

Waith Class Transcript

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Search For Self Continued ~ First Presentation Of Meditation Concepts And Techniques

Jenjura Comes In And Talks Of His Mission In The Company

Concrete Self In Relation To The Higher Self And The Soul

Lifelines, The Webbing Effect, The Concrete Rooted Self

How Does Jenjura Search Out Information From His Dimension?

Discussion Of The Energy Circle That We All Have, A Family Of Energy

What About Vigilance At All Levels Of Attacks From Negative Energies When Opening Up?

~ Lack Of Vigilance Within The Energy Field Creating Weak Spots In The Web

What Is Concrete And What Is Abstract?

If I Wanted To Contact My Higher Self In Meditation, Would I Be Successful In Doing So,

Or Reaching An Outpost At Least, If I Asked For That?

Are The Techniques The Same If You Want To Reach The Higher Self Versus, Say, A Guide?

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Search For Self Continued ~ First Presentation Of Meditation Concepts And Techniques

We are pleased to have the gathering for our first presentation of Meditation Concepts and Techniques. We had indicated in our last gathering with you that each of The Company members would be participating in this year-long topic. That means that the order in which they will present, we will give to you now so that you can be prepared for this. They will speak on their mission while they are in.

The first, and that will be in this gathering, is Jenjura. Jenjura will be speaking, of course, on his role in the smoothing out of the webbing effect, and he will give you more information on that. In the next month ~ we use these units of time, as you refer to them ~ Francis will be speaking. Francis will give focus to community development and how you meditate if you are wanting to form community within your environment. There will also be attention given to The Animal Kingdom. These are the two components of Francis' mission.

In the following month there will be discussion given by Teetee. Teetee is one of the newest members, and she will talk on group balancing and the meditation techniques that you can use for group balancing. Following that will be Jacques. Jacques will discuss, from his perspective in the mission, that of Self-Healing ~ individual healing. He will be followed in the month of his discussion with information from Boopsie, who is the one who has replaced Bathusela. She will talk of gender issues.

The final month will be devoted to Lightheartedness, fluffiness, joyfulness, and that will be Farena. And thus, this is the way in which you can expect the information to flow. We will also tell you now that once again in this earth plane year there will be a Summer Retreat, as there was in the last year. The three months known as summer on the plane, we will not be entering in, except for the Summer Solstice season change. We will have a special session for that.

So, now you have the order in which those in The Company will be presenting, and you may then decide, specifically, if you want to attend a particular session to gain the information that will come from that particular component. There will be a presentation by each in The Company, and you will have an opportunity to ask questions in this first session of each month, relating to the abstract ~ to the concepts.

In the second session of each month you will be given very specific techniques that relate to the abstract information that had been given to you in the first session. You will have available The Company member who has presented the information, and you will have me available for that information. It will be an exchange of information ~ for example, in this gathering with Jenjura and with me also providing information. So, that is the

format. Would there be any questions from any of you before we begin our information?

Very well then. There are some of you who have not had the acquaintance of Jenjura, and this will be a very good opportunity. He is the recluse in Our Company. He stays in the stacks, shall we say, of the Universal Consciousness. He is the backbone of the mission, actually, because it is he who is able to go into the vast webbing effect and smooth out certain lifelines from entities who would ask questions of us ~ any of us in The Company. He is able, then, to give us, at an instant request, the information, as you are asking us questions. He is plugged in, as you might call it, and has his very sophisticated computer board. And he pushes buttons and is able to smooth out the lifeline by plugging into the energy.

There is rarely a moment of time, as you measure it, lost from when you ask a question of any of us to when we are able to respond. You will notice on occasion that when a question is asked of us, we may hesitate a bit ~ not respond immediately. That is merely an indication that the smoothing out of the information is taking a bit longer than it usually does.

Most entities take for granted energies such as Jenjura, for it is a quiet position. And it is a position that is extremely valuable in any entity's mission, for this is The Librarian. This is the energy you go to when you need to gain information about your path when you are having difficulty in finding that information yourself. There are many entities like Jenjura. He is not the only one. There are many, many like him. Your guides, on occasion, serve in this particular function of going to the Universal Consciousness and gaining the information that you need. So now, my loved ones, it is time for you to become reacquainted with Jenjura, or acquainted with Jenjura, and we will return as it is appropriate.

Jenjura Comes In And Talks Of His Mission In The Company

Jenjura: The standing position is preferred. (Jenjura stands up) We sit in our energy field, as you might refer to it, the sitting position. It is with great excitement that I am here to provide to you information. This is actually the first time that I have done this to any great extent, and I must admit to you that it is a new experience for me. I am most accustomed to the ability to provide information in a different dimension. This is new, to provide information in this dimension.

My trusty computer board, as you have your frame of reference, is not workable in this dimension. However, I am here to provide to you the knowledge and the insight of what I actually do and how easy it is for each of you to do what I do. The very basis of meditation, its very meaning, goes to the learning of Self. Only each of you are able to learn of Self. Others outside of Self are only able to have glimpses of who you are, that includes, my loved ones, your Concrete Self.

Concrete Self In Relation To The Higher Self And The Soul

In your SEARCH FOR SELF, it is the upper levels of yourself that Concrete Self seeks. You, at concrete, are actually external to Self. This concept is one that many are not able to understand. The classic confrontation between the Higher Self and the Concrete Self is what most energies are acquainted with ~ that you cannot find your Higher Self ~ your Higher Self will not talk to you ~ while you at concrete are merely the physical manifestation of an abstract energy form, YOU. It is you who is both concrete and abstract, and it is the external you that looks for the information regarding the internal you. If you are able to let go of the ego at concrete and acknowledge that concrete is simply playing out that which the Higher Self wants played out, you will find your sojourn on the earth plane much easier.

Think of when you are seeking information about a subject you have very little knowledge of. You go to many different sources. You attempt to gather the information. You go to books, and you go to magazines. You go to other people. You come to places like Terra Lux and you hear energies such as us talking to you and giving you information. You are seeking information about a subject that you know not much about ~ that is the Universal Consciousness ~ that is The One. You know nothing of it, and yet you know everything of it. But your knowledge of the Universal Consciousness is stored in a higher level of yourself ~ easy to reach if you let go of the concrete ~ if you let go of this dimension in which you find yourself.

This dimension is your Concrete Self, specifically designed for the earth plane manifestation. The concrete manifestation of Self in other training grounds is different than it is on the earth plane. Be not concerned of those other training grounds now. Be concerned of the training ground in which you now are rooted. The concept is quite simple. The concept is ~ to gain information of Higher Self, you must let go of Concrete Self. Now, we do not say that you let go of Concrete Self all the time. We understand from the sessions of so many earth plane years now that there are many of you who do go about in another dimension, even though you are rooted in this particular concrete dimension ~ and we do not make reference to any particular energy form. ☺

You must understand there is a dual nature here. There is the absolute necessity to be in the concrete on this training ground ~ to return back the experiences into the Higher Self for the lessons to be learned. At the same time, simultaneously, you must have the ability to let go at any moment, to give way to the Higher Self.

Meditation, as a practice, is the easiest way to keep the balance between staying in the concrete and being in the abstract. It allows you, for the moments that you set aside for meditation, to bring you out of the earth plane dimension, the concreteness in which you have found yourself, and into that which is the Higher Self. But it is the struggle, at concrete, in thinking that concrete is in control. You at concrete ~ as you are all gathered here now ~ your energies are rooted here now, in this dimension. You are not in

control. You are external to your Higher Self. It is only when you bring yourself into the flow of your own energy that your Concrete Self becomes internal ~ the connection to your Higher Self. This is not a separate entity, your Higher Self. This is you.

The Higher Self levels of each of you are not something mysterious. "Ah," an entity might say, "I am able to channel my Higher Self." Well, so can anyone. You are only speaking of Self. It is not some outside force coming in. It is Self connecting with all levels of Self. It is your soul in a further dimension that is in charge. It is your soul who says to Higher Self, "This is what needs to be done."

Now, Higher Self is external to the Soul ~ in the daily workings of the energy field. It is only when the Higher Self decides that it wants to connect with Soul that it becomes internal. So, you see, depending on your perspective, any part of you, at any moment in your flow of energy, is external to itself. You are external to yourself, and at the same time, you are internal to yourself. This creates tremendous fun. The battle is within Self. There is no external force that says to you, or to you, or to you, "I am keeping you from learning about yourself." It is you who keeps yourself from learning about yourself.

The Universal Consciousness is each one of us. On one hand, or in some cases on one wing, it is easily available, this Universal Consciousness. And, on the other wing, it is as difficult to reach the Universal Consciousness as it is easy. Why is there this contradiction? Why is there this great difficulty? It comes from being in the concrete, as you know it now. It comes from your Higher Self being in a concrete world and fighting with the Soul.

The Soul is also, at times, considered external to the Universal Consciousness, and at the same time, is internal to the Universal Consciousness, depending on the perspective, depending upon the training ground in which the Soul finds itself. You are in a concrete training ground. Your Higher Self is also in a concrete training ground, and has an abstract dimension that is in a concrete training ground, that has an abstract that is in concrete, that has an abstract that is in concrete, etc.

Lifelines, The Webbing Effect, The Concrete Rooted Self

Your soul is in concrete in a particular training ground, and it is also having an abstract, which has a concrete, which has an abstract, which has a concrete, abstract, etc. ~ all of this connected with that fine energy line that you are all so familiar with that connects all energy. It is that fine energy line that you would attempt to plug into. Remember now, this ~ you have concrete that has abstract, that has concrete that has abstract, from one dimension to another dimension within Self. The concrete and abstract concept is infinite, my loved ones ~ within Self, within each of you, and then into the larger photograph. Each of you is webbed within Self, and your web then goes out into The Universe and becomes hooked up to other webs. The concept of lifelines ~ many of you having many lifelines ~ which then have lifelines, which then may have lifelines, or splits, all part of

you. They too have a webbing effect. It is this reason, this web, that makes it so difficult to learn of Self, for unless you know the roadway, you will get lost. It is as simple as that.

Now, let us return then to the webbing effect and the roadway. You have all of these lifelines. You are living simultaneously in many different dimensions from your own energy field. You have splits of your lifelines, and those splits develop lifelines. It becomes an infinite possibility. You are somewhere in that web. You may not be the energy from which you sprung. You may be a part of that energy. So, you must find your way through the maze, through this webbing, back to your source. For some of you, that may be a very rapid journey. You may not be far from your source of energy, your root energy. For some of you, you may be way away.

However, the journey back to your root, your source of energy, can be easily achieved through particular techniques in meditation. This is what we will present when we speak in the second session of this month. We will be giving you Techniques to Work the Maze. So, this will be what we present to you. We would take any questions now that you might have of us.

How Does Jenjura Search Out Information From His Dimension?

When you connect with the Universal Consciousness to search out information, how do you do it from your level? Is it just an instantaneous energy connection, or do you have to find your way around?

Jenjura: Sometimes it is quite easy, for that which is the connection to be made has already had a smooth pathway. But if it is an attempt to bring an energy form who has asked our help into the Universal Consciousness, then it means that we must smooth the way, and that does require more effort, for we must also work through the maze at the higher levels in order to bring it to the point of connection with the Universal Consciousness. Generally, once that has been done, it need not be done again. But that is not always the case. There can be difficulties encountered in the webbing effect that can bring energies back into a point before they were connected with the Universal Consciousness.

It is common knowledge on the earth plane that all are part of The One, and that each of you can connect at any time with the Universal Consciousness. However, it is not easily achieved. It is achievable by all, but many do not want to go through the effort required, for it means constant vigilance at all levels of your energy, and this can be very difficult.

Discussion Of The Energy Circle That We All Have, A Family Of Energy

In the discussions of the Energy Circle that Waith has given to you, the fact is that you all have, WE ALL HAVE, a Circle of Energy, a family of energy, within our energy field. We,

and we alone, do not make the decisions. We have others from the other kingdoms that help make decisions upon our path, be it on the earth plane, more specifically, and that concept applied in other training grounds, not quite in the same way as applied on the earth plane, this Energy Circle. While you are on the earth plane, however, you have an Energy Circle. Within that Energy Circle are all these other energies who also have mazes, this webbing, because of their own energy being split, or lifelines. So, sometimes it is very easy and other times it is not so easy, much like the journey outside of The One.

What About Vigilance At All Levels Of Attacks From Negative Energies When Opening Up? ~ Lack Of Vigilance Within The Energy Field Creating Weak Spots In The Web

Does vigilance have to be maintained at all levels because of attacks from negative energies that may come because of opening up to that channel?

Jenjura: Attacks are certainly a part of it, but vigilance is meant in all arenas ~ vigilance of the integrity of the energy ~ vigilance for the purity of the energy ~ vigilance for its Lightheartedness. It is something that must be maintained throughout the energy field. You, at concrete, are a very critical component of that vigilance, for you at concrete have been given the responsibility of bringing into physical form a lesson.

You have been given your instructions by the higher levels of Self. If you do this lesson that you come in to do correctly, then the vigilance is maintained. But if you fight it, then there is a lack of vigilance within the energy field, which then can create open spots, much like you would think of a web that is starting to have dissolving points. The web is starting to break. That is a very real situation for any of us. If we do not maintain the vigilance, the web can begin to break apart or weaken. And when the web weakens, or breaks apart, it makes you susceptible to attacks. It makes you susceptible to many activities that occur in The Universe.

We are all, at some point, having a web that is a bit frayed, shall we say. Being on the earth plane, for most of you, means that you have a frayed web. You are here to pay vigilance to it, to give it strength, to mend it. That is the job that you take on when you agree to come on to the earth plane.

Why, specifically, the earth plane? Is it because it is such an accelerated growth that it strengthens the whole energy to have gone through the experience of being here?

Jenjura: Yes. As has been stated so many times, the earth plane is one of the most accelerated of training grounds and one of the most difficult of training grounds. There are others ~ not too many, but a few others ~ that are of equal difficulty and acceleration. This certainly is one of the most challenging of the training grounds. Certainly, however, it is not the only training ground, and certainly not all that there is in the learning outside of the Universal Consciousness.

It is not so difficult in other training grounds to learn. The concrete in other training grounds is not quite as concrete as it is here. It might, in fact, appear to be abstract by your definition, as you would have your frame of reference in this training ground. What appears to be abstract to you in this training ground may, indeed, be concrete in another training ground. This is the joy in trying to go to the root of your own energy ~ to move through the web, to find a clear passageway, as clear as you are able. And if you are not able to reach the root, there are many stops along the way, outposts of your Higher Self. And it is these outposts that we will help you to reach. So you may not be able to reach your Higher Self in this lifetime, but you may, indeed, be able to reach an outpost in your journey.

What Is Concrete And What Is Abstract?

Jenjura, when you defined this as concrete, what is concrete? Is it just because of the composition of chemistry, atoms that are molecules that are somehow confined from the point of view of physics? I would say you are, maybe, in the concrete form. What is concrete? What is abstract?

Jenjura: Ah, you are the scientist. Waith has told us of you. We have had to research some of your questions.

I am getting a reputation.

Jenjura: No, it is not that. We are just recognizing the energy in this dimension now. Concrete and abstract as they are defined are from your own frame of reference, my son. You give credence to the physical in this gathering. You have acknowledged that there is a concreteness here. You have given that acknowledgement to the Universal Consciousness, and therefore, you see what you see. Others in this gathering have given varying forms of their own perceptions of what is physical in this gathering different from what you have given ~ maybe not dramatically different, but nonetheless, different ~ and have sent that out to the Universal Consciousness as acknowledgement. Therefore, their view of concrete is a bit different from your view of concrete.

Concrete on the earth plane certainly does have a standard frame of reference scientists, at any given moment, have given to them ~ by those in other dimensions charged with responsibility ~ certain concreteness. Suddenly, they discover a new planet. Suddenly, they discover lost cities in the water, under the ground. It is an acknowledged concreteness that is brought into the illusion at any point where it is needed. It has been in abstract, and it now comes into concrete. What is abstract for you may be concrete for another. What is concrete for you may be abstract for another. It is what makes the journey so much fun, for oftentimes, you may be having your frame of references quite concrete as you speak to someone, and they hear it in abstractness, or the other way around.

We understand that you would want us to give you a very concrete answer to this question you have posed. This is not something that can be done, for there are no concrete answers. No answer is concrete. Nothing, ultimately, is concrete, and yet everything is concrete. Everything is abstract, and yet everything is not abstract. It is the mystery of being outside of The One. And as you become more in tune with your own web, you will have a better understanding of that elusive answer, that elusive Universal Consciousness.

The Universal Consciousness is a concrete manifestation of The One. Waith has told you this before. It is abstract and yet it is concrete. It is external to itself and yet it is internal to itself. Does that frustrate you even more?

Yes, to be honest with you.

Jenjura: Good. That is the intention. It is to force you to think beyond that which you would want to have as a definitive answer. Think not so much in terms of what is, but what may be.

If I Wanted To Contact My Higher Self In Meditation, Would I Be Successful In Doing So, Or Reaching An Outpost At Least, If I Asked For That?

Jenjura: One of the greatest misunderstandings on the earth plane is this concept of asking. Yes, you must ask in order to receive our help. You must ask in order to bring yourself into yourself. However, asking is not all there is to it. There is a saying, "Ask and you shall receive," on the earth plane. This is a misinterpretation. Ask, yes, but you also have to work at it. It is not just automatically going to be given to you. Ask and you may receive, if you help it out a bit.

And to respond to your question of whether this is the appropriate time to ask the question, it is for the First Phase of your question. The Second Phase we will address in our next time with you, to give you techniques to help you once you have asked ~ that intermediary step of receiving. There is a huge block in between there that involves you and The Universe. You have asked, but now you have to help it out a bit.

This is why you are told that you must continue doing all of the things that you do on the earth plane even though you know there is an illusion change about to occur. You must not suddenly stop paying your rent, as you would call it. You must continue on as if this is what is going on, and at the same time, you are working with The Universe. So, you are working concrete and abstract, and you have that missing piece of, "After asking for help." You now must do this, this, and this. It is quite easy, actually, but most energies on the plane make it more difficult.

This technique will help you to go to an outpost, perhaps directly to your Higher Self. We are concerned in this time frame with you of bringing you to the dimension of

Higher Self and any outpost along the way. There will be another time later on in the illusion in which Waith will give information about the same process, except starting from Higher Self and going into Soul.

Some of you may have experienced meditations with Waith or with Mushiba in which you are brought into your soul. They have an ability to cut through the maze and bring you right there, to the Soul. It is not an easy technique. It is one that anyone can develop, but again, you must work at it. Some of you are able to go right to your soul. Many who would read the words that we give, now, have the ability already to go right to the Soul, or they have the ability to go right to the Higher Self. Most, however, on the plane, struggle, and that is who we speak to, those who need the techniques to help along the way.

Are The Techniques The Same If You Want To Reach The Higher Self Versus, Say, A Guide?

Jenjura: They are different, and yet they can be the same. We will explain that in our next gathering with you, my love. We know, you are now quite anxious, and we will look forward to being in your energy field as we bring those techniques to you.

Do our Higher Selves and our Soul, and all those in other dimensions that we might address, do they hear us clearly when we speak to them?

Jenjura: I was warned by Waith! 😊

Do you hear me clearly when we speak?

Jenjura: It is actually rather difficult to explain to you how the communication comes through. Waith does not actually hear you, as you define hearing. I do not hear you as you define hearing, but I hear you. All the levels of Self, potentially, can hear the chatter within the levels, but because there are so many blockages within Self, the doors can be closed at any point in the energy field. There may be a window open over here, but a door is closed. So, you may hear faint chattering or you may hear loud chattering at any point in your existence. That will be addressed from Waith. That is a topic on his menu.

It is time for us now to return in our dimension and for Waith to enter back in and smooth out the energy and give his farewells to you. Thank you all for such a wonderful welcome. Your energy has been most soothing and most enjoyable. I hope that I have been able to give to you a simple understanding of something that, even for me at times, becomes very complex and frustrating to understand. I look forward to being with you in this next gathering, to give you the concrete applications.

We give to you an energy, simply a soothing energy, and relax. The SEARCH FOR SELF is eternal. You do not have to do it in this lifetime. And you certainly do not have to find it in this lifetime. Farewell to all of you.

Waith: I am back.

Jenjura did very, very well.

Well, thank you, my love. We will put that in his grade book that you have given him a very good grade. He receives an A. He will be most pleased to know that. Of course, he has the next session that he must prove himself again, but this was very good experience for him.

We are ready now to give the closing energy to all of you. We do not want to run into any trouble with our timekeeper, taking up too much time. ☺ We look forward to being with you in the next gathering, and it will be Jenjura and me who will give you techniques. We will be with you then in the next session. We send to you all now the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell. We love you.
