

Waith Class Transcript

OCTOBER 05, 1993

Importance Of Lightheartedness, Regardless Of The Percentage Which You Have Taken On Lightheartedness Is A Prerequisite To Departure From Your Sojourn On The Earth Plane

Farena And Barjan Have A Whimsical And Irreverent Playtime In This Session

As One Becomes More Unconditional In Love, The Avenues Are Open For Lightheartedness

Do Walk-Ins Bring Different Toys?

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ **This symbol indicates multiple responses from class members.**

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Importance Of Lightheartedness, Regardless Of The Percentage Which You Have Taken On

Well now, you are all here on the earth plane playing the earth plane game. And we have given you much discussion during this time frame of a year regarding Playtime on the Earth Plane, and our attempt, of course, being to help you maintain a sense of Lightheartedness, to not take the game seriously, on one wing, and on the other wing, to indeed take it seriously. You would say that is a contradiction, but of course it is not a contradiction. It is the way in which you achieve a balance, being lighthearted and being serious ~ being serious about being lighthearted, and being lighthearted about being serious.

Now. You know, the game on the earth plane is filled with rules and regulations, and we have addressed this with you, these rules and regulations, the earth plane requirements to be on the plane. What we want to emphasize with you in our time in this session is the importance of being lighthearted, regardless of the percentage to which you have taken on of being lighthearted. Now, we bring you back into a conversation that we had several sessions ago in which we indicated that for some of you, being lighthearted is not even in your Toy Box, and that it accounts for why so many may appear to be so serious about everything and not able to laugh and not able to feel joy.

Lightheartedness Is A Prerequisite To Departure From Your Sojourn On The Earth Plane

Well, we gave that as a preliminary type of information, but we now give you an extension of that particular information, for Lightheartedness, while not being necessarily a part of your selection of lessons to be learned, and therefore in your Toy Box, is nonetheless a prerequisite to departure from your sojourn on the earth plane. You cannot get off the earth plane unless you have achieved a level of Lightheartedness. It simply cannot be done.

It is one of the little tricks we throw into the mix. Many times, entities do not research their sojourn onto the earth plane strictly enough, and in looking at their own path, they say, "Oh, I am not going to be bothered with this lighthearted stuff. The earth plane is serious. I am going to go there and do accelerated, serious work. By golly," as you would say. "This is my path and they ~ others can play, others can do this lighthearted thing. I am not going to do it. I will not do it." And in their zeal, they are blinded by ~ and not due in any small measure to camouflage that The Universal Consciousness may place ~ they are blinded by one small component that is in the fine print, as you might call it ~ Regulations for Entry onto the Earth Plane.

Many people do not read the fine print. It is the same in other dimensions as it is on the earth plane. And in the very, very, very, very fine print, if you come onto the earth plane, you cannot leave until you have achieved a level of Lightheartedness that is

proportionate to the level of seriousness that you took on, you see. And thus, it is one of the conditions that is written into the earth plane, and it is therefore, that very small print stipulation that has been the reason for our concentration for this earth plane year of Playtime on the Earth Plane and our discussions with you of the balance of playtime, Lightheartedness, and seriousness, and that they become one, eventually.

And it is why we strike the pose of irreverence so often, and it is the reason why Farena presents herself in such frivolity, to strike at the cord, the energy cord, that comes from The Universal Consciousness and is attached to each of us, and each of us to each other, that absolutely mandates Lightheartedness. It is a Universal Concept, Lightheartedness. There is nothing frivolous about learning Lightheartedness ~ it is serious business.

Now, knowing this, you see, entities cannot use the excuse. We allowed you a few time frames to pass between saying that some of you do not take on Lightheartedness in your Toy Box, and our discussion now ~ a few moments so that you might be then able to fall into the trap, if you will, of saying, "You see, I do not have to be happy. I do not have to be lighthearted because it is apparent that I did not take that on, into my Toy Box. So leave me alone. Do not make me be happy. Do not make me feel lighthearted. Do not try to make me laugh. Do not try to make me be irreverent. It is you who have taken on this frivolous thing. It is ~ it gets in the way of the seriousness of being spiritual."

Well, time's up! That is no longer now, as of this moment on the earth plane, an appropriate behavior and response. No longer do you have that excuse. And understand that as serious as you become and in a way of arrogantly saying, "I am not going to be anything other than serious," you may leave, then, the life in that energy mode only to have accumulated, then, in your path a double dose of Lightheartedness learning.

How to stay lighthearted. It is quite simple. You simply say, "I want to stay lighthearted." That is all any of us have to say regarding any issue. But, of course, saying it at the conscious level and acting upon it at the higher levels, and interconnecting at those various levels between Higher Self and conscious illusion, is something else. And thus we would say to you now, those of you who are so serious, that you would seek out those who are very lighthearted, and seek them out in very conscious ways. And if there is a lighthearted entity who you know and feel safe with, to say to that entity, "Help! ☺ I am being double dosed, and you could help." You see, asking for help is the issue here.

Now, we would perhaps need this apparatus that you inflict upon us. Thank you, my love. Now, here, my love. We have solved the problem ~ it was actually Farena who solved the problem, for we were in deliberation for this earth plane issue of how this was going to be maintained on the garment, (The microphone) and we had met in our council meeting, and Farena was doing some other assignments and was expected to arrive after we had begun our discussions. And when she arrived in and she ~ we were all very deep, and this was a very, very difficult issue we were dealing with, you see, and Farena simply said ~

Farena: I simply said, what is the issue here? 😊 I said, I gave it to (Name given). She walks around with me. That is all there is to it. And, of course, here she is. You make a very good pocket.

Thank you. 😊

Farena: Perhaps we could make a little outfit for you so that you look like a little pocket.

Yes. That is a good idea.

Farena: Would you like to be a pink pocket? Or a purple pocket?

Oh, make it purple.

Farena: Would You like to be fluffy?

Uh-huh!

Farena: So if I walk around ~ just like a little puppy. 😊 Here, puppy!

Wait a minute. I have a leash.

Farena And Barjan Have A Whimsical And Irreverent Playtime In This Session

Farena: Barjan. Come, puppy. Barjan. Ah-h-h. Now, with Barjan's help, I am going to show you ~

Barjan: You are being too serious.

Farena: I am being very serious.

Barjan: Absolutely.

Farena: I am very serious. 😊 Now ~

Barjan: I have not spoken to you in so long.

Farena: I know. At least at this level.

Barjan: How do you like the French music? Do you like?

Farena: I like that.

Barjan: Do you like the French tunes?

Farena: One of my lives I was a very, very, very high priced whore! 😊

Barjan: And they chopped her head off!

Farena: And I was not in a female body. 😊 (Group chatter)

Barjan: Neither was I!

Farena: I know. We were together. But not doing that. 😊

Barjan: So what are we going to dance to today?

Farena: Well now, anytime that Barjan does a meditation tape, I am going to be fluffying around. Fluffy, fluffy, fluffy. Fluffy, fluffy. And the French influence is the theme.

Barjan: That is right.

Farena: It is the theme for this year?

Barjan: I think everybody that comes to do a meditation tape should say at least, "Parle vous Francis." Wouldn't that be nice?

Farena: How do you say ~ oh, it is a courtesan?

Barjan: Courtesan.

Farena: A courtesan. 😊 Now, I am going to show you a technique that you can do with each other. Two people together is the best way. One is the fluffer and the other is the fluffee. 😊 Guess who you are!

Barjan: I am the fluffer.

Farena: You can be if you want to, but watch where you put those fluffs!

Barjan: Are you ready?

Farena: I am ready.

Barjan: Are you ready?

Farena: I am ready.

Barjan: Isn't that nice? Isn't this nice? Oh, I love to do this, 😊 (As Barjan fluffs Farena's energy field)

Farena: And the other one goes like this, and what you do is that you intermingle with each other's energy fields. (Farena wiggles as Barjan fluffs her)

Barjan and Farena together ~ fluff, fluff, fluff, fluff, fluff, fluff. 😊

Barjan: Cooties! (At the crown Chakra)

Farena: Cooties!

Barjan: Cooties. Don't they have those in the heavenly realm?

Farena: No, we call them something else.

Barjan: Oh. 😊

Farena: Now it is my turn.

Barjan: Okay.

Farena: I am going to be much more spiritual about this!

Barjan: Boring. 😊

Farena: It is a good thing you were facing back to me. 😊 We go fluffy, fluffy, fluffy. Fluffy, fluffy, fluffy, fluffy, fluffy, fluffy, fluffy ~ this is not going to read well.

No.

Farena: Fluffy, fluffy, fluffy, fluffy, fluffy, fluffy, fluffy, fluffy, fluffy. Then what you do is ~ if there is a special spot that is attractive to you, you send it extra fluffy! (Farena fluffs his heart)

Barjan: My heart.

Farena: That is not where you are responding to! ☺ Here, and the crown, and the wings ~ it is the wings. Here, puppy, puppy. Here, puppy! There is the wings. There is a fluffy, fluffy, fluffy. Oops! Fluffy, fluffy, fluffy. Oop. Fluffy, fluffy. Ah-h. Fluffy, fluffy, fluffy. And it is best if you play music, and if you play FARENA'S DANCE, then it will be even better.

Barjan: That is true.

Farena: It could be the first FARENA'S DANCE or the other FARENA'S DANCE, which nobody has heard except a very few people. That is Mushiba's fault. She is bad. Fluffy, fluffy, fluffy, fluffy, fluffy, fluffy. There is a lot more to fluffy now than there used to be!

Barjan: Bitch! ☺

Farena: We have a word in spirit that coincides with that, but ~

Barjan: I will bet it does, but, you know, you are too polite to say what that is.

Farena: But Waith told me I cannot use those words. They are in Mushiba's vocabulary, but I cannot use those words.

Barjan: Not even to your twin.

Farena: None of us can ~ not in public. ☺ In meditation we will have a talk.

Barjan: Okay. Will do.

Farena: A serious talk.

Barjan: A serious ~

Farena: Very serious talk, very, very serious.

Barjan: Well, what about being lighthearted?

Farena: Lighthearted.

Barjan: Lighthearted serious.

Farena: We are very ~

Barjan: We will be serious and we will be lighthearted.

Farena: ~ serious about being lighthearted. We are very serious about being lighthearted. Remember that.

Barjan: All right.

Farena: And when you do this fluffy technique with each other, I want you to make sure that you are very serious about this.

Barjan: But lighthearted.

Farena: And ~ but lighthearted, and to follow the system of doing this. There is a system! System. The system is ~

Barjan: To be lighthearted.

Farena: ~ to be lighthearted.

Barjan: We have done this before.

Farena: Oh, there is a phrase I really would like to use but I am not able to use it! You might ~ if you ask Mushiba when she returns what that phrase was that I was going to want to use that comes out of her vocabulary, then she might tell you what it was, because we have just connected. (Farena whispers) I cannot use that phrase.

Barjan: I will bet you it is derogatory. Is it derogatory?

Farena: Yes.

Barjan: You would never say anything derogatory about me.

Farena: No.

Barjan: Never.

Farena: Never.

Barjan: Never.

Farena: Never.

Barjan: Would I ever say anything derogatory about you?

Farena: Always. ☺ You always did.

Barjan: No.

Farena: He always picks on me. He always picked on me.

Barjan: Not in public.

Farena: Once.

Barjan: Once.

Farena: Yes.

Barjan: Well, I apologize.

Farena: All right, now, you can sit down.

Barjan: Thank you, Farena.

Farena: Thank you, puppy. If I move ~

I just want to get this around you (The microphone cord)

Farena: Oh, we are playing.

So you will not trip.

Farena: Are we playing? We are playing. Will you trip?

No.

Farena: Puppy.

I was being beheaded, and he laughed! 😊

Barjan: That is because I was the executioner! 😊

Farena: I know. Isn't he terrible? Terrible.

Barjan: It was a long time ago. Live and let live. Let bygones be bygones.

Farena: But another time, I came back and I was the executioner and it was not his head up here that I cut off. 😊

So what was it?

Farena: Ask around. Ah, we have had wonderful times together!

Barjan: Just peachy!

Farena: Just peachy. You see, it is all part of the earth plane game, and while we were living those lives, it was very real and it was very much a part of what we were learning. But now we laugh about it. He cut off my head. I cut off his ha ha ha! 😊 (The scientist laughs)

Barjan: I do not think that was so funny! 😊 (Speaking to the scientist)

What was it now, was it serious? Yeah?

Barjan: Not that serious.

Farena: And you see, we are back. We are here. We are ba-a-a-ck! And nothing has deterred us, and being happy and lighthearted is the key element to that which maintained us during all this growth and continues to maintain us as the growth ahead comes closer and closer and we learn what we need to learn. We know that it is all for Lightheartedness also. And the seriousness and the Lightheartedness work in harmony, and that it is all right to act goofy. Goofy. Goofy. Fluffy, fluffy, fluffy, fluffy, fluffy, fluffy, fluffy, fluff. Next time bring your music.

Barjan: So you will be present for everyone that comes for a tape?

Farena: I will be present for everyone who comes for a tape. Bye!

Bye, Farena. Thank you. We will play your song!

Waith: Ah, indeed, now, there is the puppy. We are liking this particular role now. You know, it is very important to allow others in your own energy groupings to bring laughter, for it is very easy to become caught up in the seriousness of things, just as we were all caught up in the seriousness of discussion, and Farena entered in and broke that seriousness, you see, and allowed us all to see it from a different perspective. And this is true in all of your growth on the earth plane. Be careful of entrenching yourself with only those who are serious, who do not have a sense of this word, goofiness. Is that a word? Goofiness. It is now. Goofiness. It breaks the tension.

And also, we emphasize, once again, that being lighthearted not only is spiritually appropriate, it is spiritually essential, and that if you are not lighthearted, you will have greater difficulties in achieving your growth. And to those who would say, "You are not being spiritual if you laugh and make fun." You would say, "Au contraire, for Waith himself refers to himself as THE SPOOK." It is important to see this symbol of a spook that hangs over the energy of Barjan (A ghost windsock) ~ rather appropriate also.

Barjan: "Au contraire" is French.

We are quite aware. Thank you, Barjan, for providing this.

Barjan: We are working on our French.

There is a very, very strong French energy line in the Mushiba energy. Most interesting, most interesting. Most interesting. Mushiba can tell you of one very, very recent past French life that has been documented. Indeed.

(Discussion as the tape is turned over)

Now, puppy poised. It is ~ yes, it is a most appropriate poise. That is better. Now. That is most appropriate. Yes, that sound. Perhaps Barjan could make a very brief kind of musical sound that would be for the puppy pose.

Barjan: Aye, aye, aye! ☺

That would translate rather interestingly into the written word, will it not?

Why don't we just forget about the written word tonight?

Now, we would want to receive from you questions relating to this, and at the risk of your becoming too personal in your questions, we will guide you in this direction, but there are some issues that we would like to have placed onto the record that we would prefer having come from the group rather than directly from our words.

Barjan: I think one of the issues is, Waith, if you could comment on what we did was not so much fun and games as much as illustrating the fact that we need each other to keep our Lightheartedness. And sometimes when we keep in ourselves, that makes it harder to get out of ourselves and be lighthearted. That is why we need the other energies to fluff us up.

Would you like to sit in the chair? ☺ (Waith gets up and Barjan sits down in the rocker and starts rocking) Now, tell me, Barjan, what is life?

Barjan: Life is like a river ~

Yes? What is a river?

Barjan: Perhaps life is not like a river. ☺

Maybe not. Ah!

Barjan: I was not taking myself too seriously, I hope.

Let us analyze that. You know, it is so critical to be with others. There are some who take on the path of isolation, those who go into themselves physically, emotionally and logistically. They go into mountains and stay by themselves. Some may do this for the lifetime. Others may do it for short periods of time. And this is part of the balance, the teeter totter, being completely alone ~ the other end being never alone, you see. The balance, of course, is somewhere in between there. And most entities, then, find themselves needing very much to be with others and seeking out others.

And as our energy son Barjan has indicated, it is essential to share with one another. It is essential to be lighthearted with one another and to find another who will be part of that spiritual growth. Being lighthearted, we emphasize again, is essential for spiritual growth. You simply cannot get off the earth plane without it. And, let me reassure you of the seriousness that The Universe has of this component of the earth plane.

There are entities who are still trapped on the earth plane sojourn experience who have emptied their Toy Box completely. Emptied it. However, they have arrogantly held onto the issue of not being lighthearted. And until they meet that Lightheartedness, they will continue to return to the earth plane, and they will not be released from the earth plane

sojourn to continue in their growth in other training grounds until they have faced that component, and that the more they resist, the more it builds proportionately to having to be lighthearted.

And it becomes, then, almost, you know, this cycle of resistance that if they would simply say, "Yes, I will be lighthearted," they would find that the lifetimes that they would then have to work out the Lightheartedness would be so filled with fun, because they have emptied their Toy Box. But there is so much resistance. They hold onto it so strongly that they do not see that. And it is for those entities who you would, in your meditations, send unconditional White Light that they may see the ease with which it is to take the Lightheartedness. And then you would be part of their release from themselves. And there are those among you who are part of this condition of which we speak. We do not say specifically when we say among you here directly in this gathering, but in general ~ among you, those with whom you interact on a daily basis. Some are incarnated now, struggling. Help them.

Do not be judgemental of them by saying, "You are not lighthearted enough. You are too serious. I am not going to associate with you." That is the temptation. Rather, simply send them the Unconditional Love and the Light, and be there for them to help them to lighten up, for it is most difficult for them to do this, to lighten up. Understand that. Those who are not lighthearted at the conscious level may be very resistant to being lighthearted, but at another level, somewhere, they know that they must be lighthearted, and they struggle with that. Seek those entities out and Be of Service to them. Help them. Do not shun them. You who are lighthearted are fortunate to have grown to that level, and it becomes your responsibility to help others along that path, in a lighthearted manner, of course.

I am one of the strugglers with this issue, and the time we are living in right now is extremely difficult to become lighthearted. I feel the world around us is not lighthearted at all, and the people you are dealing with on a daily basis are not lighthearted at all. So, to learn this lesson in our lifetime is an extremely difficult one.

Oh, it is. We are not saying that it is easy. Lessons are not easy to be learned, and at the time of a cleansing, such as this, exaggerations and accelerations of all issues become dominant, and what you find are many entities currently on the plane who are struggling with the issues of Lightheartedness. And many have taken on accelerated growth in this area, and therefore are being presented with issues to test them in their Lightheartedness.

You must not be deterred by the fact that there are so many who are serious on the plane. There are just as many who are not. There are just as many who are very lighthearted. What you need to do is to make certain that you bring yourself into a vibration on a regular basis that is lighthearted, to help you, then, infuse yourself, to bring you back out into the field, shall we say, of those who are serious.

This is part of what Terra Lux provides, an atmosphere of Lightheartedness. Mushiba leads the pack in being lighthearted and irreverent. Come to this for the inspiration. The others in Terra Lux who surround Mushiba are all part of the lighthearted atmosphere. Come to that. Do not stay away from it. This will give you, then, energy to go back out and learn your own lessons of being lighthearted. It is not easy. We never said that it was, my son. And you have positioned yourself deliberately into an energy focus in this what you call business environment that is so very serious, for you have been called to Be of Service to that type of energy who you would meet, as well as to help you lighten your own energies, you see.

As One Becomes More Unconditional In Love, The Avenues Are Open For Lightheartedness

As we talk about Unconditional Universal Love, and all kinds of love, is not a prerequisite of love, Lightheartedness?

It comes with it, my son. As one becomes more and more unconditional in love, the avenues are opened for Lightheartedness. It does not mean that the avenues are filled with Lightheartedness. It means that the avenues are opened. Understand also that we then go back into the discussion of the percentages that one takes on, on the earth plane for certain issues, Unconditional Love being one of them. You could take on a percentage of only ten percent to be learned on the earth plane while another may take on a percentage of seventy five percent on the earth plane. Therefore, percentagewise, Lightheartedness then takes on different dimensions, you see.

So, you are looking, if you try to be definitive, that this person should be lighthearted in a certain way, versus another person being lighthearted in a certain way ~ you become judgemental in that. You simply want to help another to be as lighthearted as they are able to be. You are not imposing upon them. You would not say, "Look, you should be as lighthearted as Barjan." Perhaps the percentages that you have taken on, even the percentages of the earth plane conditions of Lightheartedness, are not as great as that which applies to Barjan. However, remember that Lightheartedness is that which is the ultimate vehicle by which spiritual growth is attained. You can only go so far in your spiritual growth without the Lightheartedness to accompany it.

You know, Lightheartedness is something that you work on within yourself, and be concerned only with that which is within Self for Lightheartedness, and simply, then, send out an energy from Self that says to all around, "Learn from my Lightheartedness if that is appropriate. If my Lightheartedness is greater than your Lightheartedness, learn, if you want to, from mine." You do not say this, of course. This is the energy. This is the essence of what you send out in energy to another, that you simply are available. And allow other entities to come to you in their own way if they feel it to be appropriate.

This also applies to each of you. As you look at other entities, you may feel overwhelmed by the sense of Lightheartedness from another, and indeed it may be more than you are able to accommodate at this point in your path, or even ever in your path.

The issue is to feel comfortable in your own levels of Lightheartedness and to want to grow in your own Lightheartedness, to not say, "I will not be lighthearted. I will be very serious, and anyone who tries to make me lighthearted will not be able to do that." That is the issue. And then seek out those who can help you grow in your Lightheartedness.

Waith, could I ask about someone who passed over recently?

No. You know, the framing of the question with us is most critical. You have learned this by now, that you can open up yourself for rejection.

⊛ **How is my aunt doing?**

Fine.

You see, I told you. Is it my turn to sit there now? 😊😊

Yes, Limer. It is now your turn. Would you like to come for a few rocks?

It sounds like a big effort to get rocks over there.

We do understand that there is a double meaning to a statement such as that. However, we, being the good little spooks that we simply cannot respond to that. Yes.

Farena will not let you.

It is not so much Farena, in this case, but those who I report to. Yes, indeed. Would there be any other questions before we fly away into our own madness?

What has been going on lately this past week?

I give up.

Have you been busy?

Have we been busy?

Yes.

Well, we have been pretty busy at the portal, I can tell you that.

Yes. Have we been helping there?

Some. We have been busy little energies. Busy, busy, busy. Yes. Soon to be much busier. Soon to be much busier. There will be a very, very, very significant mass departure occurring soon. We simply give you that information without any further explanation. And there will be some of you who will be called upon in spirit to help us at the portal.

Thus far we have not lost anyone to the dark. We have kept them all. Kept them all. And all is well, you see. Understand that. All is well. They come into the Light, especially when entities choose to depart in mass numbers and under conditions such as you have been witnessing. They learn much. There is much growth that comes as a result of that, and they are back into the Light. And indeed, some of them are preparing to return back onto the plane, for they have the advancement of their energies to do that, so that they will enter in, in significant numbers through walk-in situations. So ~

Do Walk-Ins Bring Different Toys?

*They can, yes. What occurs ~ that is a very good question which we would elaborate on, perhaps, in another time, but part of the conditions of walking-in and taking over the life works with a contract with the energy who they work with. They may take on some of the toys that the current energy has and bring those to completion. It may take the entire life. It may take a very short time. Generally, walk ins come in with a very specific set of toys, shall we say, especially during this time frame on the earth plane where the walk-in has very specific duties, usually, to help in the cleansing and to help in increasing awarenesses, especially for *The New Illusion*.*

*And conditions in *The New Illusion* will be bringing about very, very different lifestyles, as you might call them. And there are many now who walk in who have as their responsibilities to prepare for the new lifestyles, to prepare entities to be accepting and ready to take on those new lifestyles. But that would be an interesting question to discuss further, perhaps in the next year in which we will have a specific topic, which we will reveal shortly, not now. We will leave you in suspense for what our topic for the coming year will be.*
