

# *Waith Class Transcript*

**SEPTEMBER 19, 1995**

Farena And Barjan Perform The Autumn Music Meditation Celebration ~ Those In The Gathering Go Outside To Find Items To Contribute To The Earth Basket

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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## Farena And Barjan Perform The Autumn Music Meditation Celebration ~ Those In The Gathering Go Outside To Find Items To Contribute To The Earth Basket

*What a very somber gathering. Now, that will certainly change in a moment. Will it not? We are pleased to have the rocking vibration returned. (The rocking chair was repaired) We are also very pleased to be with you all as this season change is about to occur, in the geographic area in which you find yourselves. It is a time of harvest. That is the theme of the meditation for this gathering. The harvest is activity, it is the gathering of resources that are the result of the fruition of the summer. It is the preparation for retreat. It is the preparation for introspection. It is a joyful time. Each season change is a joyful time. It is a time to rejoice, for the earth moves from one phase into another, just as each of you move from one phase into another ~ cyclical.*

*As always, Farena has her plans for this particular gathering. We simply allow her to do what she wants to do. It is also a time when we also allow her to dress Mushiba in a way that she would want to dress Mushiba, since it is her stage, shall we say, for the gathering. That is not to say that we would not wear feathers. We have not found feathers however, to be one of our favorite modes of attire. Even in Atlantis we did not favor feathers. However, we all accommodate to the group as we need to for the harmony to be present, and it is an easy type of accommodation to give to Farena. So, we will turn over the stage, shall we say, to Farena. And when both of the meditations are completed, the fluffing meditation, and the quiet meditation, we shall return to close out the energy. Enjoy this time with Farena.*

*Farena: Hello.*

(Farena lightheartedly banter with Barjan before the music and meditation begin. She arranges everyone into a circle)

*Farena: These three energies right here ~ you come over here. And you move over there. And you come up! You come up. Fill in the circle. My love, you come up, come up, come up ~ you are outside of the circle ~ squish over. ☺ There! Love, could you move that back? Thank you. Much better! (Everyone has moved to form a circle)*

*Now you will all sit right where you are, and I am going to begin with a fluffing of each of you, and then part way through, Barjan, maestro that he is, will know the exact time you will all stand, and then I will tell you what to do. So first, we fluff, then we settle down again, and then we do our quiet harvest meditation. (The fluffing meditation is done)*

*Barjan, stand up! Come on! Everybody say thank you, Barjan. (Applause) He is so shy, and retiring. He just does not get in the spotlight enough! ☺ Now it is time to do our quiet meditation. I am going to stand outside the circle. And I would like you all, if at all*

*physically possible, to move closer in, so your feet all touch each other. (The group moves in closer) Come on! Come on, honey!*

**I am glad I painted my toenails today.**

*Farena: And they are very pretty. They are so pretty. Mushiba cannot paint her nails, fingers or toes, because of energy, but she loves it. And I wish she could, for when I come in. I would wear sparkles! Sparkles! Get gold sparkles for your toenails. Are you ready?*

*Breathe in slowly and relax the encasement. Call upon your Angelic Protector, from the very Highest of the White Light to guide and protect you.*

*It is a time of harvest. The reaping, from the fruition of summer. It is the time to gather the lessons you have learned. Gather your favorite lessons. Envision a white fluffy basket. Begin to fill the basket with your lessons, one by one, lesson after lesson. Call out to The Universe to bring your lessons to you for gathering and harvest. Your basket is filled. You have gathered all of your lessons. They are in one place, your very favorite lessons.*

*Envision now, holding your white fluffy basket. You are in a field of wildflowers, brightly colored, autumn wildflowers. Holding your basket, feel the freedom in the wildflower field. You have all your lessons gathered. Cherish them. The time now comes to prepare your lessons for sleep. Place the basket beside you in the field, and place wildflowers on top of the basket. Pick up your basket now, and envision yourself floating through the field of wildflowers, rejoicing in the gathering of all your lessons. Float and dance.*

*Bring your basket close now into your Heart Energy Center. Your lessons are filled with love. You have given Self-love to your lessons ~ the love of Self. Hold onto your basket of love filled lessons, carry it with you during this season of harvest. Protect your basket with White Fluffy Light. The Earth Light be with you.*

*Come b-a-c-k! S-t-r-e-t-c-h! Stand up if you can! Lie down if you want! (Farena sings and dances while everyone settles back in) Well, what do you think? Was that wonderful?*

**Yes, it was wonderful!**

*Farena: It was wonderful!*

⊗ **It was good. The tape came out just right too, I think.**

⊗ **Barjan is smiling.**

*Farena: We like it when Barjan smiles. Sometimes he does not.*

**Barjan: Guess whose fault that is.**

*Farena: Not mine. I do my part. ☺*

*Did you notice a pattern, one season to the next? Say, yes.*

**Yes!**

*Farena: Breathe deeply. Take this meditation with you now as a way of preparing for reflection during the time of dormancy, which comes with the next season. You have your lessons, and you hold onto them, and cherish them, for during the time of reflection you will look at each lesson and determine which of those you will bring into the rebirth cycle. And you will bring them into the rebirth cycle, and you will bring them to fruition, and then you will harvest them, and then you will reflect, and then you will take some into the rebirth, etcetera, etcetera, etcetera.*

*We are most appreciative, and thank you for being part of this wonderful gathering. We send you our final fluffing. (Music and dancing) It goes back to the French life. Feathers, I love feathers. You will see that white feather boa on me yet. ☺ Winter white ~ is that what it is called? Winter white. You watch.*

*I depart now and bring Waith back in to give you the closing meditation and final words and close out the energy field. And I will see you all again sometime soon. Be fluffy, be happy, be lighthearted. And carry your fluffy white basket of lessons around with you during this coming season. Say, "Here are my lessons. Here are my lessons. Look what I harvested. Look, look, look." Do a dance. All right! Goodbye! Everybody go fluffy, fluffy, fluffy. Bye-bye, Barjan. I am really going now. Bye!*

*Waith: I will not speak too loudly for the benefit of our loved one's ears. She has complained that I speak too loudly, especially coming back after Farena, and she has not the opportunity to readjust the controls. Was that much better now, my love? We aim to please. Is that a slogan on the earth plane? We aim to please ~ one of the downsides of the vocabulary bank of Mushiba to work with, you know.*

*It has been a most delightful and lighthearted energy gathering here and we have enjoyed it from the sidelines, the back of the stage, shall we say. We will give you all now a closing energy, and as is always the case with the energy season changes, the earth basket. Here is the energy over here. The earth basket will be filled once again with earth mementos. So, as we depart, Barjan will play music, and you will gather yourselves, and go into the outside, and hear an earth energy calling to you, and you will bring it back, and place it into the basket. Perhaps, Puppy could bring the basket out, since you are so strong, and can lift heavy things.*

*So thus, my loved ones, until our next gathering, we give you an energy of closure to the opened Energy Centers that you had during this time. Feel the closing of the energy field that surrounds you. Breathe slowly. Quiet yourselves. Bring Self back into Self. We send to you all now the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.*

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