

Waith Class Transcripts

JUNE 16, 1992

Farena Starts The Session With Lightheartedness

Your Circle Of Light ~ Learning Lessons And Filling In Your Circle With Light

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Can Anything Ever Make That Circle, That Shell, Disintegrate And Break?

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Then You Can Heal The Other Lifetime That Is Still Attached To You At That Point?

What Happens When Your Circle Is Filled?

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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For more information, please contact us ~

terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

Farena Starts The Session With Lightheartedness

We are pleased in this session to have so many bright, vibrant lights. It is a most joyful gathering of energies, and we also enjoy a session in which we take questions of a nonspecific topic. And we will also be having some of the others in The Company speaking in this session to answer some of your questions, and we would begin with a presentation on this paper from one in The Company who would want to set the tone for this session.

Farena: Hi ☺ Ah-h. Now. Ah-h, yes. This is the focus for the session that we speak. Now, you must pay very strict attention. This is very serious, very important. This is our greeting to you. (Farena draws a happy face) Well, now. This, understand, my dear ones, is the tone for this session. We are lighthearted and we would want you to feel the Lightness. So, let us now begin with questions.

Why did Farena draw that? Why didn't you make an attempt, Waith?

Waith: I will be presenting information via this mode of communication before this session is over. It is only fair to allow some of the others the practice of this communication. Farena wanted to be the lead-off today, and thus, we agreed.

Your Circle Of Light ~ Learning Lessons And Filling In Your Circle With Light

As one moves toward the Light, the natural response is ~ and we will show to you now this concept that perhaps needs a bit of reinforcement.

The circle, the circle that does not begin nor end. This is the Light. Light, as we discuss it, is on a continuum. As we have illustrated in past times, this is the continuum in which you see the opposite ends, one being dark and one being Light. However, this is very limited in its understanding, for continuums always come back and meet themselves. So, the continuum is actually The Circle. And thus, as you move along this so-called continuum, and you are moving toward becoming Lighter, you have always, in back of you, that where you have come from, which is the darker side of Self.

Now. It is best to remember that as you progress, you must not forget from where you have come, and that as you move toward the Light, you become Lighter in your spirit. Thus, you are able to understand that from where you have come, and thus, it is not dark. It is indeed Light, for you have traveled and moved Light along The Spectrum, you see, and yet the dark is the illusion.

And once you have traveled full Spectrum, you then simply become a Circle of Light within Self. And it is this Circle of Light that then begins to intensify and become dense. And as you progress along your path, and you grow and you become more aware, this circle becomes dense and begins to fill in, you see. You keep moving and moving and moving, and as you move, you cross through the dark and the Light that is Self. And eventually, you see, The Circle becomes filled with Light, complete Light. And it is when your Circle has been completely filled with Light that you begin the journey back to The One. You are a bouncing ball filled to capacity, filled to that which you have determined prior to your sojourn out of The One, to have filled with a certain amount, if you will, by standards of the earth plane, a quantity that you will fill.

Now, each energy coming out of The One decides how much they want their Circle of Light to be in terms of size. Some decide they want very, very large and others decide very, very small. The size, then, determines essentially how much needs to be done outside of The One in terms of lessons and learning before entry back into The One. Now. Once you have filled your particular Circle of Light, you then begin bouncing back, you see. You move back through the tentacles, back into that which is the Lead Energy from which you have come, back through all of those little tentacles that we have talked about in prior times.

Now, each of you here is in essence a Circle of White Light. You are a White Light. Now. What is different about each of you is the degree to which The Circle has been filled in. That is all ~ the degree to which The Circle has been filled in. All are White Lights, and there is, in this discussion of the dark, simply the other side, as best as can be described on the earth plane limitations, the other side of the ball, the flipside.

So, as you fill in, you become Lighter and Lighter, and you feel Lighter and Lighter, and it becomes easier to become Lighter and Lighter once you have begun the filling in process. The most difficult part is to form the first density around your White Light Circle. That can take many, many, many millions and millions of years on the earth plane or other training grounds in order to do this first filling in. Once that begins it becomes self-propelling. It becomes much easier, you see.

Do You Go Full Spectrum From The Dark Side To The Light Side And Back To Create That Circle?

This would be the best way to understand it, that you, essentially, by an illusion, begin to form The Circle, but The Circle is actually there to begin with. The illusion is that it is not, you see. The Circle is there, the initial shell of the Circle of Light, at which point, you as an energy, affix yourself to a particular point in this Circle and move from that point around and around and around. And each time that you reach that point where you have affixed the beginning and the end, you then begin the filling in process. You go around and you reach that point on that fixation, and you move again and you fill in, and as you get to that point, you move out and ~ fill in and fill in and fill in, you see. (Waith is drawing as he is speaking)

Can Anything Ever Make That Circle, That Shell, Disintegrate And Break?

One of the precepts of The Universal Consciousness is that this is a shell of protection, the core, if you will. That is maintained by your Angelic Protector. It is the responsibility of The Angelic Protector to make certain that that shell remains so that you then are able to move about, around and around in the shell, and not to have the worry, if you will, of it disintegrating. However, it does happen, and when that happens, we then find ourselves in issues of regaining certain types of Light that have been lost, seeping through, and it becomes the responsibility of The Angelic Protector. It accounts for situations in which an entity appears to be lost. We have addressed this many, many, many sessions ago when an Angelic loses an energy to a force of the dark.

Now, understand that when we speak of the forces of the dark, we speak of forces of Self and dark, but also forces of dark that are exactly in the same vibration as you would find yourself, except at a different point in their own filling in. Thus, you would be susceptible to attacks by another energy who is moving along in their own Circle and following quite ~ almost as if it were superimposed upon you in the vibration, and yet, have not reached that point in the Light, so they are dark to you.

Thus, attacks, if you will, or influences by dark forces, can only come from an energy that is either equivalent in their path to you but on the flipside of their path, or, just slightly behind you. Influences from the dark at different levels are not able to, by Universal Law, impose. But that does not mean that they do not try, of course.

Thus, the emphasis is on the Light. The emphasis is on seeing the Light rather than seeing the dark, and not to focus on the dark, but to focus on the Light, looking at your own path and seeing your own Circle of Light and protecting yourself from any external forces and concentrating on your beauty and your light and moving ahead and feeling the lightness and ~ you would flip this back ~ (The page is turned back to Farena's happy face drawing) ~ and seeing the Light through energy such as Farena has drawn.

Farena: Because it is very important. It is very important that you smile, for smiling helps you to bring your Light out.

Waith: Well spoken. ☺ Now. Questions.

Could You Describe The Filling In Process In Terms Of Earth Plane Or Soul Level Experiences?

We will briefly describe it now, for it will become a topic for a session soon. We would give you much more information. However, as you learn a lesson, you fill in. And, you know, learning lessons is not a big deal. You know, it really is not. You all make a big deal out of it, you see, and it can be something very simple. The filling-in process can be so easy.

Remember we have said before that it is not in the learning of the lesson but in the attempt to learn the lesson that the growth occurs. And so, you see how much opportunity you have. Every time you try to learn your lesson, you are filling in your own Circle. The learning of the lesson means that you have come al-l-l-l the way around and you are beginning now to expand out, and thus, as you are attempting to learn a lesson, you move along the Light and you fill it in, and you fill it in, and move around and bingo!, you have learned your lesson! This so-called balance ~ boring. Balance, move out a bit, take a risk, start learning a new lesson, and the process begins once again, you see. And thus it is that you, no matter what you do, you are filling in, you see, as long as you are attempting to learn a lesson. (Waith is filling in the circle as he talks)

Now, regression does occur. And that is if you, at earth plane level especially, being on the earth plane, you would say, "I do not want to learn this lesson. I will not attempt to do anything. In fact, I will very stubbornly and obstinately say, I will not try to learn this lesson." Back we go! ☺ It looks like an eraser on a chalkboard, you know. A little bit lost. However, remember that even if you were to erase all that you have done, the shell remains, so that regardless of what you do, you still can fill in. You cannot regress to the point where you would dissolve, you see.

In One's Quest For Learning A Lesson, How Do We Know When The Lesson Is Learned?

Ah-h-h. You will know. You will know, for it will no longer be a burning issue within you. You see, there will become a sense of peace. There will become a sense of knowing and understanding that only applies to your energy, for issues similar with other energies will be balanced in ways different from your energy. And while there may be similarities in the way in which you feel, you individually, as an entity, will have your own sense of balance. The balance may take many, many, many lifetimes on the plane and work in spirit. However, if we each are diligent in our quest for the balance of an issue, it does indeed occur.

Do Most Of Us At Least Have The First Circle Completed?

You mean in this vibration now? Are you speaking specifically, my son?

I was thinking of that, and also on earth.

Understand that there are so many variations on the theme, if you will, that there are ~ when entry out of The One occurs, there is the shell. Now, some energies decide to train in other training grounds prior to coming on the earth plane, and thus, they have begun filling in their shell ~ so that they may enter onto the earth plane with a shell, with a Circle that is a quarter-filled or a half filled already, and they choose, then, that the earth plane would be that which would do the final trick.

There are others who decide that they will do the earth plane first. Thus, they enter into their sojourn on the earth plane with an empty Circle, you see, so that there could be two entities, two energy forms, coming in at the same time for the first time on the earth plane, each with a different filling in of their Energy Circle. This is where it gets very complicated. And this is where, oh, so many judgements come in, for the tendency, then, to look around and say, "I am more filled in than you are," you see.

I was just referring to the fact that you said that the most difficult thing is to get the first part of the circle completed.

Indeed. It is. And that first filling in can occur in any training ground, not necessarily the earth plane, and it is the most difficult. For some who decide they want to come onto the earth plane, for example ~ this is one of many different scenarios ~ it could take one thousand earth plane lifetimes to fill in the first. For another, it could take one. It depends on the motivation. It depends on the degree of difficulty that the energy has taken on for tasks, lessons, that Menu.

What Part Does Guidance Have To Do With Filling In The Circle?

Ah! It has everything to do. Remember that ~ why don't we ~ (Waith draws on the easel) remember that you each have an Angelic Protector. For the sake of simplicity, we will call it your AP, your Angelic Protector ~ some wings. ☺ We are not very good at drawing, you know, but those are wings ~ your Angelic Protector. This Angelic Protector is assigned to you from the moment you move out of The One and remains with you until you return to The One. It is the responsibility of your Angelic Protector to make certain that your guides are appropriate for you, and indeed, are doing their job.

Now. You would look at it, then, as delegation of responsibility, for The Angelic Protector cannot possibly be The One and only who takes care of an energy when they go about. For remember that, as an energy, you have parallel lives and you have lifelines ~ parallel lives and lifelines (Waith repeats this as he draws them), which we have discussed already ~ we will not go into at this point ~ giving you opportunities to just, you know, go about and move from your own energy and learn lessons apart from the major energy.

And then, of course, there is the issue of splitting, be it fifty/fifty or we could have triplets, or we could have quadruplets, so The Angelic Protector could not possibly take care of everything here. So The Angelic Protector goes to Guide School and looks around at the candidates in Guide School to determine who would best meet the needs of you at your particular point in this Energy Circle filling-in, this Light Circle. And thus, at any point in time, as you measure it, you have at least one guide. You always have your AP, but you always, then, will have at least one guide who is directly responsible to your Angelic Protector.

There will be occasions when you would have many, many guides, depending on the degree of difficulty that you have taken on, and that, in a particular lifetime, your guides may decrease, or increase, or change, depending upon the path, and this is all done in consultation with you, the energy, the guides, and The Angelic Protector, not only prior to the lifetime but also periodically during the lifetime. There are conferences, if you will. And it is the responsibility of the guides to help each of you along this path, to give you the insight, to give you that guidance. Most valuable energies.

So When You Resist That Guidance, What It Does Is Stop You, In Effect

It does indeed. Resistance is the most common ailment on the earth plane, most common. We laugh about it often, and we attempt to keep you all lighthearted about it, for, you know, you are all strong energies and you say, "No! I do not want to do this." And your guide is saying, "Yes, you must do this." But the guide cannot impose, enforce it. And thus, there is, for some, a very strong conflict between the Higher Self, the Soul, and the Conscious Self in the harmony. The Soul tells the Higher Self, and the Higher Self is supposed to tell the Conscious Self. And oftentimes, Conscious Self closes that door on the Higher Self and says, "No!"

Sometimes, Higher Self even closes the door on Soul, you see. But this in itself is a lesson to be learned in working through stubbornness, in working through the ego, in feeling that only Conscious Self matters. Or, oftentimes, when the ability to reach Higher Self has occurred with the Conscious Self, where consciously you are aware of connection with the Higher Self, tests occur because the ego begins to play at the Higher Level Self, and then we find ourselves in an even more interesting battle.

Doesn't The Soul Ultimately Win, Though, Waith?

No, not necessarily. Not in a particular incarnation. Ultimately, the Soul wins, for ultimately you would return to The One. However, in a particular incarnation the Soul and the Higher Self may indeed not be able to win, as you would call it. It is not really a winning but rather simply a flowing, a harmony of what the energy has determined to learn. And thus, it could be that in a particular lifetime, the Conscious Self continually fights ~ fights, fights, fights the words from the Higher Self and never lets go of that fight and leaves the lifetime fighting! They have left the lifetime stalled, and then have the choice of shaking loose that stalling by going onto what is commonly referred to as a Work Planet to assist in that fighting. Or, to simply say, "Okay, I will try again without going into some kind of work camp, and come back on the plane and try it again."

Remember that when you come back onto the earth plane, you come back at exactly the same point at which you left, so that you begin to move, hopefully, forward. So, if you left the earth plane and did not go onto a Work Planet to sort of shake loose any issues, then you would come back onto the plane fighting, you see.

It is a most interesting phenomenon. We watch it with keen interest, for it becomes then ~ if it goes on for more than two consecutive lifetimes ~ it is such a common occurrence, that one lifetime, Pfff! we do not think anything of it. Two lifetimes, we begin to get a bit concerned.

So, if at the end of the second consecutive lifetime, the stalling is still there, has not moved, The Angelic Protector is allowed to impose and to take the energy by the little wings and, "Come with me, and we will now work with you until you are ready to go back onto the plane moving forward," for nothing is being accomplished here, only a density of a sense of darkness by the entity, a sense of not accomplishing. We cannot allow that. We want you off the earth plane as much as you want to be off the earth plane, so we can fill in more new energies and start this play over again, you see.

When Someone Is Resisting On The Earth Plane, Are They Stalled Or Regressing?

When an entity is resisting at the earth plane, are they just stalled on their Circle, or are they moving backwards because they are not moving forward?

There would be a fine line here between being stalled and regressing, for to fight the Soul is not necessarily saying, "I am not going to do this!" It is simply trying to express its point of view at conscious level to the Higher Self, and thus, there is this debate that goes on ~ one could best describe it as a debate ~ in which there is no forward or backward movement. However, regression can begin to occur if in the fighting there then becomes at conscious level the decision to not even fight any more, to simply say, "I will not even discuss it with you!" And then that so called fight takes on that dimension of moving backward in one's own path.

A Discussion Of The Issue Of Ego

So, this is principally an ego thing?

Yes.

What are some of the factors that make~ or when the ego really develops to the point that it becomes so arrogant, and what are some of the cultural ~ I assume there are cultural factors, or is it just something that we come in with?

Oh, cultural. That is so earth plane. Yes. It has ~ cultural ~ simply an earth plane manifestation. You know, we have spoken of this thing called ego. Understand that ego, as we have described it in past times with you, is an essential component of an energy, and that all energy has ego. It is, however, the abuse of ego that is the issue. Ego used in the spiritual sense simply means that you have the strong sense of your path, of your strength as an energy, and that you are confident in your abilities to Flow with The Universe and to Be of Service to The Universe in a spiritual context. It is when, however,

this understanding of strength of Self ~ "Ah, I am a strong energy. I am in control." Well, none of us are in control, you understand. It is The Universal Consciousness that is in control, meaning ultimately that each of you are in control of each of you. All control each and each control all.

So, ego, when used as an abusive factor, manifests not only externally to those around the energy, but internally into Self, and it is only through the reconciliation through Self of the ego that the reconciliation of external application of ego can be resolved to the spiritual. An entity who is highly advanced and high in their awarenesses also has achieved a high level of ego control, as you would call it. As you are outside of The Universal Consciousness, there is always issues of ego. We, ourselves, have displayed on occasion the issues of ego to show you how easy it is to fall into this arena of thinking that one has this power and will use it to impose.

Ego must never impose upon external, nor impose upon internal, but simply be as a representation of strength and service to other energies, unconditionally, without saying, "Why should I do that for you?" But simply, that the request occurs to you as an energy, that it is The Universe saying you must respond and not question why, but that The Universe has said, "You are being asked to Be of Service." Not an easy one.

What And How Is The Will Of An Energy Adapted To The Issue Of Ego And The Soul?

You talked a lot tonight about the Soul, and it touched on the ego. I would like to know what and how the will of an energy is adapted to what you are talking about.

Ah, the will. The will of the individual and the will of The One. Most interesting conflict that can occur, for the illusion presents that there is the will of an individual. But understand that each of us are part of the same energy ultimately, and that it is the will of The Universal Consciousness that prevails, and that each energy has a certain ~ the will is in actuality an illusion that keeps the concept of the Circle of Light, of which we spoke earlier, held together, for The Angelic Protector says to its energy charge, "What do you determine to be your will?" You would say, "My will is ~ such and such. I will develop in certain areas." You choose what you want, for you have been given the array available outside of The Universal Consciousness. The Universal Consciousness is an illusion for The One, you see.

Now. The will, then, interacts with the ego. One must have the will in order to sustain the ego. From that springs the ego. From that springs al-l-l of the lifetimes. These are all of the lifetimes, infinite numbers of lifetimes on the earth plane ~ earth plane, which we will address, and not the other training grounds. The lifetimes feed the ego, and the ego feeds the will, you see. This is also a discussion of greater depth that, as time on the plane progresses, we will be addressing, for there is much that we can add to this.

What Are The Consequences Of Abuse Of The Will In An Incarnation?

Understand that there is only one consequence, as you would call it, in being out of The One, and that is that you would regress. Regress. It is the only consequence. And one cannot regress, as we said earlier, to the point of dissolving, so that this shell of Light always would maintain itself under normal conditions, which is what we will address in this session. Thus, consequences are simply movement back, meaning that one would have to move forward and retrace. So, we do not use the word consequence, for that implies a negative, and that is simply not. It simply means that one must work a little bit harder now to move ahead. This is the flow.

Now. We would have one of the others in The Company wanting to speak to you, and you would be able to ask a question. He rarely makes appearances, for he is considered the Librarian of the group, Jenjura. And he is rather shy, for he exists mostly in the stacks, if you will, in the information arena, and he is the one who oftentimes is called upon by many who need assistance in researching information for their Self to help in releasing information from the Soul. So he will join you now for a little bit.

Jenjura Comes In To Explain The Concept Of Will And Ego ~ Webs Of Lifetimes Crisscrossing

Jenjura: I am the entity Jenjura. We have come in to explain to you a bit more of this concept of WILL and EGO. Your lifetimes on the earth plane can be very, very complex and form webs of energy. This Circle that Waith has described has, as you fill in, what you would call webs crisscrossing, and you fill in, eventually, via crisscrossing, and it becomes so difficult for many of you to connect with the ego and the will because so often you have a parallel life or a lifeline, and these separate activities contribute to this webbing and can then create a sense of confusion on your part as to what is connected with what.

These lines that Waith has drawn are, in actuality, webs, and as your Conscious Self ~ this Conscious Self ~ attempts to look to the Higher Self, you must go through the ego and the will. But as you do this, you have in your vibration the web of your lifetime that you currently are living and the shadowing, for many of you, of other lifetimes, in addition to lifelines and parallel lives. This creates a further complication in understanding. It is why so often you would feel a sense of loss of understanding of Self. This is why you have your guides, to help you to understand this webbing and to look through the webbing and to see the clarity, so that you move up and you see the ego, and then you see your will.

But How Do You Get To And Deal With The Other Lives That Are Connected To You?

Jenjura: This is a difficulty, my love, for as you advance, as you fill in your Circle, you become better able to connect. But it is in the beginning stages of this filling in, as Waith has described, that the difficulty to get started occurs. Once you have begun, it becomes easier with each attempt, and when you have had a connection within Self, of Self, you

then will find it easier each time until it becomes simply a part of you, and you do not concentrate on trying to connect, you see.

Then You Can Heal The Other Lifetime That Is Still Attached To You At That Point?

Jenjura: You have that capability, my love. Yes. This is part of the growth that each entity would have as they move toward filling in of the Circle of Light.

And how do we assist when another comes to us with this problem?

Jenjura: Your key word is ASSIST. The issues of abuse come into play here, for when you see another struggling, there would be the response of wanting to impose, to immediately help. Imposing is a very fine line between trying to control and simply trying to show the Light, and this is what is learned through the lifetimes. And when you would meet someone who would need assistance, you would seek the Light from your Higher Self, and you would seek the Light from your Angelic Protector to help you to understand and see the fine line between imposition and service. It is a fine line.

And how do you know the difference if they are asking?

Jenjura: This is where you learn, my love. It is not for anyone outside of Self to say to you, "What is the fine line?" for it differs from entity to entity dependent upon your point in your own learning of the lesson and where you are in The Cycle of Learning. The Cycle of Learning has been addressed by Waith, which will explain to you these issues of learning lessons on the plane. (See Transcript [April 17, 1990](#)) Our responsibility in this mission with Waith is to Be of Service to you as a librarian. You would call upon us when you have these issues of not knowing and ask us to help you to find the answers within Self for what is appropriate to Self. We are able to do this in conjunction with your Angelic Protector and with your guides.

What Happens When Your Circle Is Filled?

Jenjura: It is time to return to The One. And now, we return back to our library. We bid you farewell.

Waith: Now. Jenjura is simply one of many, many, many entities specifically assigned to the task of library, of research. Now. You each have the opportunities to call upon a librarian. Yes.