# Waith Class Transcript

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Each Helps Each Other In Informal Ways ~ Guides Help In Formal Ways

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#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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## Main Topic Of This Session ~ Soul Memories

In our session with you now we plan to discuss soul memories, and we would have any of your questions regarding soul memories that you would pose to us. The entire topic of soul memories is very, very extensive, and there is much information, and there is much complexity, and yet there is much simplicity. And we have only begun in our time with all of you to discuss the topic of soul memories.

And it is a topic that we plan to devote much further discussion, and to narrow down the discussions in various sessions with you to help you to understand the significance of soul memories and the importance of soul memories in your own growth and in the understanding of your own path. And it will be one of those topics in which we will allow certain types of specific questions to be asked that could almost border on personal, ALMOST. Now. But that time that we will spend in those discussions is a bit away from this particular session, and we would look for some rather general questions from you in this gathering so that we can place certain topics and issues on the record for further discussion.

What Is The Main Goal, Or Common Thread, Throughout Our Incarnations?

When we first decided to incarnate on Planet Earth, was our reason for doing that our issue, our purpose, our goal, throughout all of our incarnations?

Ah, very good question. Of course. The reason for coming onto the earth plane, and your path on the earth plane have nothing to do with each other. The reason that you come onto the earth plane is for accelerated growth. It is to help you to learn your lessons that you have taken on outside of The One on a training ground that is very difficult, as you all know, and very accelerated in its abilities to present opportunities for growth. When you come onto the earth plane you have a very specific objective. You have this Menu of options, shall we say, from which you choose, from The Universal Consciousness, that you take onto the earth plane for lessons to be learned. They work, these objectives, in harmony with your overall reason for coming out of The One, you see.

Coming out of The One simply is an activity based out of boredom, as we have indicated that before. Coming out of The One is something to do. But once that behavior has occurred, there then becomes this general goal that you have of what to do now that you are outside of The One. And going onto the various training grounds, you know, is part of what you do. And thus, many entities may choose never to come onto the earth plane and have incarnations on the earth plane. They feel it is not part of what they want to do. Other entities, such as yourselves gathered here, obviously are on the earth plane, though we may question the dimension in which you find yourself on the

earth plane at times. And thus, the goal of activity in your pattern of reincarnation, as it is referred to, takes on a very specific direction.

The direction on the earth plane changes from lifetime to lifetime based on what you have actually done in a lifetime. There is the overall plan, and then there is the revision. Once you have worked the plan, as it is used in the vernacular on the plane ~ you have lived your life ~ it is then subject to modification, this general plan that you have. So, you are not locked into something because of an objective that you set at the beginning of your incarnations. We would, however, affirm that all of your incarnations have a thread of commonality. Each of you, in all of your incarnations, when viewed out in the scheme of your own life, as you put your puzzle together, would see each lifetime filling in a positioning in your own puzzle. And thus, all is connected, you see.

I realize there are lots of little things ~ that do not seem so little at times ~ to be worked out, but I was looking to see if there was a main common thread.

Indeed. And the reason for soul memories is to help in the smoothing out of that common thread. You know, if you were to be able to gain access to all of the information in your soul in this dimension in which you find yourself, you would short circuit. There is far too much information. It would be overload, as you call it. And yet, for the lifetime that you live now, the information that you need from the Soul comes as you need it. And as a situation presents itself, as an opportunity is apparent for the working through of an issue, you will suddenly be enlightened, as you would say on the plane. You would suddenly realize what to do, or how to do it, or with whom you were to do what you do. And the knowledge is coming from the Soul.

It comes whether you meditate on it or not. Meditation simply allows you to consciously know you are receiving your answers. There are many who receive their answers without going through meditation formally. They simply receive the information and they act upon it. Many do not even acknowledge that they receive higher source information. They simply trust in their own abilities to be able to respond appropriately to situations. But it is the Soul always providing that common element. What you need to know for this lifetime is what you will be given for information. And if it means knowing about specific past lifetimes, you will be given that information also.

To simply say, "Tell me, Waith, of past lifetimes," is not our purpose, is not our function, and indeed is an imposition, for we would open the book and flip through the pages and say, "Give me a lifetime, any lifetime," and I will tell you of it, not necessarily in a responsible way. If someone gives you information about a lifetime that you have had in a way that is not responsible, simply because they want to use their powers to show off, then that could damage that which you are trying to accomplish in this lifetime. But of course, ultimately, it was meant for you to have that information ~ to be damaged, you see. All works in harmony, even that which appears not to.

So, be cautious within your own questionings of the information that you receive from the Soul. And do not be angry with Self if the information that you receive is not what you thought it should be, for the Soul, remember, is the ultimate controller of the energy of each Self. And the Soul is controlled by The Universal Consciousness, and The Universal Consciousness is controlled by all. So all is in control.

You have many, many interesting past lives, but so do all of you. You each have the memories that come from the Soul that guide you. And your lifetimes have brought you to where you are now. It is not a random life that you live. It is very specific in its flow and the purpose of its path, even though it may not appear to be so. Remember that nothing is random. It is all planned and organized.

#### Each Helps Each Other In Informal Ways ~ Guides Help In Formal Ways

Lately, I am aware of being nudged by guides or angels, presumably with an overall plan, working perhaps in conjunction with me. Am I getting the picture of what's happening?

As we have said so often, no energy is in this alone. We are all in this adventure together. We all are at one time helpers, and at another time helping, and being helped, and working simultaneous, helping those who help us. And that the entire system of guides revolves around the very concept of helping in a very particular way. Each of you help each other in informal ways. Guides help in formal ways.

Entities are trained to be guides for very specific kinds of service, as are The Angelics. And, part of the training involves the ability to connect with the Soul of an entity, for oftentimes, the Soul is unable to get through the blockages of the Higher Self. We have talked of this behavior. And when that occurs, it is an opportunity for the guides and The Angelics to attempt to nudge, as you would say, the entity, for there is a different vibrational field that a guide works with that is different from the Higher Self vibrational field. And yes, each of you have guides, and each of you have at least one Angelic Protector, and they work in harmony with your soul. As the information that is needed is presented to each of you, it is presented directly from the Soul or through other sources.

And it is a physical entity, this guide who is with you now ~ and you have two who are with you currently, my son, as you sit listening to us, who were responsible for this nudging. Now they have learned ~ they have passed an exam themselves, you see ~ that they were able to get you to come to an arena in which information that you need to have is being presented.

And it is not a negative to say, "Oh, the Soul is not able to get the information through," but rather, to view it as a positive, that you are now working in harmony with all of your levels. You have acknowledged that there is some other entity working with you and that you have friends. It is not just the Higher Self and the Soul that you have to work with, but many others, who sit one on each shoulder now. Their energies are

there. One is from the Angelic, not your Angelic Protector, but simply from The Angelics. All of your guides come with you. Many who would connect with their guides would say, "They are with me all the time. We cannot get rid of them sometimes." And that nudging that you describe can sometimes be a bit annoying, can it not? "Leave me alone" you might say.

But also, remember that in other dimensions that are different from the one you are in now, you also serve as a nudging, and you may be getting that same response. If you play with flowers that are growing, and you play too much with them, they may begin to send off a vibration that says "Leave me alone." You see, the ruffling of the energies. And yet, you know that you must help them and fluff them. This is all that is occurring, and it is in harmony with the Soul.

A Guide Is Simply Another Training Ground ~ Anyone Can Choose To Be In Guide School

Does each guide have its own soul ~ with the same level of learning, even though it is the same type of learning, even though they may have a better conscious awareness of it?

Oh, indeed. A guide is simply another training ground. The Guide School in which we have spoken is a training ground, and it is an area of experience. Anyone is given the opportunity to be in Guide School, just as any entity can come on the earth plane. All is available. It is a matter of selection. And, certain kinds of criteria are needed, however, to enter into Guide School and to be trained. And one of those is the ability to be trained, you see, and very specifically to be trained in connecting with the Higher Self and the Soul of another, for this is not an easy activity. And, of course, much power goes with this and therefore, there must be the proof of working within the Light.

And so, yes, there is a level of awareness that goes with entry into Guide School and the progression through Guide School, for being able to connect so directly with the Soul memories of another entity is a very, very strong responsibility. And especially, when one is given a charge, shall we say, a guide is given you as their responsibility. It may be that the guide is responsible for you only in this particular incarnation, or it may be that the guide is given you for a series of incarnations. It is dependent upon many, many issues.

Now, to have the power and be given the right, if you will, to delve into the Soul memories of that charge is a test in itself. Now, you agree with The Universal Consciousness and allow the guide this access. It is not something that is imposed upon an entity. When a guide is assigned, it is with the agreement of the higher levels of your own energy. And then, that is when the fun begins, for conscious level may often deny that that access was given, and then all of the blockages and all of that game playing that is inherent in this type of situation plays itself out.

Multiple Births ~ Each Energy Has Its Own Soul ~ Issues Of Group Balancing

I have an identical twin sister, and I am just wondering about the decision being made at the time to make two souls as opposed to another one.

Well, now there is a significant difference between incarnating as twins and being spirit twins, you see. In either situation you are separate souls, for in the splitting off that occurs ~ and we have described this in other sessions of how energy begets energy and becomes what it is ~ each energy has its own soul, and when an energy splits, a soul consciousness forms, so that it would have to be that way. Otherwise, there would just be the One Soul ~ which there is of course, The Universal Consciousness ~ but the One Soul begets, this is the only word we can come up with. It means bringing forth new life ~ brings out new souls ~ and it becomes a microcosm of The Universal Consciousness.

Now you, as what you refer to as identical twin, simply have taken on a path with another soul in which you would find the entry time, and the place of entry, and the spot from which you entered, to be very closely aligned. You are separate souls with very distinct and separate paths. However, you have chosen to come in through this type of experience for very specific reasons, which would not be discussed now because of the personal dimension of the information. But to know that whenever entities enter in together in what you call the multiple births, that there is a Group Balancing that is occurring, be it two ~ for two can form a group ~ or three or four or five. And in some cases, when very, very large multiple births occur, it is a significant Group Balancing. Be careful in judging, however, for you know not what the group is that balances. It may not be the group in which you think, but rather, other groups.

You each have separate and distinct soul memories and are no different than each of the others who gather for this session. You have a common linkage in that you came in very closely aligned energy wise, but nonetheless, you did not come in at exactly, EXACTLY, the same point. No energy does. Even if you enter the earth plane at the exact same time, you are in different places, therefore different energies. And it is all for the working through of lessons that your soul has determined prior to entry.

A Discussion Of The Illusion And Concreteness Of Time ~ Past, Present, And Future

This whole process that you described of coming to the earth plane and having past lives, present lives, and future lives, how does that work out in the light of the fact that there is not really any time? And do we have future memories, for instance?

Well, understand that the illusion in which you now find yourselves has, as its core, time, and therefore time is real to you on the plane in this illusion. To say that there is no time is to dismiss the concreteness of the illusion in which you have now come into, and therefore, it would invalidate all that you have come to accept as real. Now, this is not to say that it cannot be done. However, in order to maintain the stability of the path, while working through the earth plane, there must be then the adherence to time and

the understanding of past, present and future. The only way that you bring yourself out of that is by going of course into altered states of consciousness.

When you go into the dream state, for example, you are able to connect with future incarnations, but also, remember that they have time dimensions, so that anything that you would experience while you are committed to the earth plane as a training ground will have a time dimension. You will not come out of the time dimension fully until you have finished your earth plane sojourn. So that even if you go into altered states, there is a sense of time, for you are still committed to the illusion of the earth plane. When you are committed to another training ground, there is a completely different perspective of the flow of energy. And as we have mentioned in other times, other dimensions, other training grounds, are able to view what you call time as a different way in which energy flows. There is a beginning and an end, for every training ground has a beginning and an end. It is simply The Universe that does not.

In order for you to learn lessons, you must know that once you begin on a training ground, that it will end. If the thought that it would never end was there, then you would surely go mad. © Recognize that distinction. And thus, you must buy into, as the vernacular says on the earth plane, to time. However, time can be manipulated, as we have shown many of you. Many of you have experienced in your own lives, that time seems to slow down, or time seems to speed up, and yet nothing really changes. It is your own abilities to work with the flow of energy.

Time is not a bad experience. We have talked of time as being difficult for us, for we are in a different frame of reference in our training ground. And thus, we ~ in our own learning through this experience with Mushiba in speaking to all of you ~ have learned also of how to translate the way energy flows in our training ground and the way energy flows in your training ground, you see. And as you begin to have higher awarenesses, you are able then to understand how energy flows in other training grounds, to make the difference in the frames of reference.

Is It Only On The Earth Plane That One Has The Soul Memories From Their Experiences?

Oh, no. Oh, there would be no fun in it then. No. From training ground to training ground you take your accumulated memories. And understand that when you are on the earth plane, if in a particular lifetime you need information that is relevant to what you are doing in that lifetime that comes from another training ground, it will be given to you. Those of you who particularly are fond of chocolate may remember The Candy Planet. © The training ground.

You also will carry with you the memories from the other kingdoms. Some of you, for example, have already done The Animal Kingdom on the earth plane. You carry that memory. Some of you may have been in other types of kingdoms, such as the Air, any of the Elements, The Mineral Kingdom, you carry that with you. One of the training grounds that we have talked of is Water Training Ground. That is very distinctively

different from the earth plane. There is The Underground Community, as we have called it, those entities who live in another density. That is another training ground. If you have been in that training ground, you will remember, if it is appropriate for what you learn now. And remember, that that is the operative wording that we give to you ~ IF IT IS APPROPRIATE.

Be not concerned of that which has happened, or that which is about to happen, but rather, be concerned with what you learn now, and trust in Self that you will be given the information that you need to carry on and walk your path. Whether it comes from another lifetime spent on the earth plane or another training ground or another kingdom, when you need the information it will come through to you.

You know, it is a phenomena that many attribute to spurts in adrenaline. An entity is walking along and suddenly is attacked by another, and they are able to defend themselves, and they look back, and all around, look and say, "How could that have been? You do not have those abilities." And yet, they were there when needed, to return back into the Soul memories when not needed, for if you carried everything that you know, you would not be able to move.

You see, you each have incredible soul memories. You cannot possibly have access simultaneously to all of that information. It is selective. It is also protective. You protect Self from being overwhelmed by information that is not necessary, yet you know that it is there for accessing ~ much like the computers that you now have in your primitive technology. It is there stored, ready when needed. Many different, what you call programs ~ software? Yes? You could take these little discs and put them in and take them out. Well, these are your training grounds. This is the equivalent to your training grounds. You can take it all stored on a disc, and put it into the main memory banks and access it, take it out, and it is stored away as you need it. And you have, each of you, the power to access your own memories. It is simply whether or not you have the desire to do so. That is all that is ~ in that experience, you see.

What Were The Emotions We Had When We Signed Up For The Earth Plane Experience?

When we signed up for earth school and we are picking from The Menu, were we excited, scared, bored? Was it different for each one?

Oh, it is different for each one. It is dependent upon what you as an energy have determined you want to learn. When coming out of The Universal Consciousness you are then given a major Menu on which is listed all of the training grounds. And so, you can decide that you want to go to this training ground, and that training ground, and sometimes, you know, you do not have a choice. You have to come onto a particular training ground if you want to learn certain things that you have determined.

It is no different than when you go to school and you choose a course of study and there are certain courses that you have to take, even though ~ as we get from Mushiba's vocabulary ~ you would spit up before you would go into a particular class. It is much like the earth plane. Some look forward to coming onto the earth plane. Others spit up thinking about coming onto the earth plane, yet they do it for it is part of the course of study that they have taken on. And so, the earth plane as a training ground, is one little subject that must be learned in the scheme of the greater program of study.

Some entities are a bit afraid of coming onto the earth plane, primarily because they may hear horror stories from others who have come off the earth plane of the acceleration of it. You know, when you talk to someone about a course that they have taken in school, and one person would say, "That was wonderful. I just love studying that subject." And another would say, "If I never have to take that subject again I will be very, very happy. It was horrible." So, you have two different perspectives. And depending upon who you are standing in line with at the time you are signing up for a course, oftentimes can determine what feedback you will get. It can call what you call bias as you go into a training ground, unless you as an entity are also very open minded and say, "I will make my own decisions on this."

Some go kicking and screaming onto the earth plane, knowing, however, that they must do it. Some leave the earth plane for the very last, much as you would do for courses that you do not like. You leave them until the very end and then if it does not go smoothly, it drags on and on and on until you have finally finished. Others face it right away and go in immediately. Others do not take the course at all, you see.

If Our Soul Memories Do Not Forget, Then What Is Actually Happening When We Forget?

Understand that to forget at a conscious level is different than forgetting at a higher level. The Soul never forgets. However, when you are dealing with the levels of awareness that you each have, forgetting may be necessary so that, as we have just discussed, you are not overwhelmed by superfluous information, or it may be a test in that you are being given an opportunity to work through an issue, and forgetting it is a way of blocking the issue. And thus, your soul allows you to forget so as to create a blockage that gives you an opportunity to step back and perhaps catch your breath in the learning of the lesson.

Forgetting is also something that guides and Angelic Protectors are allowed to sort of filter through as an energy to soothe you and help you to heal. Oftentimes, the journey in a particular lifetime can become so difficult that remembering may cause you to short circuit your own path. And the guides and The Angelic Protectors are allowed to intervene to project this illusion of forgetting so that you are able to have a process of healing and soothing of Self. However, nothing is truly forgotten. And while you may forget at the conscious level ~ and it may last an entire lifetime ~ it is not forgotten, and you must eventually deal with whatever it is that you have forgotten.

What multidimensional aspects have anything to do with bringing these memories to us?

The issue of multidimensional existence and soul memories brings in a very, very interesting discussion that we will be pursuing as time goes on. We must, as we have indicated in a few sessions past, lay the groundwork for certain information relating to interdimensional existence. And when we have laid that groundwork, we will then fill in the crevices, shall we say, of the interaction of the Soul memories interdimensionally. We will revisit your question at another time.

### Does It Matter Which Training Ground You Enter First?

It does not make a difference in any way. It is part of a plan that you as an entity establish in conjunction with the guides and The Angelic Protector. Now, the guides and Angelics are trained to help you to see that a particular flow would be more appropriate than another. So that coming onto the earth plane may be a better flow for you than The Water Planet first, or The Candy Planet ~ you know, The Dessert Planet. However, you as the learner ultimately have the choice of the direction in which you take yourself.

It can be very frustrating to those who are charged with guiding you if you say, "No. I am not going to follow your advice. I am going to do it my way." And this is perfectly acceptable for you to do it your way. However, because of the experiences that have built up in The Universal Consciousness, and that are then given to guides, most entities are wise in following the advice of their guides. That is why we have all agreed to have this thing called guides. Otherwise, it would create a bit of chaos.

Generally, what occurs is that when the advice has not been followed, at the end of the incarnation out of The Universal Consciousness, when it is all done, you go back into The Universal Consciousness. Right before you return, you say, "It would have been much easier if I had followed the order of flow that the guides had given." However, the objective was still met. You still did everything. It just perhaps took a bit longer, as measured in time, or it was a bit more difficult than it needed to be, and may in fact deter you from ever coming out of The One again, you see. But it is nothing to get excited about.

There are many on the earth plane who came onto the plane sooner than they really should have. They should have built up their base of experiences so that they would have a stronger foundation within the memory banks of their soul, to bring them onto the earth plane. And often, when you see entities who appear to, as you say, not have a clue, then part of that is that their base of memories is perhaps not quite as strong as it needed to be to come onto the plane. You can be certain that when they leave the plane, their base of memories will be stronger. It may take then a hundred times longer to get off the earth plane, however, because of the lacking of that base of experience. However, they eventually get off, for as we have said, all training grounds begin and all training grounds end. It is millennia that you have to worry about.

Is there a correlation between fondness for sweets on the earth plane and nostalgia for The Candy Planet?

A nostalgia for The Candy Planet. Ah. Well, you know, we could answer that in a very flip manner, and we could answer that in a very serious manner. But we will leave the question as it stands as an appropriate way to end the session. And you may interpret the answer to that in whatever way you think is appropriate.

As we are preparing to depart, we will give to you all an energy that will lighten the pathway through your Energy Centers into your soul so that it will allow a pleasant memory from a past time to seep its way through, to give you what you call the warm, fuzzy feelings. It is a gift from us to you who are in attendance in this session. Some of you may feel this sensation over an extended time frame and others may feel it as a flash of warmth and comfort, but it is a joyful memory that will be presented to you from your own memory banks.

Focus in on that which is the Crown Energy Center. By the power given to us by Amelius, all of your Crown Energy Centers are open now and protected by the energy of Amelius. And the higher energies from which your soul is connected and has information now will find its path into the vibration of your Energy Centers at the earth plane consciousness, and they will manifest themselves as appropriate to each of you. We now close the Crown Energy Centers of each of you. You are protected by the Light. And as we depart now, we send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.