# Waith Class Transcript

# **NOVEMBER 16, 1993**

Soul Memories And The Way In Which The Soul Memories Contribute To The Current Life
Issues With The Higher Self Becoming Clogged From A Sense Of Ego Of The Conscious Self
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#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

Waith Institute for Spiritual Leadership

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#### Soul Memories And The Way In Which The Soul Memories Contribute To The Current Life

Our topic for this evening ~ we will discuss soul memories and the way in which the Soul memories contribute to that which is the life currently being manifested by each of you. We have given information in the past that related to the connection between the Soul, the Higher Self and the Conscious Self, and that it is the Higher Self that is the connector between the Soul and the Conscious Self, and that if there is an inability to reach the Higher Self at Conscious Self level, through meditation, that accessing the Soul memories then becomes rather difficult, if not impossible, and that the reason that we emphasize the importance of meditation is for the gaining of access to your own Higher Self to find your own answers.

The Higher Self is the key, if you will, to the door of the Soul, and the Higher Self and the Soul work in conjunction with each other. It is your Higher Self and your soul that is at work here, not some external Higher Self and soul, and that your conscious level, where the issues that you have taken on for the earth plane manifest themselves, can indeed rebel against Higher Self, and to not take the responsibility of your own behavior, but rather to blame an external source for that which apparently is not going as you want it to go, or a lacking of understanding of Self.

It is someone else's fault, when in actuality, my loved ones, it is your responsibility to gain access to your own information. No one else can do that for you. We can certainly give you guidance and techniques in how to reach your Higher Self and therefore to open the door to your soul, but we are not able to do this for you. You and you alone can do this for yourself.

Now. The issues of the ego come into play very strongly in these situations, where Conscious Self is indicating that it is in complete control. What will happen is a result of what Conscious Self says will happen. Now, most of you in this gathering have had experiences in which The Universe has immediately indicated to you that it was in control and not Conscious Self, and that The Universe ~ The Universal Consciousness ~ was actually working in harmony with the Soul.

Your soul is the one in control, and it works in harmony with The Universal Consciousness. There is complete harmony between the Soul and The Universal Consciousness. Where the disharmony begins to occur is when the Higher Self is not allowed to do its job, if you will, and that is to open the door to the Soul, and that occurs because of the Conscious Self, be it Conscious Self on the earth plane training ground, or Conscious Self on any of the other training grounds that you would find yourselves manifesting.

Now. What do you do when you find yourselves in conflict with Self, for this is what happens. Any conflict that you feel in your life on the plane is a result of disharmony between Conscious Self and Higher Self, and that there are then the necessary steps to be taken to become harmonious with the Higher Self.

#### Issues With The Higher Self Becoming Clogged From A Sense Of Ego Of The Conscious Self

Let us describe a bit to you the Higher Self so that you have an understanding, for this term is perhaps very abstract. Many would say "What is this thing called the Higher Self? All I know is Concrete Conscious Self. This is what I know, for it has form. This Higher Self thing does not have a form." So let us give to you a frame of reference that will enable you to perhaps view the Higher Self in a clearer perspective.

Now. We will perhaps give you then a concreteness to this connection in what the Higher Self actually is. You would look at the Higher Self much as you would look at a screen, a screen in which information funnels through from both ends, from the Soul funneling through, this screen, comes through not in one lump form but is transfused through in a very light manner, and at the same time, coming from Conscious Self the request for soul information filters through the screen, so that the Higher Self is a screening mechanism.

Now, oftentimes a screen can become clogged, and the screen, it needs to be clean. Now, the screen, in this case the Higher Self, would become clogged from a sense of ego of the Conscious Self coming in from the direction of the conscious into the Higher Self attempting to force through information as the Conscious Self wants it from the Soul, regardless of the process that has been put in place for the Higher Self to filter. And because of this attempt to push through the very fine holes that exist in this screening, the screen ~ the Higher Self ~ becomes clogged, and because of that, there is then the inability for information to move from the Soul into the screening and into the Conscious Self, for Conscious Self has blocked the screen.

Now, for some entities, coming onto the earth plane in a particular lifetime has as its sole mission the attempts to unblock the screen. You may find, for example, entities who are on a very, very, very strong spiritual path, as you might call it, where their only focus is that of spiritual, where they seem to not be at all concerned of earth plane, and they appear to be oftentimes as we have lightheartedly referred in La-La Land. And oftentimes, they are attempting then to deal with the issues of earth plane ego and ridding themselves as much as they can of earth plane ego, which is not necessarily negative, you know. Ego used in a spiritual context is imperative for growth. Used in a nonspiritual sense can create, at a minimum, stagnation in the path. So, they then are attempting to clean out the screen, for it has become so clogged, and their entire lifetime is devoted to that so that they then leave the life with as clean a screen as they possibly can have.

This is one extreme, of course. Most entities on the plane, and those who most of you would come in contact with, have varying levels of clogged screens, and that you would not judge another entity by their behavior in suggesting that they get their screens cleaned, you see. Rather, you concentrate on cleaning your own screen and not to worry about another's Higher Self screening.

Unclogging The Higher Self, Through Meditation, And A Visualization To Help You Unclog

Depending upon where you are in the learning of your lessons, and that Cycle of Learning (See Transcript 04.17.1990), will determine your abilities to do quick cleaning when the screen gets clogged, for it happens to the best of us that our Higher Self, and I speak from the Angelic perspective also, for all energies out of The One have a soul and a Higher Self, that we occasionally lose perspective, if you will.

This is part of the imperfection that all energies have being outside of The Universal Consciousness, and thus, it is not a negative by any means. It is simply the way it is, and that even the most cleaned up Higher Self will occasionally have some clogging, and that the process of meditation, for most on the earth plane, is the easiest and most beneficial way to do the cleaning of the screen. Oftentimes, you may need only a little cotton ball perhaps, a little bit of Light coming from Self, and also the requesting of Light from others to help you in reaching the Higher-Self-Cleaning. So, visualize this cotton ball, white, soft and fluffy, that gently removes that which has clogged the Higher Self. There is nothing mysterious about this process, and your soul memories then will become available to you to the degree that your screening process is clean.

Now. What do you do with soul memories? Many have said that if they knew the secrets of their soul, it would solve all of their problems, and that they would know exactly what to do in this lifetime, and wouldn't it be wonderful to have complete freedom to access the Soul memories in the way in which you as an entity feel you would want that information? How many times have you in your meditations, rather than listen to Self, say to Self, "I want an explanation of what just happened today. I want to know what the reasons are. What are the issues that I am dealing with? And I want to know right now." Most gathered would admit to having that type of request being made to Self or wanting to know the reason why something is occurring.

The memories that are stored in your soul encompass all that is the summation of your experiences outside of The Universal Consciousness, far too overwhelming for conscious level to be aware of in one manner, or one lump, if you will. When you come into the life, you make agreements with the Soul, for the Soul, in conjunction with the guides and your Angelic Protector, help you plan out the life. And it is determined then what information needs to come through in order for you to work through the life and what information may be available if certain scenarios take place.

Now. Oftentimes when you come into the life, as we have discussed before, it looks different in the planning stages than what actually happens once you get here, and that

there are changes that occur once you have hit the plane, as we say, and with those changes, then also come changes in the information that will be released from the Soul, for what may be of benefit from the planning stage for soul memories to be worked upon, may indeed not be beneficial for the way in which the life has manifested itself. It may indeed cause complications knowing certain things.

It is not always, you know, beneficial to know about past lives. This is a most common question that we receive in our private discussions with entities. "Tell me about my past lives. Tell me all about these lives." Well, you know, most of you have had hundreds and hundreds and hundreds of lives. Which one do you want to know about? And what difference does it make, except as a particular lifetime would apply to what you are here to learn in this lifetime.

Thus, the Soul memories then guard very carefully the energy and guard carefully that there is not a short-circuiting of the energy when it is in physical form, for physical, conscious level, with its ego, oftentimes, would want to just know everything about past lives, and as a result, would end up doing nothing in this lifetime, for there would be the focus on what had occurred rather than what is occurring. And thus, the Soul memories provide that protection, protection from Self in essence, and that the thin cord that connects all energies to The Universal Consciousness is rooted in the Soul and that cord is connected then to The Universal Consciousness, thus providing more protection for the body as a whole, meaning Universal Consciousness.

Now. What becomes critical then is that you each give into Self, not to give away Self, and that in giving into Self you begin to clear the screen that is the visualization of the Higher Self. Now, of course this is not as easy to do. We present to you the abstract concept. And now what do you do with this information now that you have this information? This is always the question a student asks in a learning situation. They become very excited that they have this new information, and in the classroom, it appears to be very logical. "Oh, yes, of course. This is wonderful information. Here is the screening ~ this is the Higher Self ~ here is the Soul ~ this is what the Soul does ~ this is what the Conscious Self does." But when you get into the heart of it, to actually living this concept, it becomes not quite as easy, for many would say, "I do not have a conflict with my Higher Self. I am in complete harmony with my Higher Self." Well, my loved ones, no energy outside of The Universal Consciousness is in complete harmony with the Higher Self. Complete harmony, remember, comes with return to The One.

And thus, be humble of Self and therefore more understanding of others that they too, as you, seek perfection, but do not achieve perfection until return to The One, and that even the Highest of The Angelic Kingdom does not have perfection, and that it is the striving, then, of the harmony that enables each of you to access your soul memories in the way that is of most benefit to the Conscious Self and the life being lived currently on the plane.

The more that you meditate, the more you are able to focus your energies, be they in a formal meditation or a meditation that is appropriate for yourself, as we have discussed. The more that you do this regularly, consistently, the easier it will be to maintain the level of cleanliness of the Higher Self that is needed, for the information needed to filter through from the Soul memories into the conscious life. When you read the words that we have just spoken, you would be very, very observant of the way in which we have stated this information.

We would be interested in perhaps conversation now and questions relating to the Soul memories and the Higher Self.

Why Must We Clean And Unclog Our Higher Self Screen Just To Get It Clogged Again?

You said that our purpose is to clean the screen, and yet it seems in the beginning of my incarnation what would also seem that the purpose was to get it clogged, and then get it cleaned ~ so why would it make sense to clog it up some more and make it more difficult to clean it?

Ah, indeed. If it is always clean, then what have you learned?

So, we clog it up on purpose so we can learn more.

Well, you know, on the earth plane it is the teeter totter, that you must have the extremes in order to balance, and thus, you go from as clean as the Higher Self can get out of The One to very, very clogged, so that you have the extremes, and that they only way the teeter totter reaches its equilibrium is by going up and down, up and down, until it finally reaches a point of balance, at which point, of course, balance, you know, is so boring.

And thus, once we have balanced in a particular area, we want to do greater things in that issue perhaps. Perhaps bring in higher levels of growth. Perhaps the balance has occurred because you have passed kindergarten, and now it is time to go into first grade, and you go into first grade, and there it is, the imbalance, which is natural. And once you have learned what you need to learn at that level of awareness, you balance, and then it is your choice as to whether you want to go on to higher levels of awareness. The clogging effect, as we would call it, is a part of the imbalance that forces each of us to seek the balance, you see. Does that answer your question?

Yes. So, in the planning stages, we get together with our soul in this life, how much we are going to clog up for the next incarnation?

Well, you know, it is not quite as clearcut as that, for the clogging effect can be the result of a particular life on the plane, and that when you leave the plane, the Higher Self has clogged, and thus, returning back in upon evaluation of that incarnation. The level of clogging then is a determination of the path that will be developed for the next time

around, you see. As we had indicated earlier in our information, some lifetimes are spent in an extreme of spiritual seeking so as to unclog a very, very densely clogged screen. What may happen in that situation is that what gets cleaned out is still very, very clogged, but enough has been cleaned now so that a more balanced incarnation can occur, you see.

## What Is Involved In The Walk-In Process Of The Higher Self Screen Of The One Leaving?

Ah. Understand that in the issues of walk-ins, when there is a contract developed between the new entity and the departing entity, that that is a discussion that takes place, for on one extreme, the contract could state that the walk-in entity must take over the residual of a clogged Higher Self, you see. The other end, the other extreme, is that the walk-in says, "No, that will not be part of the agreement. You take it with you. I will not deal with any of the residual."

Generally, what occurs is somewhere in between, where there is agreement that certain, what you call, loose ends that the departed entity has created, the new entity coming in, very quickly, within years on the plane, two to three years on the plane, and sometimes shorter, can very quickly tie little bows around everything and create a closure to that situation. Then, the new entity, of course, brings in its own soul, Higher Self, and there is, much as there is the memory bank that the walk-in deals with from the departed entity, there is the impression of the Higher Self and soul that remains, though the Higher Self and soul of the departed entity does not remain, the impression of that, just as the memory bank impressions, so that there can be sometimes a response to that impression rather than this actuality, and this is where walk-ins can further increase their sense of schizophrenia. However, most walk-ins occurring in this particular time on the earth plane are advanced entities enough so that they can deal with that sense of schizophrenia. It is no big deal.

#### Does The Higher Self Of The Earth Get Clogged, And If So, How Can We Help?

Ah, indeed. This is part of why we are here. This is part of our mission, for the earth is a living energy, and the earth currently is going through a dramatic cleansing. Its Higher Self has been clogged as a result of its service to all of the entities who inhabit it. When The Shifting of the earth occurs, that final shake up, then the Higher Self of the planet will have achieved as close to cleanliness as a Higher Self can achieve within a separation from The One. All that is occurring of course now on the planet is a result of this cleaning, the clogging, and at the same time, all energies who inhabit the earth plane, and the planet Earth specifically, are also going through those cleansings, and there are vibrational harmonies that occur with many.

Many of you here, and many who have listened to our words, in which there is a very strong sensitivity to the pain that the planet is currently experiencing, and that when the cleansing is completed, which is, from our perspective, momentary on the earth plane,

but from an earth plane perspective a number of years away, not too many years, and when that is completed, then the screen will be relatively clean and it will be time to start clogging it up again, which is true of all Higher Self screen cleaning, you see. It gets clean ~ it gets clogged. And that is the way in which growth occurs, you see. It is all very positive. Very positive. And many of you here are in this lifetime now specifically to be a part of the cleansing of the Higher Self of the planet.

#### When The Earth Cleans Its Higher Self Screen, Will The People Also Be Able To Clean Theirs?

Each entity currently on the plane has the choice of being part of the cleansing or not, and that there are various scenarios that are available. Many on the plane now are vibrationally attuning themselves to what the planet will be vibrationally when it cleans itself. Others are already at that level of vibrational harmony. And others will not be, which is not a negative. It is simply that they may not have had enough experiences on the plane to be in that position to be harmonious with the new vibration, so that as you see now mass departures of energies occurring on the plane, greater and greater numbers occurring, you can know that one of two scenarios are occurring, that those entities have determined that they must leave. They have been instructed that at the time of The Shifting they would have to leave, so some of them are avoiding the rush, and they are leaving now so that they do not get lost in the crowd, so to speak. There are others who are already vibrationally attuned, or would be by the time of The Shifting, but have, for whatever their reasons, decided not to stay, and that is perfectly appropriate.

And thus, when the actual final cleansing occurs, only those who are vibrationally attuned will remain, and that is true of each of you when you are cleaning your Higher Self. Think through of those entities in your life, that as you began to change and your awarenesses changed, some stayed with you and others did not. They went in their own direction. And this is simply the same situation with the earth. Some will stay and some will not. It is no big deal.

## Referring To Giving Into Self, Are You Talking About Conscious Self Giving Into Higher Self?

Well, actually, no. Ultimately, giving into Self is giving into the control that the Soul has and that the Soul is actually controlled by The Universal Consciousness, which is complete harmony. Now, giving into Self simply means that you are acknowledging that Conscious Self is not all there is, that Conscious Self is in actuality only the physical manifestation of the spiritual lessons and issues that need to be resolved, and that it is a minor player in the game that is played by each entity on the earth plane, for the Higher Self and the Soul are the major players in that game.

#### That is painfully obvious sometimes.

Oh, indeed, is it not? Yes. But, you know, that is how we all grow, and whatever the training ground is that you find yourselves, there is the Conscious Self, the Higher Self,

and the Soul. And thus, as we so like to give as an analogy from The Angelics, the tendency on the earth plane is to raise The Angelics to some type of deity, which we are not. We are learning our lessons just as all of you are learning your lessons, and we have the same issues of connection with Conscious, Higher Self and Soul. And, yes, The Angelics learn sometimes painfully that their Conscious Self, the Conscious Self that we at the Angelic level have, is not the major player. It is most humbling, you know.

Regarding Soul Memories, Are We Able Access To Lifetimes Spent In Other Kingdoms?

If it is deemed necessary and appropriate for what you have taken on in this incarnation, it would be most accessible. There are many on the plane who, for very specific reasons, have a sense of the time that has been spent in some of the other kingdoms. At the same time, there is also a sense of time to be spent in other kingdoms, for soul memories encompass all of the experiences of each of us.

The Soul is very careful of releasing information that could be detrimental to the path. And on occasion, there can be those situations of abuse, and this goes into an entirely different discussion, which we will not elaborate upon at this time, but those of you who are developing your abilities to heal and to serve as tools for those who seek your assistance in healing, can indeed, through the powers developed, access the soul of another, and very, very critical lessons are learned as a result of that.

Being Judgemental In Observance Of Others Who Seem To Be Avoiding Their Lessons

I know I am judging, but some people are giving into Self and their method of avoiding the lessons that they have on the earth plane.

Oh, really?

And I have run into the feeling that that has happened, and recognize that I am judging it, and I do not guess I want to do anything other than just confirm that my ~

That is, you are judging?

That my impression about it is correct. And I would rather be happy and right.

Oh, you want to be right. Ah. This is important to be right. Is this correct? Am I right? ©

Well, it is on an ego level, but also on learning to trust intuition, and it seems as though sometimes my internal guidance system is telling me that someone is telling me something that is not really true. It feels false. And aside from judging it, I would like to be able to verify that my intuition, or my internal guidance system, is accurate in terms of reading things, especially when the other person seems leaning toward attempting to either change where I am coming from.

The important component of this issue that you bring forward is that what appears right for you, is right for you, and that, yes, you would want to trust that which you hear as appropriate for Self, and the issues that need to be worked upon ~ so, so much on an earth plane level is then imposing that sense of rightness onto another in the form of a judgement, and that you have recognized that you are judging is a very important step to be taking, you see.

Being outside of The Universal Consciousness means that we each will have some component of judgement still within our energy field. It cannot be avoided, for it is part of being out of The One, you see. However, what is strived for in each of the training grounds is to achieve a level of perfection in an issue on that training ground so that you can reach a certain level of nonjudgement and Unconditional Love in your sojourn on the earth plane, and it is that striving that you seek, and that you must indeed listen to Self. And just as you would not want another to sway you in your beliefs and to try and impose upon you in your beliefs, so too would you not do that to them by your mere judgement of them. Does this answer your question?

Yes, but the difficulty comes in the concept of being available for healing without trying to sway someone.

Ah, it is.

And how energetically, or clearly to put forth information, and it gets more complicated as we try harder.

Oh, yes, it does, doesn't it?

Do you find the same thing?

If we are out of The Universal Consciousness, we are all subject to that sensation that you describe, and it is only through the conscious effort to raise awareness within Self that that diminishes, but occasionally, it rears its ugly little head. And again, as we had said earlier in our discussion, all energies lose a sense of perspective on occasion, and that is perfectly all right. It is not negative. And the point is that you are aware of what is occurring. It is when there is no awareness of the need for increased awareness that difficulties can develop. So, ninety-nine-point nine percent of the battle is in being aware of the awareness.

#### Upcoming Changes In The Weather Conditions In Preparation Of The Shift

As we are preparing to depart we will leave you with a little tidbit of information that we on occasion do give information that will be of a future mode, and that is that this coming season that you know as very cold in this geographic area will not be, and that

there will be periods of very severe cold, but they will be very short, short periods, and that there is currently about to occur in this general geographic area what you would call a drought, and it will be of a significant length. The duration will be significant.

It is part of the cleansing of the earth plane, and that other geographic areas, as you have already begun to experience, will have an overabundance of water. This will continue. Many think that it has stopped and all will return to normal, whatever that might be defined as on the plane, so that this geographic area in which Terra Lux is responsible, energy wise, will be undergoing some rather significant cleansings, both at a planet Earth arena as well as institutions being cleaned to make way for the cleaner vibration that will replace it, for it will indeed be replaced. And the weather, as you call it, is cleaning itself and will be replaced by cleaner energy and vibration.

So, for some of you what we give you for information is good news and for others maybe not. If you enjoy this sport in the crusted rain ~ snow, put your equipment away, at least for this duration coming. It will return, so do not fear, and there will be very sporadic fallings of this, but there is a drought about to occur. And thus, be prepared for the implications of that type of weather upon all that you do, and the rethinking of all that you do now with the reliance upon the moisture, for it will give you a cleaning of your own way of doing things in relation to the planet. The planet takes away now in some ways that which it has so freely given so that lessons can be learned, and it can replenish itself and bring itself back into health, just as you would do if you were very ill and needed to protect yourself from others.

Waith, do you understand NAFTA any more than we do? © I will take it back.

We do go into the memory banks of Mushiba, and understand that in our accessing of her information, there is an amusement where, you know, political systems are cleansing themselves, and this is going to be part of a rather significant cleansing of a political system. Thus, it is occurring as it needs to from an energy standpoint. You see, we can bring significance to what appears to be the most trivial question. ©