

Waith Class Transcript

DECEMBER 31, 1995

Anniversary Celebration Session

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☼ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Anniversary Celebration Session

We are very pleased to have made it through yet another earth plane year with all of you. It seems only a flash that we began. We know on the earth plane that this number known as nine years is considered quite a time. We are entering into the very ending of our first quarter of our mission. We have a forty-year earth plane mission, and we now enter into the ending year of the start-up phase of our mission. Our mission of disseminating information to help in the balance between spiritual and physical is oriented during this First Phase to preparations for the earth cleansing and The Shifting. When we enter into our Second Phase, the beginning of the Second Phase will bring about the cleanup of the old illusion and the startup of The New Illusion.

In preparation for that, we have determined that this coming year will be a year of THE SEARCH FOR SELF ~ a highly popular topic, we have found on the plane. And the way in which THE SEARCH FOR SELF is achieved is through meditation, as is commonly called on the earth plane. We are going to, in this coming year, provide for you a much more expanded view of THE SEARCH FOR SELF ~ A Meditation Journey. We will give you a clearer focus of what meditation really means, as opposed to the somewhat pop culture it receives on the earth plane now.

We are on record, of course, of discussions of Meditation Your Way, as opposed to meditation the way that another would tell you to meditate, with candles and chanting and all of that, sitting in a particular way, and all of that. This is appropriate for some, and for some it is not appropriate. Thus, we will give you a journey for yourselves in this coming earth plane year. We will focus first on the concept, in the first session of each month. In our second session of each month, we will then show you application to that particular concept.

Because of this orientation for the coming year, we have determined that our gift to you will be a rather concrete and hopefully, usable gift. We have for you in THE SEARCH FOR SELF a Meditation Journey Journal. Now, one of the advantages to being in this gathering now is that the journal that the Metagers have so lovingly put together ~ and you will notice the labor-intensity of this particular composition ~ one of the advantages of this gathering is that when we have completed our discussion with you, we will individually sign your journals so that you will have that along with a particular gemstone, a Mineral Kingdom member, that will be part of the package for your own writings, whether they relate to what you learn in the gatherings here or in your own Search for Self.

Now then, before we begin with The Search For Self Meditation Journals, we have a most wonderful presentation for you in the form of what is now going to be referred to as The Harmony Room. It is the smaller room of energy that you see over into this direction. This room is going to be energized in this gathering so that there can be ~ (There is a time for dealing with a child in the gathering) Terra Lux will be providing forums for

discussion, not only of the material from Waith and Company, but applications of our words. (Name given) will be utilizing the room to do harmonic balancing, and you will be receiving information about that. We would go now into The Harmony Room. We would ask you all now to move into The Harmony Room and we will go in after you.

Ah, yes, it is most energetic to have all of your vibrations here. You are part of an energizing of the force field in this Energy Center. This space is dedicated to the work of our loved one, Garrett, whose memory is in the room here and who guides (Name given), and others in The Community, from spirit now, and the work that was done in the area of interdimensional communication.

We would like you all now to hold hands, bringing yourselves into a circle ~ let me come into the middle ~ ah, yes, yes. Thank you, my love. We felt the tugging on the energy. Breathe in deeply, hold the breath and breathe out slowly, feeling relaxed. Breathe in again, deeply, holding the breath and breathing out slowly.

The Harmony Room is meant to bring balance to the energy field of individuals who enter its vibration. It has been energized with Angelic protection and provides comfort and safety to the energy force field of any who occupy its space. The Harmony Room is meant to provide a space to escape the world known as the earth plane and to bring you into a quiet space within Self. You are all energized now and you are fluffy. We fluff your energy field. You have all now been part of the dedication to The Harmony Room, and therefore, leave in this room a part of your energy. We thank you. Please now return to your spots of comfort and we will join you.

Now, we revisit a gift that we gave many years ago on the plane. It is called The Strengthening Water. It is meant to provide a concrete symbol, as well as an energy force field, to help you during your meditations, in particular, and to help you, in general, to work through difficulties that may find you feeling at a loss of your own strength to handle the issues you have taken on. We have, during this time ~ thank you, my love. Would you like to hold this for us? (Waith refers to the cover of the earthen jar which holds The Strengthening Water) You can do that. Very good. Now, yes, a familiar energy absent for quite some time from our gatherings. It was (Name given). Is that still what you go by, my son?

Yes.

Ah, indeed. Would you lift this cover for us please? You would place it ~ yes, that way you can rest at the same time.

Within this earthen jar is a master crystal that has been in the water ~ it is not the same water, it has been changed, we reassure you ~ for many years now. The water is energized by this crystal. This crystal was given an energy by us initially that would energize the water. Within the water, there are small gems from The Mineral Kingdom,

quartz and ~ you would retrieve that, my son. (Waith refers to a crystal which drops out of his hand as he removes several crystals from the jar) The little rascal wanted to get away, you know. Thank you. It wants to be with you.

Which one was it?

You would take this, yes, this energy. It is a gift.

What occurs is that each of The Mineral Kingdom is energized from the master crystal. We are able to provide to you the water and the crystal. When you have your strengthening crystal, and the initial water is no longer there for you, you simply get your own water, for it is the crystal that has been energized. Indeed, you do not even need to have the water from the earthen jar, for the crystal has the energy stored in it from that which is the master.

Now, in order for this to continue for earth plane years to come ~ this master crystal was quite large when it first came into the gathering, and ~ you would take that from him, my love. You would take that from him. (A noisy toy that the child is playing with)

What has now occurred is, if we can get this ~ (Waith reaches into the jar to pull out the master crystal) Ah! A new master crystal that will carry on the work once this master has reached its own diminished state. This is what this looked like. (The current master crystal was the same size as the new master crystal) The water over the years has, in removing the energy from the crystal, reduced it, you see. So, it shows the crystal has been doing its job. We place this back. You would place the cover back on, my son. Thank you.

This is a typical container that is available through Terra Lux. (Waith shows the earthen container used by individuals) We have described the container in our initial discussions of The Strengthening Water, as having to be of earthenware and outside could be polished, but inside would not be polished ~ and that is what occurs here. This is an example of The Strengthening Water container. We periodically will reinforce the Strengthening Water component, during the year coming, especially, for it will be beneficial in your SEARCH FOR SELF and in your meditations.

It works very much now in harmony with what we present to you in our journal. We will hopefully now kneel. (To retrieve a journal which is in a basket on the floor). Would you take one out and would you hold it so the others may see? This is a journal. The never-ending circle is The Search For Self. (Waith refers to the image on the cover) It is never ending. It is open ended. You start inward and you go out and you continue to move outward and outward, and as you move outward you find more that you must learn. At the same time, you must bring it back within Self and then go outward again, and inward and outward, and thus, the journey to seek the Higher Self.

The stars represent the seven in the Waith and Company. (Waith refers to the image on the cover) Accompanying this journal ~ doesn't he make a wonderful model? (Waith refers to a member of the audience who is holding the journal for all to see) You know, we go into the vocabulary banks of Mushiba and there is this television program, letters are turned on the board ~

Wheel of Fortune!

Yes! You see how he moves this ~ quite good. (The person holding up the journal has been moving it in different directions so that everyone can see) We feel the energy of movement. Now, you would open to the back cover, my son ~ the inside back cover. There is a spot at the very bottom where we will sign this for you. This will serve as a memento. When we sign this, we will give to you a special energy.

When we give this to you, we have crystals ~ and you will select your own crystal. We are on record as now saying that crystals should be played with, when appropriate. The Mineral Kingdom enjoys a good roustabout, as you might say. (Waith is playing with the crystals) So, now, here are the wonderful crystals, and we go! (Waith tosses them on the carpet) Look at them, are they not wonderful? Loved one, come and select your very own crystal. Come, my love. (Waith speaks to the child who was acting up earlier in the session) Yes, select one for yourself. That is yours. Do you like that one? Yes, it is yours. Go back now to mommy. Take it with you. It is yours. Yes, it is yours.

Now then, in the spirit of the celebration, when you each come for your signing of the journal, you will select whichever one you want. We will leave them as they are, (Scattered on the carpet as Waith tossed them) and you will select a handful of stars to take with you, (Waith, also, threw onto the carpet, small gold stars) or to throw over your head. You must have fun. This earth plane journey is not to be taken seriously. Now, you must play! Remember, it is so important to play and to have fun as well as to seek your journey and the path that you follow.

The others in The Company will not be coming in for this particular gathering. They have their assignments that take them into other arenas. They will, however, be here for what is the sessions coming for meditation and will, each of them, have a session in which they will be focused upon. We will give the introduction in our next Public Session and from that point on, each one will become center stage in their own ways of helping you to apply the techniques of meditation. It is a time to be joyful. It is a time to rest. It is a time to relax. It is also a time of reflection. Think of this coming earth plane year as a reflective time, a time of going within Self.

We will be with you in a Meditation Retreat Weekend where we will work individually and in groups with those who want to finetune their abilities for meditation and work with those who would want to channel in their own Higher Self. This is very easy to do. Once you do it, you may not want to do it again, for if the Higher Self is able to have free access to the Conscious Self, you may find an interesting interaction ~ quite

interesting, actually. It is the preferred way of traveling the path on the earth plane ~ to have the ability to connect with Higher Self very easily and spontaneously also.

Before we begin the signing of our journal and our gift to you, would there be questions that we might respond to?

What does The Strengthening Water do, and in what way does it strengthen?

It strengthens you because you splash on the water and it wakes you up! ☺

Does it give you muscles?

It could, if that is what you need to have in your journey. It is a way of bringing you into focus for a particular issue. Each in The Company have a component of the mission in which you can call upon them in your meditations for the ability to work, for example, with Group Balancing. You may be in a family interaction of several entities and know that there is Group Balancing. Teetee is the one assigned to Group Balancing and she is able to work with the strengthening of your own abilities through the connection with the crystal energy to help you in that particular energy lesson.

Are there any special guidelines you have for our crystals, and can we take our fun stars with us?

Oh, yes indeed, you may take your fun stars with you ~ as many as you can. This is for the gathering. You can divvy them up among yourselves. There is no particular course of action that you would take with your crystals. THE GUIDELINES FOR GROWTH which you will see ~ where were they placed, my love?

On the piano.

Yes. THE GUIDELINES FOR GROWTH, which we gave out so long ago, are always appropriate for working with crystals and any in The Mineral Kingdom. As you Respect Self and Love Self, so too would you Respect Others and Love Others, and that would apply to The Mineral Kingdom. First and foremost, respect another energy, for its being, simply, another energy. And, once you give respect, all else, naturally, follows. Respect is the most important Growth Guideline ~ Respect of Self and Respect of Others.

Is it always that one does first, the Respect of Self and that automatically implies the Respect of Others, or does that sometimes conflict with each other?

Well, one, you Respect Self, and you then, by that Respect of Self, bring in a Love for Self. The intensity of the two, where you Respect and Love Self, then makes it proportionate to the way in which you respect another and eventually would love another. It does not happen overnight.

As you follow the GUIDELINES FOR GROWTH, you will see it is sequential and at the same time it is simultaneous. But it would not be a situation where you would have to think about, "Well, I Respect Self this much, and now, how much do I have to respect someone else?" It would fall automatically and it would be very natural. You would not feel that you were forcing yourself to respect or love another. It would simply come from the being, the very essence of your own Respect of Self.

It is what makes such diversity on the earth plane. There are so many levels of Respect of Self, and as you Respect Self, so too do you Respect Another. You cannot Respect Another to any greater extent than what you Respect Yourself. And thus it is, you must first work on respecting Self, and then loving Self, and then transferring that, percentagewise, to those around you. And, of course, as you respect and love others, it forms a sort of a loop effect, for you then Respect and Love Self more for you have respected and loved others. And thus, it feeds on itself. It becomes quite a positive Energy Circle.

I sometimes feel disrespected by someone. Does this mean that I do not respect myself?

Yes. If you see that another disrespects you, then you must look within Self to see why that has come about and why you think you are being held with disrespect. There is such a fine line between Being of Service To Others and allowing others to behave in a particular way, without it making you feel that you are being disrespected ~ because there will be many who will show disrespect to you, but you will understand that it is them and not you. But when you feel imposed upon, then it is a time to reflect within Self to determine the degree of respect you actually have.

The Universe periodically sends those types of lessons to get each energy to focus on their own sense of Respect for Self and not to take it for granted. "I respect myself. I do not have to grow anymore. I have reached the highest level of respect." The moment you say that, of course, The Universe will come around and say, "All right. Let us prove that."

We will have much to say of this in the coming earth plane year in THE SEARCH FOR SELF. We will be focusing quite a bit on the GUIDELINES FOR GROWTH and on the strengthening of Self. This is a year of Self, for we have found so much concern about the Earth changes, and the attention given to external sources of what to do about all these changes, and the fear that many have of what is occurring. That fear is a way of controlling, that the darkness has, and if you work within Self, there will be no fear. You will work through the fear, and therefore, you will be stronger. It is a self-fulfilling prophecy. As you strengthen within Self, you fear less. And as you fear less, you strengthen within Self.

We think that now would be a very good time for us to begin the signing, and while we are doing this, we would encourage you all to get about and socialize. Do not form a line and wait your turn ~ it is a most disruptive type of activity. We will give you a

closing energy to bring the session to closure and then our love here will be assisting me in the signing. As you come up ~ of course, this space here with the stars and The Mineral Kingdom, you would be careful of ~ and as you come up, find the crystal that calls out to you, take that crystal, and with it take stars and come to us and we will sign your book.

We hope to be with many of you in the coming earth plane year, and if you are not able to be in our sessions, the transcripts will be available for you to request so you can have the information even though you are not here. We are most pleased at your gathering with us in this session, and we send you a protection energy. As you go out into the celebration time known as New Year's Eve, we will be with you and you will have your gold stars as a concrete reminder of our time with you.

We send to you all now the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell to you all.
