

# *Waith Class Transcripts*

**OCTOBER 06, 1992**

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## *~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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## Earth Plane Connection, Continued ~ Understanding Who You Are

*We are pleased at the magnitude of the gathering of energy, the combinations of energies who find themselves in this vibration. We will speak with you in this session, in our continuing topic of The Earth Plane Connection, in an area that is described as understanding who you are. You all know who you are, do not you? Yes? No?*

*There has been much discussion of the connection between the Soul, the Higher Self, and the Conscious Self, and while we have attempted to give you the understanding of the integration of the three vibrational fields, Conscious Self, Higher Self, and Soul, there is still a sense of separateness that each of these three have not really all that much to do with each other. "Well, that is my soul. It does what it wants to do, and that is my Higher Self and it does what it wants to do, and here I am in this current illusion doing what I want to do, so there are three of us at work here." And many of you, of course, at this conscious level, you say, "How can I talk to my Higher Self? I am not talking. I cannot hear me! My Higher Self does not respond, let alone my soul!"*

*My loved ones, what you need to understand is that who you are in the Conscious Self is the physical manifestation of who you are, the combination of the other two significant components of your energy. You are each energy. Each of us comes from The One and we are a little ball of energy. If one must put it into concreteness, think of it as just a little ball of pulsation ~ bright Light. That is the essence of each of us.*

### Waith Gives A Descriptive Of The Soul, The Higher Self, And The Conscious Self

*Now. What begins to happen, once we move out of The One, is that we have what are called vibrational fields, part of the Energy Circle. The Energy Circle of which we have spoken is of a larger component, and the vibrational fields fit into that Energy Circle, and in the Energy Circle, then, you find yourself with these vibrational fields. The Soul is the library. This is how you would best think of it. The Higher Self is the library card that allows you to take a book out of the library, your soul, and the Conscious Self is the result of reading the book. And in order to gain access to the library, you need a library card. This is a description that we give you now that is different from another time in which we gave another description to give you a perspective on how to view this process.*

*Now. Each of you have an automatic capability of gaining access to the Soul's information. It is, however, a condition of being on the earth plane, one of the scenarios set up on the earth plane that at the conscious level, you think you do not have that capability, but automatically and continuously, the library card goes into the slot that opens the door and knows automatically what information it needs from the Soul. And it*

*gains that information, brings it out of the library, and you receive the information that you need to receive, whether you consciously realize this or not.*

*There is not one action that any of you engage in that is not the result of information coming from the Soul. It is absolutely impossible to act at the conscious level in and of itself. The conscious level is absolutely incapable of operating on its own. It all comes from the Soul. It is who you are, and each of you are reflections of your soul, and each of you, therefore, radiate the love that comes from the Soul and the beauty that comes from the Soul. That is who you are, plain and simple. You are energies of love.*

*Where it gets muddied is that on the earth plane, the illusion is necessarily presented that brings out such things as ego, blockages, perceived blockages, for there are no blockages, only that which you create at the conscious level. And understand that if you create a blockage at the conscious level, your soul has sent the information zooming through the Higher Self and said it is necessary for lessons to be learned for there to be blockages.*

*If you feel you are not able to reach your Higher Self, it is because you have determined that you will not be able to reach your Higher Self. Nothing else, no one else. There is no external force that is saying to you, "We are in control. We are the ones blocking your abilities." You, each of you, has made that decision. You are each in control, whether you want to admit it or not, and what you do at conscious level is a very specific plan of action that has been determined at the Soul Level. No one else is to blame, if you would use that word. No one else can take the credit for lessons learned, only you, each of you. But, you see, this is part of the illusion of the earth plane that would create this idea that you are not in control. You would not be in your physical encasements now, as you are in this gathering, if you were not in contact with your soul. Your soul rules. Whether you are, at the conscious level, aware of the interaction is not even the point. That is not even the issue.*

*Now, in that knowledge, one should feel freedom. One should feel relaxed, knowing that nothing, absolutely nothing, is going to happen to you that is not already determined by Self, regardless of what someone else may say to you. No one knows who you are except you. You are the essence of a Higher Consciousness, and ultimately, we are all each other. We are simply separate energy forms that have an energy grouping, an Energy Circle, and a vibrational component.*

*The vibrational components of Soul, Higher Self and Conscious, current consciousness, is not only applicable on the earth plane, it operates, this concept of three vibrational fields, on any of the training grounds. And thus, when you come onto the earth plane training ground, you bring with you, if you have been on other training grounds, the memories of the experiences on other training grounds. And when you go to other training grounds, you bring the earth plane experiences with you.*

*Thus, you develop, over the experiences being outside of The One, what we call the personality of the Soul, a bit different from the personality of the Conscious Self. And the Higher Self also has a personality, an identity, and the three personalities are separate but one, of course. And it is in these personalities that strength is developed for the total energy ~ you. And it is in the gaining of strength that this thing called ego enters in.*

### **Ego Is The Manifestation Of Personality ~ The Combination Of Soul, Higher Self And Conscious**

*Ego is very positive if not abused, if it is in balance, just as any other component of concreteness outside of The One. Balance. There can be abuse of ego. But it is critical to have abuse of ego in order to balance and to be able to use ego in harmony, for the stronger Self becomes, then, the stronger Self can become. And thus, it is very important to allow the ego to develop, for the ego is the manifestation of personality. And it is then the combination of the three personalities, Soul, Higher Self and Conscious that bring about the total identity of the energy.*

*The tricky part comes in when there is an imbalance among the three, and those imbalances can occur very easily. It is a delicate balancing. If there is an imbalance, however, it does not negate the flow of information that comes from the Soul to the Higher Self to the Conscious level. Understand that that information is always coming through. It can be derailed when it gets into the Higher Self, but it is never not coming in from the Soul to the Higher Self.*

*The issues really take on magnitude between the Higher Self and the Conscious level and between the Higher Self and the Soul. There is not issue with Conscious Self and Soul. There is always this Higher Self being the intermediary, so it is the Higher Self that has the issue, either with the Soul or with the Conscious Self, you see. And thus, if you were to look in the mirror ~ look in the mirror and say to the mirror, "Hello! I am me." Look at Self through a different perspective. Look at yourself as being in control of yourself. No one has the right to tell you who you are, only you. And each of you is beautiful, and each of you is of the Light ~ to somebody. ☺ Maybe not to somebody else, but that does not matter.*

*Now. What do you think of this information? Do you have questions? (There is a silence) Surely our hypnotist does. ☺*

### **What Purpose Does The Soul Have If It Already Knows The Answer?**

**You mentioned that all of the blocks we create are created by the Soul, or the process of earth plane personality, or to experience lessons. I assume the blocks are taken away when the Soul has decided the lesson has been learned.**

*Or learned to satisfaction, maybe not completely learned, but to the satisfaction of the Soul for that particular time frame.*

So the Soul knows the answer to begin with.

Yes.

And who is doing the learning then if everything is controlled by the Soul and we do not have any supposed control ourselves?

*Very good question. The Soul is a vibrational field that is a component within the Energy Circle. It is the Energy Circle that then brings in the learned information, you see. We take the ~ we go one step further ~ this is graduate school information ~ that the Soul, yes, houses all the memories, but the greater picture encompasses the Energy Circle, which we have described, which encompasses other components, as you all know, of other energies that make up your total field of experiences.*

*And thus it is that whatever the Soul then determines has been learned is then stored for the benefit of the total energy in this Energy Circle, and that is where the lessons need to be learned. Remember, we described this Energy Circle as having indentations as it goes from one grouping of energy to another within The Circle, and it is the learning of the lesson that the Soul determines has been completed that fills in those indentations. And once the Energy Circle is smooth, ta-dah! It is ready to return to The One, and it rolls itself right back into The One.*

*There is far more to this than just the Soul, you see. There is a higher power of Self controlling the total experience, for if you were to accept the premise of simply three vibrational fields working, sort of together, then it would be, rightly, as you questioned, what purpose then does the Soul have if it already knows the answer? Who is doing the learning? It is the total energy field, which is far greater than each of the components, the vibrational fields. Does that clear it for you?*

**I think it does. Does that mean that, the WE that I am talking about here ~ being the individual ego, that we are just here to gather experiences for the whole Soul Community or The Energy-Field Community?**

*Well, we are all here to play. You know, we say this almost every session now. We are here to play. The coming out of The One is a decision made by an energy and that knowing that they are coming out of The One, that there will be the games, for this is the reason for coming out of the One, is to play. It is very boring in The One. The Universal Consciousness knows all ~ very boring. Think of how bored you would feel if you knew everything. What would you do?*

**Think about it.**

*You would have nothing to think about. You would know all. You would sit where you are and what would you do? You would ~ there would be no reason to do ~ to be ~ to do anything. You take ~ all the fun now is in the learning. You know, you can go back to The One any time you want.*

⊗ Oh, yeah? How do we do that?

⊗ Learn all your lessons.

## Pushing The Abort Button And Returning To The One Without Learning All Your Lessons

*No. You know, we have been on record as saying lessons must be learned, and you must do this, and you must do that, until you are finally through, and you return to The One. Well, yes, that is true. However, each of you also has the option of pushing the abort button, going back, saying, "Ah, I did not like this after all." Many entities do this.*

How do you do it?

*You simply do it. It is very easy to do, and no one is going to know ~ no one knows that you have either completed your lessons or simply said, "I do not like this after all," and you go back to The One. Nothing has ~ no damage occurs. It is, however, you see, the illusion of being out of The One that creates this idea that you must complete everything that you do before you can be let back in.*

So, we are not out of The One at all.

No.

But the Soul has to push the button.

Ah, now, why would you think it is the Soul?

You said the Soul was in control.

*The Soul is in control of components of the Energy Circle. Who do you think pushes the button?*

Well, if the Conscious Self would do it, it would happen a lot. 😊

Ah. Not as often as you would think, my son.

I would think it is a team. All of them have to be in agreement. Because as long as one wants to stay, you cannot go.

*That is most accurate, my love. It is most accurate.*

**Either all of them go, or none.**

*Cannot be one!*

**There would be a hole in the circle.**

*There would be a hole in the circle, and then everything would fall out.*

**Is that the purpose for airline crashes? An Energy Circle decides they are going to leave?**

*No. No, there is much more, related to mass departures. It is not part of this particular activity of pushing the button. Think of it ~ we will go to your question in a moment. Think of this button. Visualize this button. It is round, you see, round button.*

**And red. 😊**

*It could be any color you wanted it to be. Round button. Now, it is like a knob. Think of it this way. And here is the Energy Circle, it is a Circle, and the Energy Circle, with all of its indentations, gets together, has a conference, take a vote. They decide, fine, go back. They suction themselves onto the knob ~ the button. And they push it. Whoosh, they are gone. That is a visualization of how it happens, but it is the visualization of instantaneous dissolution of energy, for energy is an encasement. Anything out of The One is an encasement. And thus, The Universal Consciousness, put on alert ~ Energy Circle entering! Comes in. Gone. But, you see, it is very difficult to gain consensus within one's own Energy Circle, but it is possible, my loves. There is nothing that you, as an energy, do not control.*

*Now, your question.*

**Yeah, Waith. What I am struggling with is the fact that our conscious behavior is completely determined by the Soul.**

*Have difficulty in grasping because you cannot see it.*

**That is correct, yes. But I am still wondering why there are so many people struggling on their conscious level. Is it because their soul has nothing else to do than to continue struggling because it is boring? I always thought that the Soul itself would develop when the individual at the conscious level will struggle with different issues that the Soul at least will then ~**

*Yes. When the Soul has determined that an issue needs to be worked upon, it sends that information to the Higher Self, and then at that point it becomes ~ this is where the tricky part comes in, and that once the lesson has been learned at conscious level, it goes back to the Soul and the Soul says "Yippee" and sends it into the Energy Circle which then starts to strengthen, and then it is time for the other lesson. You see, when you come out of The One, all of the lessons that are to be learned are stored in the Soul, you see.*

Okay, so there is a purpose behind why the Soul gives out certain lessons to the conscious.

*Yes.*

It is not just there is nothing else to do.

*It is not random. It is not haphazard. It is all very planned by the Soul in conjunction with the total Energy Circle. Conscious Self is simply the playing out of a lesson. That is all. It is quite fun. Now, you know, you might say, "Well, Waith that is easy for you to say. You are up there in the clouds. You are not here on the earth plane." However, The Angelic Kingdom is a training ground, and the same concept applies to the Angelic Training Ground, and that the Angelic, while in a different dimension from you on the earth plane, also has in its own dimension a concrete, current consciousness, a Higher Self and a Soul.*

*So, you see, I now, in my coming through and speaking to you, am operating at the conscious level of the dimension of The Angelics. I am playing out that which my soul has determined needs to be learned. Part of the Angelic Training Ground is having access to high levels of information and being teachers to other training grounds. Nonetheless, the same concept applies, you see. Do you understand?*

The lessons that we learn ~ is that what other teachers, or other sources, would call karma, to take a lesson and kind of work it through, or is that a totally different concept?

*There are so many words on the earth plane that are used to describe the same issue or the same concept. Karma is a word that we choose not to use, for we simply do not like the way it sounds coming out of the mouth. We do not have to have a high spiritual reason for not using a word. ☺*

**Does The Holy Spirit Discussed In The Course Of Miracles Basically Talk To The Higher Self?**

About the Holy Spirit and the point of view of the *Course of Miracles*, which says basically that this whole thing is an illusionary struggle between The One and the ego, and the Holy Spirit was created as mediator. And from reading the transcripts, and hearing what you say, I cannot get a direct correlation with what the Holy Spirit would be, in the way you describe it, but the question I was trying to ask is, does the Holy Spirit basically talk to the Higher Self?



*The best way that we can smooth over this information, for understand that information that comes through from the informational dimensions, such as The Angelics, aims toward specific levels of understanding audiences, and that something is described in a particular way so as to achieve an understanding by groups of entities who have a certain level of understanding. The Holy Spirit, as it is described in this particular message that you speak of, correlates with the Higher Self in the information that we are giving. That is the easiest way to describe it. It becomes difficult for some individuals who receive information from several different sources to correlate.*

**So, they are basically synonymous?**

*They correlate, yes.*

### **When An Energy Leaves The One, It Takes What They Determine Is Necessary To Play**

**As souls or Energy Circles go back into The One ~ is therefore steadily growing and constantly expanding, or does the energy that leaves The One already contain all that?**

*When an energy leaves The One, it takes with it that which they determine is necessary to play, knowing, however, that the connection back to The One has never been broken, the thin thread as we have described it, and that whenever it is needed, the Energy Circle sends a telegram to The One and says, "More information needed than planned." And The One says, "For a price, we will send you that information!" ☺*

**Does the One grow? Or does it stay the same?**

*The One, as you are trying to ascribe it, is not physical. It is not encased. Only that which is encased has the capability of doing anything, growing or not growing or decreasing. The One simply is.*

### **Discussion About Communication Aspects Of The Energy Circle ~ When And How That Occurs**

**You talked about the various aspects of the Energy Circle, communicating with each other in some form. When does that happen? Does that go on constantly, or only between lifetimes, or only between experiences, or during ~ if we were in contact during our dream state, for example. Or is that a constant thing?**

*Constant. Continuous. There is the master controller of the Energy Circle that tries to keep all the energies organized. You cannot get away from that word. The Universe is very ordered, very organized, and nothing occurs that does not follow order. And thus, the Energy Circles, while they have the capability, and indeed they do communicate continuously, there is order to that. And there is great control in each Energy Circle as to when certain activities occur ~ the dream state, for example.*

*When it is time for you to go into the sleep state, the Energy Circle is given that message, "Conscious Self going into sleep state." And thus, certain activities then open up, and information, whether it be through dreams or simply leaving the encasement to do other work in other dimensions, is all under the control of the Energy Circle. And then, when it is time to return into the conscious state, Energy Circle blows the whistle and calls you back in. "Recess is over. Time to get back to work." As you sit now in this gathering, each of you, your Energy Circle is at work getting ready for whatever next activity you will involve yourselves in at the conscious state.*

**How large is this Energy Circle?**

*Three by five, two by four. ☺ My love, Energy Circles take their own shape. There is no size as you would want to place a standard. For if there were a size, we would run out of room.*

**How Can We Understand Your Description Of The One, As It Simply Is?**

**You described The One as being that it is. Is the reason you describe it as that is because we are, as lay people, could not fathom the information that would describe it?**

*Well, you know, there is nothing to describe, for it simply exists, but existence is an illusion. Existence, in fact, is an encasement, and therefore, for us ~ and you are correct, you see ~ for us to give you a sense of The One, we do unfortunately need to give you a frame of reference. So, if we were to say that it simply is ~ "is" is an illusion.*

**So, it is nothing. ☺**

*NOTHING is an illusion. NOTHING implies that there is something.*

**But you have a clearer understanding of what you are understanding than we could. ☺ I hope so!**

*Yes. Yes.*

**So, as our vibration increases, we will have a better understanding of what the answer would be if it were real. ☺**

*That is correct. None of what is occurring now is occurring.*

**A Discussion Of The Game Of Lesson Learning**

You described that sometimes the Soul will arrange lessons that look like limitations or blockages for an individual. So, that means that from our point of view, we could not see when someone seems to be in a very limited state, like a coma, or they are born into a role of certain kinds of sense deprivation, or things that we look at as inability to learn, or they may be involved in a whole different set of lessons that are really just beyond ~

*Oh, but of course. Everything is a lesson. There is no deprivation. That is not part of the scenario. It is only illusionary that you who would have ~ would think that someone who does not have what you have, is deprived and that, therefore, they should be felt sorry for, that somehow poor things came in and experienced certain situations. It is all ~ you each, in your many, many experiences, not only on the plane, earth plane, but on other training grounds, have gone through all of these issues, or will. It is the game, you see. That is all.*

**But if the Soul knows all, why do they put us through all these lessons when they already know the outcome?**

*Who is they? ☺ It is you.*

**Okay. Why do we put ourselves ~ our soul ~ why does our soul put us ~**

*That is between you and your soul. For, you see, some entities choose a very different path and do not have what appears to be difficulties, because whatever the path has been is determined by the Soul. So, you decide yourself that you are going to have a miserable life. ☺*

**That is quite a game.**

*You have ~ you know, we say that in irreverence. There is no such thing as a miserable life from the perspective of learning and strengthening, for whatever you have decided, and you have that choice before coming onto the earth plane, as you are leaving The One, where you will go and what you will do. You have an unlimited Menu from which to choose, and you make those choices, and then you carry on. Your choices will differ from others. There will be similarities, so that misery loves company, like attracts like, opposites attract.*

*And thus, as we started out our conversation in this gathering, no external source has anything to do with what you do. You are who you are, unique, separate, yet one. And everything that every one of us do, in some way, impacts upon every other energy outside of The One. But we are separate in respect to development and growth. And, you make your own choices. And only you, only you, can solve whatever issue has been presented. We cannot cure you. We cannot heal you. We cannot learn your lesson for you. We are a source of information meant to guide you, to give you insights. But only you do what you are meant to do, based on your own plan of action.*

## A Discussion Of Interactions Between Conscious Self, Higher Self, And Soul

I am sitting here at a conscious level and agree with you completely, and things do not change. Is that because my Higher Self and Soul have not decided that we are just going to go along with that?

*Could be.*

Does my Conscious Self have the ability to make changes in my Higher Self and my Soul to go in that direction?

*Remember what we said earlier, that the Higher Self connects with the Conscious Self and that the Higher Self connects with the Soul. The Conscious Self and the Soul do not have the connection directly. So the answer to your question is yes.*

If I can straighten out my Higher Self, I will be all set.

*Not necessarily. Do not forget the Soul. For to straighten out, as you say, the Higher Self, only straightens out one component, and the balancing between Higher Self and Conscious Self may be achieved, but the balance between Higher Self and Soul may not have been.*

So, we can anticipate taking more time to do this.

*You can take as much time as you need, for you are in control, not us. And there is no time, only what is perceived as one point to the next in the illusion on the plane. Thus, you make your own time frames within Self.*

*We are ready now to depart, and look forward to being with many of you in the next gathering where we can truly have a play time, for we have our own little things planned. Limeria? (Stupid Questions Session October 11, 1992) Limeria has things planned that she thinks we do not know about. ☺ It is a time of gathering for joyful Lightheartedness and play, for we enter a new phase on the training ground of the plane in which we will be giving you Lightheartedness and ways in which to play, ways in which to reconcile Self and to become more comfortable with Conscious Self and to have fun with Self and to play with Self.*

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