

# *Waith Class Transcript*

**APRIL 18, 1995**

Having Lightheartedness, Laughter, And Joy ~ In Your Lives, And For Planet Earth

Waith Defines Joy, From The Spirit Perspective

Waith Questions Class Members About Their Perspective Of Feeling Joy

The Importance Of Looking through the eyes of Lightheartedness Rather Than Seriousness

Understanding Joy And What Is Appropriate For You And What Is Not Appropriate ~

Through Sadness, Pain, Fear, Lack Of Control, Addiction Of Food, Or Death

Joy In Not Being A Victim, But Becoming The Triumphant Entity

Someone Shared Their Idea Of How To Have More Joy In Their Life

Combating The Issue Of Joy While Having Emotions Of Fear, Lack Of Control, Or Pain

Will There Be More Joy In The New Illusion?

Can Food Lend Itself To Being A Good Focus Point For Joyousness?

As Groups, It Is Okay To Laugh At Yourself, But It Is Not Okay To Laugh At Or Ridicule Others

## **~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

A Publication of Terra Lux Media ~ 1995

For more information, please contact us ~

[terralux.org](http://terralux.org) | Email: [Admin@terralux.org](mailto:Admin@terralux.org)

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

---

---

## Having Lightheartedness, Laughter, And Joy ~ In Your Lives, And For Planet Earth

*Have you all recovered from our last discussion with you? We come to you in this gathering to speak of a rather lighthearted subject ~ and the lighthearted subject is the issue that you know of as joy. We speak to you of joy in this time for there is a need as the earth cleans itself to have a sense of joy. The earth, as you have become so accustomed to hearing now, undergoes tremendous cleaning and undergoes tremendous stress as a result of that cleaning. You have been given techniques to help the earth, to give Light to The Earth, and through your meditations, to connect with the earth. There is a very strong component, however, known as joy that is very misunderstood by those on the plane currently, JOY. There is a sense that there is to be no joy, for there is work to be done.*

### Waith Defines Joy, From The Spirit Perspective

*We would begin by defining joy to you, as it would be defined from our perspective, from a spirit perspective rather than from a grounded earth plane perspective. Joy is the Lightheartedness that comes from laughter, LAUGHTER OF THE SPIRIT. A laughter that emanates from that which you know as the Solar Plexus. It has its beginnings in the Solar Plexus. You feel the sense of laughter coming from that spiritual center ~ that Energy Center.*

*It means that you take what disturbs, what brings you heaviness, and you bring it into the Solar Plexus and you let it sit there. Then, as it is sitting there, this sense of heaviness, you bring your spirit of laughter into that Energy Center and you bring that laughter all the way up through your Energy Centers until it comes out of you. It does not have to be the ha-ha-ha-ha laughter that you have come to recognize, but rather, it can be simply the sense of freedom from a heaviness, and that you do not have to carry the heaviness with you. From that freedom from the heaviness comes a sense of joy.*

*The joy can be felt by each of you for as long as you want it to be there. You will reinforce it as the heaviness continues to enter into your lives, and surely the heaviness will be ongoing and continuous for many, many of you. When you feel the sense of release from the heaviness, be it one second of earth plane time, or one hour, or one day, or one week, you would take that joy and give it to the earth, for as the earth receives your release from the heaviness that you feel, it gives strength to the earth. The earth then is able to give back to you the sense of lightness, and freedom, and release.*

*Remember that you as humans are guests on the earth. But the earth, being such a good host, wants to please you and give you energy that reinforces your own sense of release that reinforces your own sense of Lightheartedness. For the earth now, it is more difficult to give that energy to those who inhabit while it goes through its cleansing. It is not as*

*easy to give the energy of Lightheartedness. Thus, if you give even a second of joy to the earth, it will be returned to you in much more strength.*

*Joy is an attitude. Joy is a sense of wellbeing in spite of not being well. It is a sense of knowing that there is a spirit connection with all behavior, with all activity that you engage in. Regardless of the heaviness that you would feel from any issue that you work through, you have the ability to release it, even momentarily, and bring into your own sense of Self the feeling of joy.*

*We do recommend this physical sense of laughter. There is not enough laughter that goes on. As you know, we have, in so many times, given our theme of the balance between the serious and the Lighthearted. In our last gathering with you, we were very, very serious. The word was used "strident." My son, you have not seen us strident. We have had other times when we have been quite, quite stern. However, the balance then must be in bringing Lightheartedness to the serious message. As you all gather to hear our words, to hear the words of others who speak, who give information to guide you in your spiritual path, there needs to be a lightening. There needs to be a sense of, "This is not all that serious. Yes, this is important information and it will help us." But it is not to be taken in such a way that you sit with furrowed brow.*

*Rather, you sit quite relaxed, and you sit with your facial muscles very relaxed, and a sense of unconditional acceptance of information. Whether or not you end up believing what has been given to you for information is not the issue. The issue is that you would accept information given to you unconditionally, and then you would determine whether it was appropriate for you. You might say, "How does this all tie into joy. We have to be serious here, Waith. You said you were going to talk about joy! How does this relate to joy?"*

### **Waith Questions Class Members About Their Perspective Of Feeling Joy**

*My son, what do you think?*

**I think joyous times are wonderful.**

*Times are wonderful. Was there not a novel? It was the Best of Times. It was the Worst of Times. Yes, that is an earth plane reference? Times are wonderful. Ah.*

*My love, what do you think?*

**Joy is when everything is going well.**

*Ah. Ah, so in order to feel joy, everything must be going well, and times must be wonderful. And if everything is not going well and times are not wonderful, then there is no joy?*

**Oh, yes. There is joy. But then what you have to do is look at the good part of what does not look too good, and that helps too.**

*Ah, so the bad part, as you would call it, the opposite of good would be bad, is not to have any joy in it.*

**No, you look for the joy in it.**

*Look for the joy in that which appears not to have joy. Ah.*

**Right. You can have it whenever you want.**

*Can you?*

**Yes.**

*How can you do that?*

**Just go get a Big Mac. 😊**

*Yes. With french fries?*

**I am thinking maybe tonight for the first time, I will not have to rush out after the meeting and get one.**

*Indeed. That is a most appropriate response, my love. What is the other favorite? Chocolate. Chocolate as a release? Yes, indeed.*

### **The Importance Of Looking through the eyes of Lightheartedness Rather Than Seriousness**

*It is very important that when you receive information from any source, that you look at it through the eyes of Lightheartedness rather than through the eyes of seriousness. Then, you are able to determine whether that information is something that you must give serious attention to or whether it is something that you will simply discount.*

*Remember that all information is for you to determine the appropriateness of for yourself, not what someone else says, and that includes everything that we say. We give*

*reams and reams of paper of information over our time here. Some of it is important and good, and some of it is just babble. But, you know, some ~ not you in particular in this gathering ~ have taken the babble that we have given very seriously. We do that deliberately, you know, BABBLE. Oh, indeed. We have learned it from Mushiba, of course. Babble. I am not sure which came first, our babbling, and she learned it from us, or the other way around. However, you know, it is very important to distinguish in your own mind between babble and non-babble. What is babble to one is not babble to another, you see. But there is going to be a certain amount of babble. That is simply the way it is.*

*It would be much too strenuous to have important information coming out of your mouth every time you spoke. How often have any of you said when something has occurred, "What is the meaning of that? What is the issue here? What am I trying to learn?" Well, there is probably nothing of any real importance. It is simply babble. You are allowed that.*

### **Understanding Joy And What Is Appropriate For You And What Is Not Appropriate ~ Through Sadness, Pain, Fear, Lack Of Control, Addiction Of Food, Or Death**

*Yes, the earth plane is a serious training ground. It is an accelerated training ground. But we have indicated that one of the prerequisites to finishing your sojourn on the earth plane is to learn how to be Lighthearted. That means to understand the difference between what is appropriate for you and what is not appropriate. When you find something that is not appropriate, consider it babble. From that take joy and say, "Ah, that is not for me to be concerned about." Release it. In that releasing of it, you find a moment of joy. That is one thing that you can do. Eh, my love?*

**Yeah. Here.**

*A recovering Virgo.*

**Did you just call on me, or did you want one of pearls of wisdom? 😊**

*I must respond, and I must respond in an appropriate way.*

**Or you can take it as babble. 😊**

*Indeed. Most appropriate, my love. Yes. To sit and listen so intently to what comes through from our source and from other sources is good practice for focusing, but it is also good that you would differentiate what is serious and what is not so serious. In the end, nothing is serious anyway. Is it not? Once you have returned to The Universal Consciousness, it matters not, but that journey back is so serious. Yes, you see.*

*Now then. Joy. How would you go about bringing more joy into your path? It is a question that has been asked so often. We have given you the very basic technique of bringing joy into your path. However, how many of you feel that joy would be an extravagance. "No, I am here to be serious. I am here to learn my lessons. Having joy is not on the agenda. If I feel joy, then I must be feeling guilty about it, for it means I am not really giving attention to my serious issues."*

**It is the joy that gets us through the other parts, enjoying everything we can, every bit of fun.**

*Ah, so joy is something separate from that which you do.*

**Oh, no. Separate from the times when we are sad.**

*Oh, joy is separate from sadness. Do you all think that that is true? That joy is separate from sadness? It is the same coin. It is not separate. This is part of the difficulty, however, in entities believing that we must be sad, we must have difficulties and then from that we will gain joy. Yes, the technique we gave to you was a way of releasing the heaviness so that you could bring the joy. That is how you start integrating joy into everything.*

*There is joy in sadness. This is a rather difficult concept for many to understand. There will be greater understandings of it as you progress in your path and you gain your awarenesses. Joy is sadness and sadness is joy. Difficulties are not bad. They are not hard. They are simply the work that you do. Joy is work. Everything you do on the plane is work. Hence, the name Work Planet, you see. That is why it is called that. Everything that you do, even babble, is work, especially for those who are not accustomed to babbling, is indeed work. For some of you babble is second nature.*

*Now then. Joy is sadness.*

**Waith, it just popped into my mind, or else you put it there. I'm not sure. When you spoke a couple of sessions ago about being frivolous, it seems like frivolous came to my mind when you were speaking of joy. Maybe we feel if you are really ecstatically joyous, then you are being frivolous.**

*Oh, and do you think so?*

**I think some of us think that. Yeah, I do.**

*Frivolous is not a good thing?*

**Well, it is not that it is not a good thing. I want to say it is not accepted.**

*Oh, yes. It is not accepted to be frivolous. Yes, indeed. You fell right into my trap. You were very good. Very good. Yes, accepted. Yes, we must make certain that what we do*

*is acceptable. Yes. The heavens above will come down if you do something that is not accepted by whoever.*

**I often enjoy being frivolous as well as being sad, and I notice that people look at me strange because of that.**

*Well, yes, because you are not supposed to enjoy being sad. You are supposed to wallow in being sad. Do you understand wallow?*

**Actually, you can pay money to have those, when you go to the movies.**

*Well, yes, indeed.*

**You have a great time enjoying those sentiments.**

*Yes, yes. If one views sadness as a source of growth, and one views sadness as a way in which strengthening occurs, then it is a joyous occasion for you have taken on something very concrete in your path that you recognize. You can say, "I am sad, and I am going to feel the joy in being sad."*

*Even though there is pain that one would feel emotionally or physically from sadness, there is joy for you are feeling a particular emotion that will give you tremendous strength and tremendous growth. In sadness comes introspection. If sadness is viewed in that manner, when you become sad, you want to go within Self to learn the reasons for it, to look at your path and then to come out of that sadness with greater insights into Self. It is when the sadness is taken so seriously that it can remain with an entity for an entire lifetime, or periodic bouts with sadness that can be devastating to the entity. Sadness is joyful. Sadness is a form of meditation.*

### **Joy In Not Being A Victim, But Becoming The Triumphant Entity**

**Often I hear people say, "Nothing bothers you." Well, because I do not let it bother me. I mean, you are supposed to let it bother you.**

*Well, yes, you are supposed to let it bother you, and you go around moaning and groaning, and poor you, and the world is against you, and you have been dealt an unfair hand, and that you are the victim. This is the attitude. If you bring joy into your life, you are not the victim. You become, then, the triumphant entity. You will find yourself surrounded now on the plane by those entities who wallow in their own misery. It is part of your path, many of you, to help those entities to move out of that point in their path. It is all right for them to be there. It is appropriate. Every entity coming on the plane reaches that point in one or two or several lifetimes in which they stay within their own misery, and indeed, are aggravated because others laugh. "Why do you laugh?"*

*There is nothing funny here. Why are you irreverent? You must give respect to this institution. You must be serious."*

*It is the responsibility of those of you who have moved out of that point in your path into a lighter point, to help those entities find the joy. Yes, they will perhaps look at you as if you are strange because you say, "I am sad but I am joy-filled at the same time." Or, "I do not let anything bother me," as best as you are able to not let things bother you on the plane. They would say to you, "How do you do that? What is wrong with you?" And what would you say? What would you say?*

**Well, not being joyous does not help anything.**

*Indeed.*

**Wallowing with others in misery does not help anybody.**

*Indeed. What is the saying on the earth plane ~ misery loves company. You know, that comes from a spiritual context. Happiness loves company also. Joy loves company. Likes attract. So what you do, then, is attract that which is like you. When those around you are not like you, you do not try to change them, you do not change yourself. You simply continue being who you are, even if they would come to you and say, "You are too frivolous. That is not appropriate. That is not acceptable to be frivolous." Well, it is acceptable to be anything you want to be. What other questions would you have relating to the issues of joy in your path?*

### **Someone Shared Their Idea Of How To Have More Joy In Their Life**

**I just want to share with you what really helped me. A few weeks ago. I declared this year to be the year of joy. In my intention to have it more joyous, there is also more joy in my life. I made a nice poster of things that bring me joy, and I have it posted up on my wall. I love looking at it. I even see it when I am not consciously looking at it. Somehow, since then, things seem to be working easier and lighter. So, I like my idea.**

*Indeed. That is a most beautiful idea, to have something that can visualize those activities or other entities who bring joy. What greater joy now than who sits with you. Indeed. (Her young child) His destiny awaits him. (He is covering his eyes) He knows this, of course, and is trying to avoid it. ☺ He knows. He is allowed to be like this for a bit more time. What other questions or concerns might you have relating to this issue?*

### **Combating The Issue Of Joy While Having Emotions Of Fear, Lack Of Control, Or Pain**

*Ah, fear. You know, fear is a very controlling emotion that is probably the strongest tool of the darkness. This is a rather lengthy kind of discussion which we will not go into at this time. But fear is an emotion that you need to view as a way of cleaning out your*

*own self-doubts. In the view of fear, you must also place joy, for joy must be felt even as you fear. When you feel fear it is the same as sadness. You are feeling an emotion. If you say to yourself, "I am feeling fear. I am learning something." However, this particular emotion is not as easy to do that with as sadness, for fear, as we said before, is one of the strongest tools that the darkness uses and feeds into you, so that as you are feeling fear, there is no sense of joy. There is only a sense of complete lack of control. You know, on the earth plane, none of you want to feel any lack of control. However, that is exactly what fear does. It is then, as you begin to work through fear as a negative, and you feel it, you respond to it at the moment, and then you are no longer afraid of whatever it was that gave you the fear ~ you look back and you analyze it. You put the joy into it, and you say you have learned from it.*

*Eventually, you will not have fear in the traditional sense. There is nothing to fear but fear itself. ☺ You came here to hear an Angelic tell you that. Where do you think he got that saying? We jest. Really, we jest. There is nothing to fear. It is only in the mind, and the darkness that will give you a shroud of anxiety. Tell me something to fear.*

**Well, seeing someone that you love suffer.**

*Why is that fear?*

**That is worse than suffering yourself.**

*Why?*

**Because if it is yourself, you figure you can stand anything, than if it is somebody else.**

*Why is that fearful?*

**Because you cannot do anything.**

*Why is it up to you to do anything?*

**Well, you want to because you love them, so you want to make everything all right.**

*Oh, everything all right. What if the path of the entity is to feel suffering, and you come along and want to make it all right? You interfere with the path of that entity. It is a difficult concept to accept, let alone understand by many ~ what another endures is their path. If you attempt to impose, you go against their path, and you actually regress yourself a bit by imposing on another. If they ask you and say to you, "Help me with my suffering, take it on for me. Here, here is my suffering. Take it." That is another situation. But what is the fear? Even if you do see someone who you love in pain, why is that fearful?*

Well, it hurts more than anything else that you could go through.

*But why is that fearful?*

Well, it does not feel good. You know, anything that does not feel good.

*Oh, anything that does not feel good is fear. Is that a good definition?*

Well, you just do not want to have it. You just do not want to have it.

*Mm. What is another example of fear?*

Getting called on by Waith. 😊

*Good answer. You run the risk when you sit as close to me as you do, my love. Is that why you all sit so far away? 😊 Indeed.*

*Tell me another thing that you fear? My love, you raised the question.*

Yeah. What I am dealing with right now is my fear that I will not be able to do something that I had planned and that I feel like I am responsible for as a mission.

*Ah.*

So, I keep trying to go for this unconditional feeling that it will work out, or it will not. But the pieces ~ they are like, what if I do not it right?

*What if you do not do it right? What could possibly happen?*

I would lose two percent of my training.

*Oh, two percent of your training. That would be a disaster, now, would not it? You would certainly lose. What is fear? Losing? A sense that you are losing something? Is that what fear is?*

No, it is truly a control thing. I mean, I can feel it as I am fearing it. It is like I am afraid that I will not control it appropriately, and it is like I already know I cannot do that, so it is sort of this tearing thing about trying to let go of the fear.

*Yes. Control. Fear controls.*

**What about fear of physical pain?**

*What of it?*

**It is something to fear.**

*It is indeed a fear. Yes. Why do you fear physical pain?*

**It is not pleasant.**

*Indeed, it is not pleasant. What will happen to you if you have fear of feeling the physical pain? What will happen to you?*

**You either pass out or it stops. It stops one way or the other.**

*What would be the very worst situation that would come as a result?*

**Death.**

*Death? Now there are some here cheering that. You would have to leave the life? Oh.*

**Then I would not have to worry about doing it.**

*Well, you see. We come back around then to the entire concept of continuous life. There is no death. Entities say they fear death. What is there to fear?*

**Going in the cold, cold ground.**

*Going in the cold, cold ground and not having the right dress or suit to wear. Yes. Having people look at you.*

**Fear could be not knowing the outcome. I think that is the fear ~ of not knowing. Not knowing.**

*Not knowing. Oh.*

**Whether it be right, or wrong, or good, or all those things.**

*And you have no control.*

**There is always no control.**

*You have no control. At conscious level you have no control. You see, the joy that is felt in the release of fear is in knowing that there is control, but it comes from your Higher Self and not the Concrete Self, and that at concrete you really do not have to do anything. You do not have to worry. It is your Higher Self that has all the worry, you see. The control is what brings the fear to entities. "I will not have control over this." If you release that sense of having control and know that you can trust ~ there is that word again ~ in The Universal Consciousness and in your own Higher Self, then gradually fear disappears.*

*There are some among you who have no fears for they have let go. They may occasionally get bought onto the earth plane muck of wondering if something is going to happen ~ and they want very much for the bank to approve the mortgage, you know, and you wonder if that will happen. Oh, what will happen if they do not approve the mortgage? What will happen indeed? But those are fleeting fears. When you fear something without bringing joy into it, by allowing it to have negativity, then you surely bring it on. It is the easiest emotion through which physical manifestation occurs. You fear it, it will happen. Very high probability.*

*If you fear something but you have a sense of joy in knowing that this is a fear that is necessary for you to work through, then you will work through it and it will not manifest itself. The minute you give power to fear, the dark moves in and has a wonderful time, realizing all the fears that you fear.*

**Thank you for reminding me that whether I fear it or not I have no control over it either way, and that is where the joy comes in.**

*Indeed. Your Higher Self is in charge in conjunction with all those in higher dimensions. Nothing bad is going to happen to any entity, not in the long term. Even in the short term it is not bad. If you are killed and leave the life, so, what is bad about that?*

**You have not heard of O.J. Simpson, have you? 😊**

*Yes, we have. We would respond by indicating that in other dimensions that very concept of what you are having to endure now on the earth plane presents itself ~ the dragging out of a scenario to bring about understanding of certain issues. It just plays itself differently. In the last time that this illusion was on the earth plane and it was at this point, and this particular scenario was playing out, rather than the name O.J., the name was Grapefruit, 😊 and he played tennis. 😊*

**You cannot escape O.J. Simpson trials by dying? 😊**

*Yes. They are everywhere.*

So, does the one that is going on in the other dimension connect with the one that is going on here?

*Yes, you would ask that question, my love.*

⊗ What is the connection?

⊗ O.J.'s Higher Self and what else?

*Well, it depends on how high their soul is. If it is way, way high above them or very close to them ~ determined by the height of the Soul.*

**You did not answer my question.**

*It was a question? Indeed.*

*My son, did you have your hand up?*

**No.**

*I felt the energy coming from your corner. You had a question.*

### Will There Be More Joy In The New Illusion?

*Oh, indeed, there will be. At the beginning of any new illusion, there is relatively no fear and much joy. As, of course, the illusion settles in, then the percentage of joy and fear and all of the negative emotions begins to change. But most assuredly in the beginning of The New Illusion, those who remain, those who are vibrationally attuned to the planet will have a very strong sense of joy. They will have received it from the earth, and there will be a reciprocal activity occurring, so that as they receive more joy from the earth, they send more joy to the earth and it becomes compounded over and over and over again until there is that type of joy.*

*But remember, as we have indicated, within a very short time frame ~ five hundred to eight hundred earth plane years ~ the illusion settles in and all of the old issues start coming back again. So, that is simply the way that it is, until it reaches the end of the illusion, such as now, where the imbalance occurs of not as much joy, and much more sense of fear, and much more sense of heaviness exists. But it is up to those entities currently on the plane, who will be remaining on the plane after The Shifting, to bring about the ability to put joy into their path and to show it to others, not to hide the ability to be joyful. Just because someone would criticize you for being joyful does not mean that you should hide it. Rather, you should exaggerate it.*

*Remember that on the plane now it is a time of exaggeration. While there is exaggeration of negative activities, heaviness and sadness and fear and all of that, exaggerate the joy. Exaggerate bringing Lightheartedness ~ as exaggerated as you can ~ into your environment. It is the way in which you combat those forces of dark that attempt to squelch the Light.*

**It seems that always, including now, that joy comes from a group of people eating, always. What I have come to, my own self included, is that that is one of the times when everyone is focused on the taste of food and talk to each other. So the food is causing everyone to become focused.**

*Well, you must be careful, my love, in assuming that what you observe in your particular environment is true of all. Food, while it is a source of joy for large numbers of entities is not a particular source of joy for others. Food for many is actually an addiction and they fear it. They fear its control over them. Food is not always a source of joy. For those who are not addicted in the sense of food controlling them, food can be a joy. For some, they are indifferent to food. They can take it or leave it. Some would eat bowls of cereal every day, three times a day, four times a day, for it is good food. Yes.*

### **Can Food Lend Itself To Being A Good Focus Point For Joyousness?**

*It can be if it is the proper type of food. There is food that is healing food and there is food that is destructive food, which of course is, as you would expect us to now say, a topic for another time. We have spoken of food.*

*Our love here has worked extensively with those who are addicted to food. And our love here with her herbs and energy healing has helped those who are addicted to food, who are controlled by food. Then, of course, our heavenly caterers over here actually do have healing food. We have given them some potions. Indeed, some of the food contains certain combinations of foods that actually do bring about a healing. Yes. It can be joyful, but be most careful in how you use food. Do not think that it will automatically bring about a joyous occasion.*

**Not for all. I realize.**

*For many on the plane who struggle through past issues of childhood, it can be painful. So one must be very sensitive to the issues of food.*

**Even Big Macs?**

*There are exceptions. ☺ Indeed. Get your fill of them now for they will not be here in The New Illusion. We have warned you of that.*

It is not necessarily joyful for food either to be eaten.

*Yes, indeed. Food is an energy. Of course this goes into other discussions of energy consuming energy, which we will delay for now. Indeed. Other questions.*

### As Groups, It Is Okay To Laugh At Yourself, But It Is Not Okay To Laugh At Or Ridicule Others

What about in reference to what you were talking about in your serious side two weeks ago with regard to groups laughing at themselves. You seemed to indicate in general that we do not want to really single out groups, and make fun of them, or laugh at them, but it seems like if any group can just see the absurdity of everything and laugh at some of the foibles of the group that it might make for joy or light viewing of the earth's situation.

*Oh, indeed it does. You see, it is all right for the group to laugh at itself, and indeed, it is encouraged that the more ridicule that is given to a particular group, based on the differences of the group with the larger environment, the better it would be for the lightening up of the group itself. However, it is not appropriate to laugh at, in ridicule, another group. There is the difference, you see.*

*There is great joy that comes from groups of entities coming together and laughing at their own seriousness, for it is very easy to fall into a serious mode and to forget that Lightheartedness must be at the base of all learning of lessons. But to be serious about what you do is important.*

---