

Waith Class Transcripts

SEPTEMBER 01, 1992

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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For more information, please contact us ~

terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

Earth Plane Connection, Continued ~ Playtime On The Earth Plane

As we continue in our topic for this earth plane year of The Earth Plane Connection, we find it now time to present a bit of balance into all of the serious topics that we have presented and the heaviness that sometimes accompanies the information as you search for your path and seek your direction. And it becomes apparent, so often, that the earth plane brings about, to those who find themselves incarnating on it, a sense of heaviness and seriousness that occasionally needs to be presented with a bit of playfulness.

And thus, we speak in this session of Playtime on the Earth Plane. And, you know, to be seeking one's spiritual path does not mean that you would go around with this look on your face and stooped shoulders and be carrying the burden of the ages, but rather, that you view your search for greater awareness through a perspective of play, and that it be balanced, as is the quest that all would seek in the balancing.

Now. You know, to play is not as easy for many of you as we would hope it to be, and thus, we will present to you some ideas about play. And yes, you know, to play means also to be working on your spiritual path. It is not opposite to that which one would feel appropriate to their spirituality, but rather, to the essence of pure spirit, which is Lightheartedness, you see.

Now. We understand that there are certain restrictions that have been placed upon us for this session. (Name given) apparently has to find on this earth plane what you call a longer cord. (For the lapel mic Waith is wearing)

We have to pull you in if you go too far.

This could be used for this what you call jump rope? You could play with the jump rope. Perhaps the Tweety Bird would want to learn to jump rope. (Refers to stuffed Tweety Bird which is nearby) Yes. Now. Are we being unspiritual? Oh. Are we being disrespectful? And, oh, irreverent!

You know, to be irreverent is the essence, the absolute essence, of respect. Does that sound contradictory? As one respects oneself ~ and remember that this is our first Guideline for Growth that we have given, Respect of Self ~ Respect of Self then enables you to be irreverent, for you see, nothing threatens you. And being irreverent means that you see the absolute illusionary aspect of all that exists and that in the end, what does it all matter here on the plane? Now. We will play a bit. We want to show you a particular little activity that you can do by yourself. Therefore, you can play with yourself, or you can do this with others, therefore, playing with each other in the same way that you might want to play with yourself.

A Technique Game To Help One, Or A Group, Become Playful

Now, we will first do this little activity individually, and then we will have another, so that you will do this together. (Waith seeks out a male volunteer to assist)

Now. The first thing that you do is to place your hands on your shoulders with the tips of your fingers ~ so the tips of the fingers on the very top of the shoulders, you see. And now, you take your feet and you place them heel to heel so that your toes point out. Yes. And now, you move your legs up and down like this. Up and down, up and down. Up and down, up and down, up and down. And you also will be able to learn the sense of balance. Yes, you see. Now. As you are moving up and down a few times, you then begin to move your arms as if you were flapping your wings. You see, so, up and down, up and down, up and down. Yes, you see, up and down. Flap your wings, flap your wings.

Now, as you are moving up and down and flapping your wings, after you have gained a bit of momentum, shall we say, and what this is doing is creating an energy within your what-you-call aura, and it is creating a movement. Now. You move up and down, up and down, and now, you will begin to know ~ you will feel your own energy, and you now move your arms out straight to the side, still moving up and down and fluffing your fingers, you know, as if you were fluffing. Fluff, fluff. Fluff, fluff. And now, you bring your arms up over your head, over the Crown Chakra, the fingertips together over the Crown Chakra, creating the essential Circle over the Crown Chakra.

You have now stopped moving up and down, and you stand now, and you visualize within this Circle your favorite toy as a child. What was your favorite toy as a child? Visualize this within the Circle, surrounding it with Light, beautiful, fluffy, White Light.

And you visualize, and now you move your hand slowly down in front of you, keeping the fingers together in the same position, down through the Energy Centers, down slowly through the Energy Centers until you come to that which is the Solar Plexus, that area, and you then take the image of the favorite toy and imagine that it goes in through the Solar Plexus and fills, now, the Energy Centers up and down, sideways to sideways, filling the entire being. And now, you act as your favorite toy.

What was your favorite toy?

A bow and arrow.

A bow and arrow. Ooo-hoo. Now. How would you act as a bow and arrow, my love? Turn and face. And now, pretend you are a bow and arrow.

I can pretend I am shooting a bow and arrow. But I am not sure how I would pretend to be a bow and arrow.

Farena: Guess who-o-o! I am Farena! 😊 I am one of The Company. Hello-o-o. I am going to help you be a bow and arrow. Yes? Now. There is one thing that you did not do, you see. You are the arrow.

I am the arrow. Oh, good!

Farena: Whoosh-h-h. Whoosh-h-h-h. Feel the energy that comes out of your vibrational arena. Feel that as you go whoosh-h-h, whoosh-h-h. Again, whoosh-h-h-h. Ah-h! And now, take your hands like this, as you had them before, and you place them now directly where you call the Third Eye. That is right. And now, feel yourself ever more strongly as your favorite toy, becoming part of and one with your favorite toy. See this now and see the energy that surrounds all of the imagery and feel the combination. Ah, yes.

And now, you complete the game by bringing your hands back up to the Crown Chakra. The Crown Chakra. And now, open your hands so they face palms up. That is right. And send the imagery to The Universal Consciousness, making the connection with The One, of that which was your favorite toy. And thus, it is.

And now, bring your arms slowly down to your sides, slowly down, with the palms facing to the front. And now, bring your arms with the palms facing up over crisscross your chest. And now, take your hands, each of them, and pat yourself. (There is a patting noise and then group laughter)

Waith: Now, you see, I am back. This is an activity that one can do by themself. Yes. But now, let us show you how you can combine this if you would want another, or two or three others, to assist you. (Waith seeks out volunteers to assist)

Now. All hold hands. (The three volunteers) Yes. Now. First, you call upon the very Highest of the White Light and envision the White Light of protection surrounding your Circle. And slowly, envision the White Light moving into the center of the Circle and filling the Circle with the White Light. And now, each of you envision an energy of color ~ your favorite color. And envision that going into the Circle of the White Light, filling the Circle with the color of your choice.

Now. We utilize this toy once again. And each of you envision your favorite toy, inside the circle, being smoothed over by the beautiful colors and the White Light, and the toy now is in the circle. And now you have envisioned that it is in the circle with the others.

And now, slowly begin to move around to your right ~ they almost did not get it! ~ slowly moving around to the right. And as you do this, you have an energy that moves

through your fingers and hands into that who is on your right, and you begin to feel a circle of energy that is interconnected with each other, moving slowly around. And you encircle now your favorite toy with energy.

And now, you stop moving and you place your right foot into the circle and you shake it all about, ☺ and you do the hokey-pokey ~ ☺ no, you do not do the hokey-pokey ~ you shake it all about, and then you place it back and you place your left foot in and you shake that all about, and you place that back. And now, you, in an attempt to smooth out your energy field, you all now wiggle your body. Wiggle. You wiggle. That is right! Wiggle, wiggle, wiggle. Yes. And you are now shaking your energies and getting them going, you see. That is very ~

Spiritual hokey pokey.

Yes. Spiritual hokey pokey. Wiggle, wiggle, wiggle. This is very good. And now, you take your arms ~ and we will assist you here ~ you take your arms, placing them up, still holding on, and now, bring them into the center of the circle so that all of your hands are touching in what forms basically a pyramid.

And now, envision the toys that you have in the center, moving about and playing, and you envision yourself as a child playing with this toy. And you now envision that those others who are with you in this circle are playing with you, and you bring yourself back to that time frame in which you felt joy and happiness at playing. And the spark of remembrance comes through in that time frame. At this point, you can determine yourselves how much time you would want to engage in this play. That will be determined as a grouping. For purposes of this demonstration, we will continue with the demonstration rather than spend the time as they go off into their own playtime and the rest of you sit here, wishing that you were also playing.

Now you have completed this portion of the game, and you now bring your arms back down slowly into the circle, into the circle, into the circle. You cover, now, the toys, the image of the toys, and they are protected as you give White Light to the playing, for it is an energy. And you now bring your hands back to your sides, still holding onto the hands, as they were originally. And now, you move to the left. Move to the left, to the left, imagining the flow of energy going through your hands creating the bond, creating a unity.

And now, you invoke the protection of the Highest of the White Light, and you slowly stop moving. Slowly bring your hands to your sides, releasing from the other, relaxing. A deep breath up through the Solar Plexus. Breathe in through the mouth and out through the nose. And slowly now, return. And as you return, as you see each other, you smile at each other, remembering the play that has just occurred.

Ah! Indeed. We are most pleased that you participated in this game. You are released now. ☺

Play Is An Energy ~ You Must Allow Play To Be A Part Of Your Life

You see, play is an energy, and you must make time for play. You must allow play to be a part of your life. And indeed, when things seem to be the most serious in your life, where you feel you have the most work to do, and all of these deadlines to meet, this is the time most appropriate to bring about play. And while it may not be possible to physically play, you see, you can mentally play. You can bring about a remembrance of your own playing, or you can be with another, and through a meditation bring about a remembrance of times when you played.

And if, for some of you who are not able to remember a time when it was playful and joy filled, you would have others who you could use as their play to be your play. This is the benefit. And eventually, if you are not able to remember a time of play in this lifetime, you may be able to move right out of this lifetime and into another in which you did play. The possibilities are limitless with this activity.

And the more you remember the sense of fun in playing, the lighter you will feel. And as you begin to be the toy that was your favorite ~ and you may have several from different time periods in your life and from other lifetimes ~ you then take on the energy of that which, external to yourself, created a sense of joy and happiness. And that energy combines with your own energy that currently feels weighted down by the responsibilities of the path.

Laugh Is An Energy

It is so critical, and then it will become easier to laugh. You know, it is so important to laugh. Laugh is an energy! Laugh creates an automatic fluffing of the energy field. Not everyone knows how to laugh. We want you all now to laugh. ☺ Laugh. Laugh. Laugh. Laugh. ☺ What are you laughing at? ☺ Laugh. Come, come now, my love. Nice little loved one. Come on! Come on!

Now, how do you feel when you laugh?

Lighter.

Ah, lighter. And do you laugh enough? When you watch the news, laugh. Laugh. You see, you know, it is so important to be irreverent, and what is so serious that is being presented is specifically meant to try and bring you down. And while it is important to know what is being said out there that is attempting to bring you down, so that you can converse rather intelligently with others, you would want to laugh at it all within Self, to

know that it is only an illusion, a very powerful illusion and meant for learning of lessons, yes. That is the one side. The other side is ha-ha! Ha-ha-ha-ha! And you could try out various kinds of laughs, something different from what you are accustomed to doing in laughing. The energy in the back, laugh, yes. Yes, you see. Now, laugh. ☺

It worked.

Now. Try another way of laughing. ☺ Try another way. ☺ Now. You know the musical scales.

Do, re, mi, fa, so, la, ti, do.

Now, laugh to musical scales. ☺

Barjan, would you assist in the scales so that you could, you know, like this tuning device, enable him to laugh? (Barjan tries to laugh to musical scales)

(Imitates Barjan) **I got thrown out of glee club.**

You have an excuse, my love. Barjan does not. Try once more, Barjan.

Farena: Barjan! Barjan! Are you being silly? Give him a break! La-la-la. (They sing together)

Barjan: La-la-la-la-la-la-la-la-la-la-la-la-la-la-la. (Sung to musical scales)

Farena: Good. Now. Let us do this. As Barjan does that once more, you laugh in harmony with it. (Barjan sings the scales once again and the person who is trying to laugh to the scales follows him. The group claps at the end)

Waith: That was quite good. Barjan, we will speak with you later.

Barjan: I am sure.

(Addressing the follow-along=singer in the group) *You may now go into the middle of the gathering.*

The middle?

Yes, and stand.

And stand.

Is that the middle?

No, I thought you were ~ (Inaudible because of laughter)

Of the gathering, not the room, the gathering. Here! Open up your ears. Ears, open up. Open. Open. Now. We want you to direct the gathering in laughter. How would you do this?

We will do a wave, a laugh wave.

You may do what you want. It is now your gathering.

Okay. We will start with (Name given) and we will laugh going all around. As you get three people away from you, you stop laughing, and continue all the way around, and it ends with Waith. You do the Waith wave. (Waves of laughter)

You were not participating in this. Perhaps you might want to start and do this once again! (More waves of laughter)

Ah, you may now sit. And thank you, dear one, for your ~

Wonderful! (The group claps)

Yes. You see the energy that comes from laughter. Know it is important to have the serious, but it is important to have the laughter, and as we present information to you that is serious, we attempt also to lighten that information as we give it to you. Most of the sessions that we speak, there is a balance, at least coming from us. As it goes to you, oh, you take this all, and you just hold it to yourselves as if your entire mission depended upon the understanding of that which comes through.

You will not understand everything that comes through. I do not understand everything that comes through from the Higher Sources to me. This is the way it is, you see. And when you do not understand something, do not be so serious and then feel that there is something wrong with you and you are not spiritual. You do not understand ~ this is foolish. You simply say, "Ha-ha-ha, I do not understand this." ☺ And then you go to somebody and say, "Do you understand this?" And if they say yes, well, wonderful, you have found someone who can help you understand it!

And if they say, "No, I do not understand that," you know that someone else does not understand what you do not understand, and therefore, big deal. And the search continues. Now you have an ally. "Let us go and find someone who understands." And eventually, you will find someone who understands. But in the quest to seeking the

understanding, you will have allies. You will not be alone. You will have others who have said, "I do not understand what Waith said." Or "I do not understand what has been said from other sources."

The true freedom comes from letting go of the sense that you must know everything and you must have that totally within Self, the seeking of knowledge. The seeking of knowledge is something that is accomplished with the help of others. Each of you here have your own levels of knowledge and awareness in different components, some understanding better than others. Seek out each other. This is what we all are here for, to share, to give information as guidance and to seek out others for information. And eventually, you understand it. It may not be in this lifetime, but you will eventually understand it. And play!

(Name given) is attempting new stretching of her own awarenesses by attempting to become the mechanical person here, and she seeks knowledge in this area. And any who would have knowledge to share, as we attempt to create a better dissemination of our sessions so that others who are not here may enjoy these sessions via the hearing mode, she is attempting in her own little way to learn.

Yes. Now. Would we have questions?

I have a joke, Waith.

Indeed!

Do you know why angels fly?

No, why do angels fly?

They take themselves lightly. ☺

They take themselves lightly. That is very good, my love. ☺ That now goes into the official permanent transcript to be read for many, many thousands of years to come. Are there any other jokes?

What do angels do for fun?

What do angels do for fun? Now, we have already addressed that many, many sessions ago.

You watch TV, you put your feet up.

There is where we take our wings off. We settle back with our can of beer in front of the television, and actually we are watching the earth plane. ☺ And we click and we say, "Oh, what is going on over here? Oh, that is no fun! Let us see what is going on over here. And, oh, look at that funny little scenario. Oh, my." And we sit, and then we get into our beds, making sure that our wings are safely put aside so they are not crushed during the night when we sleep. "What do angels do for fun?!" Indeed. We ~

(Comment inaudible on tape, followed by group laughter)

Yes, we do. Now. Are there any other questions before we flap away?

Is There Any Color Associated With The Vibration Of Laughter?

Oh, indeed there is. In the coming earth plane year, we will be talking much about color and sound as it relates to playing, for color and sound bring about the sense of play. And the laughter that one has creates an energy and creates, then, a color that can be visualized that is based upon your own vibrational field.

And as we present information in this coming year, you will be able to know how to connect with the color that is currently created within your energy field, and the ability to be able to lighten that color as you laugh, for the laughter creates, as best as can be described, a sparkling color. So, if the color that you currently have around you is, let us say, yellow, you then become a sparkling yellow, a very sparkling yellow. This will be more deeply discussed in the coming year.

Laughing Sarcastically At Something, Or Someone ~ Laughing Is Laughing

A question about sarcastic laughter, the kind of laughter you might get when you are watching television and you do not feel any value to what is said.

Oh, indeed. But, you see, this is irreverence. For to take anything seriously, creates this heaviness, and laughter is laughter. And if you were to laugh at everything that is said on these news programs, and by individuals who you do not have a sense of respect for ~ and we say respect in not the spiritual way, but in their earth plane manifestation ~ then to laugh sarcastically is truly to be laughing, as you would at anything you find ludicrous and funny.

Waith Discusses The Issue Of Judgment And That It Can Have A Lighthearted Side

But it is not a judgement, is it?

Oh, well, you know, everything is a judgement. It is impossible to be on the earth plane and be free of judgement. It is impossible. The move is to lessen the judgement. That is all ~ to become as less judgemental as you can. But, you see, the lesson learning on the plane involves judgement, but in understanding that it is judgement. "Oh, I am judging as I laugh at this person." This is fine, for this helps to release a certain energy that would create a negative judgement, you see.

And we have addressed the issues of judgement from one perspective. Judgement is also something that can be lighthearted, and we will discuss this in further sessions. So, it has a play element too. And as we discuss in the coming year more issues relating to playtime, we will give you the flipside, therefore, of issues, Judgement, Patience, Fortitude ~ all of those wonderful issues that you all work on have a playside to them. And this is what we will attempt to give you for balance as the time progresses.

Group Balancing ~ Differences In Specific Nations And their Abilities To Laugh

When you compare nations with each other like the English people, they hardly laugh. They just smile a little bit. The English gentleman would not laugh where the Americans, they tend to laugh more. The Germans, they are so serious they cannot really laugh. So, it is an attitude that a whole nation is either more in one direction or the other direction according to the individuals.

Yes, indeed. And, you know, this goes to Group Balancing, which we have talked of before, but it is a most appropriate observation, my son, that you make, and one that will be discussed as time progresses, as we begin to present to you more and more play and humor as the opposite of the seriousness, and how you combine the both. So, as you work on patience, you can laugh at yourself. You can laugh at the lack of patience that you might have.

Waith Discusses The Upcoming Session Of "Stupid Questions Session"

You know, until we return to The One, we have the issue of patience. All work on the issue of patience in some degree or other. Even at our level, in our dimension, we work on patience. Think about it. We are charged with protecting all of you. And, we will further demonstrate our high degree of patience during this upcoming session in which stupid questions will be asked. (See Transcript 10.11.1992) And, you know, if you want to know if your stuffed animals are twin flames, then you may certainly ask that question of us, and you may be surprised at what we would say to you. For remember, there is no such thing as a stupid question.

Oh, yes there is! 😊

Ah, one might think that it is stupid from their own perspective, and, in fact, the entire group may feel that. 😊 But at some perspective, it is not. You may never know what perspective views it as not stupid. However, that is the fun of it all, you see, to be able

to do this. And we look forward with great anticipation to the session, and the environment in which it is to take place is most beneficial. It is a vibrationally beautiful environment. And we look forward to seeing many of you there and for you to bring friends who may perhaps feel a bit in awe of coming to hear us speak on serious matters. And it may be what you call an ice breaker, to know that spooks have a sense of humor also.

We depart now, and as we depart, we ~ bring your energies together and visualize the beauty of Self and the love that is Self, and feel that energy within the encasement, filling your encasement, filling all of the places that make up your encasement. And visualize, slowly now, the beauty and the love of Self moving out of the encasement and connecting with all the other energies in the gathering here, forming a oneness of love and beauty.

And feel now that Oneness of love and beauty moving into your encasement now so that you feel and are filled with the beauty and love of all who gather, and take this with you as you go back into your earth plane lives, and remember the beauty and love of others that is available to all.

We send to you now the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.
