

Waith Class Transcript

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Playtime On The Earth Plane, Continued

The Items And Percentages In One's Toy Box From The Menu Of Lessons Chosen

Visualizing One Of Your Toy Box Menu Items As A Favorite Toy ~ Demonstration

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Can Taking On Too Many Issues At One Time Cause Madness?

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~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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For more information, please contact us ~

terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

Playtime On The Earth Plane, Continued

We are continuing in our discussion of what we have very flippantly referred to as Playtime on the Earth Plane, and, you know, we have been most deliberate in our naming of this particular topic, for as you know, we have been trying to lighten you up for quite some time now, for indeed, the information that we do give to you can weigh heavily upon the thoughts that you have and weigh heavily upon that which is your path and the interpretation in which you find yourselves having to follow in your path. And you can be so serious about it! And, not only that, you are serious about being serious. And, by golly ~ as the phrase goes ~ that is the earth plane phrase, by golly, yes? ~ that no one will have you be lighthearted, for you must be very serious in this spiritual path that you follow.

Now, some of you we have been able to convince that there is what we call the flipside, or the light side, of the issues, and in true form, many of you have become quite serious about being lighthearted. ☺ So, you are serious about having fun! It is an imbalance, my loved ones, to not have fun. It is an imbalance to not laugh and have joy throughout the energy. It is an imbalance to find yourselves in an environment, wherever that might be, that does not have ways in which Lightheartedness can express itself, for it is in only seeing the Light That one is able to truly see the issues that you work on, for you see, if it is shrouded in dark, you are not able to see. Does this make logical sense? And that the lighter you are, the greater your ability to respond.

The Items And Percentages In One's Toy Box From The Menu Of Lessons Chosen

So now, we would find it interesting to perhaps prepare you all for what you call the fall season ~ you know, this time when you all become serious again about your work endeavors and you go about doing your serious work. We do plan to present to you, during these public times, information regarding color and sound and how it relates to the development of your path, but we also will be having some fun with this Toy Box that we have so often referenced and gave discussion to quite, quite some time ago, The Toy Box. Does anyone currently gathered here remember what we have given as Toy Box definition? Speak.

That is all the lessons that we have that are in our Toy Box that we pull out, that we take on when we come onto the earth plane.

Yes. The Toy Box, you know, has been the symbolism that we have used in our efforts to lend a base of lightness to what is essentially the composite of all of the lessons you each have chosen to take on for the earth plane sojourn, not just for one particular life, and certainly not all of them for one life, but the array that you have chosen ~ and that like any child who goes to the box that contains all the toys, you take out and you place on

the ground and you play with it a bit. You put it back in. You take out another one and you play with that for a bit longer perhaps and place that back in. Some of the toys you have greater attachment to than others. These are examples of the lessons that you take on. Some lessons, you decide that you will take on a greater percentage on the earth plane.

The issue for you of patience, for example, you may say, "I will only try to achieve five percent of what I need to learn about patience on the earth plane. The other ninety five percent I will learn in other training grounds." And the issue of truth, you say, "I will try to learn twenty five percent on the earth plane and the other seventy five percent I will learn in some other training ground." So, when it comes time to play with patience and truth, which one do you think you might play with more? This is not a trick question. ☺

The one with the biggest percentage.

Say that again, my love.

The biggest percentage.

And which one was that?

I do not remember. ☺

There were only two choices. ☺ You had what we call a fifty/fifty percent chance of getting the right answer.

Truth.

That is very good. Now. This means then that there may be someone else who has in their Toy Box just the opposite. They may have decided to take for patience twenty five percent, and for truth five percent. So, they, then, would play more with what?

Truth.

Truth! ☺

⚙ **That is wrong!**

⚙ **So, I was wrong.**

That is very good, my love. You try to trick everyone, but you know, he says it with such authority that you would not question it, you see. There is a lesson there.

Truth.

Now, then, what happens is that you will find two individuals, one who has a favorite toy called patience and another one who has a favorite toy called truth. Now, it may be that out of that percentage for each of those toys, in the same lifetime they have decided to each take on, oh, for discussion's sake, one percent out of that percentage. One percent out of five, and one percent out of twenty-five. And therefore, their percentages are aligned. They both are working in the same direction percentagewise on what they want to learn.

However, usually that is not the case. It takes all the fun out of it, you see, from our end. We do not have anything to watch then, for what is more fun is to see that one has come in and is going to take on two percent and another is going to take on eight percent of the same issue. So, one looks at the other and wants to know why they are not so serious about their mission. "I am very serious about learning about patience. Why are you not so serious about learning about patience?" ~ one would say to the other. Now, you see, all of the issues that have been set up ~ issues of judgement, issues of Unconditional Love, issues of tolerance, issues of many, many different arenas.

Now. Each of you, when you come onto the plane for each of your lives, decide a priority of favorite. So, you look into your Toy Box and you start to take the toys out before entering in, and you look at them all, and then you look at what you have done, and then you look around to see who you have decided to come in with ~ you know, this is not done just by yourself. Your Angelic Protector, your guides, others who are assigned to help plan out a life for you are all around.

And, you know, as we have told you, you can plan, you can plot out your little scenarios, and so you could plug in much like you do with this archaic communication device, the computer that you call, that you can push in certain codes and it will give you what a possible outcome might be. We have a far more sophisticated way of doing that, but that is the basic concept. You can say, "No, this is not what I really would want to do." And so you play with planning your life.

Now, of course, the plan always looks better than the actuality. Many, many highly advanced entities, who should know better, have come onto the plane thinking that it was going to follow plan exactly. It rarely does. Reality, as you know it, as you call it on the earth plane, very rarely follows concept exactly. It is a schematic, as you might call it, this plan, to get you going, to get you into the plane. Now, once you are in there, you play. And as much, as we have found it difficult for you to accept, and that the earth plane is a training ground and is a Work Planet, one of the most accelerated of the Work Planets, it is still playtime. You are still on the plane in a play, acting out your role.

Now. Each of your lifetimes, then, you have one very favorite toy, your very, very favorite toy. You will have others that you like a lot, but one that is very, very favorite. You hold it dear to your heart. It may take on many, many forms. It is the one lesson that you have given the dominant percentage to, to undertake in this particular lifetime. In another lifetime, another toy will become your favorite. In another lifetime, another toy becomes your favorite, and so on.

Now, the humor in all of this comes in recognizing what your favorite toy is and in recognizing that you do, indeed, show preference to this toy. That is why you play with it so much. That is why each time a situation occurs, if you are playing in this lifetime with patience as your favorite toy, then you can be certain that because you want to play with patience all the time, patience will present itself in many different opportunities all the time. It only makes sense. You want to play with it.

Or the lack thereof.

Yes, of course. ☺ Most entities have taken on patience as their favorite toy. Or the lack thereof. And the more that you do not have patience, the more that you want it, and the more scenario that you would ask to be set up so that patience can become yours, can be truly a part of the path, truly to be worked upon, and that if you view it in humor, view it as playing, and not resent it, but to say, "Oh, but of course, this is my favorite toy!"

Visualizing One Of Your Toy Box Menu Items As A Favorite Toy ~ Demonstration

Now, you would want to visualize your favorite toy. My love, would you step up here with us? You see, now, she was given some encouragement to adorn her encasement for this session in ~ face around, my love ~ to adorn her encasement in that which could be perceived by many as playtime. (She is wearing a pink and black playsuit, with little straps and puffy knee length pants)

We want you, please, my love, to face the others now, and we will demonstrate a very small technique for the visualizing of the favorite toy. What do you think, my love, is your favorite toy?

I have several favorite toys, Waith.

What would be the favorite of your favorite? We place her on the spot, as you call it, now, for ~ what issue do you feel you work on the most, my love? (There is a silence) Go within Self. Think of the topics you talk to Mushiba about the most. It does not have to be the exact right answer. One of your favorites will do for this exercise, my love.

Self-confidence?

Ah, confidence of Self. Yes.

Yes, whatever. There was a blockage. This is, again, the blockage.

Indeed, it is. And in the GUIDELINES FOR GROWTH, what is the very first guideline that we give?

To Respect Self.

To Respect Self. You should all have these memorized. ☺ Now. Respect of Self. It is the most common play toy. So, I want you now, my love, as you face the gathering, to place your hands out in front of you. For descriptive, how would you best describe this for the written word? Palms are up, arms extended in front at a ninety-degree angle. Ninety degrees. And it is placed comfortably in front, not too high and not too low, but that which is comfortable for Self. Now. You then take into the right hand and visualize the word SELF. You do this now, my love, SELF. And into the left hand you visualize the word RESPECT. So, this technique allows you to use two words.

Now, you slowly bring your hands together, and as you are doing this, you are surrounding the area with the White Light, and you bring your hands together so that you have cupped the two hands, and you are now holding SELF RESPECT. And you bring Self Respect, now, into that which is the Heart Energy Center, and you place, then, your hands palm down onto that which is the Heart Center, so that you now visualize the words of SELF RESPECT going into that which is the Heart Center. And now, you take your hands and you extend them out in front of you, in front with palms up and the hands touching, the left side of the right hand and the right side of the left hand touching.

What you now have is the White Light remaining that has imprinted upon it SELF RESPECT, and you now take this White Light of Self Respect and bring it over to that which is the Crown Energy Center, and you sprinkle it all on top of your head. And then you bring your arms down around your energy field as you sprinkle the aura of your energy with Self Respect. And you let out a breath, for you have been holding the breath. And then you just feel the residual of the fluffy White Light sparkles. They all flow around you. And that is one way to play with your favorite toy.

Thank you.

Thank you, my love. Now. You see, you take that which is the serious, learning Self Respect, and you make it a part of the lightness of your energy field, and you do this as often as you need to. Some may find it appropriate to actually go through this technique, to do the motions of it. Others of you may simply visualize the toy, in whatever form, and surround it with the sparkling light. It can be done in an instant. Perhaps place it into a little red truck and carry it along behind you ~ whatever works.

Acknowledge that this is your favorite toy. And the more that you acknowledge and want it, the more it will come to you.

We will be giving further discussion in this ~ on this particular topic soon, as we elaborate more on The Toy Box, and for you to think about what your favorite toy is. Think about that which you work on the most. Perhaps some of you have not really thought much about it. You have thought only of all of these issues that you are working on, and it can be so overwhelming, so overburdening, that you would look at everything and not be able to do anything.

Remember that The Universe is very ordered, and The Universe attempts to help each energy to maintain order in their incarnations. And we know that it is a difficulty for many to maintain order, but that is what the plane is all about, to help you to learn order. And again, remember that order, learning about order, may be a favorite toy for one of you and not even in The Toy Box for another. Remember this. Some of you are thinking that it is not, but it is wrong! ☺ We know what you are thinking. Mushiba will not let you out of that one. It is more than just in your Toy Box.

It must have been pretty loud from a few of us.

We hear all. Now. Would there be questions about The Toy Box or what we might be able to give you for guidance in determining your toys, your favorite toy?

Can One Take On A Hundred Percent Of Any Issue Out Of Your Toy Box In One Lifetime?

You know, everything is possible. It is not recommended. First of all, it is the rare energy who would want to bring onto the earth plane a hundred percent learning of anything, for ~ it has been done, but it is not encouraged, for it truly represents a very difficult sojourn on an already difficult training ground. So let us say, for example, that in the ~ oh, in the issue of forbearance, for example, you decide to bring in, percentage wise, twenty five percent, place it into The Toy Box. Now, of that twenty five percent we would rarely encourage that an entity take the entire one hundred percent of that twenty five, you see, as you are saying, and learn it in ~ or try to learn it in one lifetime.

Rather, in looking at the totality of The Toy Box, one would say, then, based on that, what percentage would be reasonable to take into a lifetime. Generally, it is less than one percent, percentages that are taken in for a lifetime, for while it may not seem like a large amount, one percent, comparatively speaking, in the intensity to which the earth plane subjects entities to learning, it is very intense. It would depend upon The Menu that has been selected for The Toy Box. If you do not have, for example, even the issue of patience in your Toy Box, and perhaps have chosen only two menu items, let us say, of all the items available, then the larger percentages would be easier, for you have fewer mixing of elements.

It is rare, however, that an entity would only select a few toys. Usually, any of you who have committed to an earth plane sojourn are doing this so that you can have accelerated learning. And thus, it almost would defeat the purpose of coming onto the plane at all by only selecting a few items, and then perhaps, a few that are easy. It is done, however, and it is done by entities who would perhaps want to test out the earth plane, so that it may be for them, in their mind, a probationary period to see if they want to, indeed, commit to a full-scale sojourn on the earth plane.

So, what then would happen, you would meet entities who may be in this noncommittal stage, and they may indeed have taken on a very, very large percentage of an issue, almost to the point where you would feel overpowered by their zealotry at learning a particular issue or their involvement in a particular situation. But if you were to look more closely, you would see that perhaps, then, there is the focus only on that issue, rather than other smaller toys being played with. We encourage that there be the favorite toy and then a number of smaller favorite toys so that there is a balance.

Can Taking On Too Many Issues At One Time Cause Madness?

Madness. Simply coming onto the plane could be considered ~ ☺ Let us complete this response. What you refer to as madness, however, is the result of an entity taking on more, and that in itself would not create madness. However, what occurs is that once the entity realizes that there has been more taken on, there is an inability to let go. There is ~ as we have always said, you can change your course of action on the earth plane at a moment's notice. You do not have to, once you have chosen it, to continue on. You can simply say, "This is more than I thought was good," and quickly, instantaneously, with the guides and The Angelic Protector, things are changed.

But many entities will not acknowledge that they can do this, and they feel that they are bound for this, and then will experience what you can call madness, but there is a retreating into Self ~ Self-examination. It is what you would call a beating up of oneself at spirit level, and it manifests itself in what you would refer to as bizarre behavior on the earth plane, but then again, the use of ~ the definition of the word bizarre means many things to many people.

In reference to madness that you talked out, it seems like there are sometimes very enlightened sensitive souls that come in, and the world just likes to judge that person's path, and that is part of why an individual may be ahead of their time and misunderstood.

That scenario has played through on the earth plane since the earth plane was created. It is necessary for the advancement of an illusion that certain entities with particular training enter onto the earth plane to present an illusion, such as you have described, that has such a dramatic mass appeal that it advances the awarenesses of large numbers of entities on the earth plane, and it is periodically placed as a scenario into the illusion to help an illusion move along. For without those dramatic scenes from a play, the play itself becomes rather boring, and growth would not occur unless there was an occasional

shake up of the masses, and then each goes on their way, shaken up once again in their own new awarenesses, to advance the growth of the overall vibration of the earth plane.

Can Specific Colors And Sound Help You Deal With Your Toys?

Color and sound.

For example, if my toy were truth, would it be good to visualize a specific color to go along with truth as well as specific sounds?

Yes. Yes to both of those questions, and indeed, we will be going very specifically in our discussions of color and sound before the year on the earth plane has completed. I believe that the schedule, as you call it, of our discussions, our topics ~ we have given preliminary information in our times with you of color and sound. What seems to occur on the earth plane is the tendency for entities to be told that color ~ a certain color goes with a certain something else, and a certain sound goes with a certain something else.

We are aware of, for example, what are ~ we call the Energy Centers, which are also referred to as the Chakras, that they each have a color associated with them, and we are not disrespectful of this, and for many it is appropriate that they have a specific color or sound that they are told they must focus on. This is appropriate at a certain point in your development. However, as you advance in your own awarenesses, you begin to develop the ability to have your own color and your own sound based upon that which is appropriate for Self.

So, if you were going to focus on truth or patience as your favorite toy, you would be able, through your meditations ~ and we will be giving a specific technique for this for the beginnings of visualizing and coming to terms with your own color and sound, so that it becomes unique to Self ~ and that once you have felt comfortable with this color and this sound, that you have this in your environment, that it be a part of who you are, your own sound and your own color, and you follow your own sound and your own color. It may be very similar to others, and for each of the various large issues that you have, you would have different colors and different sounds, and for your overall vibration, your total vibration, you would have a color and a sound.

And this may change.

And this may change. Indeed.

Discussion On How Your Toys Interact With Each Other In The Long Run

When we talk about percentagewise, let us say you take patience as a toy and you make the commitment to complete one percent out of a hundred. That means it takes you a hundred lifetimes.

Oh, no, my son. Oh, it is not quite that easy. Oh, no, no, no, no.

We learned during all these sessions that there are interconnections between all the different toys. For example, patience and tolerance interact with each other. So, I can visualize that once you have done, let us say, twenty percent on patience, and you work on tolerance, then you may open up other issues where it will affect the patience. So, it means that you never get through the famous hundred percent which you actually tried to accomplish when you split this into percentages, because they are all interacting with each other, so you work thousands and thousands of lifetimes and you never get the hundred percent. Is that correct?

Yes, indeed. Now. First of all, let us take your example of out of the one hundred percent of patience that you would have to learn outside of The Universal Consciousness ~ you decide to take one percent onto the earth plane. This is the way you have presented it. So, the other ninety nine percent is off for other training grounds. It does not even enter into the picture for the earth plane. Only one percent. Now, out of that one percent you then would cut it into, as you say, many, many lifetimes. You may have point zero zero zero zero one (.00001) in one lifetime. You may meet up with someone who has three point zero (3.0) that they take on in patience. Therefore, right away you have a difference in your percentages.

Now. If you also have taken on tolerance, and again, this is the operative word here IF, then proportionately, tolerance works into that which is patience. However, you may have chosen not to take on tolerance, and therefore the interacting of which you speak takes on a different configuration than another entity who has taken on tolerance as well as patience. And so, The Toy Box configuration is situational. Not everybody takes on everything, and just because certain issues are related to the development of major issues, like patience, it does not mean that you have taken it on for an earth plane sojourn.

This is the issue of judgement that we speak of continuously, of looking at another through your own eyes and thinking that they, too, have taken on all that you have taken on in exactly the same pattern. This is simply not the case. You must look at another only in terms of an understanding that they have a Toy Box, and that they have in this lifetime a favorite toy, and that you have a favorite toy, and that nothing is coincidental on the earth plane, and that the meeting of energies is not happenstance, as you would call it ~ that if you were to meet up for any type of interaction with an entity who has taken on ten percent to your one percent of patience, then you can be certain that that was planned by both of you, you see.

And that can create all the conflicts.

Why Must We Have Conflicts On The Earth Plane?

But this is what the earth plane is all about. It is only ~ if there were no conflict, there would be no earth plane. This is what the earth plane's mission is, is to help in, through conflict, the learning of issues and the balancing. You balance, there is no conflict, and you feel relief. And then what usually happens? Some other issue presents itself and a new kind of conflict comes in. You see, conflict is not to be viewed as negative. It is to be viewed as positive, to be worked upon in strengthening and growing.

But there is something wrong in this structure. Why do we need the conflict? ☺ Why can't we just sit and talk and then develop and make progress? Why do we need all this fighting and ~ we could grow without conflicts, can't we?

On other training grounds, yes, that is appropriate, for it is the way the training ground is maintained. The earth plane is not. It is a Work Planet. It is a work training ground. And whenever the word WORK appears before the phrase TRAINING GROUND, it means it is inherent that there are conflicts. Now, when we have made reference to the Water Planet, for example, we have not called it a work water planet. It has a very different scenario set up for learning outside of The One, you see.

And thus, you have chosen the earth plane with your eyes wide open, as it is said, knowing fully well that these are the ground rules. And the very fact, my son, that you would find conflict in the conflict is an example of the validity of the concept of the earth plane as a Work Planet. You know, there are many entities who understand that what ~ first of all, what their favorite toy is, and that in order to make the toy closest to them, they must continually have opportunities that bring that toy into their being, and conflict is the energy that brings in the issue on the earth plane, and so you view this as part of the training, as part of the play.

There is the very fine line that all on the earth plane must ~ (unclear word), and that is knowing that this is all illusion, but knowing that because you are on the plane you must play in the illusion. You must live the illusion. You must feel the emotion that goes with this illusion. So, on the one hand, you believe it completely, for you must. And on the other hand, you believe nothing, for it is not real. None of this is real. We are not real. We are outside of The One ~ therefore, we are not real. Nothing. The Universal Consciousness is an illusion.

The Bottom Line ~ Conflicts Are A Positive ~ Do Not Take Yourselves Seriously

So, the bottom line is that no matter what conflicts we have in our life, do not take them too seriously.

This is the point for the entire sojourn. That it is like the coin, the flip. That you must indeed take what you do seriously, as we have said so often. To take Self seriously is where the difficulty comes in, and simply to take all that you do and know that this must be done, but at the same time, to laugh about it, for it is the joy and the laughter that

helps to break the tension of the seriousness without taking away from the intention of learning and growing.

Being lighthearted is a toy from The Toy Box, and not all have taken on that toy. And those who have, of course, have taken on that toy in varying percentages. And thus it is that you meet such very serious entities, and you yourself may feel such seriousness. But even though you have not taken on the toy of Lightheartedness, does not mean that you are not able to see the flipside of the toy, to see the joy in the toy that you have chosen. It simply takes on greater effort.

It is, this toy of Lightheartedness, one that we encourage the majority of entities to enter in with. Some do not listen to us. They think they know it all and so we let them. However, that, too, can be changed. You know? Once you have chosen your Menu and you have been on the plane for a while and you look around and you see what others have in their Toy Box, you can say, "I do not have that in my Toy Box. I like that." You can go back, talk to your Angelic Protector, talk to your guides, renegotiate. Renegotiate. You can add in. You cannot take out. That is not part of the negotiations. ☺

The Appearance Of One Being Excellent In What They Are Doing Does Not Mean Perfection

When someone is excellent at what they are doing, whether it be in the professional field, or whatever their expertise seems to be, and they seem to have always been that way, could it be that in many lifetimes, obviously, that they have worked on this and they are coming to a perfection on the earth plane?

It is good that you put "on the earth plane" at the end of that question, for the way to achieve ~ the only way to achieve perfection on the earth plane is to have achieved the percentage that you took on. So, if you take on ten percent of patience out of one hundred, then you go through many lifetimes and you develop your patience. And your toy has now been thoroughly cuddled and used, and you have taken on the ten percent, you have taken on, then, to the degree that you can on the earth plane, of perfection of patience, realizing of course, that there is another ninety percent that still needs to be worked on. So, perfection of the totality has not been achieved and does not become achieved until return to The Oneness, for once the totality of one hundred percent has been achieved, it means that there is completion. This is the end of ~

Then someone who is excellent at, whatever it be, like Barjan and his music, does that ~ I am only using you as an example, Barjan. Like, if I started to play music, I would be there at ground zero.

In this lifetime, my love. You must remember, and this goes to issues of judgement, that just because an entity may not have, let us say, musical talent in a lifetime, does not mean that they do not have it. It simply means that it is not what they work on, or it means that, oftentimes, entities who have achieved the perfection of the percentage, let us say, of musical talent, and they wanted to develop particular abilities on the earth plane at a certain percentage, and they did it in the first few lifetimes around, and after

that, then they can play with it whenever they want. There is no learning ~ it has been achieved.

And thus, you will find among you those who have achieved what they needed to in a particular lesson, and those who are working toward that achievement, nonetheless, have achieved a certain level of perfection, you see. Once one issue, one toy, has been played with to the extent of its usefulness, shall we say, as a lesson, it is placed back in the box and another one comes out, you see.

So, you all will have varying degrees. This is what it is all about, varying degrees of abilities. And what makes the conflict come into all of this is that so often entities look to what the differences are among each other rather than the similarities. And it is only when there is an ability to look for the similarities, is there a lessening of the emotion that goes with conflict. It does not mean the conflict will not occur. It simply means that there is not the same, what you call hostility, but rather, an understanding that, yes, this can be worked through, for there are many similarities, and not focus on the differences.

But, you see, this is very difficult to achieve for many entities, for immediately many would want to flaunt what they are able to do and to look at another in judgement and say, "You are not able to do this, and I am." And, therefore, immediate conflict of hostilities arises and there is no trust, but rather, simply the wanting to pick at each other.

But, this is all part of the earth plane scenario. This is the way in which growth occurs, for eventually, it may not be in this lifetime, it may be several lifetimes away, that you finally break The Cycle, for remember the four steps in lesson learning that we presented (See Transcript 04.17.1990). So, you know not where an entity is in their cycle of learning a lesson, and as it relates to where you are in the learning of a lesson.

Would You Talk About Resistance Of Lessons~ Wanting To Shut Down And Withdraw?

I have a question about one having resistance around their lessons and wonder if you could give me any advice on how to work through that. Sometimes an individual reaches a point in their path where they just feel like they want to shut down and withdraw. Do we nurture ourselves through them?

If another entity chooses to shut down in their path, there is nothing that you can do. As always, the only thing that any of us can do is to send the Light, not to impose the Light upon another, but simply to send it, to be available if the entity would so want to utilize that. Any attempts to impose ~ even the guides are not allowed to impose ~ and it periodically occurs that an entity will shut down on their path, and it can be cause for Self reflection, it can be cause of many, many issues.

But it is indeed the issue of the entity, and at earth plane level the best behavior is simply to emit a love and an acceptance of an entity and not to try and convince an entity that

they should be doing something one way or the other, but simply to, through your own behavior, let the entity know that you support whatever decisions they would make. You do not have to agree with them, and you certainly do not have to become a part of the decisions that the entity makes, but that out of the love that you have for the entity as an energy, that you respect. And respect is the most important issue that any entity can develop, for out of respect comes all else. Respect of Self.

I think that my main focus of the question had to do with how to deal with resistance within ourselves, not observing it or trying to do anything around another's path, but how we negotiate our own blockages.

You could slap yourself around a bit. ☺

I am sure I have.

Indeed you have. You all have. You know, when things are not going the way that you want them to go, not the way The Universe perceives that they should be going, you get angry with yourself, and oftentimes the resistance that you feel you might have is not truly resistance, but simply a reflection of, oh, a reflection, as best as we can describe it, of analyzing ~ reanalyzing what you are doing. And when this occurs at a higher level, it can put stoppages at all the levels.

It is an issue, my love, that we will give further discussion to, for it is an ongoing concern as part of the path of an entity and the growth along the path of how to deal with one's own resistances, knowing also that you will be meeting many others like yourself who are resisting. And you must be gentle with yourself, just as you would be gentle with another. And it is much easier to be gentle with another than it is to be gentle with Self and to forgive Self. So we will follow up on that discussion. Indeed.

But when you consciously realize that you are resisting, then you are not resistant anymore.

There is partial truth to that, my love, but it is a bit more complex than you have stated, and we will most assuredly address this at a future time.
