

# *Waith Class Transcript*

**JUNE 20, 1995**

Farena And Barjan Perform A Summer Meditation To Celebrate The Changing Season  
Following The Meditation, All Go Outside To Find An Item To Put Into The Earth Basket

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

A Publication of Terra Lux Media ~ 1995

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## Farena And Barjan Perform A Summer Meditation To Celebrate The Changing Season

*As you know, there is vibrational changing occurring with Mushiba. We will keep this session with you to a limited amount of time ~ that which will enable Farena to work with Barjan in the music. When she is finished, and we return, we will close the vibration at that time. So, this particular session with you will not be one open for questions, for we must preserve the energy field of Mushiba. We have fluffed it up a bit to enable Farena's energy to come in for this session, for we did not want to miss one of the season changes we have planned as music meditation packages for each of you. So! Be prepared for the fluffy one to enter in and be with you, and we will return when she is completed. So, enjoy, my loved ones.*

*Farena: Hi! Here I am! I have been waiting for this for so long, and also, I do not have to worry about where I stand. (Referring to one who is helping with the cords) Now then, it is time for the first phase of our fluffiness. Almost, Barjan. He is very anxious ~ he is doing it in a very different way this time, and he is very doubtful. But, not me! All right now, the first thing that you are going to do is ~ guess what?*

### Stand up.

*Farena: Stand up. Do not worry, though. For the second part, you will all get to sit again. Now then, please take all of the pillows and chairs and put them in back so it is open. You may begin, Maestro! (Farena does a fluffing meditation to the music of Barjan)*

*Very nice! I told Barjan, in spirit, that he would have to start right again to play ~ but I lied! You have a few moments, my love, to catch your breath ~ and each of you now I would like to form a circle and you are going to sit in the circle. But first, form the circle standing, and I am going to stand in the middle after you have formed your circle. Now all of you sit. "We are gathered here today ~ " Some of you may have soul memories of this ~ sitting around the caldron, stirring up a brew at the Summer Solstice!*

### Fixing up a favorite brew!

*Farena: A favorite brew ~ as you all stretched your arms to the sun! We are not going to do that. But we are going to have our Summer Quiet Meditation, accompanied by very soft music, Barjan, is your rest time enough? It is as he likes it ~ all eyes are focused on him. (The music begins)*

*Relax. Be comfortable. The Light surrounds you. It is the Highest of the White Light. The Light mingles with the Earth Light, the Planet Earth at its height of Light. Rejoice in your connection to the Earth Light. Visualize the Earth surrounded by Light, filled with Light.*

*You send the Light. Send it now. Feel the energy bouncing. It is summer. Summer, the time of fruition. Summer, the time of strengthening energy for Service to Others.*

*Envision one of your lessons that you bring to fruition during this summertime. Bring the lesson into that which is the Crown Energy Center. Visualize the lesson. You can work on this lesson now for there is more Light during the summer. Fruition. Bring that lesson from the Crown Energy Center down to the Heart Energy Center. Feel the emotion of that lesson. Surround it with Light, summer Light. Love your lesson. Envision yourself within the Planet Earth, surrounded by the love of Earth, and all the kingdoms in Earth join with you in your lesson and give you their Light ~ their strongest, brightest Light. Visualize the completion of your lesson and give that fruit to the Earth.*

*You have strengthened the Earth. The Earth responds to you with beautiful Light, a Light of help for the lessons you come here to learn. It is a gift from Earth as you give also to Earth. The Earth warms you and comforts you and surrounds you with Light. You are part of Earth and Earth is part of you. Feel your connection to the Summer Earth ~ the fruition of the Summer Earth ~ your own fruition. (Meditation ends)*

*Come B-a-a-c-c-k! Barjan, that was very nice! How do you all feel, besides warm? We thank you all very much for sharing with us this Summer Meditation. And Barjan, thank you very much. Is that a little energy of shyness? Hard to believe. I am shy, too! I am so pleased to have been with you all, and it is time for me to return, and Waith will come back and give you some last words, and we will see you in September ~ is that a song? ~ See you in September! Good-bye, my loved ones. Bye-bye ~ say bye-bye!*

**Bye!**

*Farena: Bye-bye. Do not get too serious on me! B-y-y-e-e ~ wiggle your toes! B-y-y-e-e ~ I am really going now!*

### **Following The Meditation, All Go Outside To Find An Item To Put Into The Earth Basket**

*Waith: Well, I am back. As is customary with the season change meditation, we have the Earth Basket that Farena almost dismantled when she first began. The custom, of course, is to go out into the surrounding Earth and bring back something that calls to you and place it into the energy basket so that we have the accumulation of Earth energy that combines with the energy of each of you who have chosen the particular item from the Earth.*

*We will depart now, loved ones, so as to allow you the time that you would want to venture out onto the earth plane heat, and also, to bring back the coolness in the environment in which you are now, so that you will enjoy the social time after we have departed. We will, of course, as Farena said, see you in September. A new and improved Waith and Company!*

*We return to this chair. As we return to our realm, Barjan will play the music. Move about and venture out into the Earth and give honor to the Summer Earth now, for it honors you. With that, we depart. We send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.*

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