

# *Waith Class Transcripts*

**MAY 05, 1992**

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*~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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## Earth Plane Connection, Continued ~ Altered State, Known As The Dream State

*We, in this session with you, give you the topic in the continuing saga of The Earth Plane Connection of what can best be understood with earth plane knowledge as energy layers. We have discussed energy groupings, and we have discussed interdimensional travel. Now we give to you a topic that will surely bring about discussion.*

*When you go into the dream state ~ and it is referred to as a dream on the earth plane ~ but rather, as we have indicated before, it is an altered state ~ and when you go into this dream state, you have oftentimes what you call dreams. And we know that there is much on the plane relating to dream analysis, and that if you dream a particular scenario that it is a symbol for something far deeper. And yet most on the plane have considerable difficulty in dream analysis, for what appears to be the analysis by ~ in some book that some other individual has predetermined to be the answer relating to the masses, presents difficulties for many, for it does not feel right when they read that, for example, if there is this transportation mode, automobile, in your dream, that, oh, heavens, it represents the body.*

*What does that mean, "It represents the body?" We understand that for many on the plane, there is the need for the beginnings of acceptance that dreams indeed mean something beyond what you deal with in the current consciousness, and that it is ~ (The telephone rings) My, that has a strong vibration! A most inadequate way of communicating, by the way, on the earth plane. However, that will be subject for another session. It is so critical, as we have said before, that each entity on the plane seeks their level of knowledge and that, for many, many, many, it is important to begin to realize that the dream state is, first of all, another dimension, another vibration, and that it provides information to each of you.*

## Waith Gives An Advanced Awareness Of What Is Referred To As Energy Layers You Have Access To Those Layers Of Past, Present And Future Relating To Your Own Soul Memories

*However, what we will now give you is an advanced awareness of what we refer to as energy layers. The layers surrounding the earth plane exist simultaneously ~ past, present and future. And, you, as an entity, have access to those layers of past, present and future that relate to your own soul memories. When you have a dream, there is nothing fictitious about it. It is indeed a replaying of something from the past or a foretelling of something to come that relates to your energy field ~ that relates to your path. When you have a dream, you may be recalling a very specific past life, or you may be connected to a past life of a lifeline of yours, or you may be connecting into something about to happen.*

*Now. One of the ways in which entities incarnated on the plane are able to work through the issues is to go back and forth within these layers, so that, oftentimes, when you are back in time, you may be, in fact, physically back there in that layer reworking that particular lifetime, which accounts very often for ~ when you return to the conscious state you feel tired, for you have been a busy bee. You have gone back into another time.*

*There is also the possibility of simply observing. You go back to a particular scenario that your soul has released for you to review, and you remain detached, and you view that which has occurred. The same applies to the future, so that you are, each of you, able to begin working on a particular scenario before the conscious state is ready to work on it, so that you have laid the groundwork, shall we say.*

### **It Takes A Certain Meditative Ability ~ You Can Control Your Dreams**

*Now. All have this capability. However, not all utilize it, for there is this sense that, having a dream, you are not in the dream. It is, rather, someone else; but it is you. You are one of the figures that play out in this dream, and it gives you the opportunity to see what you looked like in another time, or what you will look like in the future, and that you can control, absolutely control, your dreams. It takes a certain meditative ability before going into the sleep state to say that you would want to return, or go forward, to a particular scenario, or simply to say, "I would want to return to that which is appropriate."*

*Now, understand that this is what you call regression, and that it is appropriate for those of you who claim to not remember dreams or to have difficulty in remembering a dream, that you work with one on the earth plane who is able to help you through this process of regression. And there are many techniques popular on the plane for that, that would help you to gain a sense of understanding and confidence.*

### **Before Going Into The Dream State, You Should Surround Yourself With Protective White Light**

*When you go into the dream state, it is critical that you surround yourself with protective White Light. This protection helps you to pull out of that dream state in a way that gives you advancement to your path. The use so commonly on the plane of saying prayers before going to bed comes from the time many, many, many, many, many thousands of years ago on the plane, of protection. It has evolved over time as saying prayers. However, it was a ritual that was utilized at the beginning of this illusion currently on the plane and has been utilized in all of the illusions, that there is a ritual of protection before going into the sleep state, and that if that ritual is not observed in some way, whether formally or informally, consciously or unconsciously, then there can be a difficulty in working through the layers of energy.*

*The layers are really not layers. This is the only way in which we can describe it so that it would be understandable or to have a frame of reference. There is total webbing, integration, and when one of you would ask us, for example, to discuss a past life or to give you information about your path and your soul, we go into this webbing that surrounds your own energy group, you see. And to understand fully, you must understand, of course, that which we discussed for energy groupings, and the energy grouping has this energy webbing or energy layer around it.*

*It is yours, unique to each of you, and if you would go to any on the plane who has the ability of working with energy, often referred to as psychics, they have certain levels of ability to go into the web. The higher the advancement, the greater the ability to go into the web, into the layers. But even at very high levels, for us, it is difficult at times to get through, for there is so much crossing around, you see. But you ~ you will see a web.*

### **Connecting With Your Higher Self And The Ability To Read Your Own Energy Layers**

*However, each of you has the potential, and indeed many of you work now in this incarnation to develop that potential and increase your own abilities to read your own energy layers. It is all there for you, and it is the ability to connect with the Higher Self through meditation, and to then have the Higher Self request from the Soul that which will be important for you to learn and to connect with in the web, the layers.*

### **Your Dreams Are Specific To Your Path And Only You Can Interpret Them**

*There is no need when you reach a certain level of awareness to have to refer to symbolism that is much too abstract, but necessary for many, many entities in interpretation of dreams. Rather, as you advance in your own awarenesses, this is not a generic dream that you are having, my loved ones. This is very specific, very, very specific to your own path, and only you, ultimately, can interpret that. If you are in one of your layers and you are riding a horse and the horse falls down, that relates specifically to issues you were dealing with in that particular scenario and not some mass-produced interpretation of what it means to be riding a horse and then fall down.*

*For some, this is the beginnings of tuning in to their dreams and recognizing that there is something beyond the concrete illusion. But as you develop, many of you who are reading ~ will read this information ~ may not be at the point yet of self-interpretation. But many, many on the plane now are developing that, or at least the beginnings of it, and it is appropriate that you would seek out spiritual advisors who, upon discussion from you as to what you dreamed, could indeed tune in, you see, to that layer and help you to understand what it means.*

*Many times, you know, you simply would return to a lifetime that was most enjoyable, and you would want to observe it again, or even relive it again, and that you indeed do this, and that when you are in that layer working through a scenario, you are awake in*

*that layer. And when you return to another layer, whether it is this one or another, you are asleep in the other layer in which you were awake. Consciousness relates to that layer in which you currently are working, so you are asleep in other layers now as you are awake in this layer.*

*Now, what about interdimensional travel? And how does that all relate to what we have just given? We have connected the energy grouping, and we have connected it with the layer, or the web, and now, where does this topic of interdimensional travel fit in?*

*As we indicated in discussing the topic previously, many entities are capable of moving from dimension to dimension and still maintaining a consciousness in the current illusion. This simply means that whatever dimension, which is also a layer, that you find yourself in, awake, you have the capability of diffusing your own energies and applying a certain percentage of your energy to move into another layer, or another dimension, and be simultaneously working ~ so that while you are awake, you may be asleep. And when you are asleep, you may be awake. And that if you find yourself suddenly quite fatigued during the course of the day in your current illusion, chances are quite high that you have been traveling, that you have sent out a part of your energy, a percentage of your energy.*

*This is a capability that comes from training and experience, that each of you has the power to accomplish, just as going into other layers during the dream state is a power that comes from training and experience, and oftentimes, you go into the dream state and you do not move from the current illusion. You simply ~ your energy hovers within the vibration of this layer in which you find yourself. For some, this is a lifetime. They have not come into this incarnation to do interdimensional travel or to do dream state work, but rather, to do other work in their path.*

*This topic we have discussed is not something that all entities on the plane do. Some are not advanced to that point where their training and experience has given them that capability. Others may choose not to do it. Others may not want to do it for many reasons, which, of course, you would not judge. And then there are others who do this continually, or some who do it periodically as the need presents itself. And there are many now on the plane who are beginning to be aware of this capability and are working to increase their own abilities.*

*So, as we have said so often, you must not judge another, ever, but especially you must not judge by appearance. You know not where an entity is on their path. And, again, we would say it is none of your business. And only if you are asked for assistance from one who would seek guidance, or you would seek another for guidance who has the ability to help you understand your layers, your web, only if those situations occur, do you get involved. As you look at entities around you now, see around each entity layers and layers of energy, and provide to any who would need it, your service to them, without imposition, and also not to hesitate to speak with those who have a spiritual mission of*

*service, to seek their guidance, for the student must go to the teacher to learn so that eventually the student can teach.*

*This will conclude our presentation of the material, for now, at least, on this topic, and we would take questions or comments.*

**You spoke about the various levels. Are these synonymous with various bodies spoken of by others, like the etheric, astral, Buddhic?**

*Those, and understand we do not use the word LEVEL in this situation, we use the word LAYER, which is different, but understand that words or definitions will vary from awareness level to awareness level, and that words such as you have just given, my love, relate somewhat to that which we have discussed. They are simplistic, however, but necessary in order to bring the concept of layers that surround what appears to be this concrete encasement that you inhabit, to understand that there is much more to the energy than that which is seen and that there are many, many, many, many layers. It is not to be disregarded, this ~ these definitions, these words that you have given, for they are accurate and appropriate for those who would have the awareness that this is where you are connecting with your knowledge. Information we have given is actually much more simple, but it involves a far more complex concept.*

### **The Soul, In Conjunction With The Higher Self, Can Indicate The Body Needs Rest, Staying In The Encasement, Or Interdimensional Travel**

**I frequently crash physically in the midafternoon. I always thought that it was a hypoglycemic sugar crash. Does that mean that I might be out? Another part of my consciousness would be off doing something else.**

*Understand that interdimensional travel often is affected by the way in which you take care of your physical encasement, relate to your physical encasement, and that the Soul gives direction to the Higher Self which then, oftentimes, without an understanding at conscious level that it is occurring, gives certain signals to the conscious energy to do or not to do certain physical, or encasement-related situations that would enable, then, by, let us say, in your situation, and for many who also need to maintain a certain electromagnetic level, that you consciously will not consume that which would prevent the fatigue ~ or you consume more than you need to that would create fatigue, so that you would be forced to go into the sleep state to take what you call a little nap. But that, in essence, this means that the Soul in conjunction with the Higher Self has indicated it to be appropriate for some type of either rest, staying within the vibration, or travel, that would be then appropriate to that which you are working on in your current illusion.*

*Now. Important to remember is that you, the entity, have complete control. It is your Higher Self working with the Soul. You at conscious level think you have control. You do not. You do not, nor would you want to, for then you would be most boring, for you*

would relate so strictly to the earth plane that you would not be moving along your path. For being on the earth plane is in itself a layer, and being in a layer allows you only to see that which is in that layer. Your Higher Self is able to see beyond the layers and therefore give you guidance from an overview, as opposed to that which you see only around you very closely. This is true in any of the layers in which you would find yourself, and it is the connection with the Higher Self that allows, then, the higher knowledge, the higher attainment of your own mission.

### Exactly, Just What Are Layers?

Regarding this layer issue. I understand that we are all surrounded by electromagnetic fields, which makes logical sense to me, but now, you are adding another dimension, the layer, and several layers, and they are webbing against each other, which now even identically the layers around the earth. So, I have problems to understand this.

*The layers of the planet Earth are the layers of the planet Earth. The layers of your energy are the layers of your energy. Each entity has their own layers. What is it you do not understand?*

My question is, what is it? You can say there are layers, but my question ~

*It is energy. This is what we gave as our topic, energy layers, and it is your own energy, it is your own electromagnetic field that is this layer effect, just as the planet Earth has its own electromagnetic field, and its layers or webbing are comprised only of its electromagnetic field that controls it. Now. We have yet, and this will not be for this session, to discuss the interconnection of layers. That is for another time.*

Can we think of these layers as being different frequencies of energy?

*They are not really different frequencies. They are all the same vibration of your energy. They have different percentages. Your energy has a total percentage. For simplicity, we would say you have an energy that is one hundred percent, for you at least to understand, and that you as an entity determine where you will place the percentages of your own energy. So, for example, you may say that in this current illusion, this layer in which you find yourself, you will provide ten percent of your energy, and in another layer you will provide one half of one percent, so that you decide, based on all of the layers with which you find yourself working, where each layer will get their proportion of your total energy.*

*Now, we have discussed layers of energy as they relate to your energy, your each individual energy, for the earth plane sojourn. There are infinite layers of your own energy that stay out of the earth plane energy field. That, too, will come at a future discussion time. It will be enough to absorb that which we have given now, but rest assured that it is part of our discussion of The Earth Plane Connection, and it will*

*continue and be further discussed before this year, as you measure it, on the plane is complete. There is much more to this, my scientist.*

**Can each stage in your soul development create a certain layer around you, so when your soul progresses in a particular lifetime, that you then create this layer around you, which will stay with you when you reincarnate in another lifetime? Does that make sense?**

*In its simplicity, yes. We will leave it at that, for if you are able at this time, now, to understand what we have said in the perspective as you have just given, then we would keep it at that for now until we give you additional information.*

### **Astral Projection**

**I would like to know the differences and variations between the deeper stages of sleep and astral projection and achieving astral projection. I have obtained that state and I find it most inquisitive, and I would like to learn more and possibly be able to obtain it on a regular basis for healing, not only of myself but of others.**

*That which you define as astral projection is what we were describing as observing, rather than participating in, a layer. When you are able to move out of the encasement and remain within the current illusion and to travel, this is a technique that you must use very carefully. This is not, as we refer to these Ouija boards, this is not a parlor game. This is something most powerful.*

*And we have essentially addressed the issue, that you have the capability of observing, and that when you move into any layer, you are capable of observing, so that just as you would perhaps use this layer to observe those others who interact with you in this lifetime ~ go visit friends and lovers ~ you also are able to do this in other layers ~ so that when you are in the dream state, and you move around and you are observing and you are not actually in, you are awake in that, but yet you are asleep, you see, because you are projecting, and you move about and you observe not only Self, but all those who might interact with you. Thus, you find great enjoyment if you use this properly and not abuse it. Yes. This is appropriate for you to have as knowledge now.*

### **Can The Dream State Just Be An Overactive Imagination?**

*There is no such thing as imagination. We have discussed this issue of imagination. It is a most common response on the earth plane that an entity would think that this is not real. We have emphasized so much the importance of meditation in reaching the Higher Self and understanding all that you hear from Self, that it is not imagination, that if you were to act upon that which you hear, you would be far better in your path than to not act, and to trust Self.*



*However, we must emphasize that this cannot be done without calling in the Protective Light, for the forces of dark would attempt to make you think you are hearing something from Self when in actuality, it is something coming from the dark that makes you believe that it is Self. And it is only through experience, trial and error, that you learn if something is from Self or from the dark, and it is why it is so critical that you always call upon the Protective and the Highest of the White Light before you do any meditation. When you begin to think that you hear something that you would like to say is imagination ~ that if you think it is imagination, that you call upon your guides to help you to know the difference.*

**I have tried this, but I do not know if I have succeeded. I have no experience with meditation. I have tried meditating, but I seem to end up contemplating on meditating, so I do not clear my mind.**

*We would indicate to you ~ and we very rarely do this in a Public Session, but we will use this as an illustration for the topic of layers ~ you are connecting with a scenario that you are preparing for your next lifetime, and you are working with your guides. You are not aware of this at your conscious level. This is why we indicate that the Higher Self is actually in control of all that goes on, and you are playing with different possibilities for the next lifetime. This is done by all of you. You plan your own life.*

### Recurring Dreams

**I am having recurring dreams for years. It stopped a couple of years ago, but a couple of weeks ago, one came back to a very disturbing conclusion. I would very much like to avoid that ever happening, if possible.**

*And you have that capability, my love. Oh, yes. You see, you are in ~ your Higher Self is in control of what you do, you as an energy. And that oftentimes, when you project into a possible future, it is specifically for the purpose of arranging that; and that you would have this dream, as we have said, that seems so real, and yet it is real, and you are being given an opportunity to try it out.*

*For oftentimes, you see, and we have also discussed this, in planning a lifetime, an energy gets carried away, you see, for from a distance, it does not look so bad, but when you actually get into it, you say, "Oh, my! I should have listened to my guide. He cautioned me that I was taking on more than I should have, or that I did not need to do all of this in one lifetime, or this was not necessary to do. There were other ways to learn the lesson."*

*And thus, you, my love, have control, here with your Higher Self and with your guides, and that you simply now concentrate on perhaps redesigning. Listen. Listen, you see. This is the most difficult component of being on the earth plane, especially, is to listen. Listen. You have much guidance coming from all the other layers and the higher sources of energy that come in and give guidance, your Angelic Protector, your guides.*

One time, I had a dream that was someone else's, and I repeated it. I thought it was my dream and he said, "That is my dream. I have been having it for years." Is this possible to tune in?

*You were, my love, as we had just a while ago said, observing in another layer, and while Sleeping Wolf was actually involved in the layer, you were observing it. So, it is very simple.*

### Is It Possible To Interdimensional Travel With Another?

*Yes, indeed it is ~ if there are connections that you have in a layer. This is something that, again, will be part of more advanced discussions, but when you have shared a lifetime together or a scenario together, you form compatible layers which then enable you to travel.*

And go to a lot of the same places.

*Indeed.*

*We have given you much, much information that, for some of you, you understand already. It explains a lot that you may have felt some confusion and now it presents clarity to you. Others will reject what we have indicated. That is fine, for you must work within your own levels of understanding. Others will come to understand their knowledge. But we have given you, shall we say, food for thought, and for those who would return to additional sessions that we have as this year continues, you will have an opportunity to have digested that which we have given now, and with the additional information, then, have questions that will be most appropriate for your own growth and understanding, as well as being placed on the record for those who would also be going through their own growth and understanding in their path toward the Light.*

### Is The Webbing Around The Energy Group What Is Referred To As The Akashic Records?

*Yes. We say this with a bit of qualification, for it will come in our future discussions, that that which you refer to as the Akashic Record, there is the Master Library. Then there is the reference material that relates to each energy ~ so that when we are asked a question, for example, we sometimes go right to the reference; so, we go right into your own memories, your own storage. Other times, because it relates ~ the question that has been asked relates to other scenarios with other energies, we must refer to the Master Library.*

*We have access to the Master Library. Many on the plane have the capability of gaining access to ~ and this is this psychic phenomenon that we refer to ~ have the capability of gaining access to your own webbing and sensing information and may have varying*

*levels of access to the master files, but not complete. And thus, you will find, and we have indicated this before, what appear to be contradictions of response that an energy would give to various psychics, for their ability to gain access to information is dependent upon their own levels of awareness and their capabilities.*

**Could you elaborate on the Master Computer and the way their information is being stored? I was of the same understanding that these layers are the Akashic Record for each individual, and all the information is only around this individual, not somewhere stored in the Master Computer somewhere.**

*It is both. You have the master file, which is necessary for organization. There is that word again.*

**Who manages the five billion numbers of souls?**

*The five leaders of the kingdoms. The Five Kingdoms each have a leader. In this kingdom, Amelius is the leader. He is one of those. We have discussed the structure. And so Amelius, along with the other four, and certain helpers, are charged with the responsibility of keeping the Master Records. It is the only way in which the illusions, in all the levels, in all the layers, in all the dimensions, can be maintained.*

*Understand that you allow another to infiltrate your own layers, your own web. It is not something that would be imposed upon you. You allow it at some level, even though at conscious level you would say, "I do not want that person to invade my layers," and that person does. It has been the result of your allowing it at some other higher level for issues we will not go into now, for it is time for us to depart.*

**When We Are In These Other Dimensions Or Other Energy Layers, Do We Have Bodies? And Are Those Bodies Asleep When We Are Awake Here?**

*Oh, indeed. Yes. Whatever you happen to see, is it. Yes. And it is important that you retain as much as you need to on what that body looked like, and if you were actually back in that life working, what it felt like; for if you have been consciously aware of this dream, this layer working, it means that it is information for you to use when you return to this state. Just as when you move forward or back, you take what you work on in this layer, and it all connects. There are reasons why.*

**Is There Any Way You Could Tell Whether A Dream Was Concerning A Past Or A Future?**

*To know if the dream is a past or a future, again, comes from the meditative connection, in knowing that your guides will give you the answers if you ask. And so, oftentimes, you will, as you develop this ability, know that you are reliving. You will know this. Other times, you will know that it is something you have not experienced. It does not feel like you have experienced it, and therefore, it would be something for the future.*

*When you do not know, you would seek guidance from those who would be able to give this to you. Again, it is trusting in Self. Sometimes, it does not matter if you know, for that which you connect with, be it the future or the past, does in some way connect with what you do in this current layer that you find yourself.*

*We would qualify the question that was asked, and the definition is of kingdom. We most frequently use the word kingdom to refer to the various encasements, The Animal Kingdom, The Plant Kingdom, The Mineral Kingdom. There are also ~ the usage is there of The Five Kingdoms that organize The Universe. Our response to you, my love, was the kingdoms of encasement rather than the kingdoms of The Universe, and we would want that to be on the record. And we will, however, discuss that in times to come.*

*We depart with leaving you with many questions, which is appropriate. Meditate on that which we have given you.*

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