

Waith Class Transcripts

MAY 13, 1992

This Session Was Held At Asnuntuck Community College In Enfield, CT

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Would You Comment On The Fact That Some People Are Building Underground Shelters?

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Can You Describe Some Meditation Techniques?

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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We are most pleased to be in this vibration of such light and energy, and we are pleased to be able to address questions that you would have of us. We understand the nature of this gathering and that it is one of information search, that you are all on a path of information gathering, and we would address this issue in a particular way for this gathering.

We are a source of information, and we have been most emphatic in our presentation of this ideal, that we present only one version of all the different concepts that are being sought for understanding and that we serve as one of the sources. We are not the truth, for indeed there is no one source that gives the truth, except for Self. Each of you has your own truth. We are here to Be of Service for entities to find their own truth. Our emphasis is on the use of meditation and connection with the Higher Self so that you, as an entity, may find the answers. We are here to give guidance to any who would seek the knowledge. And any source of information that would tell you that it is the truth, the one and only truth, you must be most wary of.

We enjoy very much speaking with entities rather than giving a monologue, for it is much more interesting, and it also provides for the record many questions that others who would in the future read the transcript of this particular session, would find themselves with the same questions, for many questions are best described as Universal, and that each entity on the earth plane is at a particular point in their path, and that you each have a different need for information and your awareness levels are at various points, and that you also could Be of Service by asking questions that another might feel hesitant to ask. And thus, we say to each of you in this gathering that you provide the opportunity to Be of Service to Others, and we serve as the vehicle for that service. And thus, we would be most pleased to answer questions relating to issues you feel of concern.

Would You Address Some Of The Earth Changes Coming Up?

Indeed. We are on the record, quite a number of times, in fact, in our discussions of the Earth changes. We are of service to the Community of Terra Lux, and part of the mission that is a dual mission between Terra Lux and Waith and Company is to assist in the spiritual advancement and earth plane changes that will occur when the physical earth shifts on its axis, and there will be, then, what we refer to as a New Illusion. The illusion in which you find yourselves now has already begun to change and will now take on, and has already begun to take on, an accelerated movement toward change. In actuality, the changes on the physical earth began approximately three hundred to five hundred earth plane years ago. It is not something that has just begun, and that the cleansing of

the earth is necessary for The New Illusion to begin. And within the Universal scheme of things, there are a number of different illusions, and it is predictable.

Illusions last approximately between six thousand and fifteen thousand earth plane years. The last illusion was that of Atlantis which lasted, in three phases, totaling what you would refer to as thirty thousand earth plane years, at its peak, with an additional twenty thousand in its beginning phase. All that is occurring now is a very predictable process, when an illusion is about to end and another is to begin, and that the only dramatic element of this is that the plane, the planet itself, shifts on its axis, thus creating a New Illusion. Land masses will disappear and others will appear.

There are areas throughout the planet that have been referred to as safe areas. The geographic area in which you find yourselves located is one such safe area, and it is the Community of Terra Lux that has the responsibility of maintenance at a spiritual level of this geographic area. The vibrations, spiritually, are the responsibility of, not only us who speak through Mushiba, but all those who would want to be a part of preparations for The New Illusion.

There is much to be accomplished by entities in their spiritual path, for The New Illusion and the new vibration of the planet Earth will differ from what it is now, and entities currently on the plane must be vibrationally aligned with the new vibration. And what you all do now in your seeking spiritually is to increase your own vibration. Many of you, we know, have done this and you feel the change in your electromagnetic field. You feel more harmonious with that which is surrounding you.

We are here to Be of Service in that area, to help in the changing earth plane and to aid entities in not fearing that which is occurring, but rather, to see it as growth, as cleansing, as rebirth, and a beginning of a new illusion. We have said much on this topic, and it is available through the records that are maintained within the Community of Terra Lux.

Has The Earth Shifted On Its Axis In The Past?

Yes. Traditionally, when there is a major illusion change such as occurred with Atlantis into this illusion, and this illusion into the next, the planet shifts. This is traditional. It is nothing new. It is nothing unexpected. Within illusions there are minor illusion changes that occur periodically that do not entail the axis of the planet to shift, but it does this, you see, back and forth, back and forth.

It is simply part of the game that all play in The Universal Consciousness. This is all a game, you know. You know, it is. We have been asked oftentimes about the return to The One, The Universal Consciousness, and why we would leave anyway. And understand that when you return back to The Universal Consciousness, you can come back out again. And indeed, most entities do, for, you see, it gets very boring in The

Universal Consciousness, for it is perfection and there is really nothing to do. And so, we all come back out again and play, and this is exactly what is occurring.

Whether you are on the earth plane, which is the most accelerated of all the training grounds, or whether you are in another training ground, or whether you are in an altered state, in another spirit dimension, you all choose that which you would want to do. And when you return into The Universal Consciousness, you may then decide to come back and be anything else you would want to be. It is entirely up to each of us as energies to make that determination.

Could You Comment On The Work Of Sai Baba?

The entity of whom you speak is a most valid source of information and has provided guidance to those who would seek levels of information. Understand that all information that is available to those on the plane are geared toward the various levels of understanding and the need that each entity has for their own fulfillment of information at the level to which they find themselves. So, for example, many would go to this particular entity and find the information valuable. Others would not find that information valuable. It does not make the information less valid. It simply is not important for a particular entity, versus important for another entity. We say that of the information we provide also, that for some it would not prove to be relevant, and for others, it would prove to be relevant. We are simply one of many sources.

There are many, many events that will occur when The New Illusion begins that have strong connection with spirit and earth plane balancing, and much of what we are here to do through the Community of Terra Lux is to assist and guide entities in the balance between spiritual and earth plane, that many entities would sometimes become unbalanced by becoming so spiritual that they do not know how to deal with the illusion, the earth plane, and they go off in what we would call la la land, you know, and they have no connection with the reality of the plane.

And then there are those who are so earth plane that they would not acknowledge a higher source. They would not acknowledge that there is a spiritual realm. It is the balancing of the two elements that we are here to Be of Service in providing insight, that when you have learned a spiritual concept, the purpose of the earth plane as a training ground is to apply that concept, to see it in concrete form. And thus, it is important to have the perspective that all that you do relates to the finalization of return to The One, and the balance is so necessary.

There will be strong spiritual guides present in the initial phase of The New Illusion, as there are with all initial phases of illusions. The definitions that you would give, or the names you would give, would vary, depending upon the source of information coming through. But you can rest assured that you are not being left out in the cold here and

that there is strong spiritual guidance coming, not only from The Angelic Kingdom but from your own spiritual guides.

I Feel Strongly That The Space Brothers Are Here Now. What Is Their Purpose For Being Here?

We have always enjoyed questions relating to what is perceived on the plane as entities from another planet, or entities from another dimension, and that there is a certain amount of awe that is part of this questioning or this perception, that these entities are somehow very different from each of you on the plane.

We have gone on the record as stating that there is no such thing as what you call UFOs. Understand that what this phenomenon is, simply relates to interdimensional travel, and that entities, and each of you in this session, has the ultimate potential of interdimensional travel, that entities are capable of moving through the layers of electromagnetic vibrations and moving into other realities, to Be of Service, and sometimes not to Be of Service, depending upon the point of ~ on the scale of Light that an entity finds themselves.

To answer your question specifically, this grouping of whom you refer is very much of the Light, and they come from a dimension that is a part of the earth plane, though not the physical planet Earth, for the planet Earth is only a part of many, many layers of vibration that have reality, that have illusion. You happen to be in one of those layers. And this particular grouping comes from another layer.

And as the earth itself prepares periodically to move into a new illusion, all the layers are affected, and they all come to the aid of each other. And when it is the turn, if you will, of a particular layer in which you are all finding yourselves, the other layers are prepared to come in to Be of Service in assisting in that transition. When it becomes the turn of another layer, and this all will be occurring closely together as the axis shifts, then those of you in this illusion who have developed the capabilities of interdimensional travel will come to the aid of other layers and the entities in those layers.

So, just as you have been receiving guidance from many who would come through in, oftentimes, you call these spaceships, it is an actual event occurring, but it is all part of each other. We are all part of the same energy, and thus, we are at one with any other entity or energy that would come into this current illusion that you find yourself. So, you need not fear this grouping, but rather, to know that they come in harmony and they come in peace.

Is The Tilting Of The Axis Going To Occur In Our Lifetime?

Oh, indeed. It is imminent. Others speaking from spirit have also indicated that it is imminent, and to say that it will occur within that which is the next ten to twelve years

on the earth plane would be as accurate as we would be able to give from this dimension. It is about to occur.

Will There Be Earthquake Activity In California Occurring Within The Next Two To Three Years?

Sooner. We have not, as a general position, given areas that will be safe with the axis shifting. However, we have indicated certain areas that will not be part of The New Illusion, and that area of California will not be part of The New Illusion. That area which is Florida will not be part of The New Illusion. That area which encompasses most of what is south of this area will not be part of The New Illusion. We have given the approximate mileage earth plane wise of the safe area for this geographic area in which you find yourselves. It is available in written form.

Would You Comment On The Fact That Some People Are Building Underground Shelters?

Depending upon the particular area geographically in which you find yourself, underground shelters would be appropriate. The shelters will vary from safe area to safe area, the type of shelters. There will be some interdimensional travel occurring in which you will find yourselves, depending on which part of the planet Earth you are located, either being brought into another dimension while the dimension that is currently being cleansed is cleansed, and then you will be brought back into the illusion. There may be the actual physical underground shelters.

There is an Underground Community that works in this geographic area that is in, however, another dimension, and that this safe zone is one of those that will go into another dimension for safety, and it will be very real, however. It will not be outer space, you know. You will not be floating around in some kind of ether. You will go into a concrete reality that is being built now by those in another layer that are underneath the ground, as best as we can describe it to you.

Other parts of the planet will have underground housing that is being built by those in the current illusion. You see, there are many different forms that take place. There is not just one way in which this will all occur. The cleansing will only take a few days. The need for shelter will only be for a few earth plane days. It will not be for years and years.

Are you speaking about weather patterns? What will we be protecting ourselves from?

From the earth ~ when the earth shifts on its axis, there will be flooding ~ there will be land masses that are covered by water ~ there will be land masses that rise or appear. And there will be, as best as can be described, trees, for example, falling, debris going in the air as the physical planet shakes loose its final dirt, and it is from that, that there is the protection. It is protection from a physical occurrence.

There is also a spiritual protection that will occur, for at each illusion change, there is a confrontation between the very highest of the dark and the Very Highest of the Light, and that is where many of us will find ourselves at the vanguard in spiritual protection, so that you will be placed into safe areas and not be subjected to an energy confrontation.

What Do You See As Changes That Might Occur In The Government In The Next Five Years?

What you know now will be very different in The New Illusion. Understand that what is currently working is all part of this illusion, and that The New Illusion will seem very natural, for you will have experienced the changes in a way that makes you feel relieved that it is no longer as it was.

There are those who have been specially trained in spirit to help in the dismantling of the old illusion, and those who would be in what you call government positions of high authority, in some parts of the earth plane, they are already in place, these specially trained at spirit entities, very much of the Light. In other areas they are about to be put into place, and they are about to be put into place by each of you. It is not something that is done outside of the realm of the earth plane, for many on the earth plane now are also of very High Light and are assisting in the changes that occur and enabling certain entities to be placed into those positions for which they have been trained to Be of Service to the preparations and set-up of The New Illusion.

That entity who leads that which is this country, America, as you call it, is about to be replaced by one who is of the Light. That who is heading this state in which you find yourself has already been trained at spirit and is in place ~ very High Light entity. Understand that it is not always perceived by entities on the plane that dismantling is good, but when viewed from the spirit context, all that occurs now on the earth, the nature, the weather, all of the institutions that are on the plane, are all in the process of being dismantled and redesigned and built anew, built with a higher, more spiritual vibration.

How May We As Individuals Help The Good Forces Coming To Help Us?

The most dramatic way is for each entity to work within Self to develop the awareness, to develop a higher vibration within Self and to become more self-aware and to develop strength within Self, and to believe in who you are and what you stand for. As you develop your own abilities to love Self, it naturally moves out of Self and translates into love of others, unconditionally, as much as you can. And as you are able then to love Self, you send that love out and that love affects all around you. To concentrate on sending love is essential. It is the way in which the Light strengthens. As each of you send your love, then you strengthen all the others around you.

We have given many techniques for the sending of Light, and they are available through the Community, and it is all in writing. There is nothing more powerful than a group of entities forming and visualizing the sending of love and Light. Very, very powerful. That is how each of you can best Be of Service, by first strengthening Self and loving Self and then allowing Self to Be of Service to Others.

Should I Pay The Mortgage? Should I Drop Out Of School?

We have received on several occasions the questions that would say, "Well, you know, if there is a new illusion coming, then I do not have to make car payments anymore." And I should not continue doing this and that and the other thing that is so much a part of your earth plane progression. Our response is that it is most critical that you continue moving toward the goals that you have set, for you each have a path that you are on that you entered into this life to accomplish, and that you are here at this particular time during an illusion change is part of the lessons that you have taken on to learn, for there is very specific teaching that occurs at an illusion change. And if you were to cease doing that which you have committed yourself to at the earth plane level, then you would short circuit your own path.

Understand that anything that you learn is beneficial and that if you would not, for example, complete your formal education in this subject before the illusion change, it does not mean that it has been lost, for it becomes part of your soul memories. And in every illusion there are formal methods of learning established, such as you have ~ schools. Each illusion has its own way of teaching formally. And thus, we would say, continue on in that endeavor that you have begun.

When We Chose To Come Back, Did We Know What Our Full Path Was To Be?

Yes, indeed. It is a rather formal process, actually, that occurs, not randomly done, for there is a structure within The Universe that enables every entity to have guidance in the preparation of a training experience. And each entity has, at a minimum, an Angelic Protector that is assigned to each of you at the time of separation from The One. Also, you have, depending on the situation, anywhere from one to four or five Spirit Guides. And as you set about planning your next incarnation, it is done with the assistance of a host of Spirit Guides specially trained to help in the planning of a life.

One situation, however, that does occur, and this is not a negative, but simply predictable behavior, is that, you know, when you are in spirit looking on the earth plane, planning your life, you might take on more than you could actually do, and it is usually, then, the purpose of one of the guides to point this out and say, "Well, you know, you really do not have to do it all in this one life. You can cut back a bit." And sometimes, you will listen to your guides and sometimes you will not, and if you decide that you want to do all that you have planned, then you are allowed to do this, for it is your preparation.

What can happen, then, is that when you enter into the life, you find, after a while, that you have indeed taken on more than you really needed to or could handle, and that in conjunction with your Spirit Guides you redesign the life. This is done at a higher level. This is done at a spirit level and then manifests itself at concrete level, so that nothing negative occurs as a result of this. You are not given demerits because you have taken on more and could not do it. You simply place the issues that you realized you could not do back into your Toy Box, that portfolio of lessons that you must learn, that you have decided you must learn.

In the opposite direction, there are situations where an entity plans their life, they come in and they do everything that they planned and they still feel that they want to stay in the life, and they renegotiate with their guides, and others in spirit, to add more. So, it can work either way, and it is simply a way of learning, and one never knows oftentimes until one tries a particular life whether that was the way it needed to be planned out, and if it turns out not to be the way, then you can try it again. You have as much time as it takes. You are the one to determine, not some external force.

When I Go To A Bookstore, Am I Guided To Purchase A Particular Book, Or Am I Doing This?

It is a combination. Yes, indeed, for when Self, in conjunction with Higher Self and the Soul, determines the need for information, for example, as you have described, the message is sent out, and The Universe, the energy forces of The Universe, pick up that information, and working in conjunction with your Spirit Guides, you are then, at a concrete level, directed. You either will have someone on the earth plane who would come to you with the information that you need, or you are directed.

The experience that you described is very common on the earth plane, for whatever it is you need, you will be directed to this and to trust in it. This is a very important component, to trust in Self. As you pick up the book, for example, to know that this is not the information you need. You place it down, and then to allow yourself to feel the vibration of that which you would want. Sometimes, you know, your Spirit Guides will hit you on the head literally with that which you need. If you are not picking up the vibration that this is the book you need, then it will either fall down in front of you ~ some of you may have had this experience. It is a guide saying, "Listen! Hear us. This is what you need." They can be most amusing at times, you know, to Be of Service, for their mission is to guide you. Sometimes, if you are not listening, they must get your attention.

So, There Is No Mistakes In This World

We have said that so often. There are no mistakes. You each make your own path, and what you do is appropriate for Self, and that if it is not worked out in the way you want, you can try it again, and again, and again, and again. Many, many, many, many

lifetimes. Sometimes, it takes many different lifetimes and different packaging of the same issue in order to learn the lesson. But so be it. It takes as long as it takes to learn. There is no pressure.

Is It Common In The Situation Of Marriage And Children That There Are Karmic Lessons?

Oh, that would take, and in fact has, many sessions ☺ in which we have discussed Group Balancing. It is a most fascinating aspect and would go well beyond our time with all of you in this particular session. But stated simply, and as briefly as we are able to do on this topic, while you each would have your own individual balancing, you all know that you work on the earth plane with others, and that sometimes you, or they, do things in a way that creates a disharmony, and if it is not resolved in that particular lifetime, it does not simply go away. It comes back to haunt you, and it is called Group Balancing.

And thus, you may find yourself in, shall we say, a marriage, with children, and there may be tremendous harmony, and you know that there is no balancing, that it is a way of providing strength for other issues. But when there is disharmony in the marriage, or with the children, or both, then that is a sure-fire clue that there are issues that need to be looked at from a spiritual perspective, first and foremost, and then looking at what the issues are. Are they issues of patience? Are they issues of fortitude? Are they issues of judgement, Unconditional Love ~ all the many, many issues that you then begin to work on, working them through at a concrete earth plane level.

Working within your own Self through meditation can oftentimes give you the answers. It is also part of the job that we have, that others who speak through have, in providing insight to help you to understand, without giving you the answers.

You know, if you were to speak with us privately, we would not give you the answer as to how to do something, but rather, could provide for you perhaps a situation from another time in which the imbalance occurred, that could give you the insights into why it is that it has come back now. And then you, in working with your guides and your Higher Self, could come to closure on the particular issue.

In Making Decisions, How Do You Know If It Is From Your Guides, Or Just A Guess?

Yes, indeed. That is a very common frustration that many on the plane have. There is no easy answer to that, and our response has been that the reason we emphasize meditation is that the more you connect with your Higher Self, and the more that you can understand that what comes through, is indeed coming from the Higher Self, the more confident you will feel that it is an accurate decision.

There are the forces of dark, you know, who would attempt to create a different impression coming through, and when one meditates, of course, you would always call

upon the very Highest of the White Light so that the forces of dark would be kept away. It is something, my love, that you would do within Self and that oftentimes you must trust initially, and when you are not certain from where the information is coming, act upon it and then understand that nothing that you do will be held against you, but rather, you will have to do it over again.

And, also, that ego is not the negative that so often entities think that it is. Ego is necessary for the stimulation of behavior, and that it is ~ ego exists in all energy forms while we are outside of The One, and it is the spiritual application of ego that is what we all attempt to attain. So, seek the Higher Self; trust in that which comes through, and not to be afraid to do something, knowing that as long as you feel that you have called upon the Highest of the White Light, that you have sought the guidance from your own Self and your Spirit Guides, that you will do what is necessary to do. And oftentimes, making the, what you would call, wrong decision is necessary in order to learn how to make the right decision.

Can You Describe Some Meditation Techniques?

We have a very different approach to the issue of meditation than what many of you might be accustomed to hearing. We believe in what we would say, meditation by your way, and not by some other entity's way of meditating. One does not have to sit in a lotus position and chant and have candles and incense burning in order to meditate.

Meditation can be accomplished in many different ways, depending upon your own point in meditation ability. Meditation simply means the ability to focus and to block out as much stimuli outside of yourself, and inside of yourself, and to focus on the Higher Self. Now, some entities are able to do this like this ~ you know, they could be in the middle of a very large gathering of entities and need to meditate a bit, to focus, and they can do it like this. (Waith snaps his fingers) No one else would know. Others need to have more formal ways of quiet to bring themselves into focus. There are many, many techniques. Something as simple as walking creates the environment of focus for entities. Listening to particular music enables an entity to focus. That which you call hobbies in which you become very focused on what you are doing, and everything outside of that is forgotten, this is a way of meditating.

We have presented meditation techniques, and those are on the record, a number of them, ways in which you can attempt. You can try a different technique to see if it works for you, but it is most important that the technique really be a synthesis of what you have heard from others and then applied to Self and that feels comfortable for Self. And another may be able to sit in a particular position and that is the way that they meditate. And another, this is not possible for them. There needs to be no judgement made of the way in which another would meditate. It is the end result that is important, and that is the ability to hear guidance coming from Self and from Spirit. And there are many who would drive in this automobile and find this to be a time of receiving information, with the ability to listen.

Understand that we would spend as much as we could speaking and Being of Service, but it is appropriate that we prepare for departure now. And we are available, as you will hear from Community members and from the information that is available, to speak with any who would want, privately, and also, we speak in Public Sessions and will do this well into The New Illusion, for we are here to work with Terra Lux and with Mushiba specifically.

We have been very, very pleased to have been in your vibration, and we would like to give you a parting energy that you would take with you from this gathering and call upon for understanding of Self and your path. Focus in on that which is the Heart Center and receive the energy of love that we send into each of your Heart Centers, combining with the energy of love of Self. Visualize pink light surrounding the Heart Center.

And we send to you now the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.
