# Waith Class Transcript

**NOVEMBER 02, 1993** 

Visualization For The Technique To Keep You Warm

Topic Of Session ~ Color, In Its Regard To Energy ~ All Color Is Energy

When You See Color, You See Energy ~ The Blind And Color Blind Are Able To Visualize And Make A Connection Between Color And Energy

The Responsibilities Of Self To Bring In Harmonious Colors Into Your Inner Environment

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Respect Color, Knowing That It Is The Physical Manifestation Of Energy, And Energy Is Life

#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally
By Waith
Through Mushiba

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## Visualization For The Technique To Keep You Warm

Waith: We bring into you the very Highest of the White Light. We are aware through the vibration of Mushiba of the cold that many of you now are becoming sensitive to in your own vibrations. And just as we gave you a technique during the heat to help you to stay cool, we thought it appropriate to simply give you the visualization for the technique to keep you warm. Many of you could figure this out yourself. You do not need an Archangel to tell you how to visualize warmth. But for those who would find it appropriate, we would indicate to you that it not be what you might think, and that is the flame, the fire, for we are not a proponent of the visualization of fire.

We would have you, rather, visualize a furry animal. Very furry. It could be any shape, any size, and you would visualize the furry animal covering that which is the Solar Plexus, for that is the Energy Center that would be affected by the transference of temperature, and that you would simply visualize this furry animal pressed firmly into the opening of this Energy Center. And that is all. Not elaborate at all. And if you have a furry animal, it is even better to hug the furry animal close to the Solar Plexus area when there is the sense of cold, and that will help. Many of you in this gathering were once furry animals. Indeed.

## Topic Of Session ~ Color, In Its Regard To Energy ~ All Color Is Energy

For our session with you, we will give to you some discussion on color, but in its regard to energy. This discussion will be a continuation of some of the information we have previously provided relating to the effects of color on the vibration, and more importantly, in this time frame, the abilities that color have to the transformation of energy into concrete form. Energy is nonconcrete, from an earth plane perspective. In other dimensions and in other training grounds, energy takes on a different sense of concreteness. The way in which energy, then, on the earth plane is manifested is through color, for everything that is concrete, as you know it on the earth plane, has color, even if it is transparent. Transparency is a concreteness. Transparency as defined by the earth plane illusion is concrete, even though some would argue that transparent is not concrete.

Therefore, color is the earth plane physical manifestation of energy, and therefore, color is not to be disregarded. We have indicated in the past how important it is for each of you to surround yourselves in the vibration of the color that is most appropriate for your vibration, and we have indeed given techniques in which you are able to determine color that is appropriate for your vibration. And with the categorizing now that has begun, you will soon have easy access to these techniques upon which we now give added information. Color to each energy form is critical to its continuance on the earth

plane sojourn. Think about this. If you had no color around you, there would be no energy. When you see whatever you see, it is energy in its concrete.

This then gives the added dimension to the discussion of energy that many would say applies only to living entities, living being defined primarily as human. More enlightened entities on the plane in the human form acknowledge that The Animal Kingdom is indeed alive. There are many who do not believe that The Animal Kingdom has soul in it, which is where they are in their particular point of growth.

There are many who would also recognize that The Mineral Kingdom is life, and that The Plant Kingdom is life. There are, however, significant numbers of humans on the earth plane who draw the line, if you will, at that particular point and indicate then that life exists only in those particular arenas and do not therefore acknowledge that life is what makes up energy, and energy is what makes up life, and that what you sit on now in this gathering is life, for it is energy, and that each energy takes on an encasement, and that the encasement has color, varied colors, and that each energy form surrounds itself with many other energy forms that take on color.

The chair in which this encasement is seated is surrounded in a color that is harmonious to the encasement, and it was mutually agreed upon by the encasement of this chair that its color would be harmonious with that energy who would be utilizing this chair. Thus, you each can determine the colors that surround you in the various encasement forms, and that you acknowledge that it is energy to be treated with the same respect that you would treat another human, another energy form such as an animal, and that it is of service to the greater Universe as well as to each of you.

This pillow that you sit on ~ this pillow, is energy and is to be accorded the same respect as you would another human, for it has said to the higher levels that it is here to Be of Service, and you sit upon the pillow, for that is its purpose. That is its mission. And its color at this point in its path is appropriate to the greater vibrational elements of this surrounding. It may find a new color, just as many of you find new colors, and it would be appropriate.

This concept that we elaborate upon now, for we have briefly discussed this in a prior Public Session, is one in which many humans take issue with, for to look at what is called inanimate on the earth plane is to say there is no life. And when one looks at the issue of life as energy, and that each energy form has a purpose in the greater whole, it gives you a different perspective on the entire issue of what is life and what is not life, and, the issue of the respect, for recall please, that our Guidelines for Growth have as the first guideline Respect of Self and the second guideline Respect for Others. And if you respect everything that surrounds you in your environment, be it animate or inanimate, you then respect life and its totality as it relates to The Universal Consciousness.

It is important that you find the harmony of objects that surround you and their harmony with each other, and that if any object is in your vibration, you have mutual respect, and that if you are to care for a particular object, that you do so. The human encasement is cared for by higher levels of energy, levels of energy that are off the earth plane, and just as those of us charged with protection and guidance in other dimensions to those on the earth plane dimension, so too are you charged with protection and guidance of those energies that are now in your vibration.

Many laugh, you know, at Mushiba on occasion, for she has named everything, and many of you do this also as a matter of natural behavior, and understand that it is not simply a game that is played here when inanimate objects are given names, for they are energy and there is the ability to communicate. There is the ability to communicate with the energy that makes up this chair.

And it is the higher order of understanding that you now would take this information and begin to integrate it into your own meditations to have a greater understanding, and for many, a greater acceptance of the fact that life is energy and energy is life, and that it exists in everything. The earth plane is an energy form and therefore everything that makes up the illusion of the earth plane is an energy form. The illusion is an energy form.

When You See Color, You See Energy ~ The Blind And Color Blind Are Able To Visualize And Make A Connection Between Color And Energy

Color ~ when you see color, you see energy. For those entities who are not in this lifetime seeing, or those who are unable to distinguish color from another color, this exists only at an earth plane illusionary mode and that those individuals indeed sense color. Just as we indicated that to hear sound does not necessarily mean that one must hear through the normal human encasement ears, that hearing is a higher level. Well, my loved ones, sight is also a higher level. And just as you are able to visualize color without sight, so too are those who are unable to see through eyes able to visualize color and to indeed make the greater connection between color and energy.

Now. Many disregard the importance of harmonious color in the environment and simply in a haphazard manner take this and this and this ~ this, that and the other thing ~ regardless of the harmony of its relationship to the greater environment. We do not by any means indicate that you must match. There is a difference between what we refer to as the harmony and the matching, for you could indeed utilize all the various spectrums of color within one environment and have harmony. Or, you could have disharmony. It is all in the way in which it is all brought together and the respect that goes with the bringing together.

The Responsibilities Of Self To Bring In Harmonious Colors Into Your Inner Environment

It becomes then each of your responsibilities to Self to bring in the harmonious color into your inner environment, that which closely surrounds your encasement, that which is the clothing of the encasement, and then to move out of that level into a further level so that you eventually find yourself in the greater context of color harmony, and that you have enough color harmony surrounding your close vibrational field, that when you are in an environment in which there is disharmony of color you are protected. As you begin to gain greater awareness in the importance of color and its manifestation as energy, it becomes then your responsibility to help others to understand the significance, and that every item, everything, is energy. Would there be questions?

## A Question On The Reproduction Of Colors And Energy

When you have something like a copier or a computer, do colors come in almost like the way they come into a human ~ when they are born at some point, the Soul enters in? Big copiers and little copiers. And when you change their parts, does that have any effect on their energy or, you know, like they do for a person?

Many of them like to have their parts changed. Yes, you know, it is a very interesting topic of conversation that we think would be appropriate when we give an enlarged discussion of energy, for you know, we have talked so much of energy and almost everything that we would talk about in some way would reference itself back to the topic of energy.

There are walk-ins in every energy form. It is simply not human. And as some of you have already acknowledged, The Animal Kingdom has walk-ins. Each energy has the ability to move in and out of the encasement. The human encasement is no different in concept than the chair encasement, you see, in terms of the movement of energy, in and out. And there is a similarity. We would again emphasize that the concept of birth, as you know it in The Human Kingdom, is essentially the same in all of the other energy forms. There is suddenly the movement into the encasement.

If you build something, for example, you build the chair, you see. You take the material that is used for the chair and that encasement now, the wood ~ we will use this as an example ~ the wood used to build the chair is an encasement whose energy has left. And just as you would consume meat from the animal, the energy has left that encasement. However, encasements reconfigure, and a new encasement then becomes the encasement, you see. It is new, and is therefore the vehicle for an energy to enter in.

The human encasement is constructed in much the same way, you see. The body, as it is constructed within the female, is illusionary but has come from other sources, and when it is ready for its function, it is infused with an energy. Thus, the chair is built from encasements of energies that have left and becomes a new vehicle for an energy. When it is time for it to no longer function, the energy leaves and takes on another form, just as human energy takes on other encasements once it has moved out of the particular kingdom ~ The Human Kingdom, The Animal Kingdom, The Plant Kingdom.

It would be perhaps a special topic session. We feel it would be appropriate since there is such an obsession with this topic in many quarters on the earth plane that we would address this from the higher level rather than the base level of earth plane configurations.

## Is The Way We See Color Just Different Vibrations Of An Energy?

Essentially yes, my son. You each see color differently. You know, the color of this pillow is seen in general as blue. However, the vibrational component of this color is different to each one of you, and yet you are not able to compare concretely with another. Well, what shade of blue are you seeing? It is an impossibility, for you see it vibrationally and you think that the way that you see it is indeed the way that it is. And it relates to your own vibrations to the degree in which you then see the vibration of that color. And as you, in your own vibrations, change, so too do the vibrations of your sight change.

Is that the way a blind person would see color, through the vibration, regardless of what he saw with his eyes?

Essentially yes, just as an entity who does not hear does indeed hear vibration. There is a sense of vibration. There is the ability to see color without seeing color, for it comes from a higher dimension, and it is the ability to sense the color that actually provides the harmony. And seeing color is simply a nice residual that comes from that.

Your whole body senses or sees the color, not just your eyes.

Yes, indeed.

Are Scientists Correct When They Say Animals Do Not See Colors The Way That Humans See?

Well, you know, just as humans are not able to tell what other humans are seeing for color, how could any entity say that of an animal? They do not know what an animal sees. They do not know what they see.

They think they do.

Oh, well, indeed. We are on the record many times in our discussions of the arrogance of many in the scientific communities that exist on the earth plane that they think they know it all.

Animals do indeed, just as all energy is able to respond to color, for color is life ~ it is energy ~ energy is life ~ life is energy ~ therefore, there must be a response by every energy form to its color. This chair responds to its color.

#### Are There Implications In Color Blindness For One Who Sees Differently Than The Consensus?

Indeed, there are implications to this. Some of it relates to lessons to be learned and some of it relates to a vibration of the entity, and it becomes an individual situation. What you call color blindness, by the normal standards of earth plane, we find amusing, for again, who is to determine what the actual hue is that is being presented?

And while you could very easily say, well, that person is saying that he or she is seeing red when we know that it is green, does not in any way acknowledge the higher levels of awareness of color, for color is one, and each color is an encasement in itself. And just as all energy is part of The One, this also includes color. And that if you were to take all of the colors and bring them into the higher level of understanding, the higher dimensions, they would be the same.

A Question About The Different Colors In A Painting And The Creation Of A New Energy

When someone creates something like a painting, they would have all the different colors which had their own energy, and the canvas, and they create the painting and even frame it. Do they create a new energy that goes into the finished creation?

Yes. What occurs is that each color is its separate energy and it creates then a whole energy, so that there is wholeness as well as separateness.

The person who is doing the painting, do they put any of their energy into their creation?

They can. They may not necessarily. It is certainly part of the scenario that they could, but it is not automatic. It is all part of the contract of energy groupings, whether or not that would be included.

Does intent have something to do there?

Intent in what way, my son?

I intend to put my energy into this creation.

It can. We then move into other issues where abuse and imposition can be discussed, which we would not want to move into in this time with you. Intent at the spiritual level is appropriate. However, intent can also have imposition as its flipside. So, we would indicate briefly to your question then, and simply to your question, that, yes, intent can be a part of whether the energy goes into the painting.

There are certain realms that I have heard of, for instance, the Gold Realm. I have tried to envision what that might mean. Does that mean that there is actually the color of gold in the energy at that realm?

We do indeed plan to give in a discussion the basic characteristics of color and what color means in its harmony. The gold, for example, for certain levels of vibration is very, very harmonious, and to other levels is not. However, in our wanting to give you appropriate information, when you ask a question relating to, for example, The Gold Realm, we must access the frame of reference that it relates to on the earth plane in order to give you the proper response.

There are discussions planned by us in the future with you all that will, for example, give you added insight into the Energy Centers and the appropriate colors that are associated with that, and also elaborating on the new Energy Centers that come with changed polarities and the colors that are associated with those.

The Gold Realm relates to a specific training ground that is accessed by entities who have a specific protection role in their mission, not necessarily coming from The Angelic Kingdom, but oftentimes they are from The Angelic Kingdom. We would discuss this in greater detail at the time when we do give a discussion of what color can mean and how it can best harmonize with your vibrations.

#### It Is Possible To Have Life Without Self-Consciousness

You mentioned that if color relates to energy, and energy in turn relates to life. Is it possible to have life without Self Consciousness? Or must they coexist?

They do. They do coexist. There can, however, be situations in which life exists without Self Consciousness, at the conscious level. However, energy cannot, at its highest level, exist without consciousness. And so, it is part of energy that consciousness exists. However, part of the illusion in particular training grounds is indeed the sense of no consciousness. There are forms currently on the earth plane that fit in this particular. You may know some of them.

#### Do you have an example of it?

We are facetious here. We often enjoy connecting with Mushiba when she has encountered an entity who in her mind starts to say, "This individual does not have a clue." This is the terminology I pull out of the vocabulary banks.

There are many forms of energy on the earth plane that are life, that exist, but are not aware of their existence at this particular level. This chair is an example. It is aware at

higher levels of its harmonic importance to the greater whole, but at its conscious level it does not have that awareness, but it has an awareness of being. This is the best way to describe the situation.

Are Different Realms, Like The Angelic Realm, Associated With A Particular Color?

In the different realms, is each realm associated with a particular color? Like, for instance, The Angelic Realm, is there a particular color that fits that vibration as a whole?

Yes. We are polka dots. ©

Yes, you are correct, and as the question asked of the Gold Realm, as we are accessing now a frame of reference, it is often referred to as a Gold Realm on the earth plane. Yes, the Angelic does have a color that is given to appropriate audiences for visualization to enable them to make a harmony connection.

For some entities, the color white is associated with the very highest of energy, and the White Light, the purest. For others, white is not the appropriate color. Rather, it could be indeed transparent. It could be pink. It could be orange. It becomes then a bit more complex when it comes into the individual response. For the masses, it is quite easy, for we would say, for example, that white is the visualization of The Angelics, for the masses. And, yes, we would find our discussions in the future directed toward those realms as they are understood at the earth plane level.

Respect Color, Knowing That It Is The Physical Manifestation Of Energy, And Energy Is Life

Are humans shades of gray, moving towards white? I mean, you know, what is the group color?

Well, you know, that brings in a very interesting discussion of the Spectrum of Light, which we have touched upon in various Public Sessions, that all entities are on The Spectrum, that you are dark to one entity but Light to another entity, and that when a grouping gathers of entities, there becomes a mixture, so that you would take all the different points of Light that each of you are, and from The Kingdom of Amelius, for example, from his highest level, he would look and, yes, it would be some shade of gray, as you would refer to it.

However, that is only applicable when you put it into the frame of reference of white and black, you see, and that is not all there is to it. That is far more complex, for other components enter in, not only your own point on the Spectrum of Light, but also the other colors that are part of your vibration, often referred to as the aura. Those are all mixed in, so that we look at a rainbow actually when we see any group. It is very rare that when looking at a group of energies, that it is black. It happens but very, very rarely. It is usually very bouncy and vibrant.

So, you know, you are all rainbows. You are most beautiful, all of you, and as a unit, even more beautiful. And this is what you look at, yourselves. If you look at everything as color and harmony and energy and life, you will have a greater ability to be within the flow of all that works. Look at color now as life. Respect color, knowing that it is the physical manifestation of energy, and energy is life.

And on that note, we would begin the departure by having you focus now on a color that you love very much ~ and bring that color into that which is called the Third Eye. Visualize the color within that Energy Center. Feel it filling the Energy Center. And now visualize your own encasement filled with this color. You are filled with the color. It moves through your entire encasement. Envision the color hugging your energy and becoming One with your energy. Feel The Oneness and feel the harmony. Enjoy The Oneness and enjoy the harmony. And as you enjoy The Oneness and the harmony, we send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.