

Waith Class Transcripts

NOVEMBER 03, 1992

Earth Plane Connection, Continued ~ Energy Dependence

Waith Uses The Word Dependence And Addiction As The Same Reference

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Earth Plane Connection, Continued ~ Energy Dependence

We welcome the new vibrations into the gathering of energy and are pleased at your venturing into our gathering during this most auspicious time on the earth plane known as your election. We make no political comments. So, do not even ask us who is going to win, for it is of no consequence anyway.

Waith Uses The Word Dependence And Addiction As The Same Reference

We are continuing our discussion of The Earth Plane Connection, and in this time frame with you, we will discuss what is best described, in your frame of reference on the plane, as energy dependence. When we use the word dependence, we also use it within the same context as addiction. And thus, we may use the word addiction and we may use the word dependency. It means, from our frame of reference, the same.

There has been much concern and discussion in the illusion currently on the plane of that which is called dependency upon something or someone outside of Self. We will address the reasons for dependency. And understand that while on the earth plane, there will be issues of dependency, for part of the earth plane condition is to work through the issues of addiction and that when one is free of dependency means that you are back in The One. And thus, as with all issues played out on the earth plane, it is an accelerated ground of training for lessons of dependency. Dependency exists in all training grounds, be it the earth plane or any of the others, be they spirit or be they in concrete, as you would know concrete.

Now. There is a sense, then, on the earth plane that one must free themselves from dependency, and this is the ultimate goal, of course, of all energy, for it is without dependency that we all are then allowed back into The One. Now. To be dependent, or to be addicted, means that you are developing a strength of inner Self, and that as you work through your issue of dependency, you grow within Self, becoming less and less dependent or addicted to those items that are external to Self.

Now. You all are at varying points in your path of growth on the earth plane, and therefore, have varying levels of addiction. Remember that the earth plane itself is an addiction. Knowing that, understand that you will always, each of you, have, while incarnated on the earth plane, a relativity of addiction to the energy of addiction of the earth plane. There is an energy of dependency that brings you continually back to the earth plane. Thus it is that to be on the plane means that you have plugged into a particular energy of dependency, necessary, as you have determined by your own planning for your path, to be critical to your own development. The issues of dependency can be worked out on any of the other training grounds, just as any of the

other issues, lessons, you choose to work on, can be worked on in other training grounds. The earth plane is a very special training ground.

All Addictions Are Co-Dependent ~ It Is Necessary To Work Through The Issues

Now. There is the issue of what is referred to as co-dependency. All addictions, my love, are co-dependent. You cannot be solely addicted without their being an interchange. It means, therefore, that if you are dependent upon a food substance, for example, that food is an energy, and that food also serves as an addiction to your energy just as individuals would be perhaps co-dependent, addicted, to each other. The Animal Kingdom, The Mineral Kingdom, all is energy, and all are planned on the earth plane to be co-dependent. It is necessary in order to work through the issues. You cannot work through your issues without interaction, you see. You would have no reason to be on the plane.

Co-Dependency Is Not Negative ~ Energy Attracts Energy In Order To Work Through Issues

Thus, it is not to be viewed in a negative sense, co-dependent. This is a phrase that is tossed about these days on the earth plane, co-dependent, as if it were some new revelation, some new behavior that is occurring. It is not. It is the history of the earth plane that energy attracts energy in order to work through issues. That is all that is occurring. Co-dependency is the opportunity to balance, be it with the "co" or be it with that energy simply because the energy has allowed an issue to be worked out, remembering that when you all have issues to be worked through, the balancing may or may not occur with the energy with whom the imbalance occurred originally. We have discussed this in other times.

Exaggerated Addictions At The Time Of The Cleansing ~ Alcohol, Or Mind-Altering Drugs

Now. There are particular addictions on the earth plane that are prevalent now as the time of cleansing comes to finality. For the past three to five hundred earth plane years, as we have indicated earlier, the illusion has been preparing for closure to bring in The New Illusion. And during these final moments of cleansing, all is exaggerated, all is accelerated. There are addictions that are part of the closure of an illusion.

One such addiction is to that which you know as alcohol, or what you call mind altering drugs. These are addictions that are most difficult to work through, and the dependency of their energy upon the energy of others, be they human, animal, mineral, vegetable, whatever particular kingdom, and understand that the energy that comes from these particular substances affect all other energies. You simply are not aware of the co-dependency factor in the other kingdoms unless you are able to communicate with the other kingdoms. What this particular area of dependency is highlighting relates to the vibrational attunement of each of you as The Shift of the axis is about to occur, and the levels of awareness that are, each of you, are working toward heightening, and that you

would find yourselves, as you become more attuned to the vibration of the planet, having less and less of a dependency upon that which is mind altering.

The purpose of these particular energies is to plug into, if you will, at a particular point in an energy's path, the ability to see beyond the current illusion, to see that there is indeed something else. And while many would call it a state of stupor, this is not to be viewed as a negative, but rather, to be viewed as a way of shaking the Higher Self into acknowledging that there is more than the illusion that is current. And once the ability at Higher Self and Conscious Self is maintained in seeing higher awarenesses, the addiction or the co-dependency is gone. It is no longer there, for the need that was apparent in the shaking up of the Higher Self has been met.

We have spoken during this year, this topic of Earth Plane Connection, of the Energy Circle and of the connection between the Soul, the Higher Self and the Conscious Self, and that the Higher Self is the intermediary, if you will, between the path and the memories of the Soul and the playing out of that path at conscious level, and that oftentimes, an energy gets stuck, and it is the Higher Self that is responsible for the unsticking ~ and it is then through this co-dependency with mind altering substances. And this can take many lifetimes, my dear ones. It does not just happen in one incarnation ~ there is then the shaking of the Higher Self that then allows a freer flow from Soul through Higher Self into Conscious Self. And the levels of awareness, then, are achieved without anything external.

As You Work Through Your Issues Of Dependency, Be Careful Of The Issue Of Judgement

Awareness, at its height, comes from within, and, as we have indicated so often, it is perfectly all right to use external crutches, if you will, to assist in the gaining of internal strength. It is necessary. It is absolutely necessary. And therefore, as you work through your issues of dependency, you must be most careful of judgement, for this is the area of set up on the earth plane, to test your judgements. Do you judge another because of their dependencies? If you may have already worked through certain dependencies, do you become elitist? Do you impose upon another? Or are you simply available for counsel, for support, for guidance?

Self-Serving Is An Addiction

For, remember that when a lesson has been learned, or so we think, opportunities come around and wham! test you to see if you truly have learned your lesson. Just when you think you have it, and you become rather complacent about having it, The Universe, in conjunction with your soul, says, "Let us really see. And let us see how arrogant or non-arrogant we are about the achieving of heightened awareness. Do we use our newly-gained awareness and sense of freedom to Be of Service to Others, or are we Self-serving?" Self-serving, then, is an addiction.

And thus, The Cycle of Lesson Learning has yet to be complete, for remember, The Cycle of Lesson learning, and this is in our readings (See Transcript dated 04.17.1990), is not complete until you as an energy have taught those who will teach the lesson. And thus, you have much to achieve in the letting go of addictions. And co-dependency, then, is an issue in which you work with the other energy to move away from the addiction of each other, be it human or any of the other addictions. You know, the kingdoms ~ addictions do not occur just, you know, human to human and animal to animal. They cross pollinate.

Now. We would enjoy having a conversation now, a dialogue, with those of you who may have questions relating to the issue of dependency.

All Energy Has Consciousness And Is Of Service ~ All Serves Each Other

You mean those chocolate bars that I crave have a consciousness?

Indeed, they do. Contrary to scientific and arrogant thought that only human and animal have consciousness ~ and there is, of course, we know, debate that even animal has consciousness, that only humans, oh! humans are the only conscious energy. All has energy. Every, every, thing on the earth plane has an energy, and all energy has consciousness. You sit now on energy. It has a consciousness. It is of service. It allows other energy to sit upon it. There is energy that sits upon each of you. At a higher level, you know this, and you have agreed. For these other levels of energy that exist on the earth plane of which you are not aware, you as humans serve in the same function as the floor would serve. All serves each other. And thus, chocolate bars serve as you serve it.

Can You Overcome Co-Dependency, And Retest It, Without Becoming Co-Dependent Again?

Yes. It is part of The Cycle of lesson learning, and that indeed this activity must be undertaken in order to have finally reached closure on the lesson so that there is no need for The Universe to send retesting. There will be a continual retesting until the Soul is absolutely certain that the lesson has been learned and the bow has been tied and closure given.

When you talked about chemical dependency, and if a chemical-dependent person wants to see if it is okay to go back out, as many co-dependent people, if they make that slip, never make it back to the support group that they need to go to. It is a very dangerous statement for people who are co-dependent on alcohol and drugs to hear that they, after so much time, feel that they go back out, so to speak.

We did not make that statement, my love. You have misinterpreted our words. We have not said that it is all right. What we are saying is that it is an issue of an energy's issue of heightened awareness and that every energy has the right to proceed upon their path and not to be imposed upon by another who feels that this is the right way to work through the co-dependency or through any of what you call chemical addictions.

It takes as long as it takes for an energy to work through their own addictions, and that those energies on the plane who have achieved a level of success in working through their chemical addictions are, therefore, responsible to Be of Service to those who might seek out their assistance. And thus, as you say, support groups are such vehicles that are made available to the energy if that energy so decides to utilize that vehicle, and that no one outside of Self has the right to impose that, that is the vehicle of choice and that if they do not return to this vehicle of support, that something has gone drastically wrong and that you may indeed have failed that individual.

There must be the fine line between Being of Service to an energy and imposing your own views. It is most difficult. We understand this, for we see it from our own levels, to watch another struggling along a path that you have already taken and that you know what is at the end of the path if such and such, and such and such, is achieved and done. But each of us learns our own lessons in our own way, and we seek out the support and the guidance from others without, hopefully, having severe judgements imposed.

Thus, you would continue to provide a support mechanism, understanding that part of the path of those who would provide a support group is also a learning of lessons in how to guide those who follow the path that you have taken. Do you understand? Has this cleared up the confusion?

The way I understood you answered the first question was that if I had been dependent on alcohol, the only way to be sure whether that I have learned a lesson is to have a glass of wine to see if it got me to be dependent upon it. Otherwise, I would not be able to wrap it up and put it in a bow, was the way I understood that you said it.

That is a very simplistic response. However, in its conceptual frame, it is correct, for in the learning of lessons of dependency, as in the learning of any lesson, once you think you have it, then the opportunity to prove that you have it is presented.

Now, in the case of, shall we say, alcohol, it is not always necessarily that you must have this glass of wine. "Ah! I am a reformed person now. I can drink this glass of wine and not become dependent again." This is not necessarily the way in which you would prove that you have achieved closure, for when closure is near for a lesson, it is at a higher level of understanding, and there is a higher spirituality that not necessarily needs to be manifested in the concrete of the illusion, such as the glass of wine, you see. For understand that the concreteness of the illusion is simply the manifestation of issues of spirit, and if there is success at spirit, oftentimes, there is no need to prove it in the concrete unless it is part of the path and you are at a certain point in the path of lesson learning.

So, for example, in this incarnation, an entity determines to look at a block of lesson learning where alcohol or other mind-altering substances are concerned, and as we have said, the lesson learning is done percentagewise. You do not come into one life and try

to do the whole thing. It is not possible. Rather, you would say "In this lifetime, I will attempt to achieve one percent ~ you have one percent you have determined to learn in this particular lifetime, of substance ~ mind altering substances. You may have already learned three percent of the lesson in other lifetimes. You come in. Now, you will add so that you will learn four percent.

It may be, then, at this particular point, in this particular percentage, that you, in this lifetime, prove that you have achieved the one percent by indeed not consuming, after having an abuse of consumption, and then to say, "Now I will see how I have done. I will take a glass of wine." And if you then have no dependencies that result from that glass of wine, that is the symbolism that that one percent has been given closure, and that you would then add that to the percentages learned and go into the next lifetime in which you will work on this issue. It may not be the very next lifetime. It could be ten or twenty or one hundred lifetimes later, but you will pick up where you left off, and you will then go into the next life already having proven that you can abstain and then go back and have a glass of wine.

So, you do not have to prove that in the concrete again, and you therefore go along in the next stage of the learning of this lesson, which goes into the higher levels of teaching those who are learning the lesson. Thus, if you are working in a support group, you are in a different phase of lesson learning for this issue than you would be if you were working through the addiction yourself. Does that answer your question?

Better.

Better. Would you frame another question?

I can think of no instance in my experience when anyone, with what I understand is alcohol addiction, would ever want to pick up a glass of wine to prove anything positively. So, while I understand what you are saying in theory, I would not want to take the chance of doing it myself, and where I am at, I would never suggest anybody else do it unless they try it right after they have a glass of bleach. ☺ And I have said that to myself, when I can drink bleach, I can drink alcohol, because I do not trust my conscious mind enough, with the way that alcohol affects it, to ever take the chance. And I have seen many people who have thought that they were ready to prove something to someone who ended up not having gotten as far as they thought they were. So, I do not know of any instance of anybody who was ever able to do that and have it be a positive result without going through more issues.

And do you have knowledge of all that has occurred in this area? You must be most careful, for you render a judgement. Understand that there are many who work through these issues of whom you have absolutely no awareness of how they have dealt with it, and that each of you encounter entities who come to you, and you to them, at relatively the same point in the path, and therefore, your frames of reference would be close. You would not, for example, meet up with an entity who did not have this as an issue, for it is at a different point on the path. It is not until you reach the fourth stage of lesson learning that you begin to expand your horizons to understand that there are many,

many ways in which entities have responded to this addiction of mind-altering substances.

And therefore, yes, your frame of reference will be limited to your own point on the path, and as each of us reaches higher levels of awareness, we are then able to see the other levels of awareness. But when those who have achieved a higher level than you have in a particular issue, you are not able to see that for you have not reached that level of awareness. Do you understand?

Yes.

And thus, you must be most careful of making categorical statements that you know of no one, for you know not all.

I understand that, but the ones who can do it, I would not come in contact with anyway in terms of attempting to support or help them.

That is correct.

So, then it is just an interesting rhetorical question because it would not show up in my part of the path.

That is correct. And in your own, each of you, quest for awareness, keep in mind this very point that has been made. Be careful of making generalizations of behavior that is applicable to your point in the path that it would apply to all.

What Happens To Our Lessons After The Shift? Is There A Break, Or New Lessons To Learn?

We have addressed that. That question has come before us in another time, and it is appropriate to place it within this context. Simply this, the lessons remain. The packaging changes. And thus, you will indeed carry on the lessons into The New Illusion. They just will appear differently. And there will be some lessons that will be, shall we say, placed on the back burner until this illusion currently on the plane comes back again, when it is appropriate to utilize the lesson within the structure of the concreteness. The concreteness of the next illusion is different from this illusion in many, many ways. But the lessons of judgement and patience and forbearance and addictions and dependency are consistent from illusion to illusion. It is just very differently packaged.

Other Kingdoms Are In The Same Mode Of Dependency As The Human Kingdom

You mentioned other kingdoms, like animal, mineral, or plant, can be just as co-dependent as an energy. Could you explain or give us an example of what you mean?

If you have an animal friend, that animal friend may indeed be dependent upon your energy for its behavior, just as you are dependent upon another for your behavior, and that you would look to another for affirmation. The Animal Kingdom is no different. Many would look for affirmation. Many would not. The Mineral Kingdom is also in the same mode of dependency. It seeks out energies. Many of you have heard crystals screaming "Take me! Take me!" Now, this is no different than you as a human going to another saying "Take me! Take me!" You see? It is all ~ it flows all very naturally. What is applicable to The Human Kingdom is applicable to all of the other energy kingdoms. It just varies in the way in which it is achieved, you see.

Are There Any Techniques For Breaking The Co-Dependency Situations?

Techniques for breaking co-dependency. It is not a quick fix, the breaking of co-dependencies, for you would not want it to be a technique. A technique implies that "If I do this, then poof! It is accomplished." This is not the way of this, as with any lesson.

There are processes by which the easing of the co-dependency can occur, and we, at the risk of sounding like a broken record, will say that meditation, the finding of the answers within the Higher Self, is the ultimate way in which any lesson is achieved. It is in finding the answers within Self that then allows the easing through of the addiction or the dependency. And also to seek out the guides, both in spirit and in physical, who have been assigned to help in a particular dependency, remembering that you have a portfolio of dependencies, and in a particular lifetime you may select only a few of those to work on, or perhaps just one, and that a guide is provided specifically to help in those particular dependencies, both spirit and physical. And thus, when you are ready for the guidance, it will be provided to you. Any of the meditation techniques, if you will, that we have given over a long period of time can be appropriate to the seeking of the Higher Self.

It is important to realize that when you recognize that this dependency that you have needs to be broken, then, and only then, will you hear what others might give you as guidance. Until inner Self has indicated the need to break the dependency, there is no technique that would be of assistance. Meditation is the pat answer, the easy answer, but, of course, it is not as easy as it sounds to seek the Higher Self information in the breaking of dependencies. Recognition of the dependency as a dependency is an important aspect of the lesson learning. Many, many do not believe that they are dependent, you see.

You referred to having some crutches that are necessary in being in a co-dependent state. Are there ways we can get nudges, like if we lose something that we value a lot, and it is kind of a nudge that we should be going on our way, on our path, in terms of letting go of that particular thing?

To respond to that question, my love, would be a generalization, for the situation that you describe could be in a particular situation a nudge, as you would call it, to let go,

and in another situation, it may simply be a way in which a guide is jolting you to pay attention to a particular issue. In another situation, it could be a guide gone awry who has not quite learned how to be a guide yet. 😊 Messed up the message. One never knows, you know. We are all students at some level.

Does Farena have something she wanted to tell us?

Well, you know, you must have seen the bouncing energy, for I was about to say that before we depart that Farena wants to lighten up the vibration a bit, and so it is a tribute that you picked up on that energy, dear one.

Farena: Hello-o-o. 😊 Thank you, my loves. Do you love these beautiful flowers? They smell wonderful, according to Mushiba. Hello-o-o! Are you all very serious? Because Waith just gave you such serious stuff! Now. Hi-i-i! (Farena taps the mic to give the one taping a jolt) We had to wake up! We have a little poem. Now. You have to see the flowers in full effect, and (Name) made this beautiful vibrational attire. Is that the right word? Yes, attire.

ENERGY DEPENDENCE, by Farena. 😊

*I am an energy dependent
And that is very good.
Because without an energy dependent
I would not have anything to do! 😊*

Poems do not have to rhyme! 😊

We will set it to music!

Farena: Oh, Barjan. Bye-e-e-e!

Bye, Farena!

Farena: You sparkly lights. Bye. Everybody be happy now and work on your co-dependencies and your dependencies and your addictions and all that stuff, because then when you do, and you are all done, you can come back to The One, and we can play. Bye!

Waith: Now. We are about to depart the vibration, and we would give you an energy of Lightheartedness that would complement that which Farena just sprinkled out to all of you, to remember that in the seriousness of the lessons, there is the Lightheartedness, the flipside, and to remember that all that we have said in this year of The Earth Plane

Connection topics has a flipside which we will be addressing in the coming year, the lighthearted. So, digest that which you have learned, along with all other serious information that you gather, and prepare for the Lightheartedness of it, for, you know, it is all a game. We reinforce this.

We also, before departing, will, in our final Public Session for this earth plane year, welcome a discussion of your individual Mineral Kingdom friends. This means, of course, that you may bring with you Mineral Kingdom friends, and we will answer questions that you might have. We would encourage you to bring as many as you want. However, we will limit one per person, and then if the time, as we measure on the plane, is appropriate, we can do more, but in order to give each who is in attendance the opportunity, we would limit.

It is also an opportunity for you to bring your mineral friends who you think might need some energy boosting or cleansing, and we will provide an overall cleansing of energy in attendance. If you have a lead mineral, you might want to bring that lead mineral with you, the beacon, if you will. And thus, it will be your agenda and not ours, and it will be our final discussion point on The Earth Plane Connection.

As we prepare for departure, gather the inner beauty of Self around that which is the Heart Center and feel the beauty of Self surrounding the Heart Center. Receive from us the energy of love into the Heart Center. This energy provides a Lightheartedness to the heart, a sense of joy and tranquility, a sense of oneness with self. And now allow the energy that surrounds the Heart Center to move throughout the encasement, filling the entire encasement. Slowly now, allow the beauty of Self to move out of the encasement and fill the gathering, and feel the energy of Self merging with the energies of all others in the gathering, and feel the combined love becoming one strong, unified energy.

And now visualize the planet Earth as it prepares for its final cleansing, and surround the planet Earth with this unified energy of love and tranquility and joy. Wrap the planet with this energy and send to the planet, Unconditional Love.

We depart now. We send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.
