

Waith Class Transcript

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Understanding The Increases In Spiritual Thought That Relates To Forbearance
Being Emotionally Depleted And Having The Strength To Get Through The Day
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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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This Session Was Held In New York At The Home Of Garrett Oppenheim, PhD

We are most pleased to be in this environment of such beauty and love. We sense very, very vibrant energy assembled and we also are most pleased to be once again in the vibration of Garrett who has been with us in other times serving in much, much beautiful work, and we are pleased. We are also here now to address questions that you may have in addition to providing to you information that we feel would be of benefit for you all to have, given the particular circumstances in which you find yourselves now in this geographic area that you reside.

We would begin, so as to perhaps then generate the questions from you, by indicating that the geographic area in which you find yourself now is preparing at a spiritual level for some significant changes in its vibrational attunement, for there are many advanced energies who now have gathered in this greater geographic area to aid in the coming shifting of the planet, and you find yourselves among many beautiful entities who have as very specific missions to aid other entities in their spiritual growth.

Understanding The Increases In Spiritual Thought That Relates To Forbearance

There is a very particular concept that comes from The Universe that is especially important for each of you who find yourselves now working with others in helping them to understand the increases in spiritual thought, and that relates to that which is called forbearance. And it is appropriate that you would understand that you each work on developing your abilities for this issue called forbearance, and we have given in Public Sessions information relating to this particular issue, and you would find yourselves tested in your own abilities at understanding forbearance and its implications for your own advancement.

It is, of course, no coincidence that you have all gathered in this particular session, for you each have a connection at spirit level that serves to be sparked, shall we say, by periodic gathering of energies, the connection, if you will, to aid you in what then becomes the missionary work, shall we say, with those with whom you find yourselves on your day to day life.

We would give you the information relating to love as it is unconditional in its application toward understanding forbearance, for to understand forbearance means that you develop intensely your abilities to love unconditionally without any type of conditions for the other entity, and it must of course begin with Self. There must be the development of love within that which is Self to appreciate the beauty that is each of you and the energy that is each of you and the beautiful light that generates within the energy field that each of you is.

It is, then, the development of this Self love that gives you strength to understand the difficulties that others would face in their own strivings for Self love, and it then becomes the concept of forbearance in which one has a degree of patience with those with whom they come in contact and to understand that each has their own level of development and to appreciate each other's levels of development and where an individual might possibly be in their understanding of a particular issue. Each energy has developed their own point of learning in all of the issues, and one may have a greater understanding of, let us say, patience, and another would have a greater understanding of Unconditional Love. Simply, that each has their own levels of awareness.

We give you this basic type of information. And now, we would enjoy very much to have the discussion rather than a monologue. We prefer that type of interaction so that questions can be placed onto the record and others who may be thinking the same types of questions would see that those questions are thought of by others. And thus, we are most pleased now to answer any questions.

Being Emotionally Depleted And Having The Strength To Get Through The Day

I am faced with the great challenge of with working with children in schools. Forbearance in this the group is most difficult in that they are so emotionally moody ~ and being able to have Unconditional Love for the children and separating my love for them and how I respond to their behavior. The other issue I have is forbearance in having the strength to get through the day.

Yes, indeed. It is ~ indeed, it is the most prevalent aspect of the earth plane, you see, for the earth plane is the most intensive of all the training grounds available for energies and has the most concrete in its illusions, quite different from other training grounds, and it is also the most accelerated and intense of all the training grounds. Thus, you would find the core of energy that you are having to be continually replenished from The Universe, and it is not simply that one becomes tired. It is very real that energy is actually taken from you from other energies who may indeed be needing it, and you may be willingly giving out your energies. At the same time, there may be others who are taking it from you without your permission, and therefore you are depleted.

In this geographic area in which you all find yourselves, this has become a most critical situation, for there are many energies who pull the energies from each of you in ways that in other geographic areas in which the energies are different, the combinations of energies are different, this pulling is not quite as intense. Thus, you would each, many times at the ending of that which is a day, would feel what you call drained. This is from the energies of not only individuals but the group energies in which you find yourselves.

Now, there are a number of techniques that you can utilize. We have given out in Public Sessions a significant number of techniques for protection. And this is a very important aspect to recall, and that is the protection of Self, for this is the purpose of that which is called the White Light, and to call upon the very Highest of the White Light to protect you and to guide you and to give you that which is necessary for the sustenance of Self

energy. Also, one must be most careful of giving out energy when it may indeed prevent you from accomplishing that which you must accomplish. There is this very fine line, you see, between the giving willingly and the allowing to be depleted.

You find yourself in particular, my love, in an area of energy drain that will only intensify between now and that which is The Shift, for energies now on the earth plane are in the final stages of determination of vibration for that which is The Shift. And there are many who work very intensely toward increasing their vibration so that it will be adequate enough to remain on the earth plane once The Shift occurs, and it is the responsibility of a significant number of entities on the plane now to give that assistance at both spiritual and physical to aid them in developing their own vibration.

Thus it is that in this geographic area you find yourselves being drawn upon, for your light is very, very bright and shining and obvious to those who at spirit level know to go to you and to call upon your energies for their own growth. You must, however, be cautious, and that is perhaps at the beginning of each day and at the ending of each day that you draw upon the energies of The Universe to keep your own energy sustained and to protect yourself. And if you feel during the course of the day that a particular energy has suddenly pulled out energies unexpectedly from your own field, that you would be aware and find a quiet spot to center yourself and bring back your energies, for once you deplete your energy field to a certain level it becomes far more difficult to replenish. It takes much more time, as you would measure on the plane, to replenish the energy.

I am interested in forbearance in terms of following one's own pursuit to complete the script that we have for ourselves.

Oh, indeed. Indeed. And it is also why we emphasize so much meditation, for all of the answers are within Self, you see, and so often entities will come to us hoping that we will give them the answers, and many in this gathering know that to not happen. It is very rare that we will give the answer to you. We force you to seek it from within. This is ultimately what each of us must do, for we all have our own consciousness, you see. Yes. And meditation does guide you in understanding what the mission is, not only in this particular lifetime but what the overall mission of the energy form is.

God, As The Universal Consciousness

Regarding the God-Spirit. Am I correct in thinking that possibly the physical body of the God-Spirit is The Universe?

We would, so that there is an understanding of the terminology in which we use as compared to others from other sources that come through on the plane, the use of the word God is used in many different vocabularies, and we refer to that which is called the God as The Universal Consciousness. Thus, it is the same, you see, just so that you would

understand that we use this word as our frame of reference for the information that we provide.

The Universal Consciousness is pure energy, you see, and energy as The One, which is The Universal Consciousness, that which is all that is, has no form. Once an energy becomes separate from The One, or The Universal Consciousness, it takes on an encasement, you see. Even energy out of The One, while it is referred to as spirit, is still an encasement, not quite as restrictive an encasement as you find your energies now in, for on the earth plane, once again, it is a very definite type of encasement. Other training grounds have other types of encasements for the energy.

Thus, the premise from which you present your question is accurate in that even as we speak to you, we are in an encasement, you see. Not the physical encasement of Mushiba but rather our own energy, and when each of you leaves the encasement of the earth plane and goes into another dimension, you are still in some type of encasement ~ physical, being an earth plane word in which you describe the phenomenon of having a stricture around, you see.

I consider God is maybe like the solar system ~ the entity that would cause us to be in the physical, like a molecule, and beyond that, an atom ~ then, the solar system. At some point then, God is the solar system because that is the vastest.

Understand that The Universal Consciousness, The One, is that which is all of us. We are all a part of The One, and we are all connected to The One. When there is movement out of The Universal Consciousness, it simply means that we have moved out of The One, but we are nonetheless still connected, and that each energy has their own, shall we say, agenda, or plan, in which they have determined how long essentially they will stay out of The One. And we have indicated numerous times in our Public Sessions that what occurs essentially in The Universal Consciousness is that we get bored, you see. There is nothing to do, and so we jump out, and we come out to play. And we may come out to play for eons upon eons, and then return to eventually come back out again, or we may come out for a very short period of time and then return.

When we are out of The Universal Consciousness, it is simply energy. As it is understood in the thought process of the earth plane ~and, once again, this is only one of the training grounds ~ in order to maintain some type of understanding, there is the breaking down of what is essentially layers of energy that create that which is the whole energy. And the way in which we refer to these energy fields from a spirit level would be the levels of consciousness.

And thus it is, when there is the earth plane consciousness in which you all find yourselves, that is where the focus, the core of the energy, is at that particular time. When you are in another training ground, then that conscious level takes on a different dimension. When you go into an altered state of consciousness, be it light meditation, or the sleep state, or very deep meditation, or you leave the encasement while it is still

incarnated, to travel about, you then have different levels of awareness. When we speak of the Higher Self we speak of the various levels, infinitesimal levels, of consciousness.

When you refer to the molecule, the atom, etc., you give perhaps an earth plane's concreteness to a concept that is most difficult for the average scientist on the plane to understand. From a spirit level it is really quite simple, yet the earth plane, because of its scenario, its purpose, is to create complexity out of simplicity, you see.

So, what you are saying is, no, we are not atoms of the molecules of God?

We are all in various layers of energy, you see.

Yes. The God Consciousness whose physical Self is The Universe.

The Universal Consciousness of which all of us are a part, we make up The Universal Consciousness. Without us there is no Universal Consciousness. It is simply the realization that there is in actuality no creation, for always has there been. There is, therefore, as you would call it, no death, for it is simply that energy goes into another dimension. Energy moves back and forth out of The Universal Consciousness which has always existed. It has always been.

Thus, creation is very unique to the consciousness of the earth plane and the illusions that are maintained on the earth plane in order to give a sense of beginning and end, which is what the earth plane's scenarios are all about. It is only when you reach a certain level of awareness while encased on the earth plane, that you begin to understand that there is something far greater than that which is presented as an illusion. At that point, the concept of beginning and end begins to blur and there is, then, the understanding, or at least the beginnings of an understanding, that there is no beginning and there is no end. Thus, the use of the circle, and this is The Universal Consciousness.

What I am asking is, is the physical body, what we know as God, The Universe?

If one would use the physical body of the earth plane as the standard in its understanding, then you could say that The Universal Consciousness is that which embodies The One which is thought in many vocabularies to be referred to as God.

A Question About Balancing In Difficult Relationships ~ Physically And Spiritually

When people are in relationships that are not smooth, the tendency is to believe that that relationship is not appropriate and one should move on. My belief is that that is not necessarily so, and that often we are brought into intimate relationships with people with whom we feel oftentimes most at odds, and at other times most at ease. Would you speak to that notion?

Yes. We have given much information over the time that we have been speaking through in Public Sessions regarding that which is referred to as balancing between energies, and there is no distinction actually between earth plane relationships and spirit relationships. It is simply that certain scenarios must play themselves out in particular dimensions, and that as lessons need to be taught and learned, that entities utilize each other to develop themselves and to Be of Service to Others.

Now, many different possibilities occur when there is what you would call a difficult relationship at earth plane level. It may simply be that one entity owes another entity a particular ~ we do not use the word debt in frequency, but rather, that there is a balancing, and that one is needing to balance more with another, and therefore an entity has allowed themselves to Be of Service to the other to enable them to work through an issue. There may be a situation where the two entities have been working through a number of lifetimes, and in other dimensions, in fact, on a particular issue that they have found themselves at odds with each other and use the earth plane as perhaps the physical manifestation of a particular issue to work through.

You are correct, my love, in saying that one must not categorically leave a relationship if it is out of harmony, but rather, it may be just the opposite. Many entities have found from other lifetimes that they have indeed left an issue while it was not resolved and must return and be with a particular entity until the two have worked out the issue. Understand, however, that whatever issue each of us has that we work on, it does not, in order to be resolved, have to be worked out with another entity. Let us say that you have a balancing of a particular issue of understanding prejudice, for example, you see. And let us say that you exhibited a prejudice toward an entity five hundred lifetimes ago. You worked through something and you left ~ both left that lifetime with the issue unresolved between the two of you.

Now, the popular belief currently on the plane is that the only way in which that can be resolved is for both entities to keep coming back together and together and ~ until they have resolved this. This is the most beneficial and the easiest way to resolve the issue. However, it is not the only way. It may mean that the issue itself which, let us say, is prejudice of some sort can be worked out with another type of scenario, another individual, not necessarily the one to whom the issue began. It would take longer, however, and would be of a more intense nature if it were resolved with an energy other than that who it began with, you see.

Now, one of the concerns that all must have on the earth plane, and we are on record numerous times for this, is to be careful of judging what another is here for and to say, "Well, that entity must be balancing in some area, and they are certainly having to learn a great deal." One does not know, you see, whether there is teaching or learning occurring and what the mission is of the particular entity.

And if you are in the relationship that is difficult, it becomes appropriate then that you would seek answers from within Self, through meditation, to give you a perspective on

that which is the reason for the relationship and not to categorically say to the other individual, "You ~ you and I have this imbalance, and we must balance this out." Before there is that type of discussion, there must be insight from within. This is not always easy, of course, for many entities are unable to hear the messages that come from Self. And thus it is that entities will go through difficult relationships and may leave the lifetime not having resolved it, until they have finally reached a lifetime in which their own spiritual awarenesses have developed to the point where they are able to hear themselves give them the answer, you see.

I assume that means perhaps an individual that is not the one that started it, but was one that that became the appropriate person.

That could be the situation. Yes, indeed. There are many reasons why the balancing would not continue with the original entity. One very common situation is that one of the energies completes their sojourn on the earth plane and no longer has to return, and therefore the other entity who has not completed must keep returning, and therefore, if the premise that one had to balance with the same individual was accurate, then it would mean that the one who had time left on the plane would never be able to complete their balancing, you see.

It is possible that there should be such a definite imbalance, difficult time, that it would be necessary to leave one another in order to begin to understand the level at which you can adjust?

Yes, indeed. And this is, in fact, recommended in numbers of cases, and this is a purpose for the guides, for the guides are especially trained in areas of counsel. And the guides could be at both spirit and earth plane. And very often the imbalance, as you say, becomes so severe that it could be, as you measure on the plane, several million years before the entities are able to return to that issue. Oftentimes, it simply means a strengthening and a growing in other areas that then enable the entities to have a better perspective on the situation. That of which you speak has occurred with a significant percentage of entities. It is not an uncommon situation. Nothing that occurs is horrendous, you see. Everything eventually resolves itself. It simply takes that which it takes, for there is no time.

Then your suggestion that the possibility of resolve could be with another entity other than the two involved. Would that not also present a difficulty?

Oh, indeed. There is no simple response to this. Let us give as an example that if one were trying to resolve an issue with the entity with whom it originated, and we were to put a time frame on it, let us say that it was determined at the Universal-Consciousness Level that it would take approximately, oh, twenty five lifetimes, and I just use arbitrary figures, that it would take twenty five lifetimes doing very specific kinds of things in that lifetime, you see, with that entity. We would then say, as a comparison, if one were to not have the original entity available and were to do it in some other way, that it could conceivably then take one hundred lifetimes to resolve the same issue that could take twenty five lifetimes if one were to work with the original entity. It just simply becomes

more intense and more difficult to resolve with an entity other than the original, but not impossible.

Is it a reality or a possibility that sometimes it is more beneficial to enter a relationship, not the original?

Oh, indeed. Indeed. We would simply give that as the response. Yes. It is not often that we just say yes.

Free Will As Opposed To Predestination

There are situations we have to take care of, which feels like we do not have that much control over, and my feeling is a lot of it depends on what kind of a level you are at, what kind of awareness. Do you have anything that you can say about that that would add to the understanding?

The issue of free will is oftentimes misunderstood on the earth plane, for there is also this other word that frequents on the earth plane and that is predestination, and many would say that that negates free will, that all is determined ahead of time, you see, and that it all happens whether we have any say in it, or not, and this is an inaccuracy. One must be first aware and grasp and believe that each of us as an energy, as an energy form, has total and complete control over that which we do. Nothing else does. We must assume total responsibility for that which we decide to do. We have, however, the assistance of The Universal Consciousness, each other, you see, to help us and to move with the energy currents that result from where we are in a particular point in the energy field. When entering onto the earth plane, it is determined before entry what must be accomplished.

Now, what happens, however, you see, and this is where it is quite simple actually, but the difficulty in understanding occurs, to set up the script ahead of time. It is much easier to do than when you actually get onto the plane and you find that it was not quite as easy. Many entities say that they are going to do much more than they are able to do once they arrive on the plane. The other situation occurs in that when the script is being designed, even in concert with another energy, once all the energies hit the earth plane, they respond in different ways, you see, and it is, however, that which the energy determines themselves. And when one would say it is determined ahead of time, it is not determined by any other outside external source. If you were to decide to do something different than you planned before entry, it is your decision.

Now, what occurs is that so many energies simply do not want to take the responsibility themselves for that which is their behavior, but rather, to say it was someone else's fault that they did not do this, or that, or ~ you know, you have all heard this. And understand that at the very core of that which is called metaphysical on the plane is the taking of responsibility for one's own actions, and that if you are doing well, it is because you have done well within Self, and if you are not doing well, it is for some reason that

is related to Self, whether you are unable to face the issue, or you needed more strength, and therefore were not able to face the issue.

And when each of you leaves the incarnation, there is a period of time in which there is reflection given as to the lifetime, and if all was not accomplished it is then determined as to why that did not occur. And it could simply be that you felt you were strong enough to tackle an issue before entry, but once on the plane, realized that you were not, and that the next time before you are able to address that issue again, you must develop strength in a particular area in another lifetime before you can take that one on again, you see. So, all is determined by Self.

Some People Have It Better Than Others. Is That A Gift Or Reward For Having Learned Lessons?

All that occurs is a gift, for all that occurs contributes toward strengthening and growth. Understand that there is the concept of The Flow of The Universe, and we have just now begun giving advanced information in our Public Sessions relating to The Flow of The Universe. It is a very simple, as all Universal Consciousness concepts are ~ concept. However, in its simplicity, it is complex, and understand that there are many entities who flow better with The Universe than others. It is not a judgement. It is simply that they have worked very long and hard over many, many lifetimes to establish that flow, and while it might appear that things happen for an entity, it has not come just to them. It has been worked on, you see, and it also is determined by what the mission of the entity happens to be in that particular lifetime, you see.

And once again, we are always cautioning entities to make any judgements about why an entity has something that another entity does not have, the issues of jealousy or arrogance that one has something that another has. Understand everything that each of you has is a gift, and is to be used not only for strengthening and growing within Self, but also to Be of Service to Others, and this is the prime directive from The Universal Consciousness, that we develop within Self and, at the same time, as we develop our own sense of Self, we are of Service to Others at that same level and that same degree. It is when an entity neglects one of the two that an imbalance occurs and that difficulties begin and that the flow is not as it needs to be. It is when there is that balance of growth of Self and therefore contribution to others in The Universe that it appears that all works, you see.

Is it generally true that what seems to be bad for us is ultimately the best thing that can happen?

Understand that we are on record also as indicating that there is no such thing from our perspective as good or bad, that all simply is, and what might appear to be bad is simply that which is used for growth or strengthening. That which is good is also used in the same context, that which would grow.

There are, however, issues that are far more involved for discussion than we would be able to give you now that relate to that which is called regression of growth, and situations that would occur that an entity would indeed inhibit their growth or, in fact, go back a few steps. However, it is also on record that all is not lost. Many entities will move back because of certain situations, only to move forward once again. However, the concept of good and bad or evil is seen very differently from the Universal perspective than it is on the earth plane. There is no situation that is irreversible.

What had occurred to me is a favorite book that says something to the effect of ~ yet, I know that good is always coming and that which takes on the guise of evil is really the high and best word. So, that is where that came from.

Yes. That would fall within the realm of the way in which we present information. Yes.

Leaving The Universal Consciousness With A Purpose Or Mission

My sense is that one's mission on this plane comes from meditation and our sense of what we are here to accomplish. Sometimes we get confused. Would you speak more about that?

We would begin by indicating that each energy upon departure from The Universal Consciousness to come out to the playground, shall we say, leaves with a mission. Some have very similar missions, but each entity has a very distinct mission or purpose of what they want to do, and they have the unlimited playground of The Universe to work through this mission, the earth plane being only one of the many training grounds. Some entities determine to never come onto the earth plane, at least in this time away from The Universal Consciousness. Others choose to only come onto the earth plane and not go into other dimensions.

Now, what then occurs is the overall sense of what is to be accomplished. When going into one of the training grounds, then, you have bits and pieces of that mission, for there is no one lifetime, nor one series of lifetimes, that could cover the entire mission, for the mission takes on many, many different areas that must be worked on.

When there is meditation, there then is a connection with the Higher Self. The Higher Self serves as what you would call the key to the Soul, and when you are able to open up the Soul, which is where all the memories are contained, you would then have availability to the information that is needed for this particular incarnation. Thus, before entry onto the plane, you decide basically what you want to do. Some have a very specific mission. Others have a more general mission. Others say that they want only to work on patience in this lifetime. Others perhaps come in to work on a particular addiction that they have on the plane, to attempt to rid themselves of that addiction, and to understand why it occurred, and what that has done for the strengthening of the Soul.

It is through meditation that one begins to understand that which is needed. Also, be aware that the Soul does not give out the entire message in any one incarnation. It would be an overwhelming amount of information that the Soul or the spirit is incapable of comprehending while encased on the earth plane. Once the energy is out of the earth plane and into the general spirit vibration, there is an easier understanding of the overall picture, you see.

It is why there needs to be caution when attempting to do such things as our beloved does (Waith is speaking of Garrett, a hypnotherapist, who specializes in past-life regression), for you must be very trained in going back into the Soul, into the recesses of the mind, as you would, for if it is with an untrained entity, it can bring about information that could be very damaging to the total energy field. We have addressed very briefly in open session that things such as this hypnosis and regression must not be thought of as a parlor game. It must not be attempted by those who have not been trained in it. It must be ~ you must be very careful for it could be damaging to the overall psyche, as you would call it.

The same is true, then, in meditation. The spirit does not allow Self to reach a level of meditation that would give it information that it is not ready to assimilate, you see. So, when you are in your meditations, you are able to attain the information that Self determines Self is capable of understanding in the particular incarnation. It is not always the right thing, you see, to have all the information, or indeed to know what the mission is. It might be that the entity determined before entry that it did not want to know at the conscious level what its purpose was, for in not knowing could indeed be a part of learning the lessons.

So you are not distinguishing between mission and purpose?

No, not at all. We would use the two interchangeably.

In terms of people who perceive themselves as having been abused physically or emotionally as children, or who suddenly remember incidences in this lifetime that they had not remembered for maybe forty years. Can you speak to that in terms of the purpose or mission of the one who is perceived as the abuser?

At the risk of repeating ourselves, all that occurs is for a purpose, the purpose or the mission, and that while it might appear, for example, that, let us say, an entity who is abused physically in a lifetime may, at the perception of others on the plane, be working through and having to balance and have forgotten, so called, at conscious level, something that occurred in the early part of the lifetime ~ it may simply be something as simple as an entity teaching that others need to learn, and that situations occur at one point in time on the earth plane to set up the scenario so that at a future point on the earth plane those who need to learn from a situation will have the scenario already set up, you see.

It also goes back to why it is so critical to not judge based on what you see before you, but rather, that you must attempt to have an understanding of the greater picture here, and that you as an entity indeed may not be aware that you are serving in a teaching role rather than in a learning role. It might also mean, however, that there is balancing that is occurring based on a particular situation that needs to be worked through, you see. Each of these would be dealt with in an individual manner, and most entities need at some point to have some guidance in understanding what their function, their mission, their purpose, is and in understanding that perhaps they need to balance, or that they are here to teach.

It is not as simple as it appears to be, my love, and not something that can be given out categorically as this is the way it is, if it turns out to be a particular situation. You see, this is why ~ there are many on the earth plane who are trained or have spent many lifetimes Being of Service to Others in the areas of healing and attempting to help an entity to work through their own issues and what their purpose is in coming into a lifetime. Do you understand, my love?

In part. My confusion lies in working with many people for whom sudden revelations about the past occur, and in that particular moment, it does not seem at all appropriate to talk about the bigger picture.

Oh, indeed. We are not suggesting that you would discuss the bigger picture, but rather that you would have an understanding that there is a bigger picture, you see. The entity may indeed not be able in the lifetime to ever understand the bigger picture, is working through a particular issue, or simply determined prior to entry that there would be no knowledge at conscious level, you see.

Might it be also that it has been an abuse of some kind, and it was not punished. Is that possible?

As we have indicated before, all behavior relates to balancing of some sort in the learning of situations, and if one has done to another a particular behavior one can expect to receive back that same behavior. We would not label that behavior good or bad. We would simply say that all behavior mirrors itself in The Universe.

Specific Questions On Spirit Guides

Does Everybody Have Spirit Guides On The Other Side?

Oh, indeed. Yes. Yes. However, the guides change. They are reassigned, and indeed within the course of a lifetime, of an incarnation, there can be a changing of the guard, shall we say, several times. Guides are assigned to help an entity with very specific issues, and when that is completed then the guide will go to another particular situation. There may be, however, guides who come and go from a lifetime to another, and you may have a particular guide during this lifetime, and four hundred lifetimes later the guide will show up again.

Guides, of course, go into what you would commonly call Guide School, and there are levels of learning how to be a guide, and sometimes, you see, the amount of information that a guide has, the training that a guide has, no longer is adequate enough to assist you on the plane, and therefore, another guide must come in who has the abilities to help you advance.

Would relatives and friends who have passed over, ever be guides for you?

Oh, indeed. Indeed, quite common.

Is it possible to become aware of your spirit guides through meditation?

Oh, indeed. Yes. For some, they come into this life knowing immediately who their guides might be, or having a sense of them, and being able to communicate with them. Others do not have that advancement, and through meditation, however, begin to connect with the guide. Understand also that part of the growth of a guide is also to attempt to communicate, and that while you may be able to have the ability to communicate with other dimensions, you may not be able to communicate with your guide, for the guide is not able to break through the electromagnetic fields that encompass the earth plane, and thus, it may not be, shall we say, you that is not able to communicate, but rather, the guide who is not able. And thus, in your meditations you would continue to work toward reaching a communication so that the guide is able to break through.

Many, many entities on the plane now have constant communication with their guides. There are some who are able to verbalize this communication. They are able to speak with the words coming from their guides. Also, to use writing, as it is on the plane. This gives information that comes from the guides, and there are many recognized currently on the plane who utilize this and bring forth tremendous amounts of information. Most beneficial.

Do some of us in this room have the same guides?

There can be a sharing of guides. However, each would have one at a minimum that is specially assigned to the entity so that, let us say, you have three guides and another entity has three guides, that you would at least each have one that was unique to Self. You may have one of those three guides that share you, shall we say.

Can a guide be on the plane with you?

The guide ~ most interesting question. The guide is, at the time of being the guide with you, assigned in a dimension that is not primarily earth plane. However, there are

occasions in which the guide is allowed to either manifest, and this takes an advanced schooling effort, to manifest and become a part of the earth plane for a period of time, not for the entire life, but perhaps one day, or one hour, as you would measure it on the plane, or several weeks.

There are also situations in which what you call walk-ins occur in which the guide may indeed walk-in, but again, only for a specified period of time, for the function of a guide, as we refer to it, is to Be of Service at a different dimension, one in which there can be a higher perspective than the earth plane. However, oftentimes a little assistance is needed at earth plane and the guide will indeed do that.

A Question About Walk-Ins

I read Ruth Montgomery's books, and she talked about walk-ins, being that simply when an entity is near death, another entity takes over that consciousness. Is that what you mean as walk-in?

Yes. The concept of walk-in has been most thoroughly described by the beautiful entity of whom you speak. Understand that it may be that a particular entity who is about to depart the encasement agrees with, let us say, a guide, and the agreement is one month, you see. At that time, then, the new entity would leave the encasement and the encasement would deteriorate. Other situations of walk-in of which you refer relate to longer times spent on the plane, and indeed it is simply an exchange and that the entity coming in takes over for a longer period of time the encasement, and, in fact, it becomes its primary manifestation being on the earth plane, you see.

Energy takes on predominant training ground situations. So, each of you now on the earth plane, this is at this point in your growth, your predominant spot. It does not mean, however, that you are unable to go into spirit which, of course, many of you do when you go into altered states, but it means that you must always return to your primary point, and thus it is with guides. Their primary point is in a particular state, or dimension, and they can go into other dimensions but must return to their primary point.

A Discussion Of Suicide And Judgement

Somebody I knew committed suicide, and supposedly that is a big no-no. However, when we talk about judgement and all of that, I just wonder if this is rather harsh.

We are on record for discussion of suicide and from this perspective it is not that which is so commonly referred to on the plane. We would, rather than go into another lengthy discussion of it, refer you to the topic in the transcripts which is available for dissemination. Understand that there is from the perspective of The Universe, nothing, absolutely nothing, that is not right, you see. All is something simply that is used for

growth, and what may be appropriate for one entity may not be appropriate for another entity's own growth.

Judgement is the operative word here in that too often an entity will judge another entity's behavior upon ~ based upon their own mode and what is correct for them. All behavior is acceptable at some level and ultimately it must be acceptable by Self which then is accountable to The Universal Consciousness. So that each of us, then, is accountable to the other.

There is this issue of altruistic suicide. That is when an individual is bettering another person by the loss of their life ~ severe terminal painful illness. So, this is wrong?

There is no wrong. And understand that it would be a judgement if we were to give you an opinion, but simply to say that all decisions are made by the entity. It is the entity who decides ultimately when they are to depart. It is not done by some other source. It is the very rare, very rare occasion in which The Universal Consciousness takes an entity out of an encasement. Thus, the entity determines with certain Universal elements what is going to be the way in which the entity departs. One does not know, therefore, what has been agreed upon at the Universal level, at the spirit level, for departure mode. There are many, many modes that go from illusion to illusion that aid in the departure.

Understand that many departures are utilized as ways to increase awareness, ways in which to teach, ways in which to learn, and that it needs to be viewed in that way rather than to judge it, for an entity taking one's own life, you see, is what we might refer to as a misnomer, for all entities decide when they are going to leave. It simply appears in some cases that the entity has done this, what you call suicide. Each of you decides when you are going to leave, you see.

There was this man who committed suicide because of the love he had for his wife. He was such a burden to his wife that he chose this because he loved her so dearly.

We are not to comment on any situations, for it imposes upon the path of another if we were to make any comments upon this situation in which you describe. However, we would simply say that one must be most careful about judgement and making one's own analysis on a particular situation, but rather, the counsel would come in helping the individual to see that there is a greater picture to what occurs and to attempt to find the answers from within Self and to reconcile the situation as it appears at earth plane. In all types of counseling, there needs to be that dimension of spiritual placed into it in order to fully account for an understanding. One must be most careful in placing one's own value judgements onto a situation when especially there is no understanding of why certain situations occur.

The Issue Of Forgiveness

Jesus Christ said God always forgives all. This has been interpreted in such a narrow frame, that you commit evil, so to speak, and then you are forgiven, but I do not see it that that is what it means at all.

No. There ~ if one were to say that one forgives, then one means that one judges. And we have, in fact, spoken of this in our Public Sessions that to simply not be aware, you see. This issue of forgiving and forgetting is the best way in which we would describe it, that to forgive means that someone did something that was not right according to someone else's standards, you see, someone else's behavior. There is nothing to forgive.

It is simply that behavior happens, and we are all accountable to each other, and whatever each of us does has in some infinitesimal way an effect upon the other. All energy affects each other, no matter what encasement, no matter what dimension that energy finds itself, all is accountable to the other. And thus it is that while we are accountable to Self and responsible to Self, we are ultimately accountable to The Universal Consciousness, which is each other, you see.

If we cannot forgive one, for you do not want to use the word forgive because it does imply judgement, how does one relate to a negative influence upon the entity?

Yes. And this is ~ understand, on the earth plane, part of the learning process is to work through the issues of judgement and Unconditional Love, and it is only until an entity reaches the awareness stage that there is nothing done by another that should impact upon Self in any way, that the issue of forgiving is there. You see? If you understand that everything that occurs is for growth of an entity, then there is nothing that another would do that would create in you an imbalance. However, this is not achieved on the earth plane. There are only degrees of working toward Unconditional Love.

Understand that judgement and Unconditional Love are not issues limited only to the earth plane. Those are worked on ~ they are Universal issues that are worked on at all dimensions, and that the earth plane provides a certain percentage of working on that issue, and that it is not until there is reunion with The One that the issue is completely gone, you see. Once you are a part of The One again, there is no judgement. There is Unconditional Love, and it is finished. Thus, while each of us is out of The One, there will always be, even it is infinitesimal, a bit of judgement. It is simply that each entity works toward eliminating the degrees of judgement, you see. It is impossible to completely do away with it, you see.

Language And Concepts Of Other Information Coming Through From Other Sources

This afternoon we have been using language and concepts that are very much what I would call a western metaphysical tradition. From the prospective of the eastern philosophies, some of these concepts, and certainly our language or vocabulary, would be very hard. The Buddhists have a different way of looking, a different way at least of framing the Soul's journey, and while there are many analogies, there are also many differences. Does the guidance that you provide us come to us framed in context that we can understand?

Understand, my love, and we have very early on in our Public Sessions indicated that all the information that comes through the various dimensions, and in this case onto the earth plane, are intended for various audiences, various levels of understanding, and that all energy forms who provide the information are given a particular, as you would call it, and as we have called, a framework so that those who are hearing will understand.

All of the information, however, if the language is taken away and the perceptions are taken away, all refer to the exact same concept, and that is, that energy leaves The Universal Consciousness and attempts then to return to The Universal Consciousness, and therefore, is on a journey. And the way in which that is understood varies from points on the earth plane, both geographically as well as spiritually, psychologically, emotionally, physically. And thus, we come into a particular environment and vibration that will attract certain determined entities, those who are at a particular point in their own awarenesses and understanding, that they would be drawn to that which we give as information.

We have cautioned quite frequently that entities be careful of the information that they receive in terms of thinking that it is the one and only truth, and that all of the information that comes through is appropriate. It is simply addressed to various audiences and levels of awareness, and there is no one source that is the ultimate truth. It may be the truth as an entity is able to understand it at a particular time. As an entity advances and awarenesses change, they become more aware of other ways in which the information comes through.

We encourage all who come to hear us that they also seek out other information, and that all information that is given be assimilated by the entity in a way that is appropriate for Self, and that one must be most careful of taking, as we would say, verbatim that which comes through, that this is the only way in which one must respond, but rather, to take all information as guidance, as enlightenment of some sort, that will enable each of you to seek answers from within Self.
