

# *Waith Class Transcripts*

**APRIL 07, 1992**

Topic ~ The Earth Plane Connection, Continued

Farena Comes In With Lightheartedness, Her Poem Harmony, And Techniques To Help Self

Farena Gives The Group A Technique For Making A Basket Of Beauty

Farena Gives A Technique To Help Relieve Burdens By Fluffing Your Aura

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Discussion Of The Energy Circle And Components Of Lightness Within Each Energy Grouping

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A Discussion Of The Emotion Of Feeling Unworthy

The Feeling Of Urgency To Be Getting Things Done, And Not Knowing What To Do

If Time Is Not Real, What Difference Does It Make Whether It Is Time Or Not?

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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For more information, please contact us ~

[terralux.org](http://terralux.org) | Email: [Admin@terralux.org](mailto:Admin@terralux.org)

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

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## Topic ~ The Earth Plane Connection, Continued

*The vibrational configuration in this gathering is most harmonious and very bright and bouncy, and it is appropriate for what we will discuss in this time with you. We have, in our past few Public Sessions, given quite a bit of information that would be considered serious and very difficult to understand for some, and that part of the mission is to help in the achieving of the balance between earth plane and spirit and that in order to bring balance there must be lightness and joy and happiness to offset the seriousness, the sense of responsibility that is inherent in each mission that each entity undertakes on the earth plane.*

*It is the responsibility of others within The Company to provide certain Lightness, and Farena is the one mainly responsible for the Lightness. To call upon Farena enables you to experience a sense of joy and, at a minimum, a sense of relief from the seriousness of the task or the lesson that you take on. Farena has in the past provided for you all a sense of Lightness when she has entered in to be with you. For this session, Farena will speak to you for some time, and you will be able also to ask questions of Farena. We shall return when it is appropriate and answer any remaining questions that you might ask. Thus, for this session we devote to lightness and joy and happiness and laughter, the balance. We shall return shortly. For now, enjoy what Farena has prepared for you for this session.*

### Farena Comes In With Lightheartedness, Her Poem Harmony, And Techniques To Help Self

*Farena: Hello-o! Ah-h. Well! I have a poem for all of you, and, ah-h, my love, you can assist me. You were not planning to be here, were you? (Her plans changed at the last minute to enable her to come) Stand, my love. Now, your energy says that you must turn. Yes. You see, the brightness. We have prepared a poem. The title of the poem is HARMONY.*

*Harmony means to be happy*

*Harmony means to be free*

*Harmony means that we have let go*

*Harmony means we are love*

*Harmony means we can hug*

*Harmony means we can fluff! (Group laughter as Farena fluffs her skirt)*

*Harmony means we are balanced*

*Harmony means we can laugh*

*Harmony means we can fluff our aura!*

*Harmony means we can play*

*Harmony means we can swish*

*Because we have learned our lessons  
We have passed the test, and we can dance  
Harmony means that we touch another with our love  
Harmony means we take the sense of Self from the Heart Center  
And we send it out  
Harmony means tip-toe, tip-toe and say hello  
Harmony is freedom!  
Harmony is balance  
Harmony is development of our wings ~ they become bigger and bigger and send out  
love  
Harmony is achievable by all. You simply have to let go. That is how we learn lessons,  
we let go*

*The end*

**Thanks, Farena. That was beautiful. Pretty outfit.**

*Farena: Thank you. Do you like my new dress? (Spoken as she flips her new skirt) I am learning. I am very much a student, but we must always be Light. Regardless of the seriousness of what we take on, we must be Light, and we must give ourselves joy and comfort. It comes from Self to say I AM BEAUTIFUL. It is not bad to say that about Self. It is appropriate. It is correct. It is the right thing to do.*

### **Farena Gives The Group A Technique For Making A Basket Of Beauty**

(Farena instructs the group to repeat phrases, along with her. All are repeated as given.)

- *Everyone say I AM BEAUTIFUL.*
- *Again.*
- *Say the word BEAUTIFUL.*
- *All male energies ~ let me change that. ☺ All those in male encasements say BEAUTIFUL.*
- *That was not so hard now, was it? ☺ Let us say I AM BEAUTIFUL.*
- *Ah, I am not convinced. ☺ Say it again.*
- *Ah, now, all the female encasements.*
- *Now, all together, again.*
- *Now, take your hands and crisscross so that the palms touch the shoulders and the middle intersection is at the Heart Center, and say I LOVE ME.*
- *Now, go to the person on your right. The person on your right. It is not so hard! ☺ The person on your right. Look at that person, ☺ that beautiful person, and say to that person, I SEE YOUR BEAUTY.*

- *Now, to the person on your left. Look at the person on your left and now say I SEE YOUR BEAUTY.*
- *This energy that is here now moves so that you form the circle temporarily. Move over so that you all see each other. I form in the middle.*
- *I have formed an Energy Basket. It is the composite of the basket of energy from each in The Company. We even let Waith participate. ☺ We would like each of you to send into the basket from your very inner Self a small portion of the beauty of Self. We would begin with (Name given) and proceed around the circle, each in your own turn sending a small part of the Self beauty. Begin, my love. And as I move around, send your part of your love.*
- *Now, we have a Basket of Beauty. Now, we give back to you, to each of you, a Basket of Beauty in miniature form. Each of you now will have your own Basket of Beauty that is filled with the beauty of all in the room, to take with you, to call upon when you hug yourself.*

*This technique can be used even when I am not here. You may take this technique and go into your private lives with others you know and form a circle and envision a basket in the middle, and as we have done now, you take the beauty of Self and place it into the basket. When it is complete, the basket will automatically disperse itself to those in the Energy Circle. And you can do this over and over again, and it will give you Lightness ~ it will give you joy, for you will feel the beauty. And if you call upon Farena while you do this, I will give to you an aroma. You will smell Farena. Now. I am allowed to stay for a while longer to answer any questions.*

**How are things in spirit these days?**

*Farena: How are things in spirit these days? How are things on the earth plane? ☺*

**Very earthy.**

*Farena: It is very spirituality then. ☺*

**Do you like that skirt?**

*Farena: Yes. I was supposed to be the one to find it, but we did have to call on Waith. We are learning. ☺*

**You have expensive taste.**

*Farena: So does Waith, but we have learned how to get the bargains.*

**Farena Gives A Technique To Help Relieve Burdens By Fluffing Your Aura**

Farena, it is very hard to maintain lightness and a joyful feeling on the earth plane.

*Farena: I remember.*

Is there a way when someone is faced with something that is getting them very upset?

*Farena: Go like this! (Farena fluffs the aura around her head, hands moving rapidly back and forth) Ah, but what this does, you see, this is what you call the Crown Energy Center, and this is where the burden is placed, but this is where fluffiness needs to be, and you can do this yourself. You fluffy your own burden.*

In the middle of the office?

*Farena: Mushiba does this all the time, and now when she does this no one notices because it is expected. This is fine, and it lightens others who may be in an environment of difficulty. When you go to these very serious meetings where everyone is so concerned about the seriousness of the situation! (Group laughter as Farena speaks in an exaggerated low voice) Just for a brief moment and then stop and look around. ☺ It works. You must not take yourselves seriously. What you do is serious, your mission, your sense of responsibility, but, oh, my loved ones, does that not become the issue after a while? The responsibility of having responsibility, and you Lighten yourself by doing this.*

*If you are not quite ready to do this with others, simply relax in a chair and go like this. As you bring your arms into the resting position that is a common position and is acceptable, you would first bring your arms to the shoulders and simply go like this, ☺ pet yourself ever so inconspicuously. It can be done. You must practice.*

*Oh, there is so much seriousness. It is an illusion change that is upon the earth plane, and there is so much seriousness! What will we do without the bank! ☺ It is not for you to worry about. The Universe takes its own way. Indeed, do not believe the illusion, and at the same time, you must believe the illusion. You take it at its earth plane component of reality and you balance it with your own sense of understanding that it is not really there. And you find your own ways of being Light. Lightness comes from within. You call upon the Light externally to help you to work the Light within. Ultimately, upon return to The One, there is total ability for Light within. It is a progression.*

*Some of you would find it very easy to do this and to fluffy your own aura. Others would find it more difficult. Seek out those who are able to be Light, regardless of what occurs. Call upon your Spirit Guides. Your Angelic Protector is there to help you with Light. You simply say, "Hey, Angel! How about Lightening me up?" ☺ It is as simple as that. It is your Angelic Protector. It is the responsibility of your Angelic Protector to immediately come running into your vibration and Lighten you up, but you must ask,*

*and you must be willing to receive from The Angelic Protector. If you block The Angelic Protector's attempt to help you Lighten, then you will not. Next?*

**You mentioned something earlier about the burden of responsibility placed on us at the Crown Center. Could you be more specific?**

*Farena: It is at this Center that the Higher Consciousness moves in through all of the energy fields. It is the Higher Consciousness that takes on the Soul memories, and it is from the Soul memories that responsibility for the issues is stored. And thus, as you, on the conscious level of earth plane, determine that you want more responsibility for your issue, you call through the Crown, and then the Higher Self says, "Alert. Alert. Alert. Calling all soul memories! Calling all soul memories!" Goes into the Soul memory. Unlocks the little door. "Yoo-hoo!" Brings out the Soul memory. Shuts that little door. We do not want more than we need coming out, you know. Comes into the higher levels of Self, and then, whish, it comes down, but when it comes down into the conscious, it comes through that murky stuff that surrounds the earth plane vibration, and just like all of you, you get stuck.*

*Soothe it as you feel the burden. Understand that there is a transfusion of soul memory coming through, and that at that point of this sense of heaviness, it is the most appropriate and most important time to soothe. There are many who simply visualize the soothing. Others need to do this as I have demonstrated, so that they feel they are concretely participating in that which is occurring.*

*(There is a pause) Do you like my toes? (Group laughter as Farena lifts her feet and wiggles her toes) Oh, you are all so serious! And you are all saying ~ well, not all, but some would say, "Who is this spook?!" 😊 "We are here to learn serious stuff! Let me hear serious information. None of this fluffy."*

### **Farena Discusses The Importance Of Finding The Balance Between Fluffiness And Seriousness**

**Isn't fluffy just as serious as nonfluffy? It is just as important. As opposed to fluffy seriousness.**

*Farena: That is a topic for a new poem. 😊 Serious Fluffiness. We will have to think on that, my love. Serious Fluffiness. It is very serious to be fluffy, but you can be too serious in your fluffiness.*

**And you say, "I have to lighten up. I have to lighten up."**

*Farena: "I have to be fluffy. I have to be Light. This is serious!" 😊*

**I am serious. I must relax!**

*Farena: Do not laugh. This is serious! We have to be fluffy. We have ~ you will be happy. You will be Light. You will be joyful. You will be swishy!* (Farena swishes her skirt)

- ⊗ **Farena, I know that you have finished recently with the earth plane, like maybe twenty or thirty years ago, and when you were here, were you like you are now?**
- ⊗ **Were you fluffy, and Light, or were you serious?**
- ⊗ **Did you have a different perspective? Did you get a different perspective when you got in spirit, and stayed there?** (Farena takes her white chiffon skirt and holds it over her face like a veil. (The group laughs)
- ⊗ **That was the harem life!**

*Farena: I achieved a balance. Sometimes, though, I was a bit too serious, and sometimes I was a bit too fluffy! It is hard to believe. In another life.*

**She was a Salome.**

*Farena: In another life.*

### **Discussion Of The Energy Circle And Components Of Lightness Within Each Energy Grouping**

**You were saying that it can be helpful to some of us to be around Light people who are able to appreciate sparkly things. It seems like there are certain animal encasements, like otters and butterflies and dolphins that just seem very playful by nature. Who seem like good companions for us.**

*Farena: Yes, in the Energy Circle that Waith described, there exists components of Lightness within each energy grouping. There is a very playful crystal and a very serious crystal. This is a very serious plant. This is a very playful plant.* (Farena points to plants in the meeting area) *Serious. Playful. Surround yourselves with the balance. In all energy forms, there exists seriousness and playful.*

*Some energy finds itself at its mission in its current encasement to be strictly serious. Others find to be strictly playful. They seek out each other to bring harmony, to bring completeness. It is very difficult to expect that each of you would have that total harmony of serious and playful within Self. That is part of the mission of all who come onto the plane. Some of you have achieved that balance to a greater degree than others, but each would be sometimes too serious and sometimes too playful, and that is fine. That is fine, but make certain that you surround yourself more with what you are lacking. If you need more fun in your life and more playfulness, seek out those who can show you how to achieve that. If you are frivolous and considered too playful and not serious enough, seek out those who would give you a sense of seriousness, balance, harmony.*

### **Discussion Of Food ~ Meant To Bring Out The Lighthearted ~ Food Brings Entities Together**

Thank you with your assistance in helping me learn the playfulness of combining the energy groupings from The Food Kingdom.

*Farena: Oh, we have only just begun.*

I kind of gathered that ~ and keeping me Lighthearted in this.

*Farena: Yes. Oh. Food is meant to bring out the Lighthearted. Food is meant to help in the harmony development. Food brings entities together. Bless the food. Honor the food. Respect the food, from whatever source it comes.*

*Waith is reminding me to remind you of what has been said before that you do not have to, in order to be spiritual, not eat meat, not consume nicotine, caffeine, but rather, it is a degree of learning to let go. Harmony. But that while you are engaged in this development, if you smoke, if you eat meat, if you consume other additives, that you give respect to it. You honor it, and you bless it, and there will be harmony development.*

### What Do You Mean When You Say Let Go?

*Farena: LET GO is the most difficult phrase to implement. It means that the issue is no longer there if you do not think about it. It simply does not exist.*

In other words, just trust.

*Farena: Trust comes as you let go. Once you have begun to let go successfully, trust builds until you reach the awareness that you have total trust in being able to let go, and then letting go becomes easier, and fun, because you are free. The less you have holding you, defining you outside of yourselves, the freer you are. For nothing can control you outside of yourselves, but that is the ultimate understanding.*

### A Question About The Fluctuation Of Seriousness And Lightheartedness On The Planet

Farena, does the level of seriousness and Lightheartedness fluctuate from time to time on the planet, overall? Or is it always the same?

*Farena: Oh, no. The planet Earth now is very serious, is very serious because it is so ill, and it begins to feel Light in certain areas because it is being cleaned. It is fluffy again. It will soon feel more and more fluffy, and there will be more Lightheartedness. The illusion on the plane now, oh, it is so serious. And when fluffiness is attempted, there is this attitude, again, "Who do you think you are? Let us take this problem seriously!"*

*I can fly, you know!* (Group laughter as Farena flips her skirt like wings)

### Are Our Spiritual Guides Having More Problems Trying To Help People Than They Have Before?

*Farena: No more than normal. Except for those who might be deciding now whether to accelerate their learning on the earth plane, and it means that the guides who were formerly assigned to them, they have to be reassigned. That would be the only difficulty, for you all have the guides assigned to you that can guide you in the path that you have taken, you see, so it is not that it is more difficult for them. It is that the guide you have has been trained specifically for whatever issues you might have taken on at this time on the plane, the illusion change.*

**But there were times on Earth when there was much Lighter than there is now.**

*Farena: Oh, yes. And you will see it returning soon. It begins, the Light begins to come through. And as the illusion begins to evolve out of the old and into the new, you will see more and more Light. You will see it in the eyes of others you meet. You will see it in the behavior of those you meet. You will hear it in the voices of those you meet.*

*This would make a nice tent!* (Playing again with her skirt)

### Does Our Seriousness Have To Do With Our Feelings Of Urgency About Our Soul's Mission?

*Farena: Oh, yes, my love. Yes. That is why we have this emphasis on Lightness, the exaggeration of it. Peek-a-boo!* (Group laughter as Farena peeks around her skirt) *In order to balance there must be exaggeration at one end and at the other end a little equilibrium, a little equilibrium.*

*And yes, when many of you come onto the plane, the sense of urgency to get the job done ~ in this lifetime! Because that is all that it is, the sense of impatience you develop. As you Lighten, your level of patience increases. It is easier to see that all exists simultaneously, and that if it does not get done in this time on the plane, oh, back again, back again.*

*This is a time of seriousness on the plane. Many have entered in to learn seriousness. And thus, you will feel this sense of burden, for you have taken that on as your balance, for you were balancing in another life by being very gay and not serious, and now you are very serious. "Oh, I must get this done, by twelve noon tomorrow, or else I will be a failure. Oh-h-h. And why ~ why doesn't Waith give us more information now! Now! We want to get on with his mission!"*

*He will get on with his mission, believe me, in all good time. You all be concerned with your mission. And you must develop your own level of patience with your own mission. When you begin to feel impatient, it shows that you have lost sight of the beauty of Self. Stop, and say, I AM BEAUTIFUL. Pull yourself back into Self, into that which is the core of who you are. Only you will believe that you are beautiful as a result of trust within. Do not worry that you might be too serious. Heed our words earlier. Seek out those who are not, or who have balanced in very positive ways, who can be a child and playful and immediately also be serious about the mission of Self.*

*Much easier to discuss, you know, theoretically, philosophically, spiritually. Understand, my dearest loves, that the spiritual path has a bad rap on the earth plane. There is, somewhere, this development of a definition of what you should act like if you are in a spiritual mode. You must all be a certain way. That goes against Universal Laws. You must be who you are.*

*This is why the Community of Terra Lux has formed, for you are who you are. You do not have to be a certain way in order to be accepted into Terra Lux. It is the balance of earth plane and spiritual. It is the balance between playful and serious. You can be who you are, and you will find in the community what you need to help you balance. You do not have to be vegetarian in order to be spiritual, and anyone who would say to you that you must behave in a certain way or else you are not spiritual, "You did not say ~ that was not a spiritual thing that you just said!" ☺*

**In the spirit world, do you talk spiritual or do you talk as you are talking with us now?**

*Farena: We do not talk. ☺ Not the way you know it here on the earth plane. We do not talk. This is only an illusion that comes through. We use Mushiba's vocal cords. It is not an easy thing for us to do this, for spirit simply is, and there is a communication in ways that are not understandable by most on the earth plane. We communicate. Talk is not communication. That is not for my discussion. That is for one of Waith's serious discussions he will have very soon!*

**When Was The Last Time That Earth Was Very Light? Was It Recently Or A Long Time Ago?**

*Farena: At the beginning of this illusion, and slowly, as with every illusion, it begins to lose its Lightness. Each illusion has a different time that it takes to reach the end, and proportionately, then the illusion increases in its heaviness as it becomes time to cleanse. Okay, off with the old, on with the new!*

**Farena Talks About Her Responsibilities With The Group On Color And Harmony With Music**

*You should all have something in your wardrobe that makes you laugh! ☺ That is wonderful. (Throughout the session, Farena has been playing with, and fluffing, her skirt.) For, you see, what you surround yourself with contributes to the level of Lightness, and part of*

*my responsibilities that will begin now to unfold is to help you select the right colors to surround yourself. The formula has already been given by Waith. It will be developed soon, and in harmony with music. And Barjan and I will do much music that will provide a Lightness. And you surround yourself with color and sound appropriate to your vibration, and this is the important thing. You each have a different appropriateness for color and sound that surrounds your vibration and helps you through the serious times. Stay tuned, for we will be giving more on this. I was a queen in one life!* (Group laughter as Farena swishes her skirt)

*Waith has indicated that it is time for me to return back into the fold.*

**Thank you very much, Farena. It was nice. Delightful having you here.**

*Farena: Thank you. The others will be coming soon and will also talk. Remember the Light. Remember the joy. Remember the harmony and remember the basket. I love you all.*

**We love you, too, Farena.**

*Waith: Well! That was quite an interesting discussion that you all had with Farena, now, wasn't it? We allowed her to have Mushiba attired in what you see on the encasement to give the proper effect of Lightness. It is so very important that the Lightness be maintained, and we are prepared now to perhaps take any further questions before departing.*

*You are all so serious! (A long silence) It is for the very specific reason that we had Farena come in at this time in our discussions of The Earth Plane Connection, for the sense of burden is tremendous with many; many who are gathered here in this session and many who will read this transcript, the sense of burden is overwhelming. And indeed, to hear Farena, for some, would say that this is certainly not appropriate for a spiritual path that she is not to be taken seriously.*

**Farena said many, many facts tonight that helped clear up, in my mind. She said a lot, beautifully.**

*Indeed. Even though she is not still capable of shopping properly. ☺*

**You know where the sale rack is.**

*Well, you know, this has taken us quite a bit of time in interchange here, spirit and earth plane to ~ and with Mushiba badgering as she does with me sometimes, we simply learn now how to manifest certain things.*

**Sale tags? ☺**

You know, it is for our own protection, for if it is not there, then we must answer to higher sources. ☺

That sounds like a neat trick for us to learn. Will we have a course in that?

*It is a trick that all can learn, manifesting, you know. Manifesting is really quite simple once you have got the knack of it. Of course, once you have achieved ~ it will be a topic soon for us in Public Session, a discussion of manifestation.*

## A Discussion Of The Emotion Of Feeling Unworthy

Can we do worthiness for our homework?

*The sense of not being worthy weighs heavily upon many on the plane currently. Even those who are of advanced awarenesses who have come in specifically to aid in the Earth changes feel a sense of unworthiness. It is all part of lessons to be learned. There are many who are on the plane now who are back to have a refresher course in what it is like to be on the plane and to indeed have a resurgence of the Soul memory of certain emotions on the plane that will, therefore, enable them to help others who truly have that issue.*

*Those who are back on the plane who have finished their work on the plane are placed specifically in situations where the issues, for example, of judgement ~ which remains, you know, once you are off the plane ~ the issues of judgement come back and you begin judging again so that you will understand why others judge at a certain level. The sense of not feeling worthy is also such an issue, and that to remember what it is like to feel unworthy. It is the emotion of fear. It is the emotion of self degradation, many, many emotions that are felt. Some would indeed come back onto the plane and have the appearance of an addiction so that there is a reminder of those who struggle with the addiction, even though that particular energy has no longer the issue of the addiction.*

*Those who take on that type of path are those who are committed to learning to either be a Guide or an Angelic Protector. And in order to be those, there must be sensitivity to ~ an understanding of ~ the issues, and it is quite easy to forget once you leave the earth plane what it is like to be on the earth plane. And thus, we find so much burden at this time of the illusion, and you will find more and more coming from us that will help you to balance the seriousness and playfulness and Light. Ah, yes.*

## The Feeling Of Urgency To Be Getting Things Done, And Not Knowing What To Do

Is that why some of us feel an urgency to be getting on and doing something, and yet not really knowing what we are doing?

*Well, most appropriate, my son. Yes. There is the sense of knowing that you are here to do certain things, and yet you do not know what it is. It simply means that it is not time for you to know what it is, and that the issue of patience within Self needs to be developed, and trust, knowing that you will be presented with what it is you need to do when it is time. For The Universe sees the larger picture. On the earth plane you see only a portion of that, and thus, the emphasis we continually give to meditation, finding your own answers. You will see the larger issues through your meditation that you would not see in the conscious state, which is what you are, most of you now, in, currently.*

### **If Time Is Not Real, What Difference Does It Make Whether It Is Time Or Not?**

*On the earth plane, however, time is real, and thus, it must be dealt with. It is too easy to say, "Oh, what is time?" That is a most philosophical question, metaphysical as you would call it on the plane. You are on the plane. You are in an illusion, and part of the illusion is time. You therefore must adhere to it, even though in other dimensions, time takes on a different perspective and indeed does not exist. If you were to go into the nothingness of which The Universal Consciousness is not there, there simply is nothing. Nothing. There is no time. The Universal Consciousness is an illusion. Therefore, once an illusion is presented, concreteness takes form in certain ways. And on the earth plane, time is one of those concrete issues.*

*It has taken us quite, quite an adjustment to work into the flow of time on the earth plane, in the illusion, for we see the flow in a different way. It is why it is difficult to pinpoint us, "Well, what exact date will The Shift occur?" Anyone who would give you exact dates on Universal matters, things of The Universe, things of spirit, be careful of them. Giving exact dates from spirit is most difficult and wrought with error. We can give approximations.*

*And for us, when we say, it is soon to occur, soon must be carefully interpreted, as many of you have learned. Soon could be several years, as you measure on the plane. But from our perspective, as we see the flow of energy, soon is immediate. When we say, oh, it will be quite some time, as you measure on the plane, it could be meaning into The New Illusion. It could be ten, twenty, thirty, one hundred, one thousand years, as measured on the plane. However, we have been able to bring that into a perspective.*

- ⊗ **It is broken.** (Referring to the tape recorder)
- ⊗ **You have to talk all over again.**
- ⊗ **But the other one's going.**
- ⊗ **Is the pause button on?**
- ⊗ **No, it was not. It says run. It is not.**

*We will discuss the issue of why that occurred. Mushiba will discuss that with you. Let it go. We depart now. You see how easy that was. When there is a blockage, let it go until*

*The Universe provides a smoothing out. It is not meant for something to occur, even though you would say, "I want it to occur!"*

**So, we need to have compassion for our finite perspective.**

*Yes, indeed, you do. You must love Self.*

*We depart now. Bring yourselves into that which is the Heart Center, the beauty of Self. Massage the Heart Center with the energy of Self. Feel Self loving Self. Fill the encasement with the sense of Self beauty. Feel its warmth and feel its comfort.*

*We send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.*

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