

Waith Class Transcript

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The Stretching And Pain Of Planet Earth During The Weather Extremes

Search For Self, Continued ~ Meditation Concepts And Techniques

The Concept Of Community And Living And Working In Harmony With Other Kingdoms ~ Francis Will Follow Up With This Discussion In The Next Session

The Human Kingdom Needs The Assistance Of Many Other Kingdoms In Able To Function

All Kingdoms Have Subkingdoms, Which Has Subkingdoms, Infinite

The Concept Of Community And The Journey To More Consciously Connect With Other Kingdoms That Are Part Of Your Energy Circle

What Turns Peace And Harmony Within Some Kingdoms Into Hatred Within Groupings?

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Waith Gives A Meditation To Help You Connect With The Kingdoms Surrounding You

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☼ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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For more information, please contact us ~

terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

The Stretching And Pain Of Planet Earth During The Weather Extremes

We understand that you are the brave souls on the earth plane in this environment, for the weather you are all moaning about ~ it being so horrible. Well, we would remind you of how the earth feels now as it tries to cleanse itself. Many of you, of course, feel the stretching and pain that the physical earth feels as it goes through its final stages of cleansing. Imagine, then, how it feels, if you are receiving simply the residual to this ~ the extremes in the weather from what you call one day to the next day. Those extremes are simple manifestations of the intensity that the planet, physical planet ~ the body of the planet ~ experiences now.

Search For Self, Continued ~ Meditation Concepts And Techniques The Concept Of Community And Living And Working In Harmony With Other Kingdoms ~ Francis Will Follow Up With This Discussion In The Next Session

We, as you know, have planned for this earth plane year to be one of meditation discussion, and this particular month is devoted to the discussion of community and meditation techniques to help in the formation of communities. Francis, who speaks with us, will be coming in during the next session to speak with you. This particular session, we will give you information as a prelude to what Francis will give you in the next session, and he will then also give you the technique that is very useful in the formation of community. We will give to you some beginnings of the Concept of Community. Francis will follow up with that discussion in the next session.

So, the question becomes uppermost in many minds as to, "What does a discussion of community have to do with the SEARCH FOR SELF?" Well, in order to find Self, you must find your relationship with those around you and learn to live with those around you. You cannot find Self in a vacuum. Ultimately, you find Self within Self, yes. However, the way in which you apply the knowledge you learn about Self ~ within Self ~ is best utilized within the context of community.

Many entities think that community means all human beings coming together, or all animals coming together, or all of The Mineral Kingdom coming together. That is one component, surely, of community. However, the more comprehensive view of community relates to integration of all of the kingdoms. The more members of a kingdom that you can bring into your life, the more harmonious you will become within Self.

Remember that we have given a discussion on your Energy Circle, that Circle of Community that is part of your sojourn on the earth plane, and that a member from each of the kingdoms is part of each of your Energy Circles. You all work in harmony to

complete the lessons that you have set out to learn. Thus, community at the earth plane level is simply a very concrete manifestation of your Energy Circle.

The more you gather around you from different kingdoms, the more harmonious you become within Self ~ the more sensitized you become to your own issues ~ as well as those around you. For the issues that you each come in to learn relate to others. The issues you come in to learn are not just within Self. They are in balance with others. If you did not have to balance with other energy forms, you would have no reason to even be out of the Universal Consciousness. The answers come from within Self, but the application of those answers must come within the community context. Coexisting with other humans is difficult. Coexisting with many other members of other kingdoms is even more difficult for some. For some, they would rather coexist with every other kingdom except The Human Kingdom.

We have been privy to conversations of late where human members claim their preference for The Animal Kingdom or The Mineral Kingdom. "They are nonjudgemental. They do not talk back." Well, yes, they do. They have their own very specific ways of creating the scenarios that bring about the working through of issues ~ the balancing. No one kingdom is in control, however, over another kingdom. And those are the issues that come up in the formation of community. For while many in The Human Kingdom think that they have the power, and the hierarchical power at that, over all of the other kingdoms, that is simply not the case.

Think through on the power that other kingdoms have. Think of the air. Think of plants. Think of minerals. Think of animals. Think of fire. Think of anything that is around you, and it has certain abilities to project its will upon you. The goal is that there is no attempt, and there is no reason to project will upon another. It is the most important lesson to learn, being out of The One, not to project will upon another. The Animal Kingdom attempts to do it quite often. They are quite good at it, as any of you know who have animals who share your life. The Electronic Kingdom, what you call these computers, very much can exert their will upon you and control you. The goal, then, in the development of your own Self, the search for your Self, must exist within the context of community. You must include as many members of the community around you as you can possibly house.

In our discussions of the Energy Circle, we indicated that the decision must be made by the entire Circle as to the progression of the path, and that you would exchange roles within your Energy Circle, and that there was no particular order in which you took on a particular kingdom, contrary to what many think on the plane that The Human Kingdom is the superior kingdom, that it is the only kingdom that knows how to feel and think and reason. "It is the only kingdom that knows how to make a decision." Well, this is a falsehood. Every energy form knows how to make a decision. The fact that it exists was a decision that was made.

Thus, becoming part of a community is a lesson in humility for humans and a lesson in understanding for the other kingdoms who must, at least in this current illusion, tolerate the comings and goings in the other kingdoms as they apply to themselves. For example, The Mineral Kingdom must tolerate the comings and goings of The Animal Kingdom that may choose to abuse a rock. They find a rock that they like and they use it as their personal hygienic station ~ or a tree, or a plant, or a bush, you see.

Let us look at the journey within Self as it relates to community. Take a deep breath, my loved ones and release the breath. Take another deep breath and release that. Breathe in and hold it for a moment and then release it. Now where did that breath come from? The breath is a kingdom. The breath is a part of the human encasement, but it is its own kingdom. As you breathed in and held it, and breathed out, you felt a sense of release. As you work in harmony with the breath, it enables you to focus yourself. It enables you to bring your thoughts into a sense of quietness. The breath, then, is working in harmony with the other components of the body that make up kingdoms. You each, as humans, are wrapped within many, many subkingdoms.

The Human Kingdom Needs The Assistance Of Many Other Kingdoms In Able To Function

The Human Kingdom is not, in and of itself, able to function. It must have the assistance of many other kingdoms, breath being one of them. For energy forms that need breath, such as animals, that is a kingdom that is part of the composition of the energy form. All energy breathes. It simply needs different kingdoms that assist it to breathe. The Mineral Kingdom breathes differently from The Human Kingdom. All of the ways in which The Human Kingdom exist in its physical encasement also applies to all of the other kingdoms, except in different forms. Even the breath as a kingdom has subkingdoms.

All Kingdoms Have Subkingdoms, Which Has Subkingdoms, Infinite

Thus, a kingdom will have subkingdoms in order to maintain itself. The subkingdom becomes, however, a kingdom which then has subkingdoms. Every subkingdom is a kingdom and has subkingdoms. The Human Kingdom is a subkingdom to a higher kingdom. Interdimensionally, now, we are discussing the concept. You move interdimensionally into a higher kingdom, but you are the subkingdom to that higher kingdom. As you sit here in this gathering you are helping a higher kingdom to exist. That higher kingdom that you help to exist is a subkingdom to a higher kingdom that exists. And thus, it goes. Subkingdom within kingdom within subkingdom within kingdom ~ infinite.

The ultimate kingdom is the Universal Consciousness. All exists to the benefit of The One. All exists to the benefit of each other. We all exist to be each other. Without one, there is none. That is how the connection is maintained. The fine energy thread that connects each of us to the Universal Consciousness, while we are outside of it, if broken, creates havoc in the totality of energy. Oftentimes, those threads are broken, and that is

topic for another discussion. When it occurs, the community of the Universal Consciousness is severely disrupted ~ momentarily, nonetheless, severely disrupted.

Do not think that what you do, you do in isolation. It is impossible to exist in isolation. We are all part of community. The harmony comes when you realize the interconnectedness and you accept everything around you as YOU, as part of who you are. The rug that gives of itself for you to be comfortable is energy and is part of the Universal Consciousness ~ just as a plant, just as a mineral, just as the flowers, are all part of the Universal Consciousness.

The Concept Of Community And The Journey To More Consciously Connect With Other Kingdoms That Are Part Of Your Energy Circle

As you journey within Self, one of your goals is to connect more consciously with your Energy Circle ~ to become more attuned to those energies who are part of other kingdoms that have become part of your Energy Circle, and they with you. That is the Concept of Community.

It is very nice to have you all gather at our sessions and to have you all feel what you call these warm fuzzies, where you are pleased to be with others who think like you. That is very important. But that is the easy part. It is very easy to connect with other humans, or other animals, or other minerals, or other plants, or other carpeting, or chairs or toys, that you have a connection with that you feel harmony with. That is easy because you have had connections with those energies in other lifetimes and you have memories that bring those lifetimes into a sense of connectedness in this particular lifetime. What becomes more difficult is searching out all those other energies that are important to your existence, and yet, you either have dismissed them as unimportant, or you do not want to admit that you are connected, or you have had some past lifetime experience that was negative and has created a sense of imbalance.

Why is it, that when you meet a particular animal, they may wag their tail and be very happy with you, and the person next to you, they will growl at. There are reasons for that ~ that are energy connections. We all exist within each other, and yet we exist outside of each other, and therein lies what you call this paradox. How do we exist within each other, and yet, outside of each other?

This is what going within Self helps you to learn, helps you to synthesize. The journey within Self allows you, then, to connect with your Energy Circle, which then allows you to connect with higher levels of Energy Circles, which then allows you to truly connect with the Universal Consciousness and The Oneness, and to even move into subkingdoms and subkingdoms, and kingdoms of the subkingdoms, and subkingdoms of the kingdoms, to have a better understanding of the flow of your own path as it relates to the flow of another's path, be it human or any other.

Be careful of dismissing anything around you as inanimate ~ not worthy of respect. Everything is energy. The consciousness that a particular object may have will be different from the human consciousness. Each kingdom has its own type of consciousness. When you are in The Human Kingdom, you are in the human consciousness. When you are a rock, you have the rock consciousness. When you are a pillow, you have the pillow consciousness. There is nothing superior or inferior in this discussion. It is simply different ~ different consciousness ~ all storing memories, all storing knowledge.

The more you are able to tap into your own soul's journey from kingdom to subkingdom, to kingdom to subkingdom, the better you are in your return back to the Universal Consciousness ~ the easier your journey becomes. And if, by some fortunate chance, you have taken on many other kingdoms before coming into The Human Kingdom and are able to connect to those kingdoms while in The Human Kingdom, it makes your journey in The Human Kingdom much more enjoyable ~ much easier. You are able to look at others around you and understand their journey. You may not know what their journey is, but you understand that they journey, just as YOU journey, and you respect that journey. You may not believe it as true for yourself, but you respect it. You may not agree with it, but you respect it because it is the entity's journey.

And we know, indeed, on the earth plane now how difficult it is to respect the journeys of many on the plane, especially those who are in the public limelight, as you call it, who profess hatred, who profess discrimination, who spew out what you might consider negativity. Currently, on the plane, there is much hostility. This is all part of the cleansing. This is all part of the ending of the current illusion. At the same time, there is much Light emerging. You must hold onto this. You must recognize that it is the darkness that is getting the press these days, shall we say. But it is the Light that always wins. It always prevails.

Those who are bringing a great deal of dispute into the energy field of the plane these days are fulfilling their path. Remember, that there must be upheaval in order for there to be balance. It is up to you to hold onto your own Light, your own sense of connectedness, for as much as you would not want to admit it, those who spew out words and ideas that you find abhorrent to your own philosophies, are connected to YOU, for we are all connected.

They may be connected at a very far distance. Nonetheless, they are connected. Just as they are able to have an influence upon you or others, so too can you have an influence upon them. You may not see a direct result of it. But simply, the sending of Light. For just as they are able to send dark thoughts that affect other energy forms, so too are you able to send Light to affect other energy forms. This is what an understanding of community is about.

Now, when Francis comes in, in the next session, he will speak more specifically of community formation on the earth plane. We have given you the Concept of Community, the importance of community. Community is nothing more than

connectedness with all energy. Clear your energy fields of the bias that you have that there is a hierarchical order of superiority to energy forms. There is none. You as a human may go into The Plant Kingdom next. You may become a pillow next. Our love, here, is so comfortable on both pillows. She seems to have taken over three! We see from our sensors three pillows there. Perhaps we are missing one. Since you are so comfortable with the pillows, perhaps you would like to switch roles and become a pillow. Or you may already have been a pillow, and now you are simply enjoying the opposite role.

Remember our theme throughout all of our discussions is that no energy form is superior, and you do not know most times where you have been in the scheme of the kingdom building. Certainly then, if you do not know where you have been, you do not know where another has been. The pillows may have been in The Human Kingdom in their last kingdom journey. You do not know. And it is, therefore, the reason why respect must be given to all. For when you become a pillow, you would want to be respected. And if you abuse a pillow as a human, then you certainly will be abused when you become a pillow. Do you understand how this concept works? Respect and love all that surround you, and you will then receive back respect and love. It is a simple philosophy and it is the secret to effective community existence. It is as simple as that. Respect and love Self and then others.

So, why is there so much disrespect and hate on the earth plane? You would ask this question. It is the way of balancing. It is the way of learning to Respect Self. It is the way of learning love, for if you are not respected by another, be it human or any other kingdom that shows you disrespect, it forces you to look within Self to determine why you were treated with disrespect, or why someone levied hatred toward you. It forces you to go within Self to journey to the Higher Self, to the Soul, to the Energy Circle. It is quite simple, and yet, the most complicated of concepts.

That is all that we have for this discussion that we give to you. Would you have questions of us relating to this topic?

What Turns Peace And Harmony Within Some Kingdoms Into Hatred Within Groupings?

I understand your definition of community to be the integration of several kingdoms. I have always wondered why individuals, both in The Animal and The Human Kingdoms, are very peaceful and harmonious until they gather together. Then there tends to be hatred and fighting. Why is this?

Well, you know, you have raised probably the pivotal point in the journey on the earth plane. Yes, in isolation, you are very happy. You have only yourself. You do not have to work with those who might disagree with you, or be at a different point in their journey, so that their awarenesses of Light are different from your awarenesses of Light.

The Human Kingdom is one of the more violent of the kingdoms. The Animal Kingdom is not as violent as The Human Kingdom, even though it seems that it is. The Mineral Kingdom is, actually, of all the kingdoms, the most violent. This goes to show you that you cannot judge a kingdom's existence by your own frame of reference.

And yes, when members of a kingdom get together, there is conflict. That is the way of the earth plane. That is the scenario that has been set up on the earth plane. That is one of the conditions of the earth plane ~ imbalance, conflict. It is the opportunity to come into a training ground that has built into it, conflict, so that you can work through the conflict and become loving and respectful and harmonious. When that occurs, you have completed your journey on the earth plane.

What happens in between is that you meet entities, other humans, who are still in the process of learning respect and love and harmony, and thus, they would view you as different. You have different views, you have different beliefs, you have different attitudes, you look different! You are tall, you are short, you are thin, you are heavy, you are black, you are white, you are pink, you are purple. They would say, "You are different from me, and therefore, you threaten me." This is the mentality. The reason for that mentality is a lack of respect within Self, and therefore, an inability to love. For there is no love within Self strong enough to create confidence in the differences that surround you. Therefore, the tendency is to destroy those who differ, to try and eliminate those who are different. Thus, we have what you call wars ~ conflicts.

The earth plane, except for the very beginnings of each new illusion, always has conflict. That is the way. With the New Illusion about to be setup on the plane, there will be, as we have discussed, a period of harmony and a period of restfulness. And then it all starts again and continues until it reaches the end of the illusion, such as you have now, where exaggerations of the disrespect, exaggerations of the Self-hatred present themselves. So, what you observe is not unusual. It is the way of the earth plane. It is the way in which you build your own harmony. You either become a part of a movement to get rid of the negativity, for that may be the path you have chosen, or you simply work within yourself, and your very small arena of life, to make positive, light-filled changes.

Did We Earn The Right To Be Here For The Beginning Of The New Illusion Where There Is No Disharmony At The Beginning?

Did we receive a gift to be born during this time where we might experience this brief period of harmony and restfulness at the beginning of this New Illusion? Did we somehow earn this?

All is earned. There are no gifts given out. That is not the way of The Universe. You earn everything that you receive. Whether it is light-filled or dark-filled, you have earned it. Those who will remain for the startup of the New Illusion have vibrationally attuned themselves. That has been hard work. There is nothing easy about it. If you are not able to stay for the startup of this New Illusion coming, there will be another one coming in ten or fifteen thousand earth plane years. There is always the opportunity. You come

onto the plane in the next illusion after it starts up again ~ in its upheaval ~ and you work your way through. You come to the end of the illusion, and maybe it is time for you to have that peaceful, harmonious time, for you have earned it. You have worked hard. You have learned many lessons so that you can have harmony on the earth plane.

Remember that we have talked of harmony ~ that harmony is achievable in a state of imbalance, that you become harmonious in your own imbalance. We have not talked much of the harmony that will exist at the startup of The New Illusion. We have spoken of it only in terms of your own frame of reference for harmony ~ for use of the word harmony. It has a different frame of reference in the New Illusion.

The Concept of Community carries through to The New Illusion. You do not get a break, "Oh, we will not have to worry about being harmonious with others. It will automatically happen for the first five to eight hundred earth plane years in The New Illusion. It will be a wonderful time. We will sit around in the Garden of Eden and we will have a wonderful time." This is only a parable that has been given out, this Garden of Eden. You do not want to be in a Garden of Eden actually, for it is filled with snakes.

And apples.

And apples ~ temptations, and those who would tempt. That is the way of the plane. But in the startup of any New Illusion, those who are in that startup time have a very different perception of harmony. That will be discussed at some time as we near that point of discussion. But that was a very good question to place on the record.

Waith Gives A Meditation To Help You Connect With The Kingdoms Surrounding You

We would begin to prepare for our return to our realm. As we are departing, we would want you to do a bit of focusing, and we will give you a bit of a meditation to help you connect with all of the kingdoms that surround you in this room in which you find yourself.

Relax your body and move your fingers ever so lightly in the air around you. Touch the air around you. Feel the air around you. Call upon The Kingdom of the Breath and pull it into your encasement and hold it, as you caress the air around you. Breathe out, caressing the air, and feeling the breath mingled with the air. Your breath is now part of the air, and you caress the breath and the air that have become one now. Do this once again. Breathe in and hold the breath. Let out the breath and feel it mingling with the air around you. Caress the air around you. The air around you has brought in all of the energy that gathers in the room. Caress the air. You are now caressing all of the energy in the room. You are soothing it and it is soothing you. Slowly, bring your hands down into a comfortable position, touching your body, and feel the energy from your hands penetrate the body. You are filled now with the intermingling of all of the energies. You

are one with each other and yet separate. Express your respect and love to Self. Simply feel the respect and the love.

You are peaceful now, and you feel the sense of community with all the energy that surrounds you. You can do this in any spot you find yourself. Become one with the air and then bring in your breath to become one with the air. This will give you a sense of centeredness in any hostile environment you may feel, for you send out respect and love to The Kingdom of the Air and it will return that respect and love to you. As we return to our realm now, relax. Enjoy the sense of Oneness, and we will be with you again soon. We return now and we send to you the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.
