

# *Waith Class Transcripts*

**DECEMBER 31, 1992**

New Year's Eve Celebration ~ The Balance Of Seriousness And  
Lightheartedness ~ The Balance Between Work And Play

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally  
By Waith  
Through Mushiba*

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## New Year's Eve Celebration ~ The Balance Of Seriousness And Lightheartedness ~ The Balance Between Work And Play

*This is the traditional time now that we speak regarding the coming activities on the earth plane year about to begin. It also is the celebration of our entry into Mushiba's vibration and her willingness to participate in this part of my mission.*

*We now enter into what is called the seventh year with our beloved Mushiba, and we are most pleased that in this particular year on the earth plane, that it is what you might call vacation time, for it will be Playtime on the Earth Plane. And we will be focusing our discussions during this coming year on behaviors and activities that will help to lighten your spirit and will help to provide the balance that is so necessary between the seriousness of purpose and the Lightheartedness of spirit.*

*And as is traditional in recent time on the plane in these sessions, we present an offering to those who are in attendance that helps to illustrate what the coming year will be about with us and also to give to those of you a gift from us. Of course, it was Mushiba who had to make them all, but, you know, that is part of her job also. And we have now for you, with the assistance of Farena, some Lightheartedness that will help you to, shall we say, move into the spirit of the New Year.*

*You know, it is so easy to be serious and to lose sight of the joy and the happiness that is for each of us part of our destiny as energies. And thus, we have for each of you a little token that will help you to remember to be lighthearted and joyful when it appears that that is the last thing you want to be. "I do not want to be lighthearted about this. This is a serious lesson I am learning! I want to be miserable. I want to feel this pain and enjoy feeling this pain. Do not talk to me about joy and Lightheartedness."*

*You know, this is a lesson in itself ~ "I want to be scattered. I want to run around feeling I do not have control over my life. I enjoy this. I do not want anyone to remind me to laugh." Thus, we have for you something that will help you to laugh, as well as the remembrance of this session's activities. And that which we are providing in this session will become available, once certain components of its construction are polished a bit, to any who would want to have this, for we will give words that accompany this gift we give to you. So you have, then, what you would commonly refer to as the prototype, collector's item perhaps, you might say, in *The New Illusion*.*

*You will be patient with this activity. Now, you see, Mushiba was most happy to be making these little gifts. We made it much easier for her this time than in times past, as many of you will know.*

*We will take this to display and you would please pass this around among each of you. And what you have here, my dear ones, is a circle. And there is a clear quartz from The Mineral Kingdom, and you will see that there are stars. This is the prototype most definitely. There are large stars and there are small stars, and all is of a white to represent the Highest of the White Light. This, then, is your Circle of White Light that sparkles. And there are, in number, eight large stars, or in the final configuration, simply eight large sparkles that will emanate from the circle. The clear quartz would be placed at the top to represent the highest of the white illumination that comes from the Highest of the Kingdom of Amelius. So you each, then, will have your circle of this sparkling White Light.*

*Now. We place this here. My love, you would please take each of those and distribute to those in the session. What now comes also is a prototype, and we will allow Farena, when it is time, to discuss with you what this symbolizes. (Each person receives a circle of stars attached to a wire; the wire is wrapped around a crystal within the circle. Each also receives a long slender branchlike wand)*

*There is now to be a circle formed by all in attendance, and we sense that essentially the circle has been formed. This is symbolic, what you see here, of the larger circle of White Light, and it is also of the same material as the smaller circle of White Light that you have, and it needs, then, to be held in circle form. (The same wire and stars, uncut, is passed to the group members as they form a circle, each holding a part of it) We begin here, and you need to form into the circle, so those in the middle must move to the circle area.*

*Yes, this you would need to place as Mushiba directed. This is Farena's, not mine. Yes, and also this other thing. Now, we must move into this middle. We have the ~ you must all form the circle holding that which you have. It is able to stretch. It is able to stretch. It is long enough, you see. We know these things. We now will have Farena enter in to do the next stage of this.*

*Farena: Hello-o-o. Hello-o-o. Hello. Do you see my new friend? This will represent me during this coming year. (Farena has a purple stuffed duck with big pink sneakers)*

**It is fluffy.**

*Farena: It is fluffy.*

**What's his name?**

*Farena: This is a girl! ☺*

**Oh, it is pink, yeah.**

*Farena: Her name is Farena ~ Junior. ☺ Now. You see this crown that I have on my head here and this beautiful little star (A star on a wand). I helped Limera find this, for it is symbolic of the gift that Waith and Company give to you for this time. This Circle of White Light that we have given to you, you place please on the top of your head, and the clear quartz crystal will face toward the front initially. And that which we handed out to you, the little swirly white thing, is representative of this wand that we have here.*

*And now, Farena Junior and I will give you the words to use. When you begin to feel distressed or in need of Lightheartedness, you place on top ~ on the very top where that which is the highest Energy Center, this represents a surrounding of the White Light on the highest Energy Center that will bring out the joy.*

*And now, you are joined in Oneness in the Circle of White Light, and you have your wand. And I would like you each now to take your wand and into the middle of the circle, do this. Go like this. And envision that you have a little brew of White Light, this is a circle, and you go like this and you are getting it all fluffed up. It is White Light and it is fluffy. And it is sparkly. Fluffy sparkles! And now, you take this wand and you bring it over to the top over the Circle of White Light, for now you have taken the fluffy White Light and you are doing this, and you are fluffing up your highest Energy Center. Fluffy, fluffy, fluffy.*

**It makes fluffy, yeah. I lost mine!**

*Farena: You cannot lose it! ☺ We will have to help you grow something on the top of your head.*

*Now. You go like this, and you continue to do this until you begin to feel the Light coming up through the Energy Centers, and you are fluffing it more and more. And you can do this in front of others. Mushiba will. She does already. Ah. And now you begin to bring the wand down in the front of your encasement, down, down through the Energy Centers, down, down, down. You will get the hang of it. Down. And then you move back up. Up, up, up, back to the Crown Energy Center.*

*And all this time you are feeling lightness. You are not concentrating on bringing in the Higher Self through high technique meditation! ☺ But rather, you are bringing lightness to Self. And if you do this with others, it makes it even more Light. And then, you bring down your little wand and you bring it down and you place it in front of you like you see me. You do that. You place it in front of you.*

*Now. You place your left foot over your wand and your right foot in back of the wand. Hold, my love, hold. Now, you place your hands, fingers to fingers ~ you can still be holding this White Light, and now, place the hands in the upright position so that the pyramid forms, and it is parallel to that which is the Heart Energy Center.*

*And now, you take a very deep breath, in through the nose, holding, and now expel this into the center of your hands. Wh-h-h-h. Now, do not go Wh-h-h. (Farena gives a sound that is very short of breath) You go Wh-h-h-h-h! (Farena gives a sound that is very long of breath) You make a point of this. Wh-h-h-h-h! There. You see, to do it like that it is much too spiritual. You see ~ ah-h-h-h ~ no, we want you to have activity! Lightheartedness! So, in through the nose and blow in through your circle. (There is a blowing sound) Yes. (Someone made an extra blowing sound) Yes-s-s.*

*And now, you take your hands apart, holding onto the circle. Yes. And with your right hand, now go to your small Circle of White Light and turn so that the crystal faces the back. For now, the Energy Centers that are in that which is the back of the encasement that many of you have already, but many now will be opening during the coming years and time before The New Illusion, will now have the effect of infusion of Light, for your circle is now infused with the very Highest of the Fluffy White Light.*

*Now you take your left foot and you bring it back and you stand, steady, and you now pick up your wand. And now, as before ~ we have someone's wand!*

**Thank you.**

*Farena: It has special energy in it. Yes. And now, wave the wand over your Circle of Light. Fluffy. Fluffy. And now bring it down the back to that which is the neck. Fluffy, fluffy, fluffy! And back up, over the Crown, and down the front, and now into the center. Fluffy, fluffy. Fluffy! And now take that fluffed up Light and bring it to the Heart Center, fluffy! Up to the highest Energy Center. Fluffy, fluffy. And feel the lightness. And now, you bring your wand and place it over the Heart Energy Center, drawing in a breath, feeling the lightness, and expelling and drawing in the Light. Ah-h-h! And expelling.*

*And now, as you are gathered in your Light, and the circle that you have made, visualize this newfound Lightness of energy moving from your hand into that which makes the circle and feel it moving and forming the circle, forming the circle around and around. And now, grab onto the Energy Circle from your own energy and receive a portion of the total. We have energized the circle. And you now have a special energy of Lightness. Enjoy. As does Farena Junior. ☺*

**She went to sleep.**

*Farena: Did you see ~ it just appears that she went to sleep. And now, we ask you to slowly let go of that which forms the circle and allow it to fall onto the floor gently, for it is energy. And you may return to your positions prior.*

**Can I hold Farena Junior?**

*Farena: Yes, you may. We have been most pleased to have been honored to give you this gift for the New Year. Waith will elaborate on it when he returns.*

**Thank you, Farena. Thank you.**

*Farena: Think of the Light with your wand and with your Circle of White Light. From the very Highest of the Kingdom of Amelius, the Light to all of you. We will spend much time in the coming year as we talk about Playtime on the Earth Plane, Playtime on the Earth Plane. Barjan and I will have some music to play for you, and color, and all different things of joy. Farewell.*

**Farewell.**

*Waith: Well! We will leave on this beautiful crown, you see, that represents Farena, but also, you know, will represent that which we will be doing in the coming year, for it is most important to have a sense of what we call irreverence, not to be serious that "I am here on my very serious spiritual path!" A spiritual path is a spiritual path. Every path is spiritual. This is what it is all about. None of you are unique in having a spiritual path. You may be unique in that you have an awareness that you are on a spiritual path and that you consciously seek out the highest levels of understanding and awareness and that many of you are gathered here to Be of Service at the highest level to those who would want enlightenment.*

*But remember, all on the earth plane, and all who are out of The One, have a spiritual path. It may not be your spiritual path. You may think it is not spiritual at all. But then, again, someone else may not think that you are very spiritual. So, who is to define spirituality? Is it some serious activity or is it simply the quest for your destiny, whatever that destiny may be. And, while searching for the finalization of your own destiny, it is important to know, dear loved ones, that it is all an illusion after all. And thus, why not make it a happy illusion? Why not enjoy?*

*When you are feeling very earth planey ~ this is a phrase Mushiba uses often: "It has been an earth planey day!" When you are feeling overwhelmed by the illusion, when you are feeling that this is all so important and so consequential to the scheme of things, you would take your wand and you would take your Circle of White Light, and if anything, you simply place this on top of your head and go about your daily business, and see if anyone notices! ☺ They may and they may not. They may say something and they may not say something. And if they say something, "What is that on the top of your head," you look at them and say "It is a Circle of White Light. What did you think it was?" ☺ How will they respond to that? This will be your challenge.*

*You can fluff yourself up, you know, without this wand, and you can fluff yourself up without this concrete symbol. But, you know, symbolism is important on the earth plane, for you simply need to visualize. You know, we sense some of you already sort of*

*playing with your wand. We will not go into other definitions that that may possibly bring up, at least not in this session. We will do it when there are far more of you gathered and that would truly bring about, what you would call, this dichotomy of thought, "Here is this High Archangel talking of earth plane things." Ah. What is the difference of earth plane existence talking of high spiritual activities?*

*It is the balance. This is the most important part of our mission and that which Mushiba and Terra Lux helps others, to achieve the balance. It is not easy to be serious and lighthearted at the same time, is it now? It seems to be a contradiction, but in true balance, both are achieved. So you are serious about being lighthearted and you are lighthearted about being serious. You see? That is all there is to it. And there is nothing that is so serious that you cannot bring in the Lightheartedness, the play, the joy. And, when the earth plane begins to get to you, go play. Escape in any way that you can. Play, for then you will be able to come back into the balance.*

*Remember what we say so often of the teeter totter. In order to balance you must go to extremes, up and down. And so, if you are at the extreme of being very, very serious, that is the indicator to go to the other extreme and be very, very lighthearted and playful, to the extreme where you would appear to be just hiding from your issues of importance and the work that you must do. Even if this running away occurs in a five minute time frame on the plane, or a five hour, or a five day, it matters not, for what is important is to bring you back into a semblance of balance so that you have both lighthearted and serious, for it is not appropriate to be always playing, for there is work to be done, but it is not appropriate to always be working.*

*We caution you in defining play and work. Each of you has your own level and your own definition of play and work. Be careful in judging what is your play and your work as having to be another's play and work, for what you might consider play is actually work to another, and what you consider work may in actuality be play to you, but to another, they consider it work. And you may be playing and another thinks that that is far too excessive. That is not appropriate, for you would levy the judgement upon another. You have no right to do this. "You have work to do! That is too much play!" Be most cautious in defining others' behavior by your own frame of reference.*

*Simply be available to guide and assist others who would be seeking their own balance. Do not tell them what their balance is. "You should be spending fifty percent or your time playing because you spend fifty percent of your time working." It is not for you to determine what an individual's balance is. Rather, to simply Be of Service as they seek their own understanding. Meanwhile, concentrate on Self and achieving the balance within Self for then it becomes easier for you to Be of Service to Others who would seek the balance.*

*Now. We plan in this coming year of time with you to be what you might refer to often as flippant, very irreverent. There will be times when we will show you how to be extreme, and then we will show you the seriousness and the balance. You will most*

*assuredly observe this in Mushiba as you look for examples of balance. We say to you to not hesitate to seek out counsel from Mushiba during this time of Play on The Earth Plane, as you struggle with what is often called the guilt of playing. You will find no such validation of guilt from Mushiba. Rather, there will be the assistance to help in the balancing, bringing the perspective that is appropriate to Self, to each of you, not what might be appropriate to another.*

*And it is a time on the plane to explore and to find the happiness that is inherent in each of our spirits, and the time to learn to play as well as to expand on that which you have learned. And we will begin in our next Public Session discussion of Color and Sound which we began a while ago on the plane and how this each, Color and Sound, will be aids to you, in lightening and playing and feeling happy. And this will be our concentration with all of you in this earth plane year to come. Are there any questions of us?*

**There are certain animals that seem to really be lighthearted, like dolphins and otters. Should we look to them for inspiration?**

*Ah, but you see, my love, all energy is lighthearted at spirit. And just as some on the human scale are more lighthearted than others, so too in The Animal Kingdom will you find this also. And others in The Animal Kingdom have a more serious nature about them, but they also attempt the lighthearted balance with the serious. And thus, it is appropriate that you take example from those in any of the kingdoms that present perhaps a balance of Lightheartedness.*

*You know in The Kingdom of Food, as you call it, there is some food that is very fluffy and lighthearted and other food that is very serious. And in The Nature Kingdom, flowers, grass and trees, all of this, you see, some are very serious about their encasements and what they are here to do. And others are very lighthearted, you know. We reference that which is the butterfly, and we reference that which is the pussy willow being very lighthearted with the ability to be fluffy and to lighten up and fly away, you see, while still performing their spiritual mission and walking upon their own paths.*

*We will have much enjoyment in this coming year discussing in greater detail questions or concerns that any of you might have regarding other energies and the balance of serious and lighthearted.*

*(There is a silence) Oh, you are all so serious! Oh! You are thinking, "Oh, I have an opportunity to ask Waith a question. I want it to be serious and I want it to be important and have some significance."*

*My love, you are usually one who can ask a lighthearted question. 😊*



I have nothing too much to ask tonight, Waith, based on what you spoke about. I am just listening to it all and enjoying all this Light.

*Ah, well, you know, in these final moments in this year on the plane there is a particular energy that you will find yourselves encased, and it is a transition energy. And we send to you as we depart an energy that will help you to sort of cut through the muck, for at this time of energy changeover into the new year, there will be a new flow, and that which is part of your path, for you are each here in this gathering as proof of it being part of your path, that you will begin to feel the new energy of play ever so slightly. And the old energy goes onto the shelf only to be returned when this illusion comes around again on the earth plane in one million earth plane years of this exact moment in earth plane time. So, it is soon gone, and you may or may not find yourself back in this illusion at this time one million years from now on the plane. But if you are, you will recognize it. Most of you in this gathering are quite dedicated to not being here in this illusion ever again. ☺*

Waith, can I ask you a question? There is an article in the magazine that 1993 is a pivotal year and we had better make sure that we are in tune with our male/female, food, etc. Is this ~

*Oh, but we have been indicating that every year is a pivotal year, my love. This is being spoken of by entities on the plane who are suddenly discovering what you call sliced bread. ☺ The discussion of the male/female is simply another usage of what we call the balancing. We have been discussing this since we first began speaking, the balance. And thus, you will be hearing, as you have with this magazine article, stories of what they think are new ideas, new discoveries. This is nothing new.*

*In this particular illusion it has been discussed for, oh, at least three quarters of the illusion in groupings of energies that at times have made it more public than others. And on the earth plane now you are emerging from what is sometimes referred to as a dark age of spiritual discussion. It is now becoming more acceptable to talk about this male/female balancing and pivotal points and all of these things. It is what you might call the latest fad. We will be addressing much of this in the coming year on how you will be able to maintain your Lightheartedness as others suddenly become very serious about this newfound spiritual awareness. "There is a pivotal year. I have to be very careful about what I put into my encasement. I must look for the balance of my male and my female."*

*Many of you are here with your twin flames. You already know what that is like. You might say it is not especially a glamorous activity now, is it, having the male/female. Nyah. ☺*

**It can get a little intense.**

*Yes, indeed it can. We do channel-switching up here, you know. We like to tune in. We like to see which twin flames are battling it out in a particular point in time on the plane. Not all twin flames are at battle, but it is a common occurrence.*

*Now, then, we will depart for now.*

- ⊗ Are you having a party?
- ⊗ All of them will take their wings off and have a good time.

*Yes, as we had described quite some time ago and a similar question that you had asked, my love, it will be time to go into our houses, take our wings off, hang loose. ☺*

- ⊗ Good lingo.
- ⊗ Pop a couple of beers?

*We do not have beer here. It is something far better, spiritual highs. When you are at the very Highest of the White Light, then you have spiritual highs, you see, that get you there real fast.*

**How is Francis handling all this levity?**

*Frank is doing very well. We will be teaching him some important lessons which he has agreed to in this coming year. He will be speaking on several occasions in an attempt to lighten up. He has lightened up considerably since he has come into our employ.*

**I saw on television recently that his statue was taken in cross country, and the person who owned the statue was not too thrilled, but they kept sending the person cards and saying Francis' statue is with us, and he is on his journey. I could not help but think Francis ~**

*Frank was in charge of that. Yes. You see, we have given him a lesson plan to prepare him for what he will have to endure in one of these sessions. ☺ Having Farena around, you see, keeps him always sort of moving about.*

- ⊗ Where's this statue?
- ⊗ Oh, it is brought across country, and whoever took it, that is sending back postcards, and they put mops on their heads, and say here we are, we are holding Francis' statue. And I thought it was ~ someone planned that, definitely ~ did Francis plan that?

*Yes, it was Frank's doing. Yes. There will be other situations that will bring this name that he was last known as into prominence in a lighthearted way. You will see several other situations as the year of play unfolds on the plane. As we depart, we give you an energy to guide you and Be of Service to you during these final hours of this energy year. Go in joy and harmony as we send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.*