entities simply allow The Universe and The Flow of The Universe to assist them in getting through during this time, then there will be a much greater peace within Self. It is the fighting of The Flow of The Universe that creates the difficulties, for all entities receive what they need. We are not the first, nor the last, to give out that little tidbit.*

**Does that mean that we should not save for the future?**

*Not at all. Now, we have addressed this issue also, for we were asked quite a number of sessions ago whether because The Shift was coming that you should stop paying your mortgages. No, not at all. You must continue, for if you were to cease doing that which is a part of what needs to be done, it could indeed disrupt the flow. And you are dealing also with issues of responsibility, and it would become irresponsible to cease in your own areas of responsibility, for understand that all that you feel that you should do relates to other entities, and if you feel that you should stop, shall we say, saving money, you must look closely at what effect that has upon those around you. And this is the reason for meditation, for you must look within Self to see what the issues are that you are here to deal with and to balance with. It is not easy ~ it is far more complex than you would think.*

### **Letting Go Of Material Possessions, Judgement, Unconditional Love**

**I have learned to let go of things that used to be so important, just are not anymore. Peace, love, and caring about another is more important.**

*All is an illusion, and all the physical is only presented for lessons to be learned, for all is energy, that is all, simply now encased. And even when we are out of The One, even we in The Angelics, are encased, you see. We have a freer encasement than on the plane, for example, but as long as we are out of The One, we are encased. As long as we are separate from The One, we are encased. It may not be as strict an encasement, and there may be freer movement, but we are all, each of us, encased. And that in itself creates the lessons that need to be learned. For remember, we have indicated that any energy that is out of The One, that is apart from The Universal Consciousness, has lessons to learn. It*

*does not matter where you are, what dimension you are in, you all have lessons to learn, and that you are presented on the earth plane with very specific scenarios, and you all choose to come in to learn those specific scenarios. You set up your own play, each of you. You have no one to blame but yourself.*

*And this is where the areas of responsibility from Self become evident. And you have no right to judge anyone else for what they do, only to work through your own play, and at the same time understand that all you do, every thought and every movement and every word, affects every other energy. Everything that is done affects everyone else and every other energy, and that if you do indeed send out negative thoughts, that will reverberate throughout The Universe. And if you send out thoughts of love, that will reverberate. What better thoughts to send out than love?*

*But it is not as easy to do as it is to say, for all work through their issues, and one of the major issues, of course, is learning not to be judgemental, for as soon as the judgement enters in, the negativity comes. And it becomes difficult to love when there is judgement, you see. It gets in the way of the real good stuff. Who cares what anybody else does. Would you judge Self? For that is what you do when you judge another, for all of us are a part of The Universal Consciousness, and what we do to each other, we do to Self, eventually, at some level, at some point.*

*And so yes, the ultimate goal is Unconditional Love. We certainly have given a great deal of information about Unconditional Love, patience, judgement, and all of that. The Editorial Tribunal has their work cut out for them as they begin to categorize and place into booklet form, shall we say, those particular topics, so that as we begin to give out information, you will have a frame of reference from the elementary to the advanced, and that is the way in which the booklets will present themselves. For as time goes on, the sequence of time will define the advancement level, you see, and thus, all of the information that has come through from us through that which is the end of this year is at an elementary level. We might call it Kindergarten and Grade One, and now we move onward until we have completed our mission well after The Shift and well into The New Illusion.*

## Waith Talks About The Current Political Environment

**Do you know who is going to be our next governor?** (Asked by a child)

*The energy form about to take over, shall we say, the governing of this geographic area has been chosen at spirit level, to assist in that which will occur as all of these collapses occur, and he is very, very strongly equipped at spiritual level to assist in potential chaos that can occur. And we would say to you that the energy who takes over, regardless of what you may view at earth plane in a judgemental form, has been specifically trained at spirit level to assist during that which now approaches, and that is what we will say about it. We speak of this entity only because of the proximity of this area to the safe zone, which is where you find yourselves now, and the fact that one of the Twelve*

*Major Structures that will replace the Twelve Major Pyramids is in this geographic area. And it is because of this that this particular entity has been counseled and trained at spirit level to assist. Very highly advanced entity.*

**Has President Bush been trained on a spiritual level?**

*We indicated when asked the question quite some time ago as to who would win this presidential election at that time, and we indicated then that it did not matter who won. And we continue to maintain that position, for it will be in the next what you call election, that the entity going in will have significance.*

### **Health Remedy For Pain In The Toes**

**Can you give me any health remedies for pains in the joints? Specifically, the toes.**

*Ah, pain in the toes. There are so many reasons why there can be pain in the toes. However, there is, interestingly enough, a particular remedy. It will help ease the pain. Understand, of course, it is like any other remedy that only eases, and the pain will not go away until the issue at Soul Level has been dealt with, but it certainly is helpful to have remedies that can help you along the way. We would indicate, then, that a rather general remedy for the easing of pain in the toes, and this would include that which is called cramping in the toes, where they curl all up, that a particular remedy would be ~ you may have some fun in searching out this particular herb ~ we have not given you a challenge in a while, now have we, Terra Lux? There is an herb that has as its root name, larda, l-a-r-d-a, larda, larda. Now, that is not how it known currently on the plane. However, it is on the plane and it is existing in a different name, but you will only be able to trace it through its root name which is easily done if you find the right source.*

*Now, once you have found larda, you would take this and bring it to a Public Session and we will then give you the formula for its usage and it will be most beneficial from now until the end of the illusion. And thus, you would seek this out, and in the short term you will continue to have pain in your toes, but if it is of value enough to you, you will find this. And perhaps others in the Community of Terra Lux will assist you. And it will then become a remedy that can be placed in the book of remedies.*

### **Can You Offer Any Insight On Chronic Fatigue Syndrome?**

*Oh, indeed. Indeed. That is a topic that we could devote an entire session to in terms of what causes it, some rather general lessons that are involved, and being learned, as a result of its manifestation. We want to hold that discussion until the beginning of the new year, for we would present that in one of the sessions in which we give advanced information relating to issues of patience.*

You said that chronic fatigue has to do with patience. Does that mean that no matter what you take for energy, you will still have it until you find what your issue is?

*Until any issue is completely resolved, its physical manifestations are not ended. They may be relieved and in fact may appear to have been eliminated in a particular lifetime, but unless the issue at Soul Level has been resolved, it will come back again in another lifetime, in another form perhaps, physically. It does not mean by any discussion that you simply say, "Well, my issue has not been resolved, so, I must certainly live with pain, and I must live with the physical manifestation." That is not the case at all, and we will most definitely discuss in greater detail issues of healing and its implications at physical as it balances with spiritual in the time to come.*

### A Question About Hypnotherapy And Neurolinguistics Programming

I have started a journey on working with Hypnotherapy and Neurolinguistics Programming. I was wondering if you could comment on those two forms of healing.

*Yes indeed, but we have run out of time, for to adequately give you information would require more than we have remaining in this particular session. They are both very beneficial areas, and we will discuss them when we discuss greater levels of healing and the attainment of higher awarenesses through meditation. Thus, hold onto those questions and we will certainly address them when the time is appropriate.*

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