

Waith Class Transcript

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Playtime On The Earth Plane, Continued

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Playtime On The Earth Plane, Continued

The vibration currently on the plane is rather what you call chilly, is it not? We are not of the usual behavior of giving predictions for such things as "Waith, what will the weather be?" However, we would assure you that there will be very, very interesting and drastic changes occurring quite soon ~ we see it from our position as already in place ~ that relate to what you call humidity. And it will settle in to this geographic area and remain for most of the remainder of the earth plane year.

Weather Changes, As The New Illusion Moves Into Place

Thus, the discussions that we have given in relation to the weather changes, as The New Illusion moves into place, will take on an accelerated appearance now. And thus, the earth, physical, is now about to do some major vibrational adjustments that many of you have experienced in your own energy fields, this vibrational change and the effect that it has upon you in regard to the encasement temperature, going from hot to cold, and all of the sensations that one would feel in the encasement.

For those of you who are preparing vibrationally for the new earth vibration, you will find the temperature that is about to settle in to be very comfortable. Others of you will not. As you would say on the earth plane, those are the breaks! 😊 It is the opportunity, however, to bring your vibration into harmony with the vibration that the planet is working toward achieving.

Now. You might be thinking, Waith is supposed to be talking about Playtime on the Earth Plane this year. What does this have to do with Playtime on the Earth Plane? Well, you know, it has everything to do with it, of course, for we would not be discussing it if it did not. 😊 Now, you laugh, but that is the purpose, Playtime on the Earth Plane.

Adjusting Your Own Vibration For The New Illusion Energy

Now. We will want to help you with this coming time of vibrational change, for most of you will be feeling it in rather intense degrees, and we use the word degrees, you know, in the humorous manner. You ~ many of you will be feeling within your encasement very, very hot, and we have indicated, oh, so long ago that if you are able to not utilize this air conditioning, that it will better enable you to adjust your own vibration for The New Illusion energy that will be in this geographic area, that which you would now give as a frame of reference of being tropical. Now. It takes on a different dimension, however, than tropical, but that is the best way for us to describe it to you from the current frame of reference.

Now. You would say, how do we connect Playtime with the Earth Plane with getting through this heat that is about to encompass you? We provide to you a visualization that will help you to cool the Energy Centers. This is the critical way in which one would work with the vibrational changes. You work with your own energies and you work with that Energy Center that moves throughout the encasement.

Now. As we have spoken, there will be polarity changes in The New Illusion that will be different from the way in which the energy flows currently in your vibration. And the energy flows now through the Energy Centers up and down, right through the middle. Ah! In The New Illusion, in the new vibration, the energies will have a circular movement and will indeed move from what you now call right to left and left to right, rather than up and down, as you would say, north/south, it will be east/west.

A Visualization To Help To Cool The Energy Centers During The Heat

Now, as each of you is changing in your own vibration and moving into a more circular energy flow, this is what would be beneficial for you to visualize. You would visualize in the very center of your encasement ~ do not be concerned about it being in the center of energy but rather the center of your encasement, for that will be the center of your energy, and it is easier to visualize the center of the encasement.

So, you would find your own spot equidistant north/south, east/west, and you would take in that center the visualization of a giant ice cube ~ cold, wet ice cube that is about to melt. Water is a most appropriate visualization for the soothing of the energy field, just as water physically taken into the encasement is a soother of energy. When you are feeling out of balance, the intake of water is the most beneficial of anything currently available to you on the earth plane. It is the equalizer. It is the balancer.

Thus, to have the visualization of a very large ice cube in the center of your encasement, you would then, in your visualization ~ and there are some of you who could do this with your eyes open going about your regular business, and there are others who would need in some way to center and meditate and be in a quiet spot. Wherever you each are in your own ways of meditation and focusing, it is appropriate for you to continue in that. We would not say to you that you would sit cross-legged with a candle in front of you, for the candle would melt the ice cube much too quickly. ☺

So, what you do then is, in your own way, to visualize that this ice cube is filling, now, your entire encasement as it begins to melt ever so slowly. You feel the coolness of this melting process filling your encasement. Visualize it moving through the extremities, those of the fingers and the toes, and completely filling the vibration. As you do this, you call upon the very Highest of the White Light, for you are opening your Energy Centers and you must remember that when you do any type of meditation, activity or any type of movement out of the current consciousness, that you must protect yourself from those forces, mischievous or very dark, who would want to jump in and create a bit of havoc.

And thus, you call upon the very Highest of the White Light. You bring in the assistance of your guides and of your Angelic Protector.

And as you do this, and this is all occurring simultaneously, as you are bringing in the Highest of the White Light, and you are filling your encasement with the coolness of the melting ice cube, you are also filling your encasement with bright, bright Light and beginning to feel the lightness that will accompany this. For as you feel your vibration being soothed, any pain that you feel within the encasement will ease somewhat, and that in itself will bring about the sense of relief and Lightheartedness.

Now, as this is all occurring simultaneously, you are envisioning at the Heart Center that which is associated with love. You are envisioning a very fluffy white feather filling that Energy Center, and it tickles you, and it activates the love that you would feel for Self, and you would laugh at the tickling sensation. And as you begin to feel the tickling within the Love Center, it begins now to fill the entire vibration and intermingles with that which is the White Light and that which is the cooling of the ice cube. And you will then feel, overall, a sense of lightness. Now, the trick to this in its finalization is that you very quickly, as soon as you are able, you find another entity, and you go to that entity, and you say to the entity, "I send you love and Lightheartedness," and then hand them an ice cube ☺ ~ a pretend ice cube.

The idea, you know, is to be light and happy and to be able to understand that all of the changes that occur now, you can flow with those changes. There will be much vibrational disruption as The New Illusion moves in. You all have experienced this in one way or another now. We give to you ways in which you can work with it, rather than to complain about it. To complain serves no purpose. It is negative energy. It is happening. There is nothing that you can do about the fact that it is happening. It is a positive activity, for you now flow with the new vibration of the earth plane.

Would you have questions regarding this technique which we have given to you? (There is a Silence) Do you understand this fully?

What are we going to do when all the ice cubes walk in, in March?

When all of the ice cubes walk in, in March. You know, my love ~ ☺

You did not figure it out, did you?

Always, you provide a rather interesting perspective.

Now. An ice cube is an ice cube. By any name, it is an ice cube. In The New Illusion there will be symbolism for water that is cold and water that is warm. And the vibration of The New Illusion for human encasements will have more water than currently you each

have, and indeed you will have opportunities to feel like you are a walking ice cube, for you will have more water. There are many already who have brought in more of the water energy into their vibration, and many of you now about to do so, for this is part of the component of the illusion of encasement in the new energy about to occur. You see, it was an appropriate question, my love.

Energy Has A Fluidity ~ Water Has A Fluidity ~ Consumption Of Water Helps Soothe Energy

The other day I explained to a patient that she should drink more water because it is associated also with the emotions. Then she asked me how is the emotion associated with water? What is the connection?

It is a fluidity. We are most appreciative of the question for, you see, it emphasizes that which many would know instinctively but would need to understand, that the energy has a fluidity. And for those of you who would need a bit more explanation, you would think of your own energies as you would think of sparks of electricity, and it is quite vibrational, you know, and oftentimes, the sparks of electricity can become overloaded because of activity. It is part of being on the earth plane and having this type of encasement that you have, and that the water is used to help soothe it.

When the sparks begin to get too hot, the water soothes it, and it also creates a flow, for the constriction within the energy field occurs when there is a dryness, and this is the easiest way to explain it, within the vibrational field, which then manifests itself into that which is the physical encasement. And thus, the water creates that liquid aspect. It soothes and is most definitely, of course, associated with emotion, for emotion is part of the energy field.

If you are beginning to feel out of balance emotionally, drink water, at a minimum. And now you have an added technique and that is the visualization of the ice cube, to give yourself a spiritual kick as well as a physical kick, you see. It is a balance between the earth plane and the spirit, as we are here to help you achieve. Other questions might you have regarding this technique?

Would it be okay that the water is carbonated when you drink it?

You know, that is a most interesting question. Of course, we have not worked in any way to influence you in your question. ☺ That which is the carbonation, as you refer to it, can have a most beneficial effect, for that which is the bubbles can create a greater soothing when there is a sense of greater disruption in the flow of the energy. That which the bubbles create to, what you would best say, jumpstart the energy. It will get it going. You must be cautious in the amount of carbonated water that is consumed. For some energies, carbonation has no negative effect. Indeed, for those energies whose polarities have already reversed, the carbonation does not affect their energies one way or the other. For those who are in some process of vibrational changes, carbonation will have an effect. And it is, again, a way in which you sense yourself.

You know, we will not tell you, for the most part, specifically, that you should be consuming 1.3 liters of carbonated water three days out of the week. This is what you will determine is appropriate for your own energy. This is what you receive in your meditations as what appears to be appropriate. This is the opportunity to become better connected with your own vibration, your own physical Self, and to understand what is appropriate for the vibration to consume both energy wise and the encasement to consume physically. So, use it with caution. And some of you may already know that whether you use carbonated water or not, has no negative or positive effect.

Discussion Of The Circle Of Energy In The Body Changing From Counterclockwise To Clockwise

Could you talk a little more about the direction of the circle of energy counterclockwise to clockwise?

Ah, very, very good question, for it goes clockwise, as you know this time instrument, and moves with the beginnings ~ when it is first activated, it will be activated at the Crown Energy Center, the very highest Energy Center. Once it is activated, there will be no beginning or end to the movement. There are many of you who have not activated this as yet. Some of you may remember back to that point of activation, for there is generally a most dramatic physical response to the activation of the circle. It goes then, as you would say, around and around.

When the earth itself shifts on its axis, at that moment, those who have activated already their circular energy will cease ever so infinitesimally in their own energy. There will be the appearance of the cessation of life. It will be, for many, not even noticeable to those around, for there will be the connection as The Shift occurs, and the planet vibration and the spirit vibration of the planet, the earth plane itself, adjusts itself and realigns with those other energies it shares its energy with ~ The Human Kingdom, The Animal, The Mineral, all of the kingdoms. All will have changes in their energy flowing, and it will be in harmony.

It is quite a playful activity, actually, as you begin to feel your energies moving in a different way. It relates most directly with our discussions of playing on the earth plane, for as you notice a change in your own energy, you will find that those activities that you currently engage in no longer interest you. You will find new ways of expressing Self through the physical. It will mean dramatic changes in the way that you perceive color and the way that you perceive sound, music. Many of you will begin to wear clothing that is different. These are very physical manifestations of a most dramatic energy change.

And we will, when the time is right in this year, be discussing in several sessions the effects of the new energy flow on color and sound and as you perceive it, and how you will work with color and sound to lighten up your vibration. For the new flow of energy at times creates a sense of heaviness as it is kicking in, you might say, and getting

accustomed to the flow, for there will be the adjustment from North to South as East to West is occurring, and you will go back to North and South on occasion as you are moving East to West. It can create most interesting behavior and feelings, you know. We will have much more to give you on this topic.

A question about the circularity of the New Energy Centers. The way I understand it, the old Energy Centers are basically the torso and up above the Crown. When the New Energy Centers circulate, will it also take in that area?

Yes, it will, my son. It will simply be placed in a different positioning. You know, we have given this technique that we entitled the FULLMATION that is a way in which you are able to work the new Energy Centers. This is the purpose. For some, this is a most appropriate technique to begin utilizing. For others, it is not yet appropriate. But there is a very specific way in which you can focus as your Energy Centers begin to move about in a different manner. And also, as the earth's energies are changing, it creates a vibration in the atmosphere that you plug into, yourself. And so eventually, there will simply be a different positioning of all of the energies, and there will be centers, but it will be much more fluid than it currently is.

Each time there is an illusion change, the polarities also change. It is not better. It is not worse. It is simply different. And we would give you all a bit of a caution here, for this relates to ego. Yes. Be most cautious of saying to others, "My energies are circular and ~" ☺ for surely the moment that you say that, your energies will go back to what they were. And you will find yourselves coming into contact with many who are on their spiritual paths that have issues of superiority. We have talked of this before. Be so very careful of bragging that you can see auras, that you can sense energy, that you can do this, that you can do that, for each has their own point on the path, and to be judgemental of another can be most dangerous ~ for remember, that many entities are here to teach you lessons of ego, lessons to bring out this tendency of The Human Kingdom to brag. Be quiet in the development of your abilities. Use your abilities to Be of Service to Others. Rather, than to be Self-serving, be Self-less.

And as your energies begin to change, and your vibration begins to change, it is a sign that you have chosen to remain for The New Illusion, and that is a tremendous responsibility, for you will Be of Service to assist and guide those who will need to have adjustments in their own energy as the planet shifts, and for those who would decide that they do not want to hang around for this shift, they want to leave, and you will assist them vibrationally in that transition. And also, from what I pick up from Mushiba, you know, this is not a glamorous thing we talk about, these vibrational changes. It can be most difficult, and yet it is part of the path that you choose. And so, lighten up about it. It is going to hurt. That is the way it is.

Why does it hurt?

Why does it hurt? Because that is the way ~ that is the way we planned it. ☺ It was a group decision, made by The Universal Consciousness. When you all decided to leave The Universal Consciousness, you set the rules of the game. We all did. And we said the earth plane is one of the most accelerated of training grounds and this is what it will be all about. You know, growth on other ~ in other dimensions, on other training grounds, does not take on the same senses that it does on the earth plane. This is the earth plane! So, while you are on the earth plane you go by the earth plane rules. When you are on a Water Planet you go by the Water Planet rules ~ the candy planet, the same thing.

It Is Important When You Move From A Space, To Fill It With Light And Love

(Terra Lux will be moving to a new location soon.) We have in past times provided techniques for departure from an energy spacing, and we are planning to do this in this session, to give the Light and the love to the space that is now going to be left by Terra Lux and all of the beautiful energies, and to soothe the energy and prepare it for its destiny. At the same time, this is a technique that you can also utilize as you leave particular spaces. They can be physical spaces, such as this that you find yourself in. It can be emotional spaces. It can be energy spaces.

You may be involved in an Energy Circle with a group of particular entities and it is time for that Energy Circle to change. You may leave the Energy Circle, for example. You may be working with a group of entities and you leave that work environment to go into another work environment. You are leaving the space, and it is most appropriate when you leave a space to fill it with Light and with love.

Now. This new vibrational space will have a much more concentrated energy related to the earth energy. Where you find yourselves now, the concentration of energies that surround this space, all of what you call these houses in which many entities reside all around this area, has given a focus of human energy, and this is appropriate. And Terra Lux takes with it that component.

Now, however, the energies will be focused on the earth, for the physical location has a greater proximity to nature energies, as you would call it, the earth energy. And it is now appropriate, since Terra Lux, of course, is Earth Light, that much more work is done in conjunction with the earth and its vibrational changes and how each of you will have a part in that change, whether it is working directly with each other and through Terra Lux or whether it is simply on your own. The very fact that you hear the words that I speak in this session, and those who would read the words in the future, that you have been brought in and heard the information, is an indicator that in some way you have chosen to work with the earth and its energies in relation to others who are working with the earth.

Technique For Sending Love And Light To A Space You Are Moving From

Now. When the departure of all of the energies from this space occurs, and it is what you say empty, there will be filled, however, in this space, a beautiful sparkling energy. It is an energy of protection and an energy of love and gentleness. You need not move from where you are seated. We would like, however, for you to connect with hands. You need not form a circle, but to be certain that your hands, both of your hands, are touching the hands of another. There can be more than one touching. And you would want ~ oh, dearest one, perhaps you could touch this hand. Indeed. All are touching.

Breathe from deep within the Heart Energy Center. Breathe in through the mouth, pull in the breath through the mouth, and let the breath out through the nose, keeping the mouth closed as you do this. Do this one more time ~ and out through the nose. And now visualize, coming from the very center of your being, from the very center of your energy, a vibrant ball of White, Fluffy Light. It is light and fluffy, and it begins to move out of that which is the highest of the Energy Centers, that is, the Crown Energy, and it moves out. Visualize it bouncing. And now, all of the balls of White Fluffy Light are united, and there now forms one very large White Light, a ball of Fluffy White Light. Envision it filling the space, filling the space and touching all of the physical aspects of the space, and filling all of the space that is not physical, but simply is. It is slowly filling, going into every corner, all of the space. And now, as a group say after me ~ (the group repeats each line as Waith has spoken)

*WE SEND TO YOU, SPACE
THE VERY HIGHEST OF THE WHITE LIGHT
AND THE LOVE AND THE BEAUTY
THAT COMES FROM EACH OF US
FOR YOU TO USE AS YOU NEED
AS YOU FIND YOUR SPACE FILLED ONCE AGAIN WITH A NEW ENERGY
YOU ARE LOVED
AND YOU ARE RESPECTED*

Slowly now, bring yourselves back into the Heart Energy Center, renewing the love energy of Self and strengthening that love energy. And when you have completed this, squeeze the hand and release.

We are most appreciative of your participation in this Energy Centering, and you will be able to adapt this to meet the needs of your individual Self, for you need not have a group of others to form this energy ball, but simply to bring your own energy ball of White Light to fill the space. As always, the more the merrier. There is strength in the numbers of energies who would participate in any type of activity that brings together, that unites energy.

Waith Addresses Various Questions Regarding The Shift

Are we talking nuclear war here?

No, indeed not.

Last time, you talked about The New Illusion ~ colors ~ different colored skies ~ humidity. Are we talking a cosmic natural change?

Yes. It is not anything that will be precipitated by weapons, as you know them, on the plane. It is simply the earth reaching its point of clicking in its new vibration, and, the earth being the powerful energy that it is, for it must house this training ground, periodically takes a deep breath and cleans itself. You see, when you are ill and you vomit, it cleans out your encasement, doesn't it? That is what the earth is doing, spitting up.

I would assume that it is because we must go, so an energy feels that the earth will also go through a change of energy fields so that the electromagnetic field will probably not go from North to South but East to West and West to East.

You are a scientist indeed.

Thank you.

You figured that out.

I want to get out of this scientific approach this year. But this will have an effect on the shield around the earth, and I think it will also affect the entire Universe because all the planets are connected to each other, and if one planet changes its electromagnetic field, how does this affect the rest of The Universe?

Indeed. You know ~

No, I do not know.

You believe in the illusion, and you believe that there must be all of this effect taking place and that one thing will affect the other. It is simply this, the entire illusion changes. It is as simple as that. The entire illusion changes. The Universe has the power to do that, and it does it every time it decides it wants to change the illusion. So big deal! And everything then is put into place ~ like that, (Waith snaps his fingers) you see. And thus, what needs to be maintained is, and what does not need to be maintained is not. And the energy of the planet will be put into place differently, but it will simply happen.

You know, we have talked so much of the pyramids and that there will be new structures. The new structures are built to house the energy that encases the earth plane and all of the planets that are associated with the earth plane experience. It simply

happens. The scientists will, in The New Illusion, will simply accept. There will be no frame of reference.

You know, during the time of Atlantis, there was an entirely different configuration. It was a different illusion. Those who are currently on the earth plane have no recorded evidence of the Illusion of Atlantis, or so they think. There is no memory, for it was placed into storage. And this illusion, when it is finished, those in The New Illusion during the transition time, all those who remain, will have the memories of the former illusion, but that will soon go away, and there will be no recorded history of this illusion.

And what you will be in, as an illusion, will simply be accepted as that is the way it is. And the questions will begin to come out from those who advance in their scientific knowledge to try and explain the illusion, give it concreteness. "It is here. It is very ~ it is going to be here always, and we scientists have control over that." And thus, my son, you try so beautifully to bring in the spiritual component, and you are almost there. ☺

Over what period of time will The Shift occur?

Time! Yes, time. We have addressed this in many other sessions, and it would perhaps be beneficial for you to delve into some of our information, and any of those in Terra Lux can guide you in that search. It comes soon. Most, most rapidly it approaches now. But it will be very easy to accommodate, for you all now are experiencing the cleansing, and The Shift is simply the final. It is the final spitting up from the earth that creates that health then. You see, now is the illness. Now is the time of illness, the fever. The earth plane has the flu and it is trying to get rid of those diseases, and once the fever breaks, healing occurs. And that is what occurs with The Shift. It is the fever breaking.
