

# *Waith Class Transcript*

**MARCH 19, 1996**

Search For Self, Continued ~ Meditation Concepts And Techniques

Question About Upcoming Weather Patterns

Waith Guides In A Meditation Technique To Give Light To The Earth For The Spring Equinox

Francis Comes In And Speaks On The Community Concept, as Discussed In The Last Gathering

Francis Gives A Meditation Technique To Be Used As A Reinforcement Of The Concepts Given In The Last Session Regarding Community

Francis Discusses The Animal Kingdom's Role In Concept Of Community

Discussion Of The Community Of Self And Every Energy That Is A Part Of Your Vibration

Energy Is All Around You ~ You Are Never Alone ~ This Is The Joy Of Community

Questions Of The Personal Life Of Francis Of Assisi

Waith Returns And Talks Of Connecting With Energy Members In Your Environment

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☼ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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## Search For Self, Continued ~ Meditation Concepts And Techniques

*Well, as we have received the vibration on the earth plane in your geographic area, it is now about to commence what you call spring.*

### Question About Upcoming Weather Patterns

**How many snowstorms are left?**

*We are no longer able to count. You must understand that all that occurs now is an exaggeration. The weather patterns are in complete exaggeration and acceleration, and this coming springtime, as you refer to it, will not be an exception to the exaggerations. It brings with it a new kind of vibration that is the movement of the new energy coming into the evolving vortex that will be in this geographic area, so expect some very interesting weather during what you call the springtime. We will leave it at that, for it is much too difficult now to give any specifics where the weather is concerned because of its point of transition.*

*As we have said to you before, it is the next to the last stage of the cleansing and it is much too difficult to give accurate predictions on whether it will be hot or cold or dry or rainy. Understand that the earth itself is in an exceptionally dry period, even though it may not appear to be so in your geographic area. The earth itself continues into its drought and will continue in its severity. This geographic area will catch up with the severe drought very, very soon. It is much drier in the land in this geographic area than you realize, for you must look at the amount of wetness that has fallen in a short period of earth plane time and you see no real results of that. You do not see it. It is within the earth.*

*Before we begin with Francis entering in this session to speak of the technique for meditation with community, we will give a blessing and an energy to the earth and your connection to the earth. We also remind you, dear ones, of the tradition that has become a part of the Terra Lux environment, and that is of the earth basket. So, when we have completed our discussions with you in this gathering, we would ask you to find an earth item.*

*We will protect the fluffiness of your hair, my love. We were in the vibration and heard your remark. You will be dry, from our perspective at least. (Spoken to one in the group who was concerned about her hair in the rain) So, you would find a very special item that perhaps calls out to you and place it into the earth basket and allow it to become in harmony with the other energies that have preceded it.*

## Waith Guides In A Meditation Technique To Give Light To The Earth For The Spring Equinox

*We would ask you to breathe very slowly now, and we bring in the very Highest of the White Light as a protection as we send Light to the earth, as it prepares for its seasonal changing. The axis of the earth will move ever so slightly and it will have an effect upon the weather patterns about to come. Remember our words, the axis shifts ever, ever so slightly at the moment that is known as the Spring Equinox, and the patterns then will be affected for a short time thereafter ~ a mini shift, you might say.*

*So, visualize, my loved ones, the earth. Visualize a spot on the earth that is favorite for you, that you love. Surround that spot with White Light. Call upon your Angelic Protector. Call upon your spirit guides to all join you in hugging the spot that you love. Visualize pink light ~ the light of love ~ surrounding your earth spot. And out loud, now, say in unison ~ Earth spot, I love you. (Repeated) Say it again.*

*Now, for a moment hug your spot of earth, loving it, petting it, thanking the earth spot for its very being. Now visualize the planet earth ~ a ball of Light. Surround it with your love and your Light and send it your love and say now out loud ~ Dearest Earth, I send you love and Light. Thank you for allowing me to live within your energy field. (Repeated) And now, breathe slowly and gently and return back into the gathering.*

*Most beneficial. In this session we will continue with our focus on Meditation Concepts and Techniques. As you know, we have completed one round of Concepts and Techniques ~ The Webbing Effect ~ which my understanding is that that information has been transcribed and is available. Is that correct my ~ there are Metagers all around me ~ Oh, and Limera has one to show. That is quite good, love. This is what you can expect for each of the meditation topics.*

*The topic for this time frame is community and I have given a great deal of information in the last gathering. Francis will come in and will primarily be here to give you a meditation technique that is to be used as a reinforcement of the concepts that we have discussed regarding community. There will be, since it is also the spring changing time, a focus on the conditions of the community of energies as the earth moves through its changes. So, we will allow Francis to enter in and speak with you and we will return when he has completed and give you the closing blessing. Enjoy Francis.*

### Francis Comes In And Speaks On The Community Concept, as Discussed In The Last Gathering

*Francis: The blessings to all of you. It is with great pleasure that I speak before you. It has been quite some time. Waith has given you quite a bit of information regarding the Concept of Community, that it is much more than simply human energies. It is much more than simply animal or mineral. It is the chairs upon which you sit, the pillows, the rugs, the lamps, the light bulbs, the fans in the ceiling, the ceiling tiles, the piano, the*

*rubber ball. It is everything that surrounds you ~ that is community. That is the focus that each of us must take as the second step in our journey to seek Self.*

*Jenjura gave you the first step. That was THE WEBBING EFFECT. We have now given you the second step, The Search FOR THE COMMUNITY OF SELF. Community does not mean that simply humans gather as you do here each session. Yes, that is community, but it is much more than that. We have for you a very, very nice meditation technique that will bring you into a sense of community. It is something you must work very much at daily ~ this sense of community. You need to learn how to communicate at some level with all of the energy and the encasements in which they take form that surround you.*

### **Francis Gives A Meditation Technique To Be Used As A Reinforcement Of The Concepts Given In The Last Session Regarding Community**

*For this meditation technique we are going to ask you, first, to find in the room in which you are seated now, a community member that you can hold during this meditation. We will not define community member, but simply now to take a moment and move about and gather in your hand anything that you would want to participate with you in this meditation. Do this now.*

*It was difficult to choose for some of you, was it not? There is so much. There is so much community in this gathering. Within your own encasement, the clothes that you wear, are community to you. Everything around you is community.*

*Now, then, you each would become very comfortable for this. If you want to stretch out, please do so. If you want to move to another spot, now is the time. Hold your community member now, as if you were playing and hugging. This is a meditation that you very easily can do by yourself and with groups of others, for remember, it is easy to form a community. You simply have to get dressed, and you have formed a community, you see.*

*Now then, call upon the very Highest of the White Light. Say this ~ (All is repeated)*

- I call upon the very Highest of the White Light.*
- I call upon my Angelic Protector.*
- I call upon my spirit guides.*

*If you know the names of your spirit guides, call in their names now. And now, breathe slowly, peacefully, in the way that is comfortable for you to breathe. Focus your energies on your community member that you have selected. Surround it with the White Light. Send it the love from Self. Now, surround your entire energy field with a Circle of White Light and begin to turn that Circle around and around ~ slowly moving around and around your energy field. It is White Light in a Circle surrounding your energy field. And*

*now, you call upon the Energy Circle of which you are a part and bring the Energy Circle into the White Light Circle that surrounds your energy field.*

*A Circle of White Light surrounds your Energy Circle and protects your Energy Circle. It moves around and around, around and around. Feel yourself being drawn into this Energy Circle. There is a spot for you. It is your spot in the Energy Circle. You are drawn into your spot. Feel connected now with all the other energies that make up your Energy Circle.*

*Look to your right in the Energy Circle and see the member of your Energy Circle. And look to your left and see the member of your Energy Circle. It is time now to communicate with the others in your Energy Circle. This is your Energy Circle. You can go to your Energy Circle whenever you want to and stay for as long as you want to. You simply form the Energy Circle and go into it.*

*It is time to leave your Energy Circle now. As you move from your spot, connect the energy that was on your right and the energy that was on your left. Bring them together to protect your spot and leave a part of your White Light in your spot, for now you will recognize it immediately as your spot. Bring yourself back into the center of the Circle of White Light. Feel yourself surrounded by the White Light of protection. Send your Energy Circle back into the dimension in which it exists. Focus now on the community member that you hug. The way in which you hug this member is the way in which your Energy Circle hugs you and each member in the Energy Circle.*

*It is time to bring yourself back into the consciousness. Slowly return, still hugging your community member. Stay relaxed and in the position that you find yourself. Breathe in now through the mouth and out through the nose. Again, breathe in through the mouth and out through the nose. Once again, breathe in through the mouth and out through the nose. You are relaxed and comfortable with the community member that you hug and give love to. Return now, fully, to the conscious state. Take a deep breath to ground yourselves. Continue to hold the community member.*

### **Francis Discusses The Animal Kingdom's Role In Concept Of Community**

*Waith has indicated in prior discussions that The Animal Kingdom will have a significant role to play in these final cleansings that are on the planet, as well as into The New Illusion. We are the guardians of The Animal Kingdom. I am involved in that along with a group that protects the animals, and also, we are here to give a strengthening to their position within the community concept. The Animal Kingdom is one in which many of you ~ those of you gathered here and those of you who would read the words ~ will go into when you have finished the sojourn.*

*There are also many who have just come from The Animal Kingdom. We tell you this to emphasize that there is no hierarchy of importance. The Human Kingdom is not higher*

*than The Animal Kingdom. There is no hierarchy in community. There is equality. All that make up your lives are equal. You are no more superior to the rug. You are not, as humans, superior. There is no superiority. All energy is of the same standard. What sets energy apart is the role that is played by each energy in the community that it forms. It is all a role that is played.*

*One of the greatest lessons on the earth plane in this illusion is the treatment of animals, for it is determined by The Human Kingdom that they are superior to animals and that they can abuse animals. It is done quite consciously and quite deliberately by many. It is a testing that is presented on the plane now. It is not the issue of eating animal. It is the issue of the respect of animal as equal and different and a role to play. Remember that the consumption of anything that goes into the human encasement has the same effect, whether it be animal, mineral, plant. Many choose not to consume the animal and they choose to do this because of the vibrational statement that it makes.*

*We are here to give you the broader Concept of Community and that the animal is the symbol in this illusion for how easily abused other kingdoms are by The Human Kingdom. This does not say that other kingdoms do not abuse The Human Kingdom, for they certainly do, and that other kingdoms abuse other kingdoms. They certainly do.*

### **Discussion Of The Community Of Self And Every Energy That Is A Part Of Your Vibration**

*You are here now to feel the sense of Oneness, and whether you use the animal as the symbol, or you use, perhaps, the rubber ball ~ the rubber ball is the symbol of community. The plant is the symbol of community. The chair upon which you sit is the symbol of community. Find for yourselves, my loved ones, a symbol appropriate to yourself for community, a symbol that you use that will remind you of the unity of all of us, that will remind you that the thread of yarn is an energy equal to you as an energy ~ different awarenesses, different consciousness, nonetheless, equal. None of us are any better than anything or anyone else. This is easy to discuss. It is very difficult to apply.*

*This meditation technique that we have given to you was very abbreviated. It is a technique, however, that you can use to bring yourself into your Energy Circle and stay there as long as you want to. It is your meditation. You go into that Energy Circle and you become connected with all of the other members of your Energy Circle. You and the others in this Energy Circle have designed it, have brought it together. Become tuned into that and you will begin to be able to feel the sense of community, and as you recognize everything to be part of the community in which you exist, you will begin to find yourself.*

*The SEARCH FOR SELF must begin with those with whom you interact. Every energy that is a part of your vibration, both immediate, close, close vibration, and intermediate and long term ~ ultimately, everything is part of your community. The Universal Consciousness is the ultimate community. You first look within Self ~ THE WEBBING*

*EFFECT. You must find your way through your own maze, as has been given by Jenjura. You have that in motion and then you go into your Energy Circle ~ the sense of community.*

*In the next gathering, step three will be presented to you ~ that will be GROUP BALANCING. You have found your sense of community. You are able to connect with your Energy Circle. Next will come the concept and the technique for group balancing.*

*And my loved ones, that is all there is to it. It is quite simple. You may call upon us for help in your community searchings. As you attempt to integrate the CONCEPT OF COMMUNITY, visualize us in your meditations and we will come to you either directly or we will send an emissary to Be of Service to you.*

*We had quite a bit of experience in our last time on the plane ~ in human form ~ with community. We speak from a very sound base of experience. Being with other energies, on the earth plane, can be difficult at times.*

### **Energy Is All Around You ~ You Are Never Alone ~ This Is The Joy Of Community**

*You are never alone, no matter what you might think. This is the joy of community. And it need not be another human. You may be without a human in your vibration at any point, but you have all around you that which makes up your life. It is energy. Connect with that energy. None of us is ever alone. It is only the illusion of aloneness that makes us feel that way. It is impossible to be alone in this Universe. It is impossible. Your encasement is a community member. Your energy is encased. You therefore always have something hanging around. ☺ Love all that surrounds you and it will work with you rather than against you.*

### **Questions Of The Personal Life Of Francis Of Assisi**

**You mentioned when you were here last as Francis of Assisi ~ and the use of community in that life ~ how did the establishing of ~ (The person is having difficulty framing the question to be asked)**

*Francis: She can do it. She can do it.*

**I realized that I had started to ask you a question that might be a personal question about your path, and that is what stopped me. I had it in my mind, and then I thought it would not be appropriate. So, forget it. I was going to ask you, what was the purpose of that life with the establishing of the community?**

*Francis: When I figure that out I will let you know.*

Your name was brought up so many times in an article I just read. This was someone who gave a lecture. They said that during Vatican II, much of what you had done during your last life, which they thought was your only life, and was used in Vatican II. Is that the truth?

*Francis: Sounds good. Could be.*

Well, you were mentioned many, many times.

*Francis: Well, you see then, there is hope for everyone that you too could be mentioned in another illusion for all of the works that you have done. You know, you never know what it is you are going to be leaving behind you as a result of your journey. Do not focus on what it is you are leaving behind you, but understand that you do leave behind something. Many of you do things now that will very definitely be for another time to be understood. That which Waith and all of us do in this mission, we know is for a longer view. It is to be for a later time. We plant the seeds now.*

*We planted seeds in that lifetime, my love. Whatever it is that came from those seeds was the result of community effort ~ was not just one entity. I was not solely responsible. None of us can work in isolation. We all need help from others, be they people or any other kingdom. It cannot happen alone. It is impossible. So, perhaps, you have answered our dear one's question. See, we are not needed here.*

Things just seem to pop up!

*Francis: Poppy seeds. No! Wrong plant. Though a very good one for altered awarenesses. Yes, indeed. We utilized the poppy in our mission back then.*

Did you?

*Francis: Indeed.*

Got a little high?

*Francis: Gets you through an earth plane day! ☺ We are not that far removed from the earth plane experience, especially since our last mission was one of great intensity. Remember that the planet supplies you with the tools you need for survival, and it is each who determines what they need to survive, not what another would tell you to use for survival. And it is the ultimate in the community formation of your own life that determines what you use for survival.*

Ten minutes.



*Francis: Thank you. That is the cue that Waith indicated to me would be for me to depart so that he could enter back in. We will be entering more often than in the past. We will give you other hints, techniques for community development. Be joyful of community. You are stuck with it, so do something with it! ☺*

*We send you all now a cohesiveness of energy. At the end of this session when you prepare to move about, return the member of the community to where you found it, thus respecting its place within this environment. Farewell, my loved ones.*

### **Waith Returns And Talks Of Connecting With Energy Members In Your Environment**

*Waith: Well, you are all still fluffy. This is very good ~ very, very good. We would add one thing with regard to what Francis has just said about the member that you have been holding. We would want you to pet it a little bit now. Not just hold it, but fluff it a bit. Whatever it is, play with it a bit, fluff it, pet it. If it is a plant, fluff its little leaves. They love to have their leaves fluffed. All encasements love to have some kind of fluffing. Touch it. Play with its energy field a bit. It will allow you to play with it a bit. It likes that.*

*We would also like you to ~ after we have departed ~ in the social time after this, to go around this room and touch things. They are all energy. They are all here serving you. They have all provided an environment for you to feel relaxed and comfortable and safe. Go around and thank the different elements. We certainly do not ask you to do it to every energy that is in this room. You would not have enough time for that, but go to some that perhaps call out your name, or you have not really given any attention to. You take it for granted. The lamp provides light. You take it for granted. Go to it and thank it for Being of Service. The gold sparkly things ~ whatever they are called ~ thank them for Being of Service and providing fluffiness to the environment.*

*During our meditation weekend that we plan soon, we will be working with the Energy Circle that you have and utilizing your Angelic Protector in this, and it will be a playful time. It will be a time of quiet and serenity, but a very joyful time. We will look forward to being with many of you during that time.*

*We now will depart to our realm. Enjoy yourselves in the outdoors as you call it. The rain is an energy. One last time, give Light and love to the earth. And as we depart, envision the planet earth and surround it with the love and Light of Self. Give Light to earth. We send to you now the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.*

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