# Waith Class Transcript

# **AUGUST 17, 1993**

A Question In Reference To The Pope Speaking Of The Holy Spirit, The Mother
More Detail Will Be Given To Discuss Certain Components Of The Jesus Life
A Discussion Of The Importance In The Evolution Of Religion And Spiritual Thought
A Question About The Dominance Of Different Genders Within The Kingdoms
How Can We Tell If Consumption Of A Substance Is Okay From A Polarity Change Situation?
Questions To Jacques On The Herbs Suma And Schizandra
Waith Discusses Consumption Of Different Foods And Herbs, And The Issue Of Judgement
What Is A Good Cleansing Of The Body One Can Go Through?

#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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# A Question In Reference To The Pope Speaking Of The Holy Spirit, The Mother

I was watching the Pope on television the other day, and twice he made a reference ~ and I think it is the first time I have ever heard the Catholic Church make a reference to the Father, the Son, the Holy Spirit, the Mother. Is that not new for the pope to come out and call the Holy Spirit, the Mother?

Actually, he was giving reference to four separate components, the Mother being a reference to The Mary Energy. You know, he says what he is supposed to be saying. He has information to give to particular levels of awareness, and he does what he has been assigned to do, and while many would not agree with what he says and what that grouping of thought has for its thoughts, neither do others agree with what we would give for information. And the respect is always given to anyone who is on their path and anyone, especially, who is charged with the responsibility of information dissemination to large masses of entities. His references to four different energy components is going to be part of our discussion when we talk of spiritual evolution, the evolution of spiritual thought.

There is, shall we say, on the earth plane now, more pressure coming from the female energies for recognition of the significance and the role that is played by the female energies, and that it is not just male energies, but females that bring the balance and that there must be a realization and an acceptance of that role of the female energy. And for the purposes that were used in the planning of the Jesus incarnation that brought about the what you now know as the Catholic thought, The Mary Energy was a very deliberately planned persona that would assist in certain lessons to be learned during the evolution of the spiritual thought that came from the teachings of Jesus. So, this entity, now, who heads this Catholic thought is being, now, pressured by advanced entities on the plane who say that it is time now to give more recognition to the female component of that which was the foundation of what is Christianity.

#### More Detail Will Be Given To Discuss Certain Components Of The Jesus Life

You have mentioned that some of the Apostles were married and that that was used as an argument for priests to marry. Traditionally, they have not allowed that. There seems to be more pressure coming for that type of balance.

Well, you know, we will give you some very interesting information about what you call the early days. It is quite easy to excise information from the written record, and that has been done with Christianity. The issue of sexuality in Christianity has been one of the components built into the game plan, if you will, of the evolution of this particular projection of spiritual thought. There is much misunderstanding about the life that Jesus, as an earthbound entity, led, but we have alluded to that. But we will go into more detail, for Amelius has given the permission to discuss certain components of the Jesus life

and also components of, and components only, of other incarnations that have come out of the Amelius energy, as was requested by someone of us.

### A Discussion Of The Importance In The Evolution Of Religion And Spiritual Thought

I was at a conference this weekend with a group of people who had done a lot of these past life regression therapies with others, and it was reported that everybody who had a lifetime on the earth during that period, reported that Jesus had many female Apostles and devotees, and things that seem to have gotten wiped out of reports from the Bible.

Yes, we appreciate your adding to the possibilities, my son, of what we will be presenting to you for information, for you have asked and the permission has been given, that we give out some, shall we say, raw material. © Perhaps we should say unedited. ©

And, you know, many on the earth plane will take great offense to what we will give as information, for there is so much seriousness, just as there will be, perhaps, at a similar time frame in the future when the material that we have given through is disseminated in a similar way ~ for, you know, all spiritual thought, if it is destined to be as a grouping such as what we are giving, such as what Jesus gave, Mohammed, all of them have given, eventually, becomes organized. It is an inevitable part of the earth plane experience to organize, and it is part of a Universal Law that order must be made out of chaos.

But, you know, there is great fun in chaos, and as order is achieved, much of the fun can be lost. But it is the path, you see, of order/chaos, chaos/ order, and when the ~ when Jesus began his mission, it entailed the bringing together of many, many, many entities, both male and female encasements. However, because of the path of this spiritual thought, as we mentioned earlier, the role of the female was denied.

And, you know, just as Mushiba has been categorizing all of the information we have been presenting, she has these what you call, these scissors, and she goes through and she cuts out references to certain things that are truly not needed for the base of the information. It brings to point how easy it is to excise from information so that suddenly there is no record. Even though it is in The Universal Consciousness, at an earth plane level, there is no record, or it is hidden in some obscure archive in a language that is not able to be interpreted in current illusion abilities.

#### Why is that done?

Why is that done? Why not? You know, we have all these illusions to play with. We go from one illusion to the next, and the way in which spiritual thought is disseminated from illusion to illusion, changes, for as we indicate so often, we get bored, and so, we design a scenario and a play, and we say this is how it will be, and it is all in conjunction

with all the energies who will incarnate. There is almost what you would call a group meeting in The Universal Consciousness where there is an immediate kind of interaction as illusions are being put together, shall we say, by Amelius and the other four who are charged with that responsibility.

In other illusions it is not quite the same as it is in this illusion, but in understanding the purpose of the earth plane as a training ground, that levels of awareness are so varied, and that to understand what you call spiritual thought or information of a higher source that is not directly connected to the earth plane or to the concrete, requires that there be an evolution of behavior for certain large groups of entities. If you go into another religion, as you call it, there are other groups of entities who have levels of awareness that that particular spiritual thought evolution reaches, you see.

And thus, this is why it is done. It would be, you see, if you think this through ~ very boring if there was no diversity of spiritual thought. And if there was no diversity of what you call the organized component of spiritual thought, everyone would have essentially the same information, and then the earth plane would not be a battleground as it is. There would not be the opportunities to learn nonjudgement, to learn that what another believes is all right to believe, and that what you believe is what you believe, and not to attempt to impose upon another.

And, as you all know, of course, this is a very particular lesson that comes onto the plane through religion and spiritual thought, spiritual groupings, the test of understanding, the test of nonjudgement, and many struggle with this. Many believe, of course, that what they have as information is truth, the one and only truth, and would attempt to impose that. And others, as you gain in your own awarenesses ~ as your own awarenesses increase, you begin then to see that there is no threat that comes from another who would think differently from what you think.

And this is the purpose of evolution in spiritual thought. But it is also inherent on the earth plane that at a particular point in the evolution of spiritual thought where it becomes organized and almost, as you would say, top heavy, where it begins to lose sight of the beginnings of its thought, then other groupings are allowed to come in, and there are several now on the earth plane similar to what I present that are bringing in the purity once again of spiritual thought. And just as in Christianity, it began as a small grouping of entities who then began to disseminate, this is the way that spiritual thought plays itself through in an illusion.

A Question About The Dominance Of Different Genders Within The Kingdoms

Were the matriarchal societies as dominant, only with the females being the dominant? Were they similar to this, or did they have spiritual leaders or ~ why did they switch? Or did they switch?

Well. That actually is a far more complicated question than you would imagine, my love, and it would take a bit of explanation, for it does relate to energy dominance within encasements, and you know, because there is a female encasement, does not mean that the energy in it is female, so that it relates to some far more complex discussions and would indeed be part of our discussions, for we will have in the year coming, a thread, if you will, of discussions that relates to other kingdoms and the interconnectedness of all with the other kingdoms. And that which is female dominated versus male dominated societies ~ cultures ~ be it in The Human Kingdom or any of the other kingdoms, and understand that gender is a component of the earth plane experience and that energies such as wind, that you are not able to see, has gender.

Do not even think of asking the question. ©

- How does a boy wind and a girl wind make another wind, right? ②
- You mean, there are genders in trees, too?

Indeed. There is gender in all energy forms. That is a little bit of an enticement that we will not elaborate upon at this time. We will, however, be addressing these issues in the coming earth plane year.

Could You Comment On The Energy Known As Ramma And Whether He Is Of The Light?

Ah, yes, the old Light question. ©

Limera: Lighter than who?

Well, yes, you see, Limera's point is exactly that ~ that since it is The Spectrum of Light, to say that an entity is of the Light, it becomes difficult. We can say that certain entities have a preponderance of lightness that they are at a certain point on The Light Spectrum. However, for us to give out information of this particular entity would be an interference and an imposition on the entity's path, and we are not given permission by that entity to give out that information. Your friend would want to simply follow that which is felt within Self. And this is our advice to all, consistently, since we have been speaking with all of you that the answer must come from within. And this energy may be dark to one energy and Light to another.

And it is the same concept as the evolution of spiritual thought, the levels of awareness. In order to increase in levels of awareness, there must be opportunities to learn information. And the information that one learns may, by someone else's standards, be lower-level information. But it is necessary. All entities must work through the levels of awareness. And those who are at a higher level, were once at a lower level and had to work through. Also, those at various points on The Spectrum of Light were at another point before growth occurred.

And thus, wherever an entity is on The Spectrum of Light, it is their responsibility to serve as a beacon, to serve as the point of Light for the entities coming in that direction, so that they are able to see the way. Just as wherever an entity is in The Spectrum of Light, they would look further to the Light and be brought in. So, all is helping to bring all back into The Universal Consciousness.

How Can We Tell If Consumption Of A Substance Is Okay From A Polarity Change Situation?

You have been talking a lot about polarity changes lately, and many entities are going through polarity changes. What about when we consume foods, or medicine, or herbs, or supplements that are of different polarities than we are? For when we go through a major polarity change and we have physical or emotional problems and we take some kind of herb or medicine, how are we to tell?

Well, my love, it depends upon the entity and the energy field of that particular energy.

Yes, well, how do we know?

Well, you do not. It is not for you to know. It is only for the energy to know. And if the energy comes to you for guidance, it is an indication that there is a willingness to give to you information about its own energy. Whether you would be able to learn this concretely, in conversation, or whether in your own energy workings, you are then given that communication from the energy field of the entity with whom you are working. This is not something that can be categorically addressed when it comes to polarity changes.

Also, understand, my loved ones, that polarity changes are no big deal, you know. Some would like to make them out to be more than they actually are. Most of you are undergoing the gradual changes in your polarities that would then bring you into situations of sustenance within the encasement, be it food or what you call medicine that is appropriate, for you have, at higher levels, been drawn into those areas. If your encasement is not going to respond to a particular sustenance, it will tell you. But also you need to understand that there are issues of lessons to be learned and taught that become complex in our discussions to be able to provide to you in this particular session.

There ~ understand that everything that is on the earth plane is not bad ~ that everything on the earth plane is good. It is simply the ways in which it is utilized, so that ~ you know, we recall a question when we were talking of water being an important component in the encasement, and that water, by our definition, was liquid, and that the question came of the effect of carbonated water. Now, for some entities, to consume carbonated water would be very hard on their energy field. For others, they could consume carbonated water, gallons and gallons of it, and it would not create a problem in their encasement.

Most entities on the earth plane, however, are at a stage of evolution in their own vibrational field that requires attention to what is placed into the encasement, and that very specific food combinations, and herbs and medicinal remedies, are available for entities to attempt to become more in harmony with their own energy field.

One of the frustrations, my love, of the type of healing that you have taken on is that there is no standard answer that can be given, and, that you work with energy fields, and it then becomes part of your mission to be able to determine what would be the appropriate combinations. But this is part of your learning. There is no manual that will be given to you that will give you those answers. You, indeed, would essentially write the manual as it progresses.

#### It is difficult.

Well, yes, but that is what you wanted. But, you see, my love, what you ~ the flipside of that, and view this as not frustration, but rather, opportunity, for it forces you then to learn all of the different combinations that are available on the earth plane, and that when you are with a particular entity, you have available many, many different combinations of remedies, and that you would be careful of imposing upon an entity a remedy that, from your perspective, is appropriate.

It was Barjan who was complaining of the taste of your tea. Now, you know, there are many, many, many substances on the earth plane that achieve the same end result, and some are proving to be more popular in their mass appeal, depending upon the groupings of energies in particular geographic areas. And it becomes a responsibility of entities like yourself who are charged with seeing all the different opportunities and then selecting what seems to be the appropriate situation.

You know, this gets into a complicated discussion of addictions on the earth plane, which we will not move into at this point in our discussion, but oftentimes, it is necessary for the point on the path of an entity to feed the addiction rather than to starve it. And that is all that we would give at this point, for we will talk further of addictions. But, again, knowing whether to feed or starve an addiction is part of the learning of lessons. Often, an entity will know themselves, for they have reached awareness through their Higher Self. Other times, they will need to come into the security of an environment of a healer who would be able to help them to determine, and not to simply categorically say, "You have an addiction ~ we must starve it." But to say "Perhaps we need to feed it first."

#### Questions To Jacques On The Herbs Suma And Schizandra

I want to ask Jacques about some herbal things that we have been taking that might be of interest to others.

Jacques: We are pleased. We would address your questions.

I had a sense that Suma has a good property against infection and that it helps to boost the immunity system. Are you familiar with that, and could you comment on it?

Jacques: It is an appropriate remedy. The way in which it is currently utilized on the earth plane is in a diluted form and has limited effect. It needs to be utilized in its pure form, but more importantly, it is a soother only. It is not a cure. And there are many on the earth plane now who are not at the point in their path where this would be an appropriate remedy.

There is, if you want us to begin giving you more information on herbs, there is a more dominant energy within an herb, that is bluish in color on the earth plane now, and it comes from what you call a flower. It is, however, part of The New Illusion, for it is in The New Illusion portfolio of herbs. However, it is, as many of you have found, presenting itself now in the current illusion and can be found in, indeed, in this geographic area in which Terra Lux finds itself.

There is not a name that I can give to you for it currently, for it does not have a frame of reference. However, it is blue, and it is a flower that has a leaf that is as if it were velvet, and this simply needs to be dried, and if then used in combination with this herb, Suma, that you speak, would have a greater impact upon the immunity system. However, it has a toxicity that must be balanced with the intake of milk from the goat. ©

#### No! Back to the goat?

Jacques: We have been quiet over time in the discussions that Waith has given regarding this animal which is a very significant part of The New Illusion. There is a component from this milk of the goat that, used in balance with the combination of these two, eliminates the toxicity.

You would, after drying this, you would soak it in the milk and allow it to become soft, and you use a judgement in terms of quantity, for you would want one part herbal combination to three parts milk, so that it could be whatever measuring configuration you would have, but one part to three parts. And once it has soaked and is soft, you simply drink this and allow the body to indicate how often this needs to be consumed, be it once per day, or twice, or three times per day.

Do you use the complete plant or only the flower?

Jacques: You would use just the flower part of the plant.

Does it grow wild, rather than bought?

Jacques: We will resist responding in a smart way to that. Yes, of course, it is a wild flower, my love. The local greenhouses are not quite equipped for it.

Jacques, may I ask a question about another herb?

Jacques: Yes.

It is an herb called Schizandra. I have been using it for quite a while and I wonder, is it good for the immune system? Is it beneficial?

Jacques: It does not hurt. The issue of herbs into the encasement is perhaps a topic for a special session, for while we have given information relating to herbs as remedies and specific names and specific situations, as more advanced information is given from us as an energy grouping to all of you, it is our responsibility to give you the higher purpose of what these remedies assist an entity.

And we are not here to give quick fixes. We are here to help you to utilize that which is provided as a tool on the earth plane, to help as you move through your path of physical ailments that relate to higher purpose issues and lessons. Virtually anything that is on the earth plane can help. At the same time, virtually anything that is on the earth plane can harm. It is the attitude in which one takes on a particular issue, and therefore, particular tools that are used to aid.

There are certain plants and there are certain other components of the earth plane that have as their mission to help in the healing process. This is what we would be able to provide for information to you, those plants and other components whose mission is to help heal. However, there needs to be permission given by those energies that we would be able to give out the information in a general sense rather than in a particular sense. This is easily obtained, and your question brings into focus an area of discussion that we will embark upon in that which is the coming year.

Thank you.

Waith Discusses Consumption Of Different Foods And Herbs, And The Issue Of Judgement

Waith: Jacques is well versed, you know, in this area of connection with herbs and other components. It is a very complex discussion, and again, as he highlighted, we are not here to give quick fixes. We are not here to say that this will help everyone, this particular remedy will always help ~ when you have a toothache, use this ~ it will always help. There is much more to this. And as we have so often indicated, many, many entities need to consider a cleansing of the encasement on a regular basis, and that many of the substances that go into the encasement by energies on the earth plane now are not appropriate, for they go in, in incorrect combination, or they go in, in much much too dominant a form, you know. For other entities, it matters not what goes into the

encasement because of the lessons that they need to learn, but as you begin to increase in your own lightness and your own awarenesses, you become more tuned into that which are the needs of the encasement.

Before we leave this particular topic, however, we would indicate that the issues of judgement play very, very strongly here, and that it is important that no one judge another by what they consume, and to think that what you consume is the right thing to be consuming or not consuming. You know, Mushiba does not impose on anyone that which she consumes and does not consume, but at the same time, there is no judgement if any around her do not follow the same type of consumption pattern. And this is what needs to be kept in mind, that if you have something that works well for you, and you have found that it also works well for others, then that is simply a signal that you have something that is of benefit, but not to impose it, and that it simply means that you have something that perhaps you could share with others.

The entire philosophy of not eating meat, for example, is appropriate to certain individuals and not to others, and yet, it is so profoundly appropriate, that it has become accepted as an alternative to particular eating patterns that entities may have. However, it is not the appropriate pattern for everyone. And what may be appropriate for your eating patterns now can very well change as your own vibrations change. And again, this is a topic for a special session, for the issues of food are always of interest on the earth plane, for food is an addiction on the earth plane, and thus, we will give more attention to it.

# What Is A Good Cleansing Of The Body One Can Go Through?

You mentioned the need for periodic cleansings. What would be a typical appropriate periodic cleansing? What would it consist of?

Well, you know, our favorite cleanser is grapefruit juice and water. This has been historically, as we have given the information on the plane, that this would be appropriate. However, the time frame of which you speak, again, goes to the individual. For some entities, they find that one day, once a week, works to help keep them continually light. Others find that once, one day once a month, or one week once a month, or whatever. Our advice is to attempt this slowly. So, for example, you would consume grapefruit juice and water for one half of one day to see what effect it has, how you feel. You become accustomed to that, and to consume lightly in the remainder of that day, unless you feel that you could start one full day, to feel the effects of it.

Our recommendation is that you have a minimum of one half of one gallon of grapefruit juice per day, and that you have also the minimum of the eight cups of water per day. And when we speak of water in the fasting and cleansing context, we are referring to the pure water. And water on the earth plane is as pure from any source as it could be, you see. When we speak of purity, what you call bottled water is perhaps a bit strained from impurities but it is no more of benefit than that which is readily available, unless you

were, of course, to attempt water out of a polluted river, then that would not ~ it would have blockages in the filtering system. But to not get, shall we say, paranoid about the purity component of water, basic pure water is all that is needed. Not carbonated water for this, but the plain simple basic water, and grapefruit juice.

We have been given our time by our timekeeper that it is ending now our time with you, and we would be with you all during these coming weeks as the energy transferences increase in preparation for that which you call the season change. And there will be very, very dramatic patterns in the weather all around you, but not here within the safe zone, but all around you. You will feel residual effects of very unusual weather as the cleansing of the earth becomes even more accelerated. So, we are here to be called upon as you find depletions in your energy occurring. Simply call upon us to help bring into your energy field a shot, shall we say, of energy.