## Waith Class Transcript

**DECEMBER 05, 1995** 

<u>Discussion Of The Mineral Kingdom, With Stuart Benson, Owner Of Stone Age</u>

<u>Waith Divulges Some New Information Regarding The Mineral Kingdom That Pertains</u>

To Its Role In The New Illusion

Waith Addresses Crystals From Those In The Gathering Stuart Benson Talks About Crystals, Rocks, And Minerals

#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally
By Waith
Through Mushiba

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For more information, please contact us ~ terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

## Discussion Of The Mineral Kingdom, With Stuart Benson, Owner Of Stone Age

This session is designed for discussion of The Mineral Kingdom, and we asked, through our own communication channels, for Stuart to be with us in this session, and you heard, Stuart, you are here ~ our Ambassador to The Mineral Kingdom.

We also had indicated that you could bring your favorite crystal and this would be a session in which we would give you some specific information relating to the crystal that you have brought as a companion, or the rock, or any of the members of The Mineral Kingdom. We are pleased that there are no wheelbarrows here with your favorite crystals, as has been the case in other times we have done this. You all show great restraint in selecting simply the one. And in some situations we see small encasements, unlike, of course, the catering crystal. We would give attention, of course, to the energy's name ~ Miss Eugene. Is this correct, my loves?

Yes. The crystal seated on the right where the right hand now moves over. This is the Heavenly Edibles master crystal that draws so much attention when they present their healing food at gatherings. She wanted to be part of the focus of attention, and we have agreed that that is a good energizing move for her. What you might also do, each of you, before you leave from this session is to come to Miss Eugene and say hello to her and introduce your crystal or rock, or whatever member of The Mineral Kingdom you have brought with you, so that friends can all become acquainted. For just as humans, The Mineral Kingdom is all in this together also, just as humans are all in the life together and must work in harmony and as much in unity as possible.

# Waith Divulges Some New Information Regarding The Mineral Kingdom That Pertains To Its Role In The New Illusion

We would, before beginning the discussions of your personal Mineral Kingdom members, give you simply a bit of new information regarding The Mineral Kingdom that pertains to its role in The New Illusion. Just as The Human Kingdom will have differing roles in The New Illusion, so too will those from The Mineral Kingdom.

The Mineral Kingdom will be much larger in comparison to The Human Kingdom. While there are certainly situations now on the plane that are evidence of that largeness ~ what you call mountains ~ the average Mineral Kingdom member is quite diminutive in comparison to some of the more flamboyant Mineral Kingdom members. There will be a much greater alliance with The Mineral Kingdom and The Plant Kingdom, together, in harmony with The Human Kingdom. There will be what you call walk-in caverns, readily accessible once The Shifting has occurred, that will be open much more hospitably to The Human Kingdom than has been in this current illusion.

The Mineral Kingdom will invite you into their homes. You will be able to walk in and visit. On occasion, they will allow you to take one of them from their home and be with you in your home. However, the degree to which access to The Mineral Kingdom exists today in this illusion will change. It is generally easily accessible for The Human Kingdom to go into The Mineral Kingdom ~ to have members of The Mineral Kingdom. In fact, many of you talk of being called by The Mineral Kingdom and finding yourselves surrounded by many, many of them. What will happen now is a reversal of who calls whom. It will be The Human Kingdom who will call out to The Mineral Kingdom.

The Mineral Kingdom will have, at the beginning of The New Illusion, much information that has been stored in it for the startup of The New Illusion. Those in The Human Kingdom who will be charged with the movement forward of the next illusion will be the ones who will go to those crystals, those rocks, those other members of The Mineral Kingdom, and gather that information. So, it will be a reversal now, and The Mineral Kingdom will start saying, "Oh, those humans. They keep calling and calling, and we have so many of them around us now. We do not know quite what to do with them." It will be a most interesting changing.

Some of you have already experienced, in minor ways, that reversal where you have not heard the mineral, rather the mineral has heard you. There is more, of course, to give regarding the changing of roles of the kingdoms, but that will come as we near the closure of this illusion. In the meantime, it is important to stay with the current illusion and to work with what you have, rather than anticipate what will come at the exclusion of working with what you have. So, all of you who have mineral members with you in this gathering have them in a sense of transition. This is what we will give you in this gathering for information as you each, whoever wants to, present a mineral for discussion. A mineral for discussion. That sounds like some type of topic in some future time.

## Waith Addresses Crystals From Those In The Gathering

So, let us now begin with whoever would want to be the first to present. (Someone places a crystal in Waith's hand) Speak! Well, you know, my love, you simply come and place this in the energy field. You would ask us something specific, so that we would then respond.

Gosh, I did not think of it.

She did not think of it. Why did you bring this particular member with you, my love?

I wondered what it was speaking to you.

Chatterbox that it is! It is a vessel of information. You do not need to stand at attention, my love. Perhaps, if you would like, return to where you were seated. Then all can share in our discussion. Then we will toss the little thing back to you.

It is quite typical that the clear members of The Mineral Kingdom, commonly referred to as clear quartz on the plane now, are easily programmed ~ and we use the term PROGRAMMED in a positive sense ~ for use in interdimensional communication. They remain clear so as to bring through as pure as possible information from other dimensions, other levels of awareness.

In this particular situation, this crystal is quite bonded now with you, my love, as is the case with many of you who have particular minerals who meditate with you. This mineral is in transition, however, my love, and is about to move into a different color. Color will be brought into this encasement. The color will be of a smoky appearance. It will be very, very light at first. It is a positive beginning, for this mineral member will go with you during your vibrational changes and will follow your decision regarding The New Illusion start up.

### Why does it change color?

Why do you change clothes? When your vibration changes, the style of your clothing changes. How many of you have had different styles of clothing as you have moved through your life, sometimes very dramatic, signaling that you have reached adulthood, for example, or you are going back into childhood, or you are doing any number of changes to reflect a new attitude oftentimes, or simply to reflect a change in who you are for what you have learned.

Thus it is with The Mineral Kingdom. They too change in their appearance. They put on a new set of clothing. This mineral is becoming bored with being clear. It is as simple as that. There is nothing mystical or cosmic about it. It is simply ready now, for its vibration has changed as a result of working with you, my love, and it wants to look different for its new work, its new point in the path. It also will have an infusion of playfulness, for it recognizes its seriousness. And thus, the new look will bring about a sense of playfulness and joyfulness.

Many of The Mineral Kingdom like to be bounced around. Many of you think that, oh, you must be very careful and not drop ~ poor delicate little things that they are, they might break. Well, if they break, they break. If you fall the wrong way, you break. It is no big deal. And do you not like to bounce around, up and down, bouncy ~ oh, there! You see. (Waith tosses the crystal into the air and drops it) My love, you would please give this to me. Thank you, my love. Now, my love, are you ready? We have not had much experience in all of the time we have been in here to play catch, so are you ready?

I am ready.

Are you ready? (Waith asks the crystal)

Very gently.

Very gently. Why, my love?

So she is able to catch.

Oh, gently so she is able to catch.

- Yes.
- That is what you taught us here in the old days, to be gentle to the crystals.

In the old days. In the old days, we walked one hundred miles to get to Terra Lux on a cold and snowy evening just to hear Waith speak for ten minutes. Those were the old days! Yes, indeed. In the old days. Times have changed quite a bit in the illusion, and The Mineral Kingdom is much, much stronger and tougher now. © We must feel your energy a bit more strongly, my love, so we can direct. (Speaking to the person who presented the crystal to him)

I am ready.

Whee! Ah, you did it! This was most beneficial that you were able to catch.

Thank you very much.

(Another crystal is presented) Aha, another clear quartz. You would observe the lines of this encasement. This mineral member will begin to smooth its hard areas, you see. The point will begin to become rounded. This is very good to be used in what is referred to as the wand. You would hold your crystal as you see my right hand with the pointed end going toward the circle, so it is away from you. And it goes between that which is called the index finger and the middle finger, with the fingers, then, back. Place this on your lap, as you call it, or your leg, and meditate with it in this manner, for it is in transition for The New Illusion. It will begin to take a shape that you eventually will see as the shape of the new structures for The New Illusion.

It will not happen tonight. Do not stare at it and say, "Hurry up, Hurry up." You will see a very gradual change, just as change is occurring gradually in this illusion now, as it nears its ending. Then you will see at times dramatic changes, just as you see dramatic changes in the illusion now.

Is it very old, and very wise?

Is it very old and very wise? You are a wise little one, are not you? There is a little pebble that says, WISE on it. © You know, my love, the definition of wise, the definition

of old is a difficult one to ascribe to, for the frames of reference that you have on the plane are so inadequate to the totality of the energy form. That applies to all energy forms, all of you, not just the crystal that is here.

It has a bit of a headache, as can best be described for your frames of reference ~ for you to understand. It has the capability, my love, of giving you information that you need. It is able to connect to your soul. However, you must bond with it in a different way now than you have been, and to hold it in the way that I have described to you. It has quite a bit of knowledge to give you that it has stored. Some of it will not be revealed for some time. It will simply be in storage.

How old would you like it to be? A hundred million years, two days, an eternity?

A hundred million years.

A hundred million years it is! This particular energy does not like to be thrown. Thus, we will have you place it back. You would practice holding it in the way that we just recommended, while in this gathering. See if it says anything to you. "Hello!" Are you hearing him?

Not yet.

"Hello!"

(Another crystal is presented) Waith, this is my crystal that I am using every day, particularly when I call upon Jacques.

Ah! The rounded mineral members are one of our favorites, for they especially like to be caressed in the manner that you see. Where you simply move them around and give them a bit of Lightheartedness and juggle them. They do, indeed, like this kind of behavior. This energy has quite a path for itself, being aligned with you, my love. In the path that you have taken it must, as you say, fend off many of the mischievous energies, both in this dimension and in dimensions immediately surrounding you who try to pick at you, try to get you into the mischievous arena, those little dark thoughts that all have at the thoughts of depression, the thoughts of anxiety, the thoughts of fear at that come from the darker side trying to break down the Light. The Mineral Kingdom is charged at this point in the illusion especially with the helping of the breaking away of the dark and bringing in your own Light. This particular energy has its work cut out for it. Yes?

Speak. What would you say about this energy?

Yes, I think sometimes it helps, sometimes it does not. I do not know if it depends upon my mood or the mood of the crystal.

It does not. Bad crystal, bad! Oh! Oh! You would not say that to the crystal. You would not say that to any who would attempt to help you. You see, there is this sense it receives from you that you are displeased with it, and therefore, it becomes anxious to please and oftentimes then will not. You must have a much more positive attitude toward this energy. We are infusing a strengthening energy into this. Do not dismiss it. You have a name?

No. Do you have an idea?

Oh, we have many ideas, many of which we would not share with you, for then it would make it much too easy for you. Find out its name. Listen to it. Ask it for its name ~ any vibrational sound it would want you to call it. This would be a way of bonding a bit more with it than you have. And touch it more. Use it often as a stress reliever in your hand, just as you have seen me doing while speaking.

It travels around a lot with me. Whenever I am on the airplane I have it, so it has seen a lot in the world.

So now, let us roll this back to you and you be there to catch it.

Wow, that is easy.

Oh, is it now? It is that easy!

Thank you very much.

It did not go right to you, did it? Hmm.

Thank you.

Indeed.

Why did this mineral want to come? (Another person has presented to Waith)

Why do any of you come here to hear us? There is a higher calling that brings you to any arena for revitalization, for knowledge, for a sense of companionship, being with likeminded ~ be they in the mineral, human, plant, wind, fire. This particular mineral member is going to be helpful to you in this next stage of your own path, my love, and is ready to receive information. We are able to clear it a bit. It needed to be cleared, and thus, it knew that this would be an opportunity, though there are other opportunities for crystals and other mineral members to be cleaned. This is one of those quick and easy

ones, you know, without much work ~ and we agreed that we would do that. It is going to become a deeper color of the color that it is. As the knowledge and information that it will receive settles in, you will see the difference. You would place this in the sunlight for several plane weeks and on something very soft. Give it as much light as you can. Let it rest now for that time frame while it settles in.

#### Is it fragile?

Fragile in its encasement, yes. Fragile in its energy, no.

Ah! This is very connected to you. (Another person presents to Waith) This energy has spent part of its recent experiences, prior to this encasement, with those who guide you, those who are working with you in this point in the path, my love ~ those who are helping you in the opening up of your own interdimensional channels of communication. This, then, is able to give you information from them in a way that, if you allow it, will come through more easily than you have been experiencing. You need to know this now and allow the information to come through. You would take this with you everywhere for perhaps several months on the plane, and hold this as often as you are able. We have given it a bit of energy now. It is ready to return to you.

#### Thank you.

Ah! And what would you want to know of this, my son? (Another person presents to Waith) What in particular would you like to know about it? Why did you bring this to this gathering?

I want to know what you speak of it.

You want to know what I speak of it. About it? Hmm?

#### Yes.

It is what is often referred to as a pseudo mineral member. It is not from The Mineral Kingdom at large, as you would say. It is a byproduct of a Mineral Kingdom experience. Just as humans have byproducts and animals have byproducts, and plants have byproducts, so too do minerals have byproducts. Use your imaginations! It is nonetheless legitimate in terms of being part of The Mineral Kingdom, just as any byproduct of another kingdom is a legitimate part of that kingdom. It is meant to be with you for a short period of time for you to receive an understanding of the complexities of membership in any kingdom ~ not just The Mineral Kingdom. It is yours to enjoy for a bit of time. And as all byproducts, eventually it will disintegrate. You may now take it back, my son, and enjoy it.

(Another crystal is presented) I brought a chain and a crystal. First, I would like to know about the crystal and then I would like to know if the chain is appropriate, and if I can wear it.

The chain, in comparison to the energy of the crystal, is heavier than the crystal and creates a bit of an imbalance. The crystal's balance is requiring a much lighter chain, as you would call it, one that is very delicate. The energy of this chain is for a much more heavy duty mineral member than what you have presented. This mineral is very delicate, both in energy and in its encasement. It needs something very delicate. It is not an energy to play with lightly. It must be protected.

How would I protect it?

You would not wear it in hostile arenas, such as your place of employment or in arenas where there are large numbers of humans gathered, for the fear of it breaking away from you.

So, it would not really be a good idea to wear it?

On occasions it would be all right.

And could you tell me something about its purpose?

It has asked not for its purpose to be revealed at this moment.

(A large crystal is handed to Waith) Hope I do not have to take this with me every place I go. I will not get good gas mileage. And do not throw it back to me please, Waith! ©

Do not tell me I should carry it every place! Do not throw it back to me! You know, this is so typical of all of us when we say to The Universe, "Universe, we seek your answers and your guidance, but ~ " And then we set all the conditions. You see, that was a very good example of that. Why can you not take this with you everywhere?

Oh, I am just kidding. Out family enjoys this crystal. It has been with us for over twenty years. I hope it is not disturbed by us plucking it from beside a stream, but we appreciate it living with us.

Ah! You know, we can tell you this. It has recently exchanged energy. That which was formerly in this encasement has left and a stronger energy has entered in. It has plans to stay with you, regardless of where the family unit goes. It does not need to go with you everywhere. It would like, however, to have you pet it on occasion.

I found myself doing it for the first time here.

Indeed. It is a new energy from what you have been accustomed to. Just as energy exchanges in The Human Kingdom take place, so too do they in The Mineral Kingdom. When there is an energy exchange, or an energy infusion of Higher Self, the vibration changes and the path changes ~ its mission.

You mean it is a walk-in?

It is a walk-in, yes. The Energy Exchange Program, as we refer to it.

Does it like living on my mountain that is a high energy area?

Well, yes. It made the agreement with the departed energy that it would take on components of its path. But it did stipulate that it would stay with you as its prime caretaker. Thus, you will find yourself bringing it more and more into your vibration. We have given it a bit of energy. It would like to ride in your automobile.

(Another crystal is presented) Greetings, my love. Ah! You have recently cleaned this crystal.

I sensed that it needed some cleansing.

You have cleaned it while you were here, my love. It is energized, for you felt the comfort and the safety of doing that in this gathering.

It is been a very helpful, healing stone.

Yes. It is ready now to go on with you, and you have learned to clean it without even realizing it. Now in your meditations in this coming time frame, try to connect with what you did so that at conscious level you will have an understanding of what you have just done to bring a cleaning, energy wise, to the crystal. Bounce, bounce, bounce. Oh! (Waith drops the crystal)

It missed Mushiba's glasses.

It missed Mushiba's glasses -and it went bump. It wanted to show you that it is all right. You do not need to feel trepidation at its safety. It is quite a strong energy ~ both encasement and energy.

(Other crystals are presented) This is my crystal that I enjoy very much, and as I was leaving the door, this one was calling to come also!

Sneaking in! Sneaking in!

It is my son's, whom I did not bring.

Oh, his crystal!

Yes, and it was saying like he does, "I am coming too!"

Hmm. What is it we like to say to you all ~ nice try?

Maybe it just wanted to be in the gathering.

Oh, perhaps it did just want to be in the gathering. Indeed. What would you like to know of this, my love?

I feel like it is personal to me. I do not use it for meditation. I use it for centering, coming close to myself. What I want to ask is, if it could assist me in resonating with more joy.

Ah! The ever-present issue ~ more joy. Indeed. Let us see this other one.

Heavy.

Heavy as defined ~

Heavy as do not let it drop on your thigh. ©

- He does not care.
- Mushiba might!

We protect the encasement. Many of you have seen evidence of that.

Well now, the two have taken on a mission together. The smaller would stay with the larger, as we have placed it on this top. They are in agreement now to respond to your request of joy. They know what they are getting themselves into. You are so serious about it. You see, they already know. Did you see her response to a little joke? She was so serious about it.

It went right over my head.

Right over. They will tell you, my love, what their plans are. Keep it with you in the area in which you meditate, and run the warm water over it once a day for a period of, perhaps, several weeks, two or three weeks on the plane, together. They are to stay

together and run the water over them ~ plain water. It does not need to be sterilized. It can come right from the fountain.

(Another crystal is presented) I guess I want to know if I selected it for its proper purpose.

It did select you.

Okay.

You would find some other mechanism to adhere this to your encasement. This is not an appropriate energy ~ this energy.

Cord.

Thank you, my love. Cord. It is an energy of order out of chaos, and it has come to you for those reasons that you know very well are part of your path. It is energized. Get a cord of color, other than that which currently is used.

It can still be a cord.

It can still be a cord ~ lighter cord.

Lighter weight?

Lighter weight ~ lighter color.

(Another crystal is presented) Eugene's companion. She decided to share tonight.

Well, aren't we the feisty little energy. You finally have decided, hmm? This is part of the catering. But you knew that. He has been incubating for the mission of going out and being on the table as human energies come along and pick it up, and say, "Oh, what a pretty little energy," and do all kinds of things, such as we are doing. Catering crystals have quite a mission. Also, it will want to incubate with the Sasha scenario here. (Refers to the mineral gathering around Sasha, the rock that accompanies Mushiba) All is well. It is time for its mission to begin.

We know that the timing runs short now for our gathering, and we would say thank you to each of you who have brought a mineral member with you to the gathering. It brings in an energy to the vibration that will remain ~ that helps to contribute to the energy that you feel when you are in this gathering. Mineral member vibrations are most important in this transition stage. Our Mineral Ambassador, sitting way back in the

recesses of the gathering, has many members to share with you if you so feel the need ~ and can, as often as he might dispute it, communicate quite effectively. So shy.

## Stuart Benson Talks About Crystals, Rocks, And Minerals

Stuart Benson: We have talked basically about minerals. The mineral is the pure start of the item involved. A mineral is a single element of nature. When more than one mineral is combined with another or more than one, that is when we call it a rock. So a rock is composed of various minerals ~ two or more minerals. Then, I sometimes wonder why we very blithely call all of it stone.

#### Indeed.

Because the stone has little or no meaning. The mineral also has two forms ~ the first being the crystal and the other being the massive form. So, if you have brought with you a rock, you perhaps have more than one massive form of a mineral in that one rock. I fully believe that it is because of this that you get various and sundry energies from one piece of rock. The crystal is more pure and is all by itself, so that speaks for itself, but when you find a rock that attracts you, remember that there is more than one energy in that rock. This is what I was impressed with in listening to your choices. The crystal has such a beautiful form that it usually is chosen, but there are many, many rocks of beauty and of utility that will talk to you also. Thank you. That is my impression of what I have seen tonight.

Thank you, my love. It is why we so often correct the usage of crystal as the generic, than to say the mineral ~ (Some dialogue is lost when the tape is turned)

We are most pleased, Stuart, that you were able to give that description, for we relate to minerals from an energy standpoint, just as we relate to each of you from an energy standpoint. To bring it into something more concrete is also very necessary and critical to the understanding of it as an energy.

Most of The Mineral Kingdom members that surround Mushiba are what are called rocks. A few of the sparkly ones ~ just as you are sparkly in your encasement ~ surround her, but mostly they are rocks. It is the mineral member of choice. Think of what you surround yourselves with in The Human Kingdom ~ all varieties. Some of you have preferences for certain types, so too in The Mineral Kingdom. And, they are significant energy forms, not just inanimate objects to be used at the disposal of The Human Kingdom.

It is time for us to depart. We would remind you that in our next gathering we will have the Winter Meditation with Barjan and the music and Farena doing the meditation. It will be the fourth in the series of the season change meditations. So, Farena has a very quiet meditation planned. ©

Quiet?

You know, it is actually beneficial that she is off on assignment, for she would be coming right in now asking why you are laughing at the idea of Farena giving a quiet meditation. She will show you, for the Winter Season is a time of reflection, and she will show you how you can combine quiet and reflection with joyfulness and exuberance. It is a tricky balance, to be bouncy and quiet at the same time.

So we would hope that you can join us in that gathering. We are in preparation, also, for the celebration of our anniversary with Mushiba ~ the last day of the year. We have special gifts and energy exchanges to give to you ~ those who attend. And then we will begin our Year of Meditation with you all, the techniques and the concepts of meditation. That is our focus, finding your Higher Self on your own through meditation. Thus, it is time now for us to depart. Gather in your gentleness of spirit and relax, breathing slowing and feeling your own energy surrounding that which is the Heart Center ~ filling Self with the love of Self and sending out the love of Self to all who gather. We send to you now the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.